

Nahgahchiwanong

(Far end of the Great Lake)

Dibahjimowinnan

(Narrating of Story)



Miss U.S. Virgin Island Carolyn Carter, meeting members of the FDL Band. She was visiting because she is a FDL descendant and wanted to learn about her family.

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Local news

Miss U.S. Virgin Islands visits her roots

By Zachary N. Dunaiski

It's not every day on the Fond du Lac Reservation that we are visited by a contestant in the Miss Universe competition, but that is exactly what happened in September.

Over the course of a couple of days Carolyn Carter visited the Reservation because she is a descendant of the Fond du Lac Band. Her father, Bert Anthony Fairbanks, wasn't a big part of her childhood, but that didn't stop Carter from wanting to know about her FDL roots.

She just so happened to be visiting the Fond du Lac Reservation during the Community Solar event and had some free time to see the impressive solar array.

On that day Fond du Lac opened up the solar array to the commu-

nity if anyone wanted to see it and even cooked up some delicious chicken and wild rice brats. They even hooked into the new solar array generators for the electric grill so the sun cooked the food that

day.

There was a decent turnout as many people were interested in seeing the impressive changes made to the old gravel pit behind the FDL propane site.



Bruno Zagar introducing himself to Carolyn Carter.



Employees at FDL who came to see the solar panel and also had a chance to meet a Miss Universe Contestant.

FDL doctor receives Unsung Hero award; holds silent auction for breast cancer

By Zachary N. Dunaiski

Dr. Arne Vainio is known for many things. The fact that he is one of many great doctors at our clinics, his segments on the Native Report, his Mad Dr. Science projects, and his writings from *Indianz.com* and *News from Indian Country* are just a few ways he's known (in my family he's most know for his car that runs on grease), but Dr. Vainio never seeks out recognition.

That's why on Sept. 9, it was very fitting that Dr. Vainio was one of four honored with the Virginia McKnight Binger Unsung Hero Award. He was selected by The Minnesota Council of Nonprofits and The McKnight Foundation for his "life-changing" work in Native communities.

It wasn't much more than a week later on Sept. 19 that the Min No Aya Win Clinic was hosting Real Men Wear Pink campaign silent auction to help raise money and awareness for breast cancer.

Dr. Vainio is the local ambassador for the American Cancer Society. The auction was very successful with a variety of items and gift baskets donated. The auction raised \$3500.

I spoke with Chris Davis, Medical Clinic Coordinator and Family Nurse Practitioner at MNAW, about the event and much like Dr. Vainio, just wanted to help for a great cause.

"We were there to help support education and raise awareness for people locally with help and support. American Indians have higher rates of breast cancer diagnosis. This particular event was just to raise awareness and raise some money for a good cause."

Dr. Vainio and medical staff team at MNAW put on the silent auction and it certainly was a team effort. They would like to say thank you from the team to everyone for their generosity in the bids and the donations of the items auctioned.

Local news

6th Annual Ganawenjigewin Maawanji'idiwin

By Zachary N. Dunaiski

The weather isn't always conducive to outdoor gatherings on the Fond du Lac Reservation, but that doesn't stop us from being outside as often as we can, especially when the weather is above freezing (or 0°F for that matter).

The weather the day of the Taking Care of Things Gathering Gitigaan Fall Feast didn't start off as ideal. The temperature was around 60 degrees and the threat of rain loomed overhead, but people were still out and about at the event. Later when the weather warmed up, there were many more people gathering around the tables and booths.

I always love watching the kids during events like this and it was particularly fun at the Smokey the Bear table. At that table kids learned valuable lessons about not playing with matches, lighters, or any-

thing else that may cause or start a fire. But the kids seemed more interested in hearing about Smokey the Bear.

"He's real, I've seen him," I heard one of the students shout at the booth. The kids were very excited about that and the giant Smokey the Bear behind the table.

After learning a few valuable lessons, the kids got a chance to spin the wheel and receive a fire prevention promoted gift. While there were some things that many of us may have wanted more than others, the kids seemed most interested in the Smokey the Bear hats.

While that was the table the kids seemed to be the most interested in, there were several other tables for community members to learn about a variety of different projects, activities, programs, and many other things going on around the Reservation.



Nahgahchiwanong Dibahjimowinman

Translation: Far End of the Great Lake; Narrating of Story

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Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists
Association



RBC Thoughts

Artwork by Aaron Kloss

Boozhoo,

I hope you enjoyed your summer. There is a lot of activity throughout the Reservation preparing for the hunting season. Deer season actually began on September 6. I have been around the Reservation checking out some of the places I used to hunt and found a lot of them have houses now. The freedom to use the open spaces on the Reservation is slowly disappearing.

Our wild rice season has ended for the most part on the Reservation. It was a poor season for gatherers. The weather leading up to the season pretty much destroyed any hope for a successful season. There were spots throughout the ceded territories that had a decent crop and our resource management staff tried to put that information out to gatherers in a timely fashion. The RBC decided this year to purchase rice outside of our Reservation to fulfill some obligations for reseeding in the St. Louis Bay. A reclamation grant that the Band received was used for this. Our own supply is getting quite low but we should be able to restock to a two year level again. We normally have three years on hand.

The Band was successful in a grant application to build a cultural/educational center. There are no preconceived ideas as to what the space should include or which community

it should be located in. If you are interested in sharing your ideas on the design or if you have ideas on the type of activities that should be offered in the new facility, please keep an eye on the newspaper, the website, or listen to one of our radio stations for times and locations for the meetings.

The "Night at the Bear" dinner for elders is coming up quickly. It is going to be on October 11, at 5 pm. Dinner will be served at 5 so come hungry as the food is always good and plentiful. As always there will be a hotel room for the evening and breakfast in the morning at the buffet. You will also receive \$25 in free play to try your luck on your favorite machine. I hope to see you there.



Ferdinand Martineau

The strategic plan has become a regular topic at some of our meetings lately. As it has been several years since any work has been done with the plan, I think we are going to dust it off and begin to seek community input on the document again. I hope that you will be interested and involved in the process as your thoughts are very important to help guide the future development of our Reservation.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin

Boozhoo,

My thoughts and prayers are with the families that have lost family members recently. As a community we have strong beliefs and traditions that keep us moving forward every day. I appreciate everyone that lends a hand and helps each other recover from those days that are difficult.

Miigwetch, to those that cook a meal, sing on the drum, bring tobacco, sit by the fires, harvest the maanomin, those that sit patiently for deer and for those families that will also hunt moose this fall.

The community recently had their annual Gittigan Fall Feast which included combined sponsors 13 Moons, Human Services, Fond du Lac College and the FDL Environmental Program. The efforts shown by each program and staff were greatly appreciated. September flew by and October is sure to start out with brilliant fall colors.

The Sawyer Center 4-H received ribbons at the Carlton County Fair this year. Quilts were handmade and donated by the Sawyer Center made by Anita Fineday to the FDLPD for children and families in need.

The FDL Reservation secured a \$600,000 grant from HUD for a cultural and education building, community input will be sought. The CAIR building construction is winding down and we will be looking forward to a grand opening soon.

This month many community members got to meet Miss Universe U.S. Virgin Islands 2016, Carolyn Carter, as she visited Fond du Lac acquainting herself with relatives from FDL. She also gained many friends and supporters during her visit.

In closing, on Sept. 22 Kevin Dupuis Sr. became the Minnesota Chipewewa Tribe President and Ferdinand Martineau was elected Vice-President. Congratulations!

- Bruce Savage



Bruce Savage introducing Carolyn Carter, Miss U.S. Virgin Islands, to Wayne Dupuis at the solar panel community event.

Ojibwa Runners and Intertribal Communication

Research by Christine Carlson

Communication before European Invasion

The Native people of this country already had a fine communication network of runners before the Europeans even arrived. The spoken word, sign language and smoke signals on top of hills or mountains were used for inter-tribal communications. This was accomplished through those wonderful Tribal runners. News was carried to different Bands, fur trading posts, missions, etc. via these messengers. These runners had a highly developed network of trails. Depending on the weather and terrain, the messengers could run between twenty to eighty miles a day.

Old Rail Fence Corners by Marie Robertson Keith

Mr. Glass -1848

I came to Minnesota in 1848 and was later purveyor to the Indians. An Indian trail extended from Fond du Lac to St. Paul. It ran from Fond du Lac by trail to Knife Falls, Knife Falls by canoe on St. Louis river to Cloquet, from there to Floodwood, from there to Sandy Lake, portage from there to Grand Rapids, from Grand Rapids by way of the Mississippi river to St. Paul.

History of Duluth and Northeastern Minnesota by Judge John R. Carey – Duluth News Tribune of June 26, 1898

On Nov. 1, 1849, the territorial legislature memorialized congress “that the convenience and interest of the people of the territory would clearly justify the establishment of a mail route from the Falls of St. Croix by way of Pokegama to Fond du Lac, the head of Lake Superior. The memorial further represented

that the distance from the Falls of St. Croix to Fond du Lac, the head of the Lake Superior. The memorial further represented that the distance from the Falls of St. Croix to Fond du Lac was but a little rising of 100 miles, that the country was rapidly settling along the first half of the route and that a large settlement already existed at Fond du Lac, where the inhabitants were destitute of mail facilities.”

1851- The Traditional History, and Characteristic Sketches of the Ojibway Nation by Copway

Runners were sent in the winter to different allies of the Ojibways, the Sax, the Foxes, Menomnies, Kinnestenos, Pottawatamies, and the Hurons of Sandusky, each of whom were informed of the movements of the great Ojibway family in the west.

Strings of wampum were sent to village to village by fleet runners from the extreme end of Lake Superior to the South, far over the prairies of Illinois.

1860- Kitchi-Gami – Wanderings Round Lake Superior by J. G. Kohl

I often had an opportunity of noticing that the Indians value speed of foot as highly among their people as Greeks did in their Achilles, and that they can cover an extraordinary space of ground by their persistent and steady trot.

Many remarkable performances of the Indian runners, whom the fur companies employed as postmen, are generally known; but here I learned much new and interesting matter on this point.

As the sparse population of the country is scattered over wide distances, cases frequently occur in which a swift runner can save

a family from destruction; and this is a sufficient reason why the Indians honour him as greatly as a bold hunter or warrior.

Before they possessed horses, speed of foot must have been even more highly prized. As they were compelled to hunt all their game on foot, what is called “running down the game” was quite ordinary; and even now they perform it at times. They frequently do so, for instance, with the elk, especially in winter, when that animal has difficulty in getting over the snow, and breaks through, while the Indian easily glides over it on his snowshoes.

A hunter residing here told me the following anecdote about running down an elk. He had been running for half a day behind an elk, and several times he had nearly caught it. But, he said, he did not wish to kill it, in order to save the trouble of dragging it home. Hence he sat down several times at some distance from the exhausted brute, gave it time to collect its strength, and regained his own wind also. After a few minutes he would begin his extraordinary chase again, and arranged it so, that the brute was driven nearer to his hut. At nightfall he had it near enough to his camp, so he went up, drew his knife, and killed it.

Duluth News Tribune of January 19, 1906

One of the most delightful walks around Duluth is on the old Indian trail back of Fond du Lac. The trail starts about one half mile up Mission creek, climbs up to the top of a hog back ridge running northwest, parallel to the river.



INDIAN TRAIL FIRST MAIL ROUTE BETWEEN PORT ARTHUR AND ST. PAUL USED BY INDIAN RUNNERS. Port Arthur is now Thunder Bay. The photo is of Paul "Warney" Shea-(1931-2004). This trail was part of the Mission Creek Hiking trail which was ruined by the flood of 2012.

The Evolution of Tribal Trails and Economics

The old running trails became wagon roads, stage coach routes, Military roads, mail routes and then state highways. Once government pay was involved, the

non-Indians quickly took over the mail routes. According to bids and necessary government rules, the trusty Tribal runners were deemed as not being qualified.

Etc

Gardening with 4H

These three FDL Elders took the time and donated plants, weeded the garden, and cared for the plants in the newly planted Sawyer Center garden. They volunteered their time and taught our Sawyer Community 4H group the value of hard work and a community effort.

Bruce Savage also donated over half of the plants in the garden that the 4H members planted. They hope to continue to teach the 4H members about gardening by giving them hands on experience in their community. So far they have really enjoyed gardening and interacting with the Elders in their community.

*At right:
FDL Elders Mark, Mary and Lily helping the 4H group.*



Fond du Lac construction

It has been brought to my attention that last month when I featured one crew roofing houses along Drake Drive that I failed to mention the fact that they aren't the only crew working on the Reservation.

I would like to apologize to the rest of the hard working men and women, really in any entity of the Fond du Lac Reservation, but in particular the construction group. There are several more crews who work hard to keep the houses on the Reservation in top shape. I apologize for that oversight, and please keep up the hard work, it is much appreciated.

Apology

I would like to apologize to Ivy Vainio. The photo we used for the story about Jim Northrup was taken by Ivy and I failed to credit her.

She has helped me in the past with many great pictures and I wanted to make sure she gets the credit she deserve.
- Zachary N. Dunaiski

Notice

The Reservation Business Committee is seeking an individual from the Brookston District to serve on the Land Use Committee. The purpose of this committee is to advise, assist, and oversee the use, protection, and development of land within the boundaries of the Reservation. Interested individuals should contact Jack Bassett at (218) 879-8043 or by email Jackbassett@fdlrez.com

Nagaajiwanaang Genawendangig Anishinaabemowin (Fond du Lac Language Program) Coordinator visits Indian Community School in Milwaukee

Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

An invitation to visit the University of Wisconsin – Milwaukee, and to tour the Indian Community School (ICS) in Milwaukee during the Annual Indian Summer Festival in September resulted in a valuable information exchange between Fond du Lac Anishinaabemowin Coordinator Janis Fairbanks, and Indian Community School personnel and administration. The visit also provided an opportunity to showcase Fond du Lac language program activities, as Patricia Marie Gardner, the artist who ran the Puppet Station during the Kiwenz Language Camp in July, was also invited to do two performances for school children in Milwaukee.

The visit to Milwaukee included three components: Day 1 - University of Wisconsin – Milwaukee: Dr. Fairbanks visited the first year Ojibwe class in the morning, and delivered a guest lecture to the History of Tribal Land and Government class in the afternoon. Both visits involved discussions of the importance of Ojibwe language revitalization and retention; students

Sawyer 4H

By Patra Ghergich

We are so proud of our Sawyer Community 4H members, the Ogichidaag! They entered their individual photography exhibits into the Barnum Fair

Photography competition. This was their first time participating in a 4H competition so the whole experience was a new one.

They each worked very hard for a few months taking photographs and then editing and printing their photo-

graphs and mounting them for competition.

The 4H group voted on a theme of Nature. They tried to express what nature meant to them or how they saw Nature in their community. Each 4H member ended up with very unique and beautiful photographs that show how they see the world around them. Not only did the kids learn about photography and expression through art but all of our participants placed within the top 3 in every category. Most of our members took home 2nd place ribbons! I couldn't be more proud of their effort and accomplishments! Their photos are on display at the Sawyer Community Center.



Etc

wanted to know more about Kiwenz Language Camp, and one doctoral student asked for a private meeting with Fairbanks after class.

Day 2 – Tour of Indian Community School: daylong tour of facility, with a visit to the grade 4 bi-lingual Ojibwe class, and site visits to the Oneida and Ho-Chunk classrooms. A brief history of the school was given by Dr. Margaret Noodin, Director of the Electa Quinney Institute for American Indian Education and Associate Professor of English and American Indian Studies at the University of Wisconsin – Milwaukee, who conducted the tour of ICS. Ojibwe and Culture teacher, Mike Zimmerman, and Associate Principal Jason Dropik joined Noodin and Fairbanks in a Q and A discussion about school operations.

Day 3 – Puppet and Storytelling Presentations at Indian Summer Festival Education Day: two performances of puppetry and storytelling by puppet maker Patricia Marie Gardner, and storyteller Janis Fairbanks. Interactive puppet show, with children invited to participate as characters using puppets hand-made by Gardner, with a special Ojibwe language-based storytelling session by Fairbanks. Gardner, an artist who is also a puppet maker, makes culture-based puppets. Students responded enthusiastically to puppets, with half the class volunteering to participate in a puppet skit. “I just love waagosh!” said one girl, who quickly scooped up the fox puppet as her character. With so many children, the skit

quickly turned into a skit about a village, with the “villagers” having a discussion about the wisdom or folly of searching for Thunderbirds, and the importance of asemaa offerings.

The most important impression I formed during the visit was the long-lasting effects the actions of a few people can have on the future well-being of children. The Indian Community School is culturally relevant, and the design and curriculum gives the children a strong sense of who they are. It was the vision of three women, just three, who made the school a reality. Built in 2006, opened in 2007, it is a model result worth emulating. Their website www.ics-milw.org

Advanced marksmanship training for 1837 Night Hunt

Fond du Lac Conservation Department will be holding an Advanced Marksmanship training for Band members who are interested in participating in the 1837 Night Hunt.

This class is a 12hr class with a qualification shoot after.

Class will be held at the Resource Management Building 8 a.m.-8 p.m. Oct. 17.

Anyone interested in the night hunt needs to sign up for the class by calling the Conservation Office at (218) 878-7155.

Wisconsin Point tour

Fond du Lac Band members and family, please join us Oct. 11 for a bus tour to Wisconsin Point to view the Dune Restoration Project Design locations and Bardon’s Peak, above the

Morgan Park neighborhood, for a panoramic view of cultural/historical sites in the area.

The tour will be hosted by Fond du Lac Resource Management Division. Please sign up ahead of time since seating is limited. Call Jill Hoppe at (218) 878-7129 to reserve your seat. Plan to meet at Fond du Lac Community Center at 9:00 a.m.

Culture Consultants

Carlton Indian Education Program is seeking community members to act as Cultural Consultants for the 16-17 school year. We are asking for community members to offer their time teaching what they can to students in coordination with teachers and the Indian Education Coordinator. If you have anything to offer or would like to discuss ideas further please contact Victoria McMullen at (218)384-4225 ext 801 or by email vmcmullen@carlton.k12.mn.us

Cultural Consultants will be paid a stipend for compensation of their time. Some ideas that have come to light so far are corn husk roses, no-face dolls, writer/artist speakers, sugar bush, storytelling, etc...

We look forward to strengthening partnerships and cross-cultural understandings with our surrounding communities through positive interactions and lessons. Miigwech!

FDLOJS special school board meeting budget 2016-2017

Thursday, June 23, 2016 12–3

p.m., FDLOJS board room

Meeting Called To Order: 12:12 p.m.

Roll Call Present: Wayne Dupuis/Chairperson, Joyce LaPort, Shawn DePoe-Johnson, Kathleen Garsow, Carol Wuollet, Betty Anderson/Secretary

Administration: Jen Johnson/Superintendent, Tara Dupuis/Principal, Dan Anderson/Operation & Maintenance, Bridget Paulson/Accounting Department

Absent: Patty Petite, Deb Fuller-Johnson, and Dorothy Olson

Mission Statement Read: Wayne Dupuis, Chairperson Topic 2016-17 Budget – [Budget Currently in Excel School Wide]

Jen Johnson handed out the Current Needs 2016-17 Document listing FDLOJS Strategic

Plan Immediate Priorities: School Wide: \$509,093.63 - \$539,220.95

Summer Programs: \$29,575.00

Community Survey: \$172,173.94 - \$187,237.60

TOTAL: \$710,842.57 - \$756,033.55

Discussions Held/Action Required to Stay Aligned With FDLOJS’ 5 Year Strategic Plan: Restoring positions previously lost by BIE budget cuts [9 recorded] in 2012 including: Additional staff: Music Teacher and Drama Teacher Vocational Transitions Coordinator to implement and correlate vocational measures Psychologist position pending Superintendent’s conversation with Bunny Jaakola, Behavioral Department, for alternatives Science Coach funding from Check & Connect Student Men-

Fixing bikes in Sawyer

Steve Tiessen has been hard at work at the Sawyer Center working on bikes. Steve fixes old, unused bikes for the kids at the Sawyer Center to use. He also lets them bring their bikes in to him for repair. In this way the youth in the

community can learn how to fix their own bikes and are able to have a bike to ride for fun! It’s becoming very popular!

We should also mention Brenda Shabaiash, Sawyer Center Manager, who has been very supportive of all of these programs and activities.



Etc

tor/Fond du Lac Tribal & Community College partnership
 Playground Supervision partnering with FDL Prevention Intervention Program
 Technology requests of iPads, Net Books, Smart Boards including usage in classrooms and for board members [reducing paper usage for packets]
 Replacing K-6 grade desks from current standard plastic desks to stand-up desks and replacing other steel chairs/tables
 Playground equipment repairs
 Transportation Grants submitted to support school programs
 Commons Area replacing new window blinds
 New School Maintenance Truck

w/Plow replacing the 1999 FDLOJS Maintenance Truck – Transportation Department has expressed interest in purchasing the 1999 truck
 Replacing current signage school board pending Dan A.'s discussion with Todd Signs, LLC to meet specifications [07/16 School Bd. Meeting Agenda]
 Two [2] Vans arrived for FDLOJS [2 = \$37,000]
 Budget Approved: Motion by Joyce LaPorte – Seconded by Betty Anderson
 Adjourned: Motion by Carol Wuollet – Seconded by Joyce LaPorte

Fond du Lac Ojibwe School Board Regular Meeting Tuesday June 7, 2016 Fond du Lac Ojibwe School Board Room 3 p.m.

Call to Order: Vice-Chair Debra Johnson-Fuller called the meeting to order at 3:09 p.m.

Roll Call: Wayne Dupuis entered at 3:14, Debra Johnson-Fuller, Joyce LaPorte, Shawn Johnson, Patty Petite, Carol Wuollet, Kathleen Garsow, Betty Anderson, Dorothy Olson.

Others Present: Jennifer Johnson, Superintendent; Dan Anderson, Accountability and Grants Manager; Vicki Oberstar, Guidance Counselor; Sharon Belanger, Special Education Coordinator; Bridget Paulson, Program Accountant, Tara Dupuis, Building Principal.

Reading of the Mission Statement & Vision: Read by Jennifer Johnson.

Motion to approve the agenda with one addition: Add as item I. Contract with FDLTCC Check and Connect grant, approximately \$30,000: Patty Petite, seconded by Dorothy Olson. All in favor, 0 opposed, motion carried.

Motion to approve the May 3, 2016 regular meeting minutes: Dorothy Olson, seconded by Carol Wuollet, all in favor, 0 opposed, motion carried.
 New business:

I. Check and Connect / CYFAR grant contract with FDLTCC - the board reviewed the contract. Contract to work with the college on English and Math. Two mentors will be contracting thru the college with the start date July 1, 2016.

Motion to approve the Check and Connect/CYFAR grant contract: Joyce LaPorte, seconded by Dorothy Olson. There was further discussion regarding the definition of FACES. Discussion regarding the number of hours per person per week. FDLOJS hires and reimbursed from this grant. All in favor, 0 opposed, motion carried.

I. Literacy policy: Superintendent Johnson explained the purpose of the policy. Discussion regarding testing and data analysis. Discussion regarding Reading Buddy's and their session evaluation. Board member Patty Petite requested a list of the reading series used and a rationale for change.

Motion to approve the literacy policy with a narrative and rationale for changes: Dorothy Olson, seconded by Carol Wuollet, all in favor, 0 opposed, motion carried.

II. School year 2016-2017 budget – There was a suggestion to go electronic for all of the board members. The packets are large and costly. The board reviewed the Consolidated School wide Budget. Discussion regarding program dates on the template.

Motion to approve the submission of the form based on last school years monies allocated by the BIE. Patty Petite, seconded by Debra Johnson-Fuller, all in favor, 0 opposed, motion carried.

Further discussion regarding the budget template to submit for approval. There will be a special meeting June 21, 2016 at noon for budget development.

III. Facilities truck/plow purchase: There is a positive balance in the general fund. Dan Anderson obtained quotes and is requesting approval to move forward with purchase. Motion to table and move to special meeting Betty Anderson, seconded by Dorothy Olson.
 Old business:

I. School board strategic plan dates: special meeting June 21, 2016 at noon to discuss budget.

Strategic governance meeting June 23, 2016 noon to 4:00.

II. MSHSL resolution for membership - the board watched the required video.

Motion to approve the 2016-2017 resolution for membership in the MSHSL: Patty Petite, seconded by Joyce LaPorte, all in favor, 0 opposed, motion carried

III. Grow your own commitment letter - discussion regarding a 3 year commitment from staff that are awarded GYO funds.

Motion to approve the grow your own professional development agreement - Debra Johnson-Fuller, seconded by Carol Wuollet, all in favor, 0 opposed, motion carried.

IV. 21st CCLC grant in the amount of 200K per year for 3 years has been submitted.

V. Airplane update - estimated \$12k to finish the plane. Finished it will sell for \$25k to \$30K. Need a letter from the airplane sub-committee to submit to council.

VI. 2016-2017 Ojibwe school track proposal. There was discussion regarding the number of interested students, health, nutrition and budget.

Gichi Manidoo Giizis Traditional Pow Wow
 "Taking Care of the Land and Community"

Saturday January 14th 2017

Gichi Manidoo Giizis Pow Wow
 Registration: 10am
 Grand Entry: 1pm & 7pm
 Feast at 5pm

Black Bear Casino Resort
 Otter Creek Event Center
 1785 Highway 210
 Carlton, MN 55718
 Hotel Reservations: 1-888-771-0777

Free Admission—Open to the Public—Alcohol & Drug Free Event

For more information contact: Nikki Crowe 218-878-7148

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 FDLTCC
 USDA-NIFA Funds

Moccasin Game
 50/50 Raffle
 Vendor tables available

Etc

Motion to approve the 2016-2017 Ojibwe school track proposal, Debra Johnson-Fuller, seconded by Dorothy, 7 in favor, 2 opposed, motion carried. Supervisor reports:

Superintendent Jennifer Johnson read a thank you from secretary of the interior Sally Jewell.

Motion to Adjourn: Patty Petite, seconded by Debra Johnson-Fuller, all in favor, 0 opposed, motion carried. Adjourn: 5:05 p.m.

Recorded by: Jennifer Trotterchaude

Fond du Lac Ojibwe School Board Regular Meeting Tuesday July 12, 2016 Fond du Lac Ojibwe School Board Room, 3 p.m.

Opening prayer: 3:05 p.m.
Call to Order: 3:09 p.m.

Roll Call: Wayne Dupuis, Joyce LaPorte, Shawn Johnson, Patty Petite, Carol Wuollet, Kathleen Garsow, Betty Anderson.

Others Present: Jennifer Johnson, Superintendent; Tara Dupuis, Building Principal; Vicki Oberstar, Counselor; Marcus Ammesmaki, Ojibwemowin Teacher; Mike Quam, Transportation Supervisor.

Reading of the Mission Statement & Vision: Read by Jennifer Johnson.

Motion to approve the agenda with additions: MSHSL FDL/Cloquet Agreement, Electronic Sign Quote from Todd Signs, Royalty Travel Request, U of M Extension Contract for Services - Dawn Newman Patty Petite, seconded by Joyce LaPorte, all

in favor, 0 opposed, motion carried.

Motion to approve the June 7, 2016 regular meeting minutes: Patty Petite, seconded by Betty Anderson, all in favor, 0 opposed, motion carried.

Approve the June 23, 2016 special meeting minutes with one correction, change letter B 1 D to CYFAR grant not Check & Connect: Betty Anderson, seconded by Carol Wuollet, all in favor, 0 opposed, motion carried.

Review the ledger: no discussion

New business:

I. 2016 Parent Student Handbook Revised DRAFT: There was discussion regarding cell phone usage. Add Technology Policy to the Parent/Student Handbook.

There was additional discussion regarding Zero Tolerance Policy and Gang Related Activities sections.

Motion to approve the 2016 Parent Student Handbook Revised with the noted changes: Betty Anderson, seconded by Joyce LaPorte, all in favor, 0 opposed.

II. Wellness Policy: Discussion regarding soda pop, wild rice, rewards in the classroom. There was additional discussion regarding sharing this policy with the community centers.

Motion to approve the Wellness Policy: Joyce LaPorte, seconded by Betty Anderson, all in favor, 0 opposed, motion carried.

III. ACTS: The board is not aware of any background regarding ACTS. The board is requesting additional informa-

tion from ACTS.

IV. Transportation Safety Person (DRAFT): Discussion regarding FDL Public Safety recommendation. Superintendent Johnson will work with Mike Quam to designate a Transportation Safety Person.

V. MSHSL FDL/Cloquet Activities Agreement 2016-2019: Motion to approve the MSHSL FDL/Cloquet Activities Agreement 2016-2019: Patty Petite, seconded by Carol Wuollet, all in favor, 0 opposed, motion carried.

VI. FDL Ojibwe School Electronic Message Unit/Todd Signs: The board is requesting further research regarding grants for an electronic sign. Motion to table item: Betty Anderson, seconded Carol Wuollet, all in favor, 0 opposed, motion carried.

VII. Royalty Travel Request: Declined request. Does not follow FDL Travel Policy Old business:

I. Literacy Policy: Requested narrative provided by Superintendent Johnson.

II. School Board Strategic Plan Dates: Table item for new contract. Email contract to the board members once the U of M Extension office drafts the contract.

III. Facilities Truck/Plow Purchase Request: No discussion.

IV. 21st Century: Award announcement has been extended to August 15, 2016.

V. Airplane Project Sub-Committee: Tribal Council denied the Airplane sub-committee recommendation. There was discussion regarding the STEM grant.

The airplane subcommittee is

no longer needed.

Patty Petite left 5:33 p.m.

Supervisor Reports: The new vehicles were delivered. 10 staff attended NWEA training, 5 staff attended gifted & talented symposium. Superintendent Johnson will attend the NJOMA later this month. Council approved the SY 2016-2017 operating budget. Project Lead the Way will partner with OJS STEM project K-5.

Motion to adjourn: Betty Anderson seconded by Kathleen Garsow, all in favor.

Adjourn: 5:40 p.m.

Recorded by: Jennifer Trotterchaude

Attention Fond du Lac Band members

Please remember to keep your address and your enrolled children's address current so that you receive future Per Capita correspondence from the Fond du Lac Payroll Department.

For changes please contact the FDL Payroll Department at (218) 878-8021.

Thank you.

Don't forget to reserve your room at Black Bear Casino and Hotel, 1-888-771-0777.

FDL ELDER FALL

BANQUET

@ BLACK BEAR

TUESDAY OCTOBER 11, 2016

4:30-7:00PM

DINNER SERVED AT 5:00PM.

EACH ELDER WILL RECEIVE:

\$25 CASINO PLAY

2 BREAKFAST COUPONS

A HOTEL STAY

PLEASE CALL (218) 878-2336

TO MAKE YOUR RESERVATION.

BBQ

National Night Out BBQ



National Night Out BBQ was held August 2. We had an impressive turnout, and a good time was had by all.

FDL Law Enforcement news

The following is a summary of about one month of select police reports

- Aug. 1 Conducted traffic stop, driver warned for speeding and crossing the fog line
- Aug. 2 Traffic stop conducted on Hwy 2, driver cited for speeding
- Aug. 3 Report of children throwing rocks at security cameras, cameras had spiders near them, children asked to leave the property
- Aug. 4 Transported an individual to detox from a local establishment
- Aug. 5 Gas drive-off reported in the amount of \$16.55
- Aug. 6 Report from Black Bear Casino Resort Security, a person made a slight turn and ran into a light pole, only damage was to the vehicle, no injuries
- Aug. 7 Traffic stop conducted, driver stated she was late for bible camp, advised to slow down
- Aug. 8 County 7/Twin Lakes Rd area driver swerved to avoid hitting a bird and hit a mailbox, no injuries
- Aug. 9 Due to cars being in the children's park extra patrol being requested
- Aug. 10 Fraud/scam alert caller states they are from the IRS asking for Social Security numbers
- Aug. 11 Male requested a ride to detox
- Aug. 12 Located female hitchhiking on Hwy 210, provided her with a ride home
- Aug. 13 Traffic stop Big Lake Rd/Woullet Rd, driver warned for license plate not being illuminated
- Aug. 14 Report of hot-rodders up and down Pine Dr and Brookston Rd, unable to locate
- Aug. 15 Report of a Rottweiler wandering around, unable to locate owner, dog transported to the animal shelter
- Aug. 16 Hold up alarm accidentally bumped
- Aug. 17 Report of three mattresses on Brookston Rd, moved to the side of the road
- Aug. 18 Report of a dog known to bite being loose in a neighbors yard, family member of the dog's owner came and retrieved the dog and was advised that if officer's had to return for the same issue they would receive a citation for animal running at large
- Aug. 19 Sounds of shots in the Airport Rd area, spoke with some children in the area, they reported they heard nothing that sounded like a gun
- Aug. 20 Traffic stop in the area of Hwy 2/Paul Rd, observed vehicle at a high rate of speed, radar indicated 75/60, citation issued
- Aug. 21 Traffic stop on Twin Lakes Rd, driver warned for speeding and improper use of child seat
- Aug. 22 Report of a box that was delivered to a home, was torn open along with mailbox being tampered with, extra patrol requested
- Aug. 23 Report of roommates having problems, both agreed to stay away from each other for the night
- Aug. 24 Request from another agency to pick up drug paraphernalia that has recently been located
- Aug. 25 Report received about a child shooting other children with a BB gun, spoke to the mother, she said she will talk to her child about the incident
- Aug. 26 Medical call for a person with a possible broken leg
- Aug. 27 Reports of gas siphoning going on, owner will put up trail cams
- Aug. 28 Arrested an individual with warrants
- Aug. 29 Report of a dog running loose, seemed friendly, Conservation handled the dog
- Aug. 30 Couple reporting their vehicle had been gone through while at the Black Bear Casino Resort
- Aug. 31 Complaint regarding an unwanted individual at residence, individual left prior to arrival, checked the area, unable to locate.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur
 BELGARDE, Elias
 CADOTTE, Daniel
 CICHY, Gerard
 CICHY, Leslie
 CONNORS, Aurelious
 CROWE, Mary Jo
 DEFOE, Richard
 DIVER, Russell
 INGALLS, Robert
 KING, Julie
 LAPRAIRIE, Robert
 MARTINEAU, Frances
 MARZINSKE, Larry
 MILLER, James
 PARKS, Margaret
 ROBERTS, Nina
 SAVAGE, Kyle
 SAVAGE, Mark
 SHAUL, Scott
 TOPPING, Debra

Notice

Fond du Lac Management, Inc. has applied to the Fond du Lac Reservation Business Committee for licenses to conduct Class II Gaming, Class III Video, and Class III Blackjack at the Fond du Lac Black Bear Casino, under the Fond du Lac Gaming Ordinance #09/93, as amended. The review of the application will come before the Fond du Lac Reservation Business Committee in an Open Session on December 7, 2016, 9:00 a.m. at the Fond du Lac Tribal Center, 1720 Big Lake Road, Cloquet, Minnesota.

Notice

Fond du Lac Management, Inc. has applied to the Fond du Lac Reservation Business Committee for licenses to conduct Class III Video, and Class III Blackjack at the Fond-du-Luth Casino, under the Fond du Lac Gaming Ordinance #09/93, as amended. The review of the application will come before the Fond du Lac Reservation Business Committee in an Open Session on December 7, 2016, 9:00 a.m. at the Fond du Lac Tribal Center, 1720 Big Lake Road, Cloquet, Minnesota.

School News

A message from the Principal

Ojibwe School Motto

"Anokii, Nanda-gikendan, Enigok gagwe, Gashkitoon"

"Work, study, strive, succeed"

Boozhoo parents and families

Welcome back to school! Hopefully, niibin (summer) was relaxing and brought some fun with your families. We are looking forward to a learning, fun, and successful school year. As dagwaagin (fall) approaches we are back to the daily schedules for each classroom. We want your children to be in a safe and happy learning environment. The team at Fond du Lac Ojibwe School is prepared to do everything we can to make this year successful!

Miigwech to the parents and families that turned in your enrollment forms in a timely manner. It is very helpful to know who will attend so we can prepare the best classroom setting for your children. This year we needed to make some changes with teachers due to increase in elementary students we did not expect. Every year we will need enrollment forms for the returning students with updated phone numbers and addresses.

The recommended daily sleep needed for children is;

3-6 Years Old: 10 - 12 hours per day

7-12 Years Old: 10 - 11 hours per day

12-18 Years Old: 8 - 9 hours per day

Please make sure bus changes are done on Monday's before 11 a.m.

Early Birds welcome at 7:30 a.m.

Our school day is from 8:25 a.m. to 3:25 p.m.

Anyone entering the building must use the front door and check in with our secretary.

Call me or the classroom teacher with questions or concerns (218) 878-7284 or (218) 576-4288

Superintendent's news from Jennifer Johnson

Aaniin/Boozhoo nindawemaganidok

Biindigedaa nagaajiwanaang gikinoo' amaade wigamig (Welcome back to school!) We hope that everyone had an enjoyable summer. We kicked off the school year with a Meet and Greet BBQ that over 200 parents/guardians, students and staff attended. It was a beautiful day and everyone seemed to enjoy themselves. I would like to thank the School Board for organizing it... Chi Miigwech! We are looking forward to an exciting and successful school year. We have a committed staff and school board dedicated to helping every student succeed in school.

We can assure you that as a team at FDLOS, we will do everything we can to provide a safe, happy, and nurturing environment to make your child's year a memorable one. The Fond du Lac Ojibwe School prides itself by honoring our mission statement.

MISSION STATEMENT

The Ojibwe Schools are dedicated to providing a quality education, focusing on integrating the Ojibwe culture into the student's learning experiences. Each learner will be challenged to succeed and prepare for the future. Parents, staff, community, and students will demonstrate high expectations for both themselves and the school.

Giikinoo'Amaadiwin (we gain knowledge)

We have received the State of Minnesota Annual Yearly Progress results. Our students exceeded the attendance goal. Students made gains in reading but not in math on

the MCA proficiency assessments. The staff is committed to increasing our academic progress in both reading and math by setting student learning goals for their students. This year we implemented a "Reading Well by Third Grade" literacy plan. We hired a Reading Specialist and a Media Specialist. We are using a looping strategy for math and will be continuing the Reading Buddies program. We will be posting for reading and math tutors. Chi Miigwech to all school personnel and students for your hard work and improvement efforts. We are extremely proud of our student's achievement in reading. The level and standard our students are expected to learn and demonstrate is very rigorous. If you have any questions about our academic progress and or results please contact me.

In the education world the federal and state governments can change regulations and make policies quickly that impact our American Indians students. Quite frequently we are not even considered in the policy making decisions or process. I'm quite pleased that under the new Every Student Succeeds Act (ESSA) that we as American Indians are now being asked for our input. The Minnesota Department of Education is hosting meetings around the state to ask for input and they will also be meeting with Tribal governments. The Bureau of Indian Education is restructuring to meet the new requirements under ESSA. Their implantation is

due by next year. I will inform our community as soon as I receive their final plan. Our school is currently discussing and planning our five year strategic plan. We want our community to be proud of our students and staff; community input on how we educate the students we serve is encouraged. There are a variety of committees and programs that I challenge you to become a participating member in. Please visit our website to gain insight about our school. As the Superintendent I'm committed to ensure our students and staff is challenged to grow academically, professionally, to feel safe and enjoy coming to our school.

We strive to work in an atmosphere of cooperation and collaboration to provide meaningful learning opportunities and supporting student achievement. We want to extend what we do here at school and work with our students and families at home. Our success relies on a supportive community. Chi Miigwech for supporting our students. I am looking forward to another fun and exciting school year.

Giigaawaabamin naagaj,

Jennifer Johnson
Fond du Lac Ojibwe School Superintendent
49 University Rd.
Cloquet, MN 55720
Office Ph. (218) 878-7284
Cell Ph. (218) 591-2083
jenniferjohnson@fdlrez.com

School News

Gifted and Talented News

Fond du Lac Ojibwe School staff is very excited that the school has been invited to participate in a pilot program designed to improve the identification and services provided for gifted and high potential learners in rural Minnesota. This program, called Project North Star, is part of a three-year federal grant that the Minnesota Department of Education received. Project North Star will provide the Fond du Lac Ojibwe School staff with free professional development created by nationally renowned experts. There will be an opportunity for teachers and administrators to attend a nationally recognized professional development conference. Also there will be free educational, family, and community resources. The Fond du Lac Ojibwe School will receive ongoing support for implementing and sustaining effective services for high potential learners. Project North Star is a wonderful opportunity for teachers and administrators to learn and practice how to provide high quality services to our gifted and high potential learners.

Five staff attended the 2016 Hormel Foundation Gifted and Talented Symposium June 12-16, 2016. These

staff learned instructional strategies and best practices for differentiating instruction, creating interesting and engaging lessons, plus many other topics related to Gifted and Talented Education. This was an opportunity for Fond du Lac Ojibwe School staff to learn from national experts. They also had a chance to interact with educators from throughout the United States and other countries. This

was a wonderful opportunity for Fond du Lac Ojibwe School staff to expand their knowledge of quality instructional practices for gifted and high potential learners.

If you would like further information regarding Project North Star please contact Sharon Belanger Gifted and Talented Coordinator at (218) 878-7274 or sharonbelanger@fdlrez.com Miigwech

Fond Du Lac Ojibwe School

Dagwaagin Pow-Wow

When: Friday October 21st

Time: Grand Entry 1 pm and 7 pm

Meal: 5 pm

MC: Frank Goodwin

Spiritual Advisor: Frank Goodwin

Arena director: Jaimie Petite

Host drum: OJS School & Cedar Creek

Head Dancers:
Vanessa Northrup & Doug Diver

First 10 drums honorarium

Dancers honorariums

Craft/Informational Vendor Info call 218 878-7239

Front Desk: 218-878-7276

49 University Rd Cloquet, MN 55720

Specials

- Princess and Brave contest
- Hand Drum contest -Winner take all
- All Men ☐ categories contest for 1st 2nd and 3rd place
- All Women ☐ categories contest for 1st 2nd and 3rd place
- Spot dances

Grants & Accountability

School year 2016-17 Annual Title I Meeting to be held October 21, 2016.

The Fond du Lac Ojibwe School Title I Annual Parent Meeting will be held during the Manoominik Celebration on Friday, October 21, 2016 at the school.

Title I Program information will be available and staff will be present to answer any questions.

All Bureau of Indian Education funded schools receive funds to implement a Title I school-wide program. The statute requires schools receiving the funds to annually assess their current Section 1114 plan, revise as needed, and submit an annual budget to carry out a Title I school-wide program. The purpose of a Title I school-wide program is to “upgrade the entire education program” based upon the needs of the students served in order to increase academic achievement. A Title I school-wide program allows the school to integrate their programs, strategies, and resources. A school-wide budget consolidates Federal Education funds.

The Ojibwe School is dedicated to providing a quality education, focused on integrating the Ojibwe culture into all students’ learning experiences. Every learner has the opportunity to be challenged to succeed, and be prepared for the future. Students will demonstrate the highest level of expect-

tations for themselves and the school.

Our mission statement influences how we invest state and federal funding to support school-wide programs and coordinate student services. The school offers a blend of planned, developed, and implemented coordinated services to students K through grade 12. We are committed to meet the educational and culturally related academic needs of all learners.

We teach the outcomes of the State of MN curriculum complete with benchmarks and standards and balance this education with teaching Ojibwemowin, and local Ojibwe culture and history. All teachings are evidenced in the school’s daily, weekly, and monthly teacher lesson plans and documented in the student record system.

A majority of funding is commingled, though restricted funding targeting specific student populations are applied to increase coordinated services, e.g. Title I, McKinney-Vento, and Special Education Funding is obligated to programming for meeting and exceeding the four guiding principles as amended by NCLB: stronger accountability for results; greater flexibility in the use of all federal funds; more choices for parents of children from disadvantaged backgrounds; and a strong emphasis on research based instruction that produces positive results.

School News

Upcoming events

Dagwaagin (fall) Powwow Friday, Oct. 21 Grand Entry 1 and 7 p.m. Feast at 5 p.m.

Elementary math news, classroom happenings

By Andrea Johnson

Welcome to Ms. Andrea's Room! Staff has been back and working hard as things are set for an extraordinary year!

This year, my title has changed from 3rd Grade Classroom Teacher to Elementary Math Teacher/Coach. I will be teaming up with regular classroom teachers in hopes of creating an outstanding math experience for our students!

I truly believe that math is a passion of mine. I have spent many years researching new techniques for teaching the subject and plan to approach this year at many angles. I will use games, technology, song, art, and several hands-on activities to teach math—all the ways that learning occurs when you don't even "realize" you're learning!

Feel free to contact me at (218) 878-7206 with any question. I am looking forward to another amazing year!

K-2 Classrooms

By Mrs. Goodnature (Kindergarten), Mr. Anderson, Mrs. Sautbine (1st Grade) Mrs. Martin, Mrs. Smith (2nd Grade), Jodie Lockling (Ojibwe Language)

Welcome Back!

Aaniin Boozhoo K-2nd grade families and students,

We hope all are well rested and ready for a successful school year. We look forward to meeting you and getting to know your child. Below are highlights for the upcoming year.

Communication: In order to help communicate with families, a home/school folder will be provided for your child to take home and return daily. The homework included will be a reinforcement of lessons taught in the classroom. This not only provides practice but also teaches responsible school habits.

Giminochigemin "Doing Things Right" Club: The Fond du Lac Ojibwe School expects all students to follow Minobimaadiziwin (the good life). We are offering a reward for all students (grades k-2). This is a celebration for students who follow the 7 teachings. Participants will have the privilege to participate in various fun activities at the end of each quarter.

Community Events: There are seasonal celebrations at the Ojibwe school for Dagwaagin, Biboon, and Ziigwan. Information will be communicated

prior to these events. We invite you to join us in celebrating each season. By working together, we look forward to a successful school year.

Miigwech

5th grade

By Beth Dinger, (218) 878-7221 or bethdinger@fdlrez.com

Boozhoo families of the fifth grade students!

The school year is under way, and I am enjoying teaching in 5th grade this year! The students have been busy learning about my expectations for them, and beginning their studies of fifth grade curriculum.

I would like to take this opportunity to let you know about a wonderful program that the 5th grade students will be involved with this year. I am participating in the Rivers2Lake program, which means that I have more resources for our classroom. I am very excited for this opportunity to provide more outdoor and environmental education for my students. Please see the following for more information about the Rivers2Lake program, and feel free to contact me with any questions.

I am enjoying getting to know each of my students, as well as meeting some of you at the school picnic and as you drop by to check on your student. I am looking forward to meeting more of you at conferences at the school next month.

I believe that communication between myself and parents/

guardians is a vital part of your child's success. Please do not hesitate to contact me for any reason. I want your child to be as successful as possible, and I am expecting a year of exciting growth in our classroom.

Miigwech!

The Rivers2Lake education program brings the Lake Superior watershed to life in regional classrooms by providing:

Teacher professional development through life changing field experiences and year-long mentoring
Improved student learning through integrated outdoor and environmental education
Extended resources and year-long support.

Using the environment as an integrating context for learning has been shown to improve student scores in science, math, and reading while enhancing student engagement. Rivers2Lake provides hands-on outdoor experiences backed up by the year-long support of a professional mentor who helps integrate Lake Superior and the Great Lakes into the curriculum, meeting the needs of the students.

Rivers2Lake provides financial support for student field experiences and outdoor education resources for teachers to use in their schools. Participating teachers can borrow water monitoring equipment along with other resources such as data collection tools, snowshoes, and other equipment

from the Lake Superior National Estuarine Research Reserve.

6th Grade

By Kathleen Garsow, Grade 6 Teacher

Boozhoo! The new school year has begun and the new sixth graders are getting established in their new daily routine! This month we will begin learning about science and technology in science and understand what it takes to be a scientist. Students were introduced to the social studies program that teaches all about Minnesota. During the next few weeks we will discover what it was like to live in Minnesota in the prehistoric times, and then read about the Dakota and Ojibwe Peoples.

The kids are enjoying their first novel of the year—*The Last Book in the Universe* by Rodman Philbrick. Reading also includes the genre "Realistic Fiction" and learning how to compare and contrast characters and settings.

We are hoping the weather cooperates next week so we can participate in rice camp. That's all from the sixth grade classroom.

School News

Tips to improve your mental health

- Treat yourself with kindness
- Avoid self criticism
- Make time for activities you enjoy-beading, gardening, etc...
- Take care of your body
- Eat healthy and drink lots of water
- Exercise
- Get enough sleep
- Avoid self medicating with drugs and alcohol
- Surround yourself with healthy people
- Make plans with supportive family/friends
- Join a new activity, group, or class
- Volunteer
- Help out a neighbor
- Volunteer at the school/community events
- Do something nice for someone you care about
- Learn how to deal with stress
- Be aware of triggers
- Take a walk
- Write in a journal
- Breathe slowly in through your nose, out through your mouth
- Be spontaneous
- Change things up in your schedule
- Plan a fun and different outing with your family
- Try a new recipe/meal
- Get help when you need it
- Seeking help is a sign of strength, not a weakness
- Talk to a doctor, ask where to go from here
- Share how you feel with your loved ones
- Look into different resources/counselors for you and/or your children
- Call 911, if in immediate danger

Local Resources:

- Min No Aya Win Behavioral Health Department: (218) 878-3729
- Birch Tree Center, Duluth: (218) 723-0099
- National Suicide Prevention Lifeline: 1-800-273-TALK
- TXT4life: Text "life" to 61222
- Human Development Center, Cloquet: (218) 879-4559
- Mental Health Support Group, Duluth: 1-800-862-1799
- St Luke's Mental Health Services: (218) 249-5326
- Carlton County Social Services: (218) 879-4511
- St. Louis County Social Services: (218) 726-2222

School Nurse

By Tara Wolter, RN,
School Nurse

Happy fall everyone. Welcome back to school! With the return to school, there are many gatherings, sporting events, and different occasions with many people. Thus, an increased chance for passing around germs, bacteria, and viruses. And, on top of that, cold and flu season will soon be here! So, I am writing for tips on how to keep your family healthy during this time.

Symptoms of the flu may include fever, cough, sore throat, muscle/body aches, fatigue, and sometimes vomiting and diarrhea.

Whereas, cold symptoms may include a productive cough, runny/stuffy nose, and head congestion.

Please remember to wash your hands frequently, cover coughs

with either an elbow or a tissue, assure proper sleep (8-10 hours a night), avoid sharing personal items (drinks, food, chap-sticks, eating utensils, etc.), frequently clean commonly used items and surfaces, and stay home when ill. These are all necessary hygiene practices that should take place at home, school, and everywhere!

Please assess your child daily before school, as you know your child better than anyone, and he/she may need to stay home. If your child is ill with a fever of 100°F or higher they are required to stay home for at least 24 hours after they no longer have the fever, without the use of fever-reducing medicines, such as Motrin, Tylenol, ibuprofen, or acetaminophen. This length of time may be 3 to 5 days. So, please check your child's temperature regularly and

plan accordingly. You may refer to the following tool from the Department of Health.

Moreover, the Minnesota Department of Health (MDH) still recommends vaccination (the flu shot) as the best protection against influenza. Throughout the season, local clinics and public health buildings offer the vaccination through appointments or flu shot clinics they may hold. So, please stay tuned to local media and newspapers regarding such information.

Again, keep your child home when he/she is ill with the flu, vomiting or diarrhea, or any other contagious disease, such as strep throat. If you have any questions, please call the school nurse at (218) 878-7244.

Influenza-like illness symptom screening tool for parents and caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

Fever (100° F or greater, and remember to take temperature before giving fever reducing medicine)?

Sore Throat?

Cough?

Should I keep my child home?

If you said yes to fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone

without fever reducing medicine. For many children this will be 5 to 7 days. Your child should feel well enough to participate in school before returning. If you have questions about your child's health or symptoms, call your child's healthcare provider.

If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

Inform your child attendance office. No personal information about your child, including your

child's name, will be shared outside of the school.

For more information and ongoing updates (651) 201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us

School News

After School

Fond du Lac Ojibwe After School
Activities

1st quarter September 26 – October 26,
2016 (5 weeks)

3:25-5 p.m. (Monday – Wednesday)

After School Office (218) 878-7239

Front office (218) 878-7276

Fond du Lac Ojibwe After School
Activities

Monday (Ishkwaa-anama`e- giizighad)

Effective Homework Strategies
1st- 2nd grade
Class limit: 8

Boys Drum Practice
1st- 3rd grade
Class limit 6

Art Club
2nd- 4th grade
Class limit: 8

Super Sports Club
3rd-5th grade
Class limit: 8

Effective Homework Strategies
3rd- 6th grade
Class limit: 8

Effective Homework Strategies
7th-12th grade
Class limit: 8

Tuesday (Niizho-giizhigad)

Effective Homework Strategies
1st- 2nd grade
Class limit: 8

Readers Theater Club
2nd – 3rd grade
Class limit: 10

Effective Homework Strategies
3rd- 6th grade
Class limit: 8

Boys Drum Practice
4th – 6th grade
Class limit: 8

Regalia Making Club
5th-12th grade
Class Limit: 5

Walking Club
5th-12th grade
Class limit: 10

Wednesday (Aabitoose)

Effective Homework Strategies
1st- 2nd grade
Class limit: 8

Super Sports Club
1st-2nd grade
Class limit: 8

Effective Homework Strategies
3rd – 6th grade
Class limit: 8

Walking Club
3rd – 12th grade
Class limit: 12

Sewing Club
5th-12th grade
Class Limit: 5

Boys Drum Practice
6th -12th grade
Class limit: 8

Parent Advisory Group

Fond du Lac Ojibwe School

The Fond du Lac Ojibwe School's Parent Advisory Group (PAG) values input and is encouraging parents, guardians, and community members to attend the next PAG meeting. The monthly meetings include lunch, updates on school programs and activities, and a way to get to know school staff, other parents/guardians, and community members.

The next PAG meeting is on Oct. 11 at the Fond du Lac Ojibwe School at 12 p.m. Please join us for lunch, great conversation, and learn what PAG is all about. Any questions, or if transportation is a concern, please contact Maria Maki at (218) 878-7256 or mariamaki@fdlrez.com

Boozhoo/Aaniin Fond du Lac Ojibwe School Families

Welcome to a new school year! The Fond du Lac Ojibwe School is excited to announce we received our 21st Century federal grant from the Bureau of Indian Education for after school and summer school funding. We are very happy to have the opportunity to provide enriching programming for our students and families.

The after school program hours are 3:25-5 p.m. Monday through Wednesday. A snack and transportation are provided to students registered in the after school program at the Ojibwe School.

If you have questions about after school, summer school or activities contact Maria DeFoe at (218) 878-7239 or e-mail mariadefoe@fdlrez.com

Another great way to keep up with the happenings at the school is to attend the monthly Parent Advisory Group meeting held at noon in the school board room. Lunch is provided and transportation if needed.

Looking forward to an amazing school year!
Miigwech.

School News

Journey Garden/ Babaamaadiziwin Gitigaan

The Journey Garden is a summer program designed to teach Native American middle and high school students about gardening, nutrition, cooking, journal writing, science, math, and learning from Elders and community members.

The food grown in the garden is used in cooking, for students to harvest and take home and/or sell at the farmer's market.

Each student receives a garden plot to call their own. The kids pick out the vegetables, flowers, and plants they would like to grow in a raised bed. Throughout the summer youth participants tend to their garden bed as well as the rest of the school garden.

The Journey Garden is an eight week summer program. There is a process that students must fulfill in order to be accepted into the program. Participants fill out an application, write an essay, and obtain a letter of recommendation and a current school transcript to apply for the program. Once chosen to be in the program, they start the learning in early June and continue the program until the end of August with a small break in July.

If you have questions about the program contact the coordinator, Maria DeFoe at (218) 878-7239 or email mariadefoe@fdlrez.com



Journey Garden students at the FDL Farmers Market





Health News

A Healthier Halloween

By Kara Stoneburner, RDL, D, Public Health Dietitian

Halloween, according to Google, is commonly celebrated by children who dress in costumes and solicit candy or other treats door-to-door. Many families choose to celebrate Halloween. Too much candy and goodies can lead to extra calories and weight gain. Being overweight or obese increases the risk for certain cancers and other diseases.

If that isn't enough to cause pause, we now have new sugar recommendations from the American Heart Association. AHA's recommendations line up well with previous recommendations regarding added sugar intake. The new recommendations state children 2-18 years should have no more than 6 teaspoons of added sugars in their daily diet. Six

teaspoons is equivalent to about 100 calories or 25 grams. "A diet high in added sugars is strongly associated with weight gain, obesity, insulin resistance, abnormal cholesterol, and fatty liver disease in children and all of these increase future cardiovascular risk," said Dr. Miriam Vos, an associate professor of pediatrics at Emory University and Children's Healthcare of Atlanta (cnn.com). "How much sugar is OK for kids has been a confusing issue for parents, and this statement provides a target that parents can understand, and that will make a huge difference for the health of children."

So what counts as added sugar? According to *choosemyplate.gov*, added sugars are sugars and syrups that are added to foods and beverages when they are being processed or prepared. It does not include naturally occurring sugars such

as those in milk and fruits. Typical foods that contain added sugars include soft drinks, candy, cookies, cakes, ice cream, and pies.

This year, why not plan ahead and be prepared to make it a healthier Halloween for everyone. Some healthier alternatives to candy include: 100% juice, balls, baseball cards, books, bottles of water, bubbles, key/backpack chains, children tattoos, color crayons and books, colored pencils, combs, corn nuts, peanuts, trail mix, coupons for subway, bowling or a movie pass, dental floss, fake teeth, finger paints, flavored milk straws, Frisbees, fun erasers, fun and colorful plastic cups or water bottles, glow sticks, hair ties/barrettes/clips, jump ropes, little boxes of low sugar cereals, low-fat/low sugar granola bars, mini bottles of fingernail polish, oatmeal packets, pack-

ages of sugar-free cocoa, pencils, Play-Doh, playing cards, pre-packaged cheese and crackers, puppets, puzzles, puzzle books, rubber bracelets, rubber spiders, worms and bugs, sidewalk chalk, small individual bags of popcorn or pretzels, small notebooks, small veggie packs, stickers or stars, string cheese, stuffed toys, sugar free applesauce or fruit cups, sugar free flavorings for water, sugarless gum, toothbrushes, toy cars or figurines, or vanilla wafers.

Some items may be a choking risk to small children

The American Institute for Cancer Research also provides tips on how to cut back or avoid the extra calories from the candy:

- Purchase only the amount of candy you think you will need, toss the leftovers
- Place/store the candy out of sight to prevent the tempta-

tion to eat it; place the candy in a rarely used cupboard or in a non-see-through, covered container

- Avoid walking by the candy aisle at the store or the candy dish at work; if it is unavoidable, carry other items in your hands so you are unable to grab the candy as you walk by it
 - Have the child choose 5-7 pieces of candy from their collection and toss out the rest at the end of the night
 - Consider other fun activities instead of trick or treating to help reduce the amount of candy the children receive; kid-friendly fun ideas include hay rides, corn mazes, Halloween carnivals, home parties, pumpkin carving/painting, and haunted houses
- Have fun and be healthy this Halloween!

October is Breast Cancer Awareness Month

A message from your Fond du Lac Cancer Prevention program

Breast cancer is the most common cancer among American women, except for skin cancers. About 1 in 8 (12%) women in the US will develop invasive breast cancer during their lifetime.

Breast cancer is the second leading cause of cancer death in women (Only lung cancer

kills more women each year). The chance that a woman will die from breast cancer is about 1 in 36 (about 3%). Women who use oral contraceptives or Depo-Provera shot have a slightly higher risk for developing breast cancer. Hormones can play a role in the increase of developing breast cancer.

American Indians living in the Northern Plains region have a much higher cancer related death rate than the general population.

Breast cancer screening with regular mammograms can detect breast cancer in its earliest stages before physical signs & symptoms appear.

Signs and symptoms include swelling of the breast, skin irritation or dimpling, breast or nipple pain, redness, scaliness, or thickening of the nipple or breast skin, nipple retraction and nipple discharge (other than breast milk).

Risk factors that can't be changed are: being a woman, aging, history, or race. Women

who have a blood relative or first-degree relative (mother, sister, or daughter) doubles a woman's risk or having two first degree relatives increases the risk 3-fold for developing breast cancer.

Risk factors that can be changed are: smoking, drinking, and diet. Drinking alcohol is clearly linked to an increased risk of developing breast cancer. Being overweight or obese after menopause increases your breast cancer risk. Physical activity

in the form of exercise reduces breast cancer risk. Some men can develop breast cancer, but it is about 100 times more common in women than in men.

Sources: American Cancer Society, www.cancer.org

Always remember to consult your Healthcare provider with any questions or concerns



Health News

Spotlight on...Fond du Lac Human Services Division, Behavioral Health Department

The Behavioral Health Department (BHD) offers a full range of coordinated mental health services to promote the overall well being and functioning of individuals and families living in the Fond du Lac Reservation service area. Contact us for questions regarding eligibility for services and special considerations for those needing services while incarcerated, in the hospital or homebound due to physical limitations.

School Linked Mental Health (SLMH)
GOAL: Creating Educational Success for School Age Children

Objective 1: Increase early identification of mental health issues for American Indian children and strengthen parent-school partnerships.

Objective 2: Licensed clinicians provide mental health for children identified and referred by adults familiar with the child.

The children can be referred by a parent, teacher, Indian Education staff, self or social worker and referrals are sent on a standard referral form.

Mental Health Case Management
Children's Mental Health Case Management

Case management is available for children experiencing adjustment, emotional and/or behavioral issues that impact family and/or educational functioning. With both children and young adults, the case manager will create a plan to work towards improved functioning and wellness.

Adult Mental Health Case Management

Adult Mental Health Case Management is available to the Native American population residing within the Fond du Lac service area. Individuals who meet the mental health definition are eligible to receive Case Manage-

ment /Support Services at CAIR and MNAW.

Adult Rehabilitation Mental Health Services (ARMHS)

ARMHS are a set of services that were developed to bring restorative, recovery-oriented interventions directly to individuals who have the capacity to benefit from them, whether in their homes or elsewhere in the community. ARMHS includes four components: basic living and social skills, community intervention, medication education, and transitioning to community living.

Therapy/Counseling Services

The focus of the mental health program is "whole person wellness" which means "maintaining a balanced level of physical, mental, emotional, social, and spiritual health". Mental health services include:

- One-to-one counseling for adults and children from three years of age
- Couples counseling for couples, married or not, to work on the growth of the relationship
- Family counseling for families of all styles to work on promoting a healthy family life
- Group counseling, offered on a regular basis
- Community educational presentations
- Psychiatric and psychological evaluations; diagnostic and functional assessments as needed.
- Specialty areas of counselors include:
- Counseling individuals with past or recent trauma (child abuse, witness to

violence, victim of violence, removal from parent, etc.) by EMDR and Brain Spotting specialists

- Grief and loss
- Chronic depression.
- Miikanaake Program

The Miikanaake Program, or Brain Wave Optimization (BWO), is an enhancing intervention that encourages self-regulation and relaxation. By balancing and harmonizing brainwaves with the use of cutting edge technology and software, a person can be assisted to overcome emotional and behavioral obstacles in their life. BWO is a natural way to achieve a longer lasting, deeper feeling of relaxation assisting your brain to reach a state of calm. BWO helps your brain move forward, returning to a state of balance. Once the brain begins to reset itself, it begins to return to its optimal state.

Referrals can be made through your healthcare provider, therapist, chemical dependency counselor, behavioral health secretary, or smoking cessation counselor.

Attention Parents | Coaches | Athletes!!

Fond du Lac Human Services Division wants you to be prepared for the game. We have blocked out time in each of our providers schedule specifically for your sports physical needs in **August and September**. Call for a list of our current providers for the FDL HSD Medical Clinics.

Can't get in with your provider before the big game? We have you covered!

We will also be hosting Walk-in Sports Physical Clinics at the Min No Aya Win Clinic... call triage for further details!

Don't get benched!

Call 218-878-2190 to get in with your primary provider!
Or for more information on the walk-in clinics call triage @ 218-878-2120.



Any minor child 17 and younger must be accompanied by a parent or guardian.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Medical Department



Homemade Cornbread Mix – Makes 10 servings

- 1 c. flour
- ¾ tsp. salt
- ¼ c. sugar
- 2 tsp. baking powder
- ½ tsp. baking soda
- ½ c. dry milk powder
- 1 c. plus 2 Tbsp. cornmeal

In a large bowl, mix all the ingredients. Place the mixture in a clean quart-sized jar. Cover the jar tightly with a lid, decorate it and attach a copy of the recipe card.

Homemade Cornbread Directions
1 container Homemade Cornbread Mix

Additional ingredients:

- 1 egg
- 1 c. water
- 2 Tbsp. oil

Preheat oven to 425 degrees. Pour dry mix into a large bowl. In a second bowl, combine egg, water, and oil. Add liquid ingredients to dry ingredients. Stir well. Pour into an 8- by 8-inch greased baking pan and bake for 20 to 25 minutes until the top is golden brown.

For best flavor, use this mix within nine months.

Makes 10 servings. Each serving has 150 calories, 4 g fat, 25 g carbohydrate and 330 mg sodium.

Mix it up to expand your gift giving dollar with food mixes in a jar.

North Dakota State University
Julie Garden-Robinson, Ph.D., R.D., L.R.D., Food and Nutrition Specialist
Kendra Otto, Program Assistant
<https://www.ag.ndsu.edu/morton-countyextension/food-nutrition-and-health/mix-it-up-food-mixes-in-a-jar>

Ashi-niswi giizisoog (Thirteen Moons)

Binaakwe-giizis

Binaakwe-giizis is the Falling Leaves Moon. The new moon begins October 30.



Bimaji'idiwin Ojibwe Garden Harvest 2016

Bimaji'idiwin Garden

The Bimaji'idiwin Ojibwe Garden harvest has been under way since August! So far over 200 pounds of produce have been donated to Fond du Lac programs and community members. Visitors stopping by throughout the day often take away purple cauliflower, dragon kale, radicchio, zucchini, peppers, tomatoes, and onions. As the produce

is being harvested we are saving seeds for next season's plantings. After the late root vegetables, corn, beans, and pumpkins are harvested we will be planting a cover crop. A good cover crop for this time of year is winter rye to help hold the weeds down, reduce erosion, and hold or help fix nutrients in the soil.



Graffiti Cauliflower



Pumpkin



Dine Blue Corn



Rows of Celery, Cabbage, Broccoli, and Cauliflower



Toscana Kale



Cabbage

Gichi Manidoo Giizis Powwow 2017

The 13 Moons Gichi Manidoo Giizis Powwow will be held January 14, 2017 in the Otter Creek Event Center at Black Bear Casino and Resort, Carlton, Minnesota.

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog (Thirteen Moons)

Sustainability Awareness Week October 24th-28th



Courtney Kowalczak
Office: 218-879-0862
Email: Courtneyk@fdltcc.edu

Fond Du Lac Tribal and
Community College
2102 14th Street
Cloquet, MN 55720

FDLTCC Fourth annual Sustainability Awareness Week, this year's over all theme is Leveraging your Institution. Monday-Thursday there will be activities and events on campuses, that will be free and open to the public.

| • 10/24 | • 10/25 | • 10/26 | • 10/27 | • 10/28 |
|---|---|---|---|---|
| Speaker: Bec Health Expert Gerald Haynes 6pm @FDLTCC | S'mores Social @ UMD 6pm (carpool info TBA) | Sustainable Campuses Panel @ FDLTCC 11am, followed by a potluck | Musical performance by Children of the Wild 6 pm at FDLTCC | Photo contest winners announced by email FDLTCC website |

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words.
All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

I am...

Afraid--Ningotaaaj

Cold--Ningiikaj

Crazy--Ningiiwanaadiz

Hungry--Nimbakade

Mad--Ninishkaadiz

Resting--Nindanweb

Sad--Ningashkendam

Sick--Nindaakoz

Sorry--Nimaanendam

Thirsty--Ninoondeminikwe

Tired--Nidayekoz

Warm --Ningiizhooz

Well--Nimino-ayaa

Working--Nindanokii

Source:

www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on October 14, 2016 for the November 2016 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy birthday

Happy 14th birthday to **MaKenna Camacho** (Sept. 7), hope your day is as beautiful as you. Love you to the moon and back Kenna bear! *Love, mom, Richard, Kamara, and the rest of your Minnesota family*

Happy belated birthday **Cindianne Defoe** (Sept. 15) *Love you, Michael*

Happy birthday **Jodi Ammesmaki** (Sept. 17) *Love, your sister and the kids*

I would love to wish my daughter **Sabrina Pensak** (Sept. 18) a belated happy 30th birthday, we love you to the moon and back. *Love always, mom, Darrell, and Cody*

Remembering you on your birthday, **Shawn Ammesmaki** (Sept. 28) and every other day as well. *Love, your sister*

Happy birthday **Opichi Petite** (Oct. 2) love you very much. *Love, mom, dad, and son*

Happy 15th birthday to **Molly Fineday** (Oct. 2) *Love, mom and Greenlee*

Happy birthday to my loving daughter **Amanda Misquadace** (Oct. 3) *Love your mother, Jean*

Happy 50th birthday to **Sherry DeFoe** (Oct. 3) *From, the DeFoe family*

Sending very happy birthday wishes to our lovely co-worker **Julie Chelstrom** (Oct. 8). Thank you for your loyal service all of these years. We are grateful for you and your sunny disposition and hope your birthday is as beautiful as you are! *Love, your Fond-du-Luth family*

Happy 8th birthday to **Meia DeFoe** (Oct. 8) *Love, grandma Sherry and SP, and mom and dad*

Happy 51st birthday **Kevin Benjamin** (Oct. 9) *From your wife, Sherry*

Happy 10th birthday **Zoey Beth Peacock** (Oct 10) *Love, grandma Gail*

Happy 10th birthday **Zoey Beth Peacock** (Oct. 10) *Love, Cherokee, Stephen, Toby, Shelly, and Raymond*

Happy birthday to **Gina Misquadace** (Oct. 10), you're always a good girl, grandma knows. *Love, grandma Jean*

Happy birthday to **Gina Lee** (Oct. 10), the big 14. *From, dad, sisters, and brother*



Happy first birthday to our little princess, **Laila Brown** (Oct. 12), we love you baby girl! *Love, mom, dad, and your big brother, Travis Jr.*

Happy 49th birthday to **Garrett DeFoe** (Oct. 12) *From, the DeFoe family*

Happy birthday to my beautiful sister **Kinz Angela DuFault** (Oct. 15) *Love, your little sister and family*

Happy birthday to **Geraldine and Roy DeFoe Jr.** (Oct. 17) *From, your daughter Sherry and sister*

Happy birthday to **Makayla Misquadace** (Oct. 29), the sweetest and loveliest girl around. *Love, grandma Jean*

Congratulations

Congratulations to **Dawn Reynolds** for her hole in one at the Black Bear golf course on Aug. 31 on the par three 11th hole. *I love you Fritz*

Thank you

Thank you to **Lorraine Houle** and the **Summer Lawn Care program**. Thanks for the awesome job! *The Bradfords*

We would like to say a huge thank you to all who attended and contributed to our special day on Aug. 13. A special thank you to Mr. Wally Dupuis for officiating and Mike Lind for the use of his home. *Thank you again, Loretta and Darrell Brown*

The Band is grateful to all of the Fond du Lac staff, con-

tractors and sub contractors that were involved during the planning and construction of the successful 1 megawatt solar project.

Obituary

Bradley Loren Northrup was born on August 18, 1974 and passed away on Thursday, September 8, 2016. Bradley was a resident of Cloquet, Minn. at the time of his passing.

Lyman J. LaFave "Miki-naak", 79, of Cloquet, passed away Sept. 20, 2016, surrounded by his family.

He was born in Cloquet on April 24, 1937 to John "Jack" and Mary (Livingston) LaFave.

Lyman was a proud member of the Fond du Lac Band of Lake Superior Chippewa. He attended Cloquet schools and played basketball in the YMCA League while growing up. At 16 years of age, Lyman enlisted in the U.S. Army and served from 1954-57. He joined the U.S. Air Force in 1957 and served until 1974 retiring as Staff Sergeant and ammunition specialist. Lyman had worked as a paralegal for Carlton County. For many years he also worked for the Fond du Lac Tribe in various capacities and his final job was a therapeutic massage therapist, which he truly enjoyed.

Lyman was an active member of the Fond du Lac Honor Guard and the Cloquet VFW. His hobbies included painting, Tai Chi, morning walks



Community News

and spending time at the cabin on Big Lake with his family.

Lyman was preceded in death by his parents; daughter, Jeanine; brothers, Lloyd and Leonard; sisters, Lois and Loretta.

He is survived by his life partner, Carol Wiener; son, Michael (Cathy) LaFave; daughters, Terri Kay Walters, Melissa (Pete) LaFave, and Annette (Casey) Rennquist; brother, Loren LaFave; and grandchildren, Bryan, Jessica, Evan, and Hendrik with another grandchild on the way.

Home for Sale

31 Homes St., Cloquet
2 + bedroom with garage.
Call Frank (218) 348-8979

Families of Veteran's

If you have a family member who is a Veteran with an illness or a funeral, please contact Tom Whitebird (218) 878-2670. He would like to come visit, spend time with friends and family, or help in any way that he can.

Save the Date

Veteran's day is Friday, Nov. 11. Black Bear Casino Resort will once again be hosting a dinner for veterans at 5 p.m. for veterans and their families. Please attend and thank the veterans for their years of service.

FDL Job Listings

FT: Full Time PT: Part Time
For more information about any of these Open until filled or permanent posting positions contact the Fond du Lac Hu-

man Resources Department at (218) 878-2653.

FDL Reservation

Laboratory Technician FT MNAW & CAIR
Ojibwemowin Teacher FT FDLOJS
Community Health Representative FT MNAW
School Linked Mental Health Administrative Specialist FT FDL Human Services
Licensed Alcohol and Drug Counselor FT Temp FDL Human Services
Indian Child Welfare Social Worker/Children's Mental Health Case Manager FT MNAW
Registered Dental Assistant On Call/Temp MNAW
Pharmacy Technician FT CAIR
Foster Care Licensing and Placement Specialist FT MNAW
Behavioral Health Specialist FT MNAW & CAIR
Clinical Assistant FT/On Call MNAW & CAIR
AODA Outpatient Treatment Technician FT MNAW
Instructional Assistant PT/On Call FDLOJS
Mental Health Counselor FT MNAW & CAIR
Custodian FT/On Call/Sub FDLOJS
Min No Wii Jii Win Program Case Manager FT Min No Wii Jii Win
Pharmacy Technician FT Mashkiki Waakaagan, Mpls
Clinic Physician FT/PT/On Call MNAW & CAIR
Mental Health Case Manager FT MNAW & CAIR
Skilled Laborer 1 FT FDL Tribal Center
GED Teacher PT CCC, BCC, or SCC

Licensed Alcohol and Drug Counselor FT Min No Wii Jii Win or Tagwii Recovery Center
Reading Buddies PT FDLOJS
Driver's Training Instructor PT FDL Tribal Center
Driver/Cook On Call BCC
School Secretary/Receptionist On Call/Sub FDLOJS
Cook Helper On Call/Sub FDLOJS
Driver/Cook On Call FDL Tribal Center
Substitute Teacher On Call/Sub FDLOJS
Transportation Driver FT/PT FDL Transportation
Nursing Assistant FT/PT FDL Assisted Living
Recreational Aide 1 FT/PT SCC
Recreational Aide 2 FT/PT SCC
Recreational Aide 1 FT/PT BCC
Recreational Aide 1 FT/PT CCC
Recreational Aide 2 FT/PT CCC
Clinical Pharmacist On Call MNAW, CAIR, Mashkiki Waakaagan-Mpls.
Pharmacy Technician On Call/Sub MNAW, CAIR, Mashkiki Waakaagan-Mpls.
Transit Dispatcher FT/PT/On Call FDL Transit Bus Monitor PT/On Call FDL Education
Substitute Staff On Call FDL Head Start
Programs Teacher FDL Head Start
Teacher Assistant FDL Head Start
Deli Clerk PT FDLGG
Transit Driver FT/PT/On Call FDL Transit
School Bus Driver FT/PT/On Call FDL Education
Health Care Assistant FT/PT MNAW & FDL Assisted Living
Store Clerk PT FDLGG
Convenience Store Gas Attendant PT FDLGG

Black Bear Casino Resort
Vault Cashier FT/PT
Room Attendant FT
Bus Person FT/PT
Gift Shop Clerk FT
Buffet Host/Hostess FT
Golf Course Groundskeeper FT/PT Seasonal
Steward FT
Arcade Attendant PT
Golf Course Pro Shop Sales Representative PT
Golf Course Ranger/Starter FT/PT
Golf Course Concession Sales Representative FT/PT
Golf Course Cart Attendant FT/PT
Slot Attendant PT
Custodial Associate FT
Gift Shop Clerk PT
Bell Staff PT

Sage Deli Cook FT
Bingo Vendor/Floor Worker PT
Players Club Representative FT/PT
Wait Staff FT/PT
Hotel Laundry Worker/Hauler FT
Hotel Room Attendant/Housekeeper FT/PT
Drop Team Worker FT

Fond-du-Luth
Security Guard/Dispatch FT
Janitor FT/PT
Clean up Worker FT/PT
Beverage Waitperson/Bartender FT/PT
Cage Cashier FT/PT
Players Club Representative FT/PT
Slot Attendant FT/PT
Slot Technician FT/PT

Cobell Land Buy-Back Program for Tribal Nations

FINAL UPDATE FOR LANDOWNERS

Fond du Lac Band of Lake Superior Chippewa

- ⊕ DO YOU WANT TO LEARN MORE ABOUT YOUR LAND?
- ⊕ WOULD YOU LIKE MORE ASSISTANCE TO UNDERSTAND YOUR OFFER?
- ⊕ DID YOU MISS THE DEADLINE TO SUBMIT YOUR OFFER?
- ⊕ UNSURE IF YOU HAVE AN OFFER?
- ⊕ DO YOU NEED A REPRINT?



Bad River Land Buy-Back Staff will be available at all events with Asterisk

SAVE THE DATES:
Fond du Lac Community

October 24th @ Cloquet Community Center - 12 pm @ 6 pm
1720 Big Lake Road, Cloquet, MN 55720

Cass Lake/Leech Lake

October 5th @ Veterans Memorial Building - 11 am @ 6 pm
16599 59th Avenue NW, Cass Lake, MN 56633
location may be subject to change

Twin Cities

October 13th @ Mpls MCT Building - 10 am @ 6 pm
1308 E. Franklin Ave, Minneapolis, MN 55404

A Brief History

The Land Buy-Back Program for Tribal Nations works to unify fractionated tribal land bases that resulted from the failed historical policy of allotment. Fractionation affects approximately 150 locations and results in tracts of land with potentially hundreds of owners. Over the next decade, the Program and tribes will partner to help communities consolidate these lands across Indian Country.

Fond du Lac Cobell Contact Info

Outreach Office: 218 - 878 - 7361

Buy - Back Staff

Patti DuFault, Outreach Manager

Lance Northbird, Outreach Coordinator

Velvet Linden, Outreach Coordinator

Amanda Linden, 612-871-1574

Office of Special Trustee (MN)
218 - 751 - 4338

Office of Special Trustee (WI)
715 - 682 - 9788

Trust Beneficiary Call Center (TBCC)
1 - 888 - 678 - 6836

WE ARE LOOKING FOR YOU!

Whereabouts Unknown (WAU) is the term used to describe Individual Indian Money (IIM) account holders without current address information on file. The Cobell Settlement authorizes the purchase of interests from WAU landowners. However, the Department hopes to implement the Program only through the active participation of willing sellers whose addresses are current.

If after five years these owners cannot be located, they shall automatically be deemed to have consented to the conveyance of fractionated interests that are located on a parcel of highly-fractionated land.

PLEASE UPDATE YOUR ACCOUNT INFORMATION BY CALLING THE NUMBERS LISTED.

Visit our website for updates and more information:
www.fdlrez.com/landbuyback/index.htm
or
www.doi.gov/buybackprogram

Search "Fond du Lac Cobell Land Buy-Back Program"



Waatebagaa giizis – Leaves Changing Color Moon – October 2016

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185;

CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School;

CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center;

FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center;

FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education

Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door; MTC: MN Chippewa Tribal building;

ALR: Assisted Living Residence; FDC: (Food Distribution Center); PLT: Perch Lake Townhall

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Eli Young Band
Oct. 21
7 p.m.
BBCR**

**Creepy Carnival Halloween
Party and costume contest
Oct. 28
7 p.m.
BBCR**

**Sustainability
Awareness Week
Oct. 24-28
See page 20 for details**

**Night at BBCR
for Elders
Oct. 11
Registration at
4:30 p.m.
See page 9**

Come & Swim & use
the gym
AA/support 6 p.m. SCC

1

Come & Swim & use
the gym

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Cards 9 a.m. CCC
GED 9 a.m. SCC
Cribbage 5 p.m. CCC
Language Table 5 p.m.
SCC

Get fit 12 p.m. CCC
WIC 12 p.m. CAIR
AA/NA support 12 p.m.
TRC

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Game day 1 p.m. CCC
GED 2 p.m. SCC
Health and Nutrition 5
p.m. CCC
Language Table 5 p.m.
BCC

Elder fall prevention 9
a.m. CCC
Sewing 9 a.m. CCC
Get fit 12 p.m. CCC
GED 4:30 p.m. CCC
Open Gym 5 p.m. CCC
Language Table 5 p.m.
CCC
AA/support 6 p.m. CCC

GED (call)
AA/support 6 p.m. BCC

Come & Swim & use
the gym
AA/support 6 p.m. SCC

2

3

4

5

6

7

8

Come & Swim & use the
gym
**Elder movie morning
11 a.m. Premiere Movie
Theater**

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Cards 9 a.m. CCC
GED 9 a.m. SCC
Cribbage 5 p.m. CCC
Language Table 5 p.m.
SCC

Get fit 12 p.m. CCC
WIC 12 p.m. CAIR
Caregiver support group
12 p.m. CHS
AA/NA support 12 p.m.
TRC
Night at BBCR for Elders
registration at 4:30,
dinner at 5 p.m.

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Game day 1 p.m. CCC
GED 2 p.m. SCC
Language Table 5 p.m.
BCC

Elder fall prevention 9
a.m. CCC
Sewing 9 a.m. CCC
Get fit 12 p.m. CCC
GED 4:30 p.m. CCC
Open Gym 5 p.m. CCC
Language Table 5 p.m.
CCC
AA/support 6 p.m. CCC

GED (call)
AA/support 6 p.m. BCC

Come & Swim & use
the gym
AA/support 6 p.m. SCC

9

10

11

12

13

14

15

Come & Swim & use
the gym
**Cloquet movie morning
11 a.m. Premiere Movie
Theater**

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Cards 9 a.m. CCC
GED 9 a.m. SCC
Cribbage 5 p.m. CCC
Language Table 5 p.m.
SCC

Get fit 12 p.m. CCC
WIC 12 p.m. MNAW
AA/NA support 12 p.m.
TRC
Parenting second time
around 1 p.m. CHS

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Game day 1 p.m. CCC
GED 2 p.m. SCC
Language Table 5 p.m.
BCC

Elder fall prevention 9
a.m. CCC
Sewing 9 a.m. CCC
Get fit 12 p.m. CCC
GED 4:30 p.m. CCC
Open Gym 5 p.m. CCC
Language Table 5 p.m.
CCC
AA/support 6 p.m. CCC

GED (call)
Dagwaagin powwow
1 p.m. and 7 p.m.
FDLOJS
AA/support 6 p.m. BCC
**Eli Young Band 7 p.m.
BBCR**

Come & Swim & use the
gym
Women's health Brunch
8 a.m. CCC
AA/support 6 p.m. SCC

16

17

18

19

20

21

22

Come & Swim & use
the gym
Elder movie morning
11 a.m.

23

Elder water aerobics 8:15 a.m.
CCC
Elder exercise 9 a.m. CCC
Cards 9 a.m. CCC
GED 9 a.m. SCC
Cribbage 5 p.m. CCC
Language Table 5 p.m. SCC

24

Get fit 12 p.m. CCC
WIC 12 p.m. MNAW
AA/NA support 12 p.m.
TRC

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Game day 1 p.m. CCC
GED 2 p.m. SCC
Language Table 5 p.m.
BCC

Elder fall prevention
9 a.m. CCC
Sewing 9 a.m. CCC
Get fit 12 p.m. CCC
GED 4:30 p.m. CCC
Open Gym 5 p.m. CCC
Language Table 5 p.m.
CCC
AA/support 6 p.m. CCC

GED (call)
AA/support 6 p.m. BCC
**Creepy Carnival
Halloween Party and
costume contest 7 p.m.
BBCR**

Come & Swim & use
the gym
AA/support 6 p.m. SCC

Come & Swim & use
the gym

30

Elder water aerobics 8:15 a.m.
CCC
Elder exercise 9 a.m. CCC
Cards 9 a.m. CCC
GED 9 a.m. SCC
Cribbage 5 p.m. CCC
Language Table 5 p.m. SCC

31

Get fit 12 p.m. CCC
WIC 12 p.m. MNAW
AA/NA support 12 p.m.
TRC

Elder water aerobics
8:15 a.m. CCC
Elder exercise 9 a.m.
CCC
Game day 1 p.m. CCC
GED 2 p.m. SCC
Language Table 5 p.m.
BCC
Sobriety feast 6 p.m.
CCC

26

27

GED (call)
AA/support 6 p.m. BCC

28

29

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.