

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)



The Reservation Business Committee cutting the ribbon for the grand re-opening of the Fond-du-Luth Casino.

In This Issue:

- Local News.. 2-3
- RBC Thoughts 4-5
- School News 6-9
- Etc. 10-12
- Hannah Freudenthaler -Queenie. 13
- Health News 14-15
- 13 Moons 16-17
- More Etc 18
- Community News 19
- Calendar 20

**1720 BIG LAKE RD.
CLOQUET, MN 55720
CHANGE SERVICE REQUESTED**

**Presort Std
U.S. Postage
PAID
Permit #155
Cloquet, MN
55720**

Local news

Ways in Which the World Takes Shape finds a home at MNAW

Since it opened in 1986, the Min No Aya Win Human Services Center has been a showplace for contemporary Ojibwe art. Patients have come to enjoy seeing historical photos, colorful posters, and numerous original pieces of sculpture and paintings created by local, regional, and national American Indian artists.

Two years ago Jim and Pat Northrup contacted Human Services Director, Phil Norrgard, and informed him that they had met an artist from Scotland at a conference in Minneapolis who had American Indian ancestry and who wanted to donate a piece of work to the Fond du Lac collection. Soon thereafter, Phil drove down to the Minneapolis Institute of Art and picked up three huge wooden crates containing the “piece.”

After it was successfully uncrated, Phil realized that the piece would require a special place to hang—somewhere it was totally accessible to patients, but not vulnerable to being bumped or disturbed

by children because several heavy pieces of wood were to be hung by monofilament strings. It was decided to put it up in the main waiting room, but, because there was some remodeling that was planned, the installation was temporarily delayed.

Finally, last year, the piece was installed and patients and visitors alike have marveled at its beauty. Jim and Pat Northrup were the first to see the piece after it was hung because they were so instrumental in having it find its way to Fond du Lac. It’s called *Ways in Which the World Takes Shape* and is a unique collage of images that splash colorful, natural scenes on organically shaped cut-outs that are hung at different depths from the placement wall. It’s a large work that catches the eyes of most visitors and patients as they enter the center. With the glass ceiling in the foyer letting in so much sunlight, even the smallest details are visible.

Mary Modeen is an artist and academic who lives in Blairgowrie, Scotland. She lectures

in Fine Art and Humanities at Duncan of Jordanstone College of Art and Design, a faculty of the University of where she has taught full-time since 1989. Modeen is the founder and course director of the Masters of Fine Art (postgraduate course) in Art and Humanities in Dundee, and she also led the undergraduate art, philosophy, and contemporary practices course for seven years previously. Modeen supervises PhD students with an interest in interdisciplinary studies.

She was born in Madison, Wisc. of a mother with Fond du Lac Ojibwe ancestry (Her mother was Dorothy (nee Johnston) Modeen, born in Duluth; grandmother Genevieve (nee Jackson) Backstrom, temporarily schooled on the FDL Reservation; and great grandmother Lizzie Roussain and a father who was first generation American, whose own parents were Scandinavian. After undergraduate studies in Michigan, a Masters in Missouri, teaching in Iowa, and an MFA in Louisiana, she lectured for several years at Dartmouth Col-

lege in Hanover, N. H. before moving to Scotland. She is currently the associate dean (International) as well as leading the MFA in Art and Humanities.

Her work has several threads: perception as a cognitive and interpretive process, memory studies, and place-based research, which connects many

of these concerns with attention to cultural values, history and embodied experience. As such, this research is usually interdisciplinary, touching on indigenous studies, feminist studies and ecological writings.

continued on next page



Jim and Pat Northrup seeing Ways in Which the World Takes Shape

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts	4-5
School News.....	6-9
Etc.....	10-12
Hannah Freudenthaler-Oueenie.....	13
Health News.....	14-15
13 Moons	16-17
More Etc	18
Community News	19
Calendar	20

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to:
Fond du Lac News, Tribal Center,
1720 Big Lake Rd.,
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

*Corporate Member of the
Native American Journalists
Association*

Local news



Thomas Howes (far right) receiving his Biologist Of The Year award

Biologist of the year

At the Native American Fish and Wildlife Regional Conference in Acme, Mich. Thomas Howes received the Biologist of the Year award in recognition of his outstanding contribution to the management and protection of the natural resources of the Fond du Lac Band of Lake Superior Chippewa and his strong support of the Great Lakes Region.

To honor him, Reggie DeFoe gave him an eagle feather for the fact that he incorporates Ojibwe traditional knowledge into natural resource projects that he has been involved with and a hand drum honor song was conducted for him.

Past recipients for these NAFWS awards from FDL are Mark Zacher and Terry Perreault, Technician of the Year award 1995; John Smith, Conservation Officer of the Year award 1999 and Larry Schwarzkopf, Biologist of the Year award (National 2003).

Fond du Lac Forestry receives 2015 Forestry Conservationist Award

In September, the Carlton County Soil and Water Conservation District Board of Supervisors presented Fond du Lac Forestry with a 2015 Forestry Conservationist award.

Forestry was nominated by Natural Resources Conservation Service (NRCS) staff, whom Fond du Lac has partnered with for years on a number of different projects ranging from timber stand improvement, invasive species control, and wildlife habitat projects. The Board of Supervisors ultimately chose Fond du Lac Forestry, from the other nominees, for the award.

Although Forestry works as a team, Steve Olson deserves the bulk of the praise for this award for his years and years of hard work not only here, but also serving on or assisting numerous other land use committees, partnerships, and more over the years, benefiting not only Fond du Lac and Fond du Lac lands, but also benefiting or helping represent Fond du Lac's interests on other lands outside of the Reservation boundaries as well.

The award ceremony (which was really nice and included a good dinner) took place at the Public House, in Carlton and was attended by about 35 other Soil and Water Conservation District (SWCD) staff, county staff, NRCS staff, sponsors, and three others that also received awards for their work as conservationists or partners for things like erosion control efforts, cleaning up trout streams, or interagency partnerships.

Fond-du-Luth opens with excitement

By Zachary N. Dunaiski

Last month we wrote almost exclusively about the CAIR renovation, but after the paper was released, the Fond-du-Luth opened their much anticipated smoke-free first floor Aug. 31, to a great crowd of people, all of which were excited to see how the smoke-free floor was going to be perceived.

On a surprisingly hot August day in Duluth, Chairwoman Karen Diver gave a short speech and cut the ribbon, opening the doors to a much anticipated, renovated smoke-free first floor.

Once the doors were open, it didn't take people long to start finding the machines they wanted to play and enjoy the fresh air. This opening day excitement brought a lot of people to the downtown casino.



The new look of the smoke-free first floor at Fond-du-Luth

from previous page

Part of this work appears as creative art, usually with an origin in printmaking, and part as writing and presentations. She addresses aspects of seeing that go beyond the visible, questioning what we know as

sentient humans. Cultural values and individual differences are inherent in these investigations. Her long-standing interests in poetry and modern literature also inform her work.

Modeen has a forthcoming book *Geopoetics, Deep-Mapping and Slow Residencies*. Her website is: www.marymodeen.com

com

In her recent correspondence to Phil Norrgard, she wrote: "There are so many ways that I feel a deep attachment to the FDL Rez, and its people, in ways that perhaps only someone who has been a long time emigrant may understand. While perfectly happy having

made my home, by choice, in Scotland these many years, I am nevertheless, a product of the far northlands, and my years in the woods and on rivers and lakes have shaped me profoundly. This deep love of the land itself has been the source of my commitment to understanding and investigat-

ing place..."

It is not unusual for the Min No Aya Win Human Services Center to receive donations of artwork, but staff is particularly pleased with this one. "It's an outstanding piece," said Phil Norrgard. "I'm glad Jim and Pat spoke up for us when they had a chance."

A few thoughts from RBC members

From the Chairwoman

The Band had a ribbon cutting for the Fond-du-Luth Casino after its renovations. It turned out really well. The dated art deco look is gone, replaced with warm earth tones and all new finishes. The exterior was spruced up and now has a display and LED lighting. Stop by and take a look. The first floor is non-smoking and we hope to see a positive response from customers to that change.

Regarding the constitutional amendments proposed around enrollment, there is still no word from the Department of Interior approving having a Secretarial Election on those issues. Once again, there are only enrollment changes being proposed, and no other constitutional amendments. The enrollment changes being voted upon are about allowing currently enrolled persons to include blood

quantum from other Chippewa tribes in U.S. and Canada. Once the Department of Interior approves having an election, the Minnesota Chippewa Tribe will schedule information sessions on each Reservation.



Karen Diver

It was a pretty decent year for the folks that harvest wild rice. The beginning of the season

is set aside for Band members that harvest for their own needs and the needs of their families. After that, the Band offers to purchase rice which we use for seeding and restoring, or we have it finished. Some of the rice this year is being used for restoration of wild rice on the lower St. Louis River.

Fond du Lac has a strong commitment to the St. Louis River. We have water regulatory standards that we implement to help restore the health of the water to support not only wild rice, but fish

and water fowl and other resources that rely on a clean waterway. We are participating in discussions about the plans being made to clean up U.S. Steel's Superfund site which is adjacent to the river in Duluth. We've been involved in decade's long restoration of the sturgeon population.

The Band has a long history with the river and it is a primary cultural resource of the Band. The Band acquired Spirit Island in the river, which is the 6th stopping place of the Ojibwe on our migration. It has a value to us and to the region for the habitat it supports. As the largest estuary into Lake Superior, our stewardship is as much about protecting the largest and cleanest lake in the world as it is about the health of the river.

Please let me know if you have any questions or comments at the office (218) 878-2612 or at kar-endiver@fdlrez.com

Boozhoo,

The saga continues with the Fond-du-Luth case. We received notice that the city has filed another appeal with the courts. It would be nice to finally put this issue to bed so we can continue to move forward. I will keep you up-to-date with the progress of the case.

On a brighter note though, we opened the first floor of Fond-du-Luth to a lot of interested guests. The floor and the machines filled up pretty quick. The sounds of machines being played was evident throughout. The one interesting thing that was lacking was the smell of smoke. The RBC has made a commitment to have a smoke-free first floor at the casino. We are going to keep an eye on the results of this decision to see how effective it is.

Our rice season came to a relatively quick halt. Several storms passed through the area doing plenty of reseeding the "old fashioned" way. There have been two goals that we have tried to achieve during rice season. The first goal has been to restock our supply so we can continue to use rice for all events on the Reservation. The second goal has been to help the ricers supplement their budget to meet some of their financial obligations. We

added a third goal this year, to reseed the St. Louis River estuary. We were able to achieve this goal in the late stages of the season with the help of several Bands being willing to sell their harvest to FDL. I don't know if this effort will restore the bay with rice for future generations but who knows?



Ferdinand Martineau

I was going to the hospital the other day to visit a family member and decided to take 4th Street to see what was going on with the CAIR project. I have been watching the progress through the reports and expenditures but it was impressive to see the empty lot where there used to be several buildings. I watched as the dozers and excavators' were moving dirt and loading trucks. I watched as the drilling rigs were placing explosives to remove rock for the foundation of the new structure. If you happen through Duluth a trip by the site would not be wasted. I will keep you up on the progress.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinand-martineau@fdlrez.com .

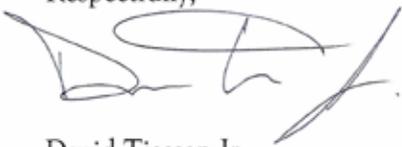
Gigawaabamin.

RBC Thoughts (continued)

Reservation Business Committee,

It is with great sadness and regret that I, David Tiessen Jr., resign from my position as Sawyer District Representative effective immediately. Due to personal issues I have been dealing with over the past six months, I can no longer effectively serve the people of Fond du Lac or the District of Sawyer. I would like to thank the RBC for their guidance and understanding while I was going through the most difficult time of my life. I would also like to say thank you to the people of Sawyer for giving me the opportunity to serve as your representative. I sincerely apologize for failing my co-workers and the people of Fond du Lac in my position as Sawyer District Representative. It has been an honor and a great privilege serving in my position. Miigwetch.

Respectfully,



David Tiessen Jr.

September 21, 2015

Cloquet News

Hello All

Another school year is upon us. Students from preschool to college are back at it. Our community center has had back to school carnivals and gatherings, issuing school supplies and backpacks. I wish all students good luck with their educational challenges.

We attended the ground breaking ceremony for our Fond du Lac CAIR facility (clinic) in Duluth. We had a good showing of participants. This is a multi-million dollar expansion and will add much needed offices, exam rooms, and other space to accommodate the needs of the clinical facility. We are all very excited to see this actually happen after lengthy planning and discussions.

We also were able to visit a building in the twin cities area that is being considered for purchase to replace the undersized clinic in the cities. It appears that the building would need some renovations, however, it is in a better location and would provide much needed space for our growing facility. This is a very nice building and offers plenty of room for future expansion as well as the ability to provide easy accessible parking. Our clinic staff has a number of options for how it could be used and possibly will also house our urban liaison office. At this time it is in the planning stage, nothing is certain, so we will keep you updated as to

any purchases and progress.

We also attended the grand opening of our newly remodeled Fond-du-Luth Casino. Approximately 10 million dollars was put into this remodel. I am impressed with the difference that it made in cleanliness and attraction. I would like to thank the entire Fond-du-Luth staff for their patience, dedication, and commitment to making this project a success. I would hope that you all get a chance to stop in to see the change.

Also, to update you on the Big Lake road turn lane project, both the intersection at Big Lake Road and Reservation Road (Trettle Lane) and Big Lake Road and Brevator Road (University Rd) are now complete. This was a much needed change that helps with safer traffic flow to and from our facilities.

Our newly developed public works department is underway. It is a new program so we are still dealing with a number of issues that come up; however, they are being addressed promptly with the staff. I am hopeful that the new public works department will prove to be a productive, beneficial service to our community and its members.

As always please feel free to contact me by phone or email. (218) 878-8078 (office), (218) 428-9828 (cell), or email at wallydupuis@fdlrez.com



Wally Dupuis

School News

Principal's news from Jennifer Johnson

Aaniin/Boozhoo nindawemaganidok

Biindigedaa nagaajiwan-aang gikinoo' amaade wigamig (Welcome back to school!). We hope that you had a relaxed and fun-filled summer. We are looking forward to an exciting and successful school year. We realize how important it is to be confident that your child/children are not only actively learning, but are also happy and safe. We are committed to helping every student succeed in school. We can assure you that as a team at FDL0S, we will do everything we can to provide a safe, happy, and nurturing environment to make sure your child's year is a memorable one.

I would like to thank the teachers, staff, parents, and students for all of the hard work and effort that went into the excellent start we had this year. The teachers and support staff have put in countless hours preparing curriculum, attending professional development trainings, and preparing the school for the students.

We have made a few policy and program changes for this school year;

1. We have modified our school day this year and will now start the school day at 8:25 a.m. and end the school day at 3:25 p.m.

our early dismissal will remain the same and will end at 12:30 p.m. on the designated days. Our Early Bird Program starts at 7:30 a.m. Doors will be locked until 7:30 a.m.; for the safety of students please do not drop them off before 7:30 a.m.

2. Our bus change policy has been updated for this school year. Starting Sept. 2015, the bus changes must be called in and arranged by Monday at 11:00 a.m. for the WEEK including the following Monday morning pick-up. Parents/guardians can call (218) 878-7261 or fill out the bus change request form. The form is also on the school website <http://www.fdlrezk12.com/>

3. We are very excited that we have the opportunity to blend English and Ojibwemowin into one of our Kindergarten classrooms, creating an innovative experience for our students. Our goal is to have a K-3 Ojibwemowin immersion program in addition to our regular program.

4. All parents/guardians and visitors will enter and sign in at the receptionist's desk located when you enter the

double doors closest to the playground. All other exterior doors will be locked. All students, parents/guardians, and visitors will need to park in the front of the school in the designated parking lot. Student drivers will need proof of registration, insurance, and a valid driver's license. The lane closest to the school is reserved for buses only. We appreciate your patience and cooperation.

Ojibwe School Motto "Anokii, Nanda-gikendan, Enigok gagwe, Gashkitoon" "Work, study, strive, succeed"

Anokii

Attend every day, on time, and be prepared. If a student is in need of school supplies please call me.

Nanda-gikendam

Students need to take their work seriously and do their best. Parents and guardians can help by making sure they have a quiet place to study at home and call their teacher to check on their academic progress.

Enigok gagwe

In order for students to strive they need to eat right and get enough sleep.

Mino nibaa (sleep well)

The recommended daily sleep needed for children is; 3-6 Years Old: 10 - 12 hours

per day, 7-12 Years Old: 10 - 11 hours per day, and 12-18 Years Old: 8 - 9 hours per day.

Mino wiisinidaa (let's eat good)

Eating a well balanced diet is extremely important especially in the developmental years.

Gashkitoon

Our goal this year is to set rigorous learning goals for all students in all subject areas. We will use assessment data to monitor student's progress. We are implementing a Common Core reading program called Wonders for grades K-5.

Gaa izhiwebad (upcoming events)

Binaakwe-giizis (Falling Leaves Moon)

October

9-Mid Quarter

13-School Board Meeting 3:00 pm

16-Early Release/Staff Development

Gashkadino-Giizis (Freezing Over Moon) **November**

4-Picture Retake Day

6-End of 1st Quarter/Early Release

10- Honoring the Veterans

10:30 am gym

10-School Board Meeting 3:00 pm

11-Holiday No School

12-Parent/Teacher Conferences 3:30-6pm

13- Parent/Teacher Conferences

1-4pm

25-Early Release

26-29 Holiday- No School

Manidoo-Giizisoons (Little Spirit Moon) December

6-Mid Quarter/ Early Release

Midterms

8-School Board Meeting 3:00 pm

22-Biboon Celebration 1-6pm

23-Early Release

24-January 4-Winter Break

We strive to work in an atmosphere of cooperation and collaboration to provide meaningful learning opportunities and supporting student achievement. We want to extend what we do here at school and work with our students and families at home. Our students' successes rely on a supportive community. Chi miigwech to everyone that supports our students

I am looking forward to another fun and exciting school year. Please contact your child's classroom teacher or myself if you have any concerns or questions.

Giigaawaabamin naagaj Jennifer Johnson, Fond du Lac Ojibwe School Interim Superintendent/Principal, 49 University Rd. Cloquet, MN 55720, Office Ph. (218) 878-7284 Cell Ph. (218) 591-2083, email jenniferjohnson@fdlrez.com

School News

Kitchen greetings

The kitchen staff is looking forward to another great year. We welcomed two new kitchen helpers to our staff, Gayle Nikolai and Ohe Bluebird. They started with us for a short time at the end of the 2014-15 school year.

Once again we received a grant from the Fresh Fruit and Vegetable program. We will be offering an afternoon snack to all grades K through 6. The snacks will consist of all fresh fruits and vegetables.

The school menu and portion sizes are regulated by the state. We offer whole grain breads, cereals, and pasta. Our salad dressings are fat-free. We serve skim, and 1% milk. Skim chocolate milk is offered on Tuesdays and Fridays. Lactaid milk is available for the students who are lactose intolerant. We have our salad bar filled with a variety of fresh fruits and vegetables. We serve a romaine mix and spinach leaves for greens. I will be making homemade bread once a week.

If your child has a food allergy, please let us know as soon as possible. If you have any questions or concerns, please call me at (218) 878-7246. Barb Dahl, CDM, Head Cook, Supervisor

Kindergarten news from Nikki Haglund

Aaniin/Boozhoo from Ms. Nikki's kindergarten class! Every September, my new students and I get to experience Dagwaagin (fall) by completing a unit on apples. I have several apple trees in my yard, so I bring in apples for students to try. Students see pictures of my apple trees, we dissect apples to get to know their parts, and create many fun apple activities. Happy fall, everyone!

Athletic news from Earl Otis

October home volleyball games are: Thursday Oct. 1, 5:45/7:00, JV/Varsity vs LCA, Tuesday Oct.13, 5:45/7:00, JV/Varsity vs Red Lake. \$2.00 admission fee.

Boys basketball practice starts Nov. 9. Girls basketball practice starts Nov. 16.

There is a new bylaw in the Cloquet and Fond du Lac Athletic Agreement. Once an American Indian student, who attends Cloquet High School or Fond du Lac Ojibwe School, has played in a sport at either Fond du Lac Ojibwe School or Cloquet High School, that student may not, during the student's high school career, play in the same sport at the other school unless the student serves a one-year varsity ineligibility.

Any questions contact: Earl Otis (218) 878-7248. earlotis@fdlrez.com

After school news from Maria DeFoe

Starting on Sept. 29, our after school program will begin and will run until May 2016.

The program is held on Tuesday's and Wednesday's this school year. To ensure that the children are safe, space is limited. The program no longer provides transportation.

Families of children who participate must provide their own transportation and pick up their children at 5 p.m. in front of the school. You must pick your child up on time. In case of emergency or you're going to be late, call the office at (218) 878-7276 or activity office at (218) 878-7239.

On days there is no school, there will be no after school. Also, in case of inclement weather after school will be cancelled. Families will be notified via phone calls or email.

The Fond du Lac Ojibwe School Discipline Policy Handbook will be followed for students in the after school program.

If you have questions regarding the after school program please call (218) 878-7239 or email mariadefoe@fdlrez.com or fax: (218) 878-7201 Miigwech

7th Grade News from Jenna Monnier

In 7th grade social studies we are currently learning about Colonial America. Rather than teach directly from the textbook, I am asking students to also use the lens of slave narrative to discuss the time period. Many of my students were surprised to learn that Native Americans were also enslaved during colonial times. As I have pushed them further, I have asked them to speak

back against the racism that stems from colonial America and is still prevalent today. I have gotten many well thought out responses, and I am very impressed with their ability to discuss the topic. I am encouraging them to become proactive citizens with a desire for change and justice, as seventh grade social studies standards focus on civic duty. They have shown maturity and interest beyond their years. As we finish up a project and paper *continued on next page*

Ojibwe School Manoomin rice camp



Eddie dancing on the rice



James Friedman and Wayne Dupuis winnowing the rice at the school's rice camp

School News

from previous page

called "Take A Stand," I am excited to see the work that these students will produce. They are required to write a persuasive essay speaking out against or for a controversial topic and then create a poster to hang in the classroom. I invite you to ask your 7th graders what stance they took, and what they have learned during this unit.

Special education news from Bob Henderson

Hi, I am the new Special Education teacher. I live in Duluth and my wife's name is Lynn. We have four children from 12 years of age to 23 years of age. I am very happy to be working at the Fond du Lac School district.

Special education & gifted and talented news from Sharon Belanger

Boozhoo. My name is Sharon Belanger and I am the Special Education and Gifted/Talented Coordinator for the Fond du Lac Ojibwe School. This is my 22nd year at the Ojibwe School. I have worked as a classroom teacher, middle school science teacher and a special education teacher before earning my administrative licensure and becoming the Special Education and Gifted/Talented Coordinator. In June I will celebrate my 33rd wedding anniversary. I have 4 children and 4 grandchildren. My youngest son is a middle school student here at the Ojibwe School. It has been a pleasure to serve the Fond du Lac Ojibwe School for the last 22 years.

You may contact me at (218) 878-7274 or sharonbelanger@fdlrez.com

School guidance counselor news from Vicki Oberstar

Fond du Lac Ojibwe School has been selected to participate in a partnership with the University of Minnesota to help kids reach their highest potential. Ramp-Up to Readiness™ is a college preparedness program designed to help Minnesota middle and high school students succeed at the next level—whether they choose a

four-year college or university, or a technical or community college.

In April, Jen Johnson and Vicki Oberstar participated in an official program launch on the university's St. Paul campus, where they joined teachers, principals and counselors from 39 schools around the state who are joining 53 schools already implementing Ramp-Up to Readiness.

High schools, in this cohort, are part of an important study funded by the U.S. Department of Education's Institute of Education Sciences as part of work by the Midwest Regional Educational Laboratory (REL Midwest). The study aims to better understand the processes and interventions that enhance college-going, college completion, and workforce success.

According to a growing body of research, by 2018, more than 70 percent of jobs in Minnesota will require some form of education past high school. We're excited to be part of this aligned effort and help Minnesota enter a new era—one in which all of our students are expected and supported to go beyond a high school diploma.

For more details about the program, visit www.rampuptoreadiness.org

Technology news from Charles Hilliard

1:1 Digital Device Initiative is underway for K-8 Students.

After extensive research an initiative is underway that will put readily accessible digital technology in the hands of each of our students. A 1:1 digital device initiative in a school setting allows all students anytime access to a digital device. Initially, this will benefit all students in grades K thru 8. It is our plan to extend this program to all students at the school in the near future.

It is important to note that this 1:1 initiative by no means is meant to reduce teacher to student instruction time, but is being undertaken with the hopes of enhancing the quality of that time and encouraging increased student engagement.

1:1 learning environments differ from traditional environments in most school settings because they offer all students and teachers continuous access to a wide range of software, electronic documents and the internet along with standards-based digital resources for teaching and learning.

The key components of a 1:1 program are the ease of access of digital teaching and learning tools. It is hoped that as the skills of accessing these digital tools are mastered that the learning of them becomes secondary to the knowledge and confidence gained in their use.

This announcement is only the beginning! As the year progresses look for more information on how our initiative is going.

Taking Care of Things Gathering at the Ojibwe School Pow wow grounds



Students and staff at the Resource Management's "Taking Care of Things Gathering" Sept. 10



School News

Babaamaadiziwin Gitigaan

News from Maria DeFoe

The participants from the Babaamaadiziwin Gitigaan had a fun filled summer at the Fond du Lac Ojibwe School's Journey Garden Program. The program started and ended with a pipe ceremony and feast with the help of Frank Goodwin.

Twelve American Indian youth participated in several activities including how to grow a gitigaan (garden), cooking, science lessons, and careers in medicine, taking field trips, and presentations.

Students learned how to make their own moccasins from the talented Sarah Agaton Howes, and how to make sweet grass baskets from Fond du Lac's very own Maryanne Blacketter.

New completed projects this summer were the Hugelkultur berm located on the southeast side of the garden and door construction on the existing fence around the Journey Garden. This summer the berm will produce fruit from the trees planted.

Cooking with vegetables from the garden was a favorite activity and weeding was the least, according to students.

The participants learned a handful of recipes from

Journey Garden's Master Gardener and gourmet chef Francois Medion. The recipes will be published in a recipe book coming soon.

Along with learning how to grow vegetables, students learned from a variety of presenters on health care, college, nutrition, culture, language, science, exercise, wellness, marketing, farmer's market and nature's remedies.



The Journey Garden after moccasin making. Photo by Maria DeFoe.

Kayla, Tannia, and Katie packaging plants



At the end of August the Journey Garden and the Bimaajidiwin Gitigaan collaborated with the Farmer's Market at the Fond du Lac Gas and Grocery store. Channel six news interviewed two of our future native growers, James Friedman and Edward DeFoe! The television exposure was an unexpected surprise for our students and recognition for all. Accolades from family and friends that came to the farmer's market, brought a sense of pride and ownership for students. The display of fresh vegetables showed community, family and friends the fruits of their labor.

The Journey begins next summer with the help of funding from the Fond du Lac Band of Lake Superior and the Northland Foundation. If you have an American Indian student who is interested in joining, contact the Journey Garden Coordinator Maria DeFoe at

the Fond du Lac Ojibwe School or email mariadefoe@fdlrez.com.



Kayla, Tannia, and Katie planting in raised beds.

S.T.E.M. news for Julius Salinas

The airplane construction project is progressing nicely and took a major step forward today with the joining of the passenger side fuselage (body of the airplane) to the fuselage bottom. This construction goal has everyone involved with this project excited and re-energized. When you view the assembly pieces it's clear to see the main components of the airplane and easy to imagine these parts becoming an actual flying machine. Jacob Reynolds and Ovaughn



Boshey are the most active participants so far this year.

On Friday, September 18, Ovaughn demonstrated his skills during the joining of the first side panel on the fuselage, as depicted in the adjoining picture. Please plan to stop in to the "hangar" and see for yourself the progress being made, during the November 12 and 13th parent/teacher conferences.

Etc.

October Phrases

1. Awenen waa-wiijiwad? Who are you going to go with?
- Nimaamaa niwii-wiijiwaa. I am going to go with my mom.
2. Awenen waa-wiijiwad? Who are you going to go with?
- Indede niwii-wiijiwaa. I am going to go with my dad.
3. Awenen waa-wiijiwad? Who are you going to go with?
- Nookomis niwii-wiijiwaa. I am going to go with my grandma.
4. Awenen waa-wiijiwad? Who are you going to go with?
- Nimishoomis niwii-wiijiwaa. I am going to go with my grandpa.
5. Awenen waa-wiijiwad? Who are you going to go with?
- Nimisenh niwii-wiijiwaa. I am going to go with my older sister.
6. Awenen gaa-wiijiwad? Who did you go with?
- Nishiime ingii-wiijiwaa. I went with my younger sibling.
7. Awenen gaa-wiijiwad? Who did you go with?
- NIsayenh ingii-wiijiwaa. I went with my older brother.
8. Awenen gaa-wiijiwad? Who did you go with?
- Niitaawis ingii-wiijiwaa. I went with my male to male cousin.
9. Awenen gaa-wiijiwad? Who did you go with?
- Indaangoshenh ingii-wiijiwaa. I went with my female to female cousin.
10. Awenen gaa-wiijiwad? Who did you go with?
- Niinimoshenh ingii-wiijiwaa. I went with my cross-cousin of the opposite sex.
11. Awenen gaa-wiijiwad? Who did you go with?
- Indawemaa ingii-wiijiwaa. I went with my sibling of the opposite sex.
12. Awenen gaa-wiijiwad? Who did you go with?
- Indoozhim ingii-wiijiwaa. I went with my parallel nephew.
13. Awenen gaa-wiijiwad? Who did you go with?
- Indoozhimis ingii-wiijiwaa. I went with my parallel niece.
14. Awenen dash waa-wiijiwad? Who are you going to go with?
- Niiaawen'enh niwii-wiijiwaa. I am going to go with my namesake.
15. Awenen dash waa-wiijiwad? Who are you going to go with?
- Niwiijiwaaagan niwii-wiijiwaa. I am going to go with my friend.
16. Awenen dash waa-wiijiwad? Who are you going to go with?

- Ingikinoo'amaagan niwii-wiijiwaa. I am going to go with my student
17. Awenen gaa-waabamad? Who did you see?
- Indaangwe ingii-waabamaa. I saw my sister-in-law (female speaking)
18. Awenen gaa-waabamad? Who did you see?
- Niinim ingii-waabamaa. I saw my sister-in-law (male speaking)
19. Awenen dash gaa-waabamad? Who did you see?
- Niinim ingii-waabamaa. I saw my brother-in-law (female speaking)
20. Awenen-sh gaa-waabamad? Who did you see?
- Animosh ingii-waabamaa. I saw my brother-in-law (male speaking)
21. Awenen gaa-waabamad? Who did you see?
- Inini ingii-waabamaa. I saw a man.
22. Awenen gaa-waabamad? Who did you see?
- Ikwe ingii-waabamaa. I saw a woman.
23. Awenen gaa-waabamad? Who did you see?
- Gwiiwizens ingii-waabamaa. I saw a boy.
24. Awenen gaa-waabamad? Who did you see?
- Ikwezens ingii-waabamaa. I saw a girl.
25. Awenen gaa-waabamad? Who did you see?
- Abinoojiinyens ingii-waabamaa. I saw a baby.
26. Awenen waadookawad? Who are you helping?
- Gichi-aya'aa niwiidookawaa. I'm helping an elder.
27. Awenen waadookawad? Who are you helping?
- Nimishoome niwiidookawaa. I'm helping my dad's brother (uncle)
28. Awenen waadookawad? Who are you helping?
- Inzhishenh niwiidookawaa. I'm helping my mom's brother (uncle)
29. Awenen waadookawad? Who are you helping?
- Inzigos niwiidookawaa. I'm helping my dad's sister (aunt)
30. Awenen waadookawad? Who are you helping?
- Ninoshenh niwiidookawaa. I'm helping my mom's sister(aunt)
31. Awenen waadookawad? Who are you helping?
- Gekinoo'amaaged niwiidookawaa. I'm helping the teacher.

Attention Fond du Lac band members

Please remember to keep your address and your enrolled children's address current so that you receive future correspondence from the Fond du Lac Payroll Dept.

For changes please contact the FDL Payroll Dept at (218)878-8021.

Thank you.

Carlton County community forum on opioid and heroin abuse

Carlton County has a very high rate of drug abuse; heroin and prescription pill abuse have touched many people's lives in the community.

According to Carlton County Sheriff Kelly Lake, "We are seeing the negative impacts of drug abuse on communities, including the many drug related deaths. Those deaths are preventable. This forum is an oppor-

tunity to come together and learn about the effects that drug abuse is having and ways to prevent these tragedies. This is a problem that needs everyone from the criminal justice system, medical system, treatment providers, community leaders, parents, community members all to join together to make a difference."

All community members are encouraged to attend the Carlton County Community Forum on Opioid and Heroin Abuse.

This event will be on Oct. 5 at the Cloquet Forestry Center, 175 University Road, in Cloquet, Minn. A free meal will be

provided at 5 p.m. and at 6 p.m. a panel will speak to the issues all Minnesotans are facing. Professionals from the Medical field including doctors and pharmacists, treatment representatives, law enforcement, and individuals from the recovery community will share their stories about this epidemic.

Free childcare is provided during the event. This event is sponsored by the University of Minnesota Clinical and Translational Science Institute.

For questions please contact Laura Palombi (218) 349-7954.

From the new Bank Secrecy Act

Director Heather Abrahamson

I would like to introduce myself as the newly hired Bank Secrecy Act Director, "BSA Director" for the Fond du Lac Band of Lake Superior Chippewa. I started my position in the beginning of August. I have worked for the Fond



Etc.

du Lac Band in the capacity of a surveillance employee since May of 1992, thus having 23 years of casino experience. I started within surveillance at Big Bucks Bingo and Casino and helped open the Black Bear Casino. In 1995, I was promoted to Surveillance Manager of the Fond-du-Luth Casino. While working within surveillance in 2002-2004, I attended and graduated from the Fond du Lac Tribal and Community College with an AA and AS Degree in Law Enforcement. In 2004-2006, I attended and graduated from the University of Wisconsin-Superior with a Bachelor of Science Degree in Sociology with a Criminal Justice Concentrate. Most recently, in 2013-2015, I attended and graduated from the University of Minnesota-Duluth with a Master's Degree in Tribal Administration and Governance.

As the BSA Director my responsibilities include, "Promoting a Culture of Compliance." What does this mean exactly? I am sure you've heard of Title 31, (also called the Bank Secrecy Act or Anti-Money Laundering) my job is to oversee the program and ensure strong BSA/AML compliance. My goals are to support and increase efforts which comply with the standards set forth by the United States Department of the Treasury Financial Crimes Enforcement Network "FinCEN." In a recent published FinCEN article I learned a strong culture of BSA/AML compliance requires casino leadership and owners to have a strong program in place. Regardless of a casino's size and business model, a casino with a poor culture of compliance is likely to have shortcomings in its BSA/AML program. A casino can strengthen its BSA/AML compliance culture by ensuring that (1) its leadership ac-

tively supports and understands compliance efforts; (2) efforts to manage and mitigate BSA/AML deficiencies and risk are not compromised by revenue interests; (3) relevant information from the various departments within the organization is shared with compliance staff to further BSA/AML efforts; (4) the casino devotes adequate resources to its compliance function; (5) the compliance program is effective by among other things, ensuring that it is tested by an independent party; and (6) its leadership and staff understand the purpose of its BSA/AML efforts and how its reporting is used.

I am employed by the Fond du Lac Band but my office is located at the Black Bear Casino on the first floor near the arcade. Please stop in and say hi. My door is always open and I welcome your thoughts/concerns regarding Title 31 and its many requirements. I look forward to working with Casino Management and the Fond du Lac community.

What is a cultural exchange and why is it important?

Submitted by Janis Fairbanks,
Anishinaabemowin Coordinator

One example of cultural exchange is people of distinct cultures coming together to share life experiences, values, and cultural markers, such as language and art. The experience is enriched when participants expand the encounter to include a dialogue that facilitates the exchange of ideas.

Sept. 16, at the invitation of Jeffrey Tibbetts, I had the pleasure of speaking to and with a group of exchange students from Germany who visited the Fond du Lac Tribal and Community College. At the end of my

talk, I asked assistant professor, Carolyn Ripp, who is hosting one of the exchange students, whether I could get an interview before the group left. Ripp was serving as one of the chaperones. She agreed to ask them, and one of the German teachers and one student later sat with me to talk about the program.

Although this was only the fourth day of a three-week stay, 11th grader Ruth Tuschewski ranked their trip a 7 on a scale from 1 to 10, quite a high mark for just the beginning of their journey. Tuschewski and her chaperone/teacher, Simone Rebl, both from the school Gymnasium AM Hoptbuehl located in Villingen, Germany, shared their observations and past experiences regarding Native Americans and Native American history. When asked why the program, started in the 1990's by Tatyana Larinova, Cloquet School District Second Language teacher, was important, and why the group tours Minnesota Native American sites, Rebl said their German contact, Heike Grueninger, said, "It is a very interesting experience that you will not get anywhere else. It is special for this region, and the students usually enjoy it."

The visit at FDLTCC included a discussion of art by Jeffrey Tibbetts, who started his session with an Ojibwe language introduction, and a synopsis of his own journey in learning Ojibwe. Following Tibbetts, Janis Fairbanks introduced herself to the group, asked them questions about their trip, their homeland, their learning objectives for this tour, and their observations on learning differences and similarities between their German school and what they were learning in the Cloquet schools, and when and how they all learned to

speak English.

In terms of learning a new language, (English) the German schools start with grade 1 and teach conversational English only. There is no attempt to teach grammar until grade 5 and upward. From grade 1 to grade 4, the students learn by using pictures, and listening to simple English explanations to accompany the pictures, Tuschewski explained. "This is a dog," she said, pointing to an imaginary picture. "And we learn colors, things like that." As far as general academics, she said, "The Americans are behind us, not only in math, but generally." When asked how she knew this, she replied, "I'm following around a girl, and what they're learning now, we learned a year ago." Chaperone Ripp offered an opinion that maybe it appears that way, because school has just started, and the Cloquet students may be reviewing what they learned last year.

Fairbanks invited the group to visit the Ojibwe language table at Cloquet Community Center, or to call and schedule a special meeting to have an Ojibwe language lesson. At the end of the interview, when asked what the most important thing they learned at the site visit today, their responses were as follows:

Ripp (exchange student host): "I'm glad I was available today. I think it's been a wonderful experience."

Tuschewski (student): "In my opinion, the most important impression about today's trip to the college is to see that there is a college that connects Native Americans to the other Americans, so that there can be an exchange of cultures."

Rebl (teacher): "The most impressive moment was when you started speaking in your

native tongue. It sounded incredibly beautiful. Apart from that, I enjoyed the different pieces of art and the welcoming people."

Cultural exchanges are an extremely valuable opportunity to share information and ideas, sample each other's languages, and allow people to see each other as what they are; fellow human beings.

From the scholarship division:

We are off to a great start with our fall enrollment; we currently have 128 students enrolled in post secondary education. Our Fond du Lac Band members are enrolled in a variety of educational settings that include technical programs, two year community colleges, four year universities, and graduate schools.

It's great to see so many pursuing their college degrees to become teachers, counselors, nurses, police officers, and welders, just to name a few of the careers students are pursuing.

I would like to recognize these additional students who have earned their degree and graduated during the 2014-15 school year.

Fond du Lac Tribal & Community College

Victoria Durfee – A.A. Degree
Monica Decaro – A.S. Nursing
College of St. Scholastica
Brook Barney – B.S. Nursing
Nathan Deloveley – B.A. Health Sciences

Leech Lake Tribal College

Donald DeFoe – A.A.S Degree
Madison Area Technical College
Alexandera Houchin – Welding Diploma

Minneapolis Community & Technical College

Grady LaRose - A.A Degree

Etc.

Michael Maki - A.A. Degree
University of MN – Crookston
 Megan Luukkonen – B.A. Health Management

It takes commitment and dedication to complete your degree so if you're ready for the challenge give us a call, send an email or stop by our office.

Spring semester starts in January 2016! Get your applications completed as soon as possible.

If you need assistance deciding which career best fits you or you'd like to create a plan and set some goals, I can sit down with you and discuss your options.

Career Exploration:

- What are your natural talents? (Things that come easily to you)
- What's your work style? (Flexible work environment or a structured environment?)
- Where do you like to work? (office, large corporation, outside, warm climate)
- Do you want to work away from home or do a lot of traveling?
- Do you like to work with others or as part of a team?
- How important is having balance in your work life?
- Are you looking to give back?
- Are you comfortable in the public eye?
- Do you deal well with stress?
- How much money do you want to make?

Again, we are just a phone call or email away and would like an opportunity to assist you in preparing for your college degree.

Patty Petite, Ed.D – Scholarship Director (218-878-2633) pat_typetite@fdlrez.com, Veronica Smith – Scholarship Assistant (218-878-2681) veronicasmith@fdlrez.com

Fond du Lac Ojibwe School earns continuing NCA CASI accreditation

Principal Jennifer Johnson announced that the Fond du Lac Ojibwe School earned continuing accreditation from the North Central Association Commission on Accreditation and School Improvement (NCA CASI), an accreditation division of AdvancED. This action was taken at the AdvancED Accreditation Commission meeting on June 25. The Fond du Lac Ojibwe School has been accredited since 1985.

NCA CASI provides nationally-recognized accreditation, the purpose of which is continuous school improvement focused on increasing student performance. To earn accreditation, schools must meet NCA CASI's high standards, be evaluated by a team of professionals from outside the school and implement a continuous process of school improvement. Accreditation is granted on a five-year term, "Accreditation demonstrates to our students, parents and community that we are focused on raising student achievement, providing a safe and enriching learning environment, and maintaining an efficient and effective operation staffed by highly qualified educators," stated Principal Johnson.

NCA CASI accreditation is recognized across state lines, which not only eases the transfer process as students move from accredited school to accredited school but also assures parents that the school is meeting nationally accepted standards for quality and successful professional practice.

Dr. Mark Elgart, President/CEO of AdvancED, the parent organization of NCA CASI,

stated, "NCA CASI accreditation is a rigorous process that focuses the entire school on the primary goal of creating lifelong learners. The Fond du Lac Ojibwe School is to be commended for engaging in this process and demonstrating a commitment to continuous improvement."

Parents and interested community members can learn more about accreditation at www.advanc-ed.org.

Attention all FDL veterans and family

I need the names of all Korea veteran's who served during war from 1950 to 1953. Call Tom Whitebird at (218) 878-2670 or mail to 1720 Big Lake Rd Cloquet, MN 55720. Thank you.

Notice

Fond du Lac Management, Inc. has applied to the Fond du Lac Reservation Business Committee for licenses to conduct Class III-Video and Class III-Blackjack at the FOND-DU-LUTH CASINO, under the Fond du Lac Gaming Ordinance #09/93, as amended. The review of the application will come before the Fond du Lac Reservation Business Committee in an Open Session on December 2, 2015, 9:00 a.m., at the Fond du Lac Tribal Center, 1720 Big Lake Road, Cloquet, Minnesota.

Notice

Fond du Lac Management, Inc. has applied to the Fond du Lac Reservation Business Committee for licenses to conduct Class II Gaming, Class III-Video, and Class III-Blackjack at the FOND DU LAC BLACK BEAR CASINO, under the Fond du Lac Gaming Ordinance #09/93, as amended. The review of the application will come before the Fond du Lac Reservation Business Committee

in an Open Session on December 2, 2015, 9:00 a.m., at the Fond du Lac Tribal Center, 1720 Big Lake Road, Cloquet, Minnesota.

Notice

Fond du Lac Ojibwe School is seeking a School Board Representative for the Brookston district.

Interested candidates are encouraged to submit their names to: Jennifer Trotterchaude, Fond du Lac Ojibwe School 49 University Rd. Cloquet, MN 55720, call (218) 878-7241, or email jennifertrotterchaude@fdlrez.com

This position is open until filled.

Notice

Public hearing, community development block grant

Enrollees of the Fond du Lac Band are encouraged to attend a Public Hearing to discuss the application for:

2015 Indian Community Development Block Grant Funds

Place: Fond du Lac Tribal Center
 1720 Big Lake Road
 Tribal Center Classroom
 Room 1410

Date: Monday, October 5, 2015
 Time: 2-3 p.m.

A copy of the Community Development Statement will be made available during the week of Sept. 28 in the Fond du Lac Planning Division.

Elder's banquet

The elder's banquet will be held Tuesday Oct. 20, from 4-7 p.m. at the Otter Creek Event Center.

Gitigaan fall feast farmers market/flea market

The Gitigaan 2015 Fall Feast Farmers Market/flea market will be Oct. 10, 10 a.m.-1:30 p.m.

The feast starts at 12 p.m. at Cloquet Community Center 1720 Big Lake Road.

A list of events include:

- Kids rock hunt starts at 10:30 a.m. located outside by gym. Ages 4-7 at 10:30 a.m. ages 8-11 at 10:45 a.m. ages 12-17 at 11 a.m. (1 prize per child)
- Family scavenger hunt starts at 11 a.m. – find all items and turn in for prize (1 prize per family)
- Feast starts at 12 p.m. in the ENP
- Squash recipe and apple recipe contests. Judging will be at 11:30 a.m. Pre-registration required for recipe contest by Oct. 3. To register call CCC (218) 878-7510 or Tammy in the Planning Dept (218) 878-2642.
- Farmers market/flea market set-up is 9-10 a.m. only. Sign up for the 2 table limit by calling (218) 878-7510. *Must take your items with you at end of sale
- Door prize drawings must be present to win and limited to 1 entry per household.

FDL Elder activity

The Elder activity will be brunch and a play "Making God Laugh" Sunday Oct. 4 at Encore Theatre 2 p.m.

To sign up call Greta (218) 390-3577, there will also be brunch for FDL enrolled Elders a BBCR 11 a.m.-1 p.m.

The Fond du Lac Historical Society will hold its next meeting Friday, Oct. 16, 10 a.m.-2 p.m. at the Resource Management Building on University Road/corner of Big Lake Road.

An Eastman Johnson Mystery at the Duluth Depot

Research by Christine Carlson

I have been interested in Eastman's works for many years and have saved all that I have found. I always hoped to find more significant information about Eastman's art. One of Eastman Johnson's works presented a mystery and it was the painting Oweenie of the Chippewas. What puzzled me was the name Oweenie. It just didn't seem like an Ojibwe word but I just filed this information in my memory bank and went on researching.

Oweenie of the Chippewas - Information from the Duluth Depot

This portrait was listed in Johnson's estate as part of his Indian collection but was separated from the collection for almost a century until the St. Louis Historical Society acquired it in 1988. The sitter's clothing—the madonna-like scarf—are unlike his Grand Portage portrayals. Was she part of a different Ojibwe band, or did Johnson paint her somewhere else on his Lake Superior travels? Like the identity of many of his sitters, this remains a mystery.



Could the Name be Queenie not Oweenie?

Eastman Johnson wrote names and dates on some of his works. The oil painting in question does have his initials on it. The title does look like Oweenie so I can see how the mistake could be made. If you look at it differently, the **Ow** could be a **Qu**. I have said this often in my research to keep an open mind when looking at information as there are many repeated mistakes. This may be a good example of a repeated mistake. Oweenie could actually be Queenie.

The Book History of Duluth and St. Louis County - Past and Present

Just by accident, I found two sentences in the above book at the Duluth Public

Library. They were written by Julia (Watrous) Nettleton. Julia and George came from Ohio and were early pioneers who lived on Minnesota Point/Neyaashi. Julia was telling about how she and her husband came to LaPointe and remained there a couple of weeks. She wrote,

We made the acquaintance there of Mrs. Julius Austrian, who was called the 'Queen of the Lakes.' She was a beautiful Jewish woman and a great friend of the Indians."

Wow! Could this be that the

Depot's 'Oweenie of the Chippewas' and Julia Nettleton's 'Queen of the Lakes'? Could this be the same woman?

LaPointe Trading Post and the Julius and Hannah Austrian

LaPointe was a place of great importance as a large trading post for the Ojibwe. Julius Austrian was at LaPointe about 1842. He had a large mercantile business and was also heavily involved with the Lake Superior fishing trade with the Ojibwe. Mrs. Austrian was also the first non-Indian woman in the Bayfield area. Once there was a great food shortage as the people of LaPointe waited for a steamer to arrive with supplies. Mrs. Austrian shared the last of her food with the Ojibwe. She was a kind hearted woman who had experienced both discrimination and hardship in her earlier years.

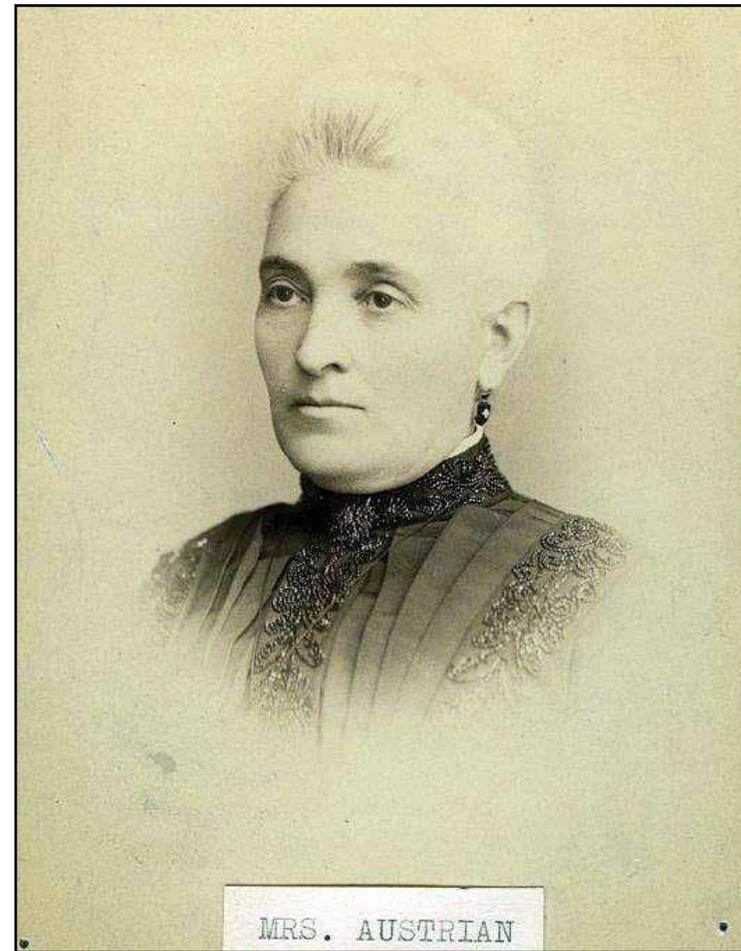
A Connection to the old Village of Fond du Lac in Western Duluth

Julius Austrian made a trip from LaPointe by way of Fond du Lac, Sandy Lake and Crow Wing which was a distance of 460 miles. The trip was made in February of 1853 on snowshoes with a guide and dog train that took 19 days.

Julius Austrian's name also appears as a witness to the Treaty of 1847 which was signed in the old village of Fond du Lac.

Further Proof

To give more proof of my discovery, I contacted Sheree Peterson, Curator of Collections at the Madeline Island Museum. I asked if there happened to be a photo of Hannah Austrian. Yahoo there



was the above photo. Can you see that it is the same woman? Both 'Queen of the Lakes' and Queenie of the Chippewas could be Hannah Austrian.

Is 'Queen of the Lakes' Hannah Freudenthaler Leopold Austrian?

Hannah Freudenthaler was born on February 2, 1829 in the village of Wuertemburg, Germany. This town was a small agricultural village with trading of cattle, wool and hides. There was also a famine in the village in 1846-47 which caused many hardships. In Germany, there was also anti-Jewish rioting that broke out during the revolutionary disturbances

of 1848. These are some of the reasons the family emigrated to America. The name Freudenthaler was changed to Leopold when they came to this country in 1848.

Hannah Leopold married Julius Austrian at Eagle River Mackinac Island, Michigan in 1849. Julius changed his name to Austrian when he immigrated to America in 1842. Hannah's brother Lewis F. Leopold married Babette Austrian who was a sister to Julius. Lewis had one of the first mercantile stores in Duluth.

You be the judge. Did I solve the Eastman Johnson Mystery?



Health News

Cancer risk

Women can reduce their cancer risk by adopting a healthy lifestyle and getting the right cancer screening tests for their stage of life.

There are nine important cancer symptoms women shouldn't ignore. Don't rely on routine tests alone to protect you from cancer. It's just as important to listen to your body and notice anything that's different, odd, or unexplainable. Here are some signs that are overlooked:

- Wheezing or shortness of breath
- Chronic cough or chest pain
- Frequent fevers or infections
- Difficulty swallowing

- Swollen lymph nodes or lumps on the neck, underarm, or groin
 - Excessive bruising or bleeding that doesn't stop
 - Weakness and fatigue
 - Bloating or abdominal weight gain
 - Feeling full and unable to eat
- Source: American Cancer Society

For more information contact Emily Smith, Fond du Lac Cancer Outreach Worker (218) 878-2626

Pumpkins and squash

October reminds me of pumpkins and squash. So I thought I'd share some information

about them.

According to botanists (those who study plants), pumpkins and squash are fruits. However, most people use them as a vegetable. Either way, pumpkins and squash are a healthy choice to include in the diet.

Pumpkins and squash contain vitamin C, vitamin E, fiber, potassium, magnesium, and both are a great source of vitamin A. The vitamin A comes in the form of the antioxidant, beta carotene. The beta carotene is converted to vitamin A in the body. According to the American Institute for Cancer Research, a diet rich in beta carotene may reduce the risk of developing certain types of cancers and offers some protec-

tion against heart disease.

Good to know, but how do you cook pumpkin or squash? By searching the internet, recipe books or asking a friend you can find numerous ways to use pumpkin or squash in recipes and not just as a decoration. I found a couple simple recipes I'll list below. Good luck and enjoy!

Sweet Corn and Squash Soup

Make this up to one day ahead; cover and refrigerate. Gently reheat before serving.
Yield: 6 servings (serving size: about 3/4 cup soup)

Ingredients

- 1 tablespoon butter
- 2 cups chopped onion (about 1 large)
- 4 cups fresh corn kernels (about 7 ears)
- 3 cups water
- 2 cups chopped yellow squash
- ¼ teaspoon salt
- ¼ teaspoon freshly ground black pepper
- 6 fresh squash blossoms, thinly sliced (optional)

Preparation

1. Melt butter in a Dutch oven over medium-low heat.
2. Add onion to pan; cover and cook 10 minutes or until tender, stirring occasionally.
3. Add corn and next 4 ingredients (through pepper); bring to a boil.
4. Reduce heat, and simmer 15 minutes. Remove from heat and cool slightly.
5. Place half of corn mixture in a blender. Remove center piece of blender lid (to allow steam to escape); secure blender lid on blender. Place a clean towel over opening in blender lid (to avoid splatters). Blend until smooth.
6. Strain corn mixture through

a sieve into a large bowl; discard solids. Repeat procedure with remaining corn mixture.

7. Garnish with squash blossom slices or chopped chives, if desired.

Grilled Summer Squash

Yield: 4 servings (serving size: about 3/4 cup)

Ingredients

- 2 cups baby zucchini, halved lengthwise
 - 2 cups baby yellow squash, quartered lengthwise
 - 2 Tablespoons olive oil
 - ½ tsp Kosher salt
 - ½ tsp black pepper
- Cooking spray

Preparation

1. Preheat grill to medium-high heat
2. Combine zucchini and squash in large bowl
3. Add olive oil, salt and pepper. Toss well
4. Place veggies on a grill rack coated with cooking spray
5. Grill 3-5 minutes on each side, until tender

Easy Pumpkin Recipe Ideas

Add ½ cup pumpkin puree and ½ tsp pumpkin pie spice to your favorite pancake batter. Mix 1 cup pumpkin into vanilla yogurt. Layer with granola for a parfait. For a creamy soup, whisk 1 can of pumpkin, 2 cups chicken broth, ½ cup cream and ½ tsp pumpkin pie spice. Simmer 5 minutes

Roasted Pumpkin Seeds

1. Preheat oven to 325°
2. Clean seeds and pat dry
3. Toss seeds with a small amount of olive oil or melted butter and a small amount of salt (or other seasonings)

FOND DU LAC
Pink Shawls Project
Make a shawl to honor a Survivor

Wednesday, Oct. 14 & 21, 2015
Brookston Community Center
8200 Bellich Road
Brookston
1 - 4:30 p.m.

Please bring your sewing skills.
Light Snack Pot Luck
Please bring something to eat and/or drink if possible.

★ Supplies will be provided ★

For more information, call Emily @ 878-2626.

The Best Protection is Early Detection

Make shawls for Survivors or Pay It Forward

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Community Health Services Department



Health News

4. Place in a single layer on a baking sheet
5. Bake for about 20 minutes, stirring at least once. Time varies depending on size of the seed.
6. Check for doneness by cracking a seed open. The inside should be golden, not brown and the outside should be crisp

*Sources include: American Institute for Cancer Research, Mayo Clinic.org, myrecipes.com, allrecipes.com, eatingwell.com, University of Illinois Extension, Livestrong.com, Academy of Nutrition and Dietetics

Fond du Lac Human Services Diabetes Prevention Program participant success story – Nancy Shaw

Nancy Shaw has prevented diabetes for 9 years! She joined the Fond du Lac Diabetes Prevention Program in October of 2006.

Why did you join the Fond du Lac Diabetes Prevention Program?

I had been to the health fair and had my blood sugar taken and it was a little iffy – I figured I better pay attention and do something.

What changes have you made in your lifestyle to prevent diabetes?

Being aware of what foods I'm eating. I think that's the biggest thing. Portions are also a big thing – if you eat moderate portions I think you're pretty safe. Just remember to include your vegetables!

What motivates you to keep going?

I think it becomes a way of life after a while. You don't really have to think about it – it becomes a habit to eat healthier.

What did you accomplish in the program that you are most proud of?

Controlling that sweet urge – I don't buy them. I don't bake unless it's somebody's Birthday. Otherwise, if I bake it I eat it.

Who has given you support?

My family knows I'm trying to stay healthy – that's important. I love the way the people in the program have stepped up and given us encouragement.

What advice would you give to others trying to make healthy changes in their lives?

Keep a journal and write down what you eat, then its right there.



Women's Health Brunch

FOND DU LAC
COMPREHENSIVE CANCER PROGRAM PRESENTS...

"The Greatest Wealth is Health"

Joy Riveria, American Indian Cancer Foundation

Enjoy a Wonderful Brunch!



Women's Health Displays | Group Activity

Artwork: Birch Bark Biting by Wanesia Misquadace



Saturday, October 24, 2015
Cloquet Community Center

Registration: 9:30 AM - 10:00 AM

Event Time: 10:00 AM - 12:00 PM



For more information,
call 878-2130.

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Community Health Services Department
Fond du Lac Cancer Program | Fond du Lac Caregiver's Program

Ashi-niswi giizisoog (Thirteen Moons)

Binaakwe-giizis

Binaakwe-giizis is the Falling Leaves Moon. The new moon begins October 23.

28th Annual National American Indian Science and Engineering Fair (NAIVSEF)

Two Cloquet High School sophomores, Evan Pokornowski and Gabriel Lah, along with seventh grade Cloquet Middle School Students: Noel Redding, Natalie Putnam, Marcy Ferriere, Tyler Selin (all Fond du Lac) and Isabella Roy (White Earth) along with Tyler and Noel's partners Aaron Peterson and Gabby Laubach (Cloquet), participated in the second virtual, yet 28th Annual National American Indian Science and Engineering Fair (NAIVSEF). Evan Pokornowski (Fond du

Lac) and his partner Gabe Lah (Cloquet), both Cloquet High School sophomores, and their project titled *The effect of three-dimensionally printed wind turbine blade designs on the amount of energy a turbine can produce in a designed and fabricated wind tunnel*; were selected as the 1st place Grand Award Winners first thru third, received an all-expense paid trip to allow them to compete at the Intel ISEF in Pittsburgh, Penn. last May. At the NAIVSEF, Lau and Pokornowski were also honored with a first

place in the math and engineering category and were selected to receive the Galaits Family Special Award. Pokornowski and Lah were mentored by Dr. Cynthia Welsh, science and research teacher at Cloquet and were given special assistance from Dr. Daniel Pope, engineering professor at UMD, and Joe Nicol, project coach.

The NAIVSEF provides an opportunity for American Indian/Alaskan Native students to actively participate in a science-based learning environment and create science proj-

ects that can be shared with peers, teachers, and educators. NAIVSEF provides a forum for students to have their research recognized and critiqued in the disciplines of science, mathematics, engineering, technology, and cultural preservation <http://www.aises.org/programs/pre-college>.

All of these students presented and were selected at the NE Minn. Regional and American Indian Science Fair, held at UMD last February. The regional fair's major sponsors are the MN Power Founda-

tion, UMD Swenson College of Science and Engineering, Donneray Consulting, Enbridge Energy, SandRidge Energy, Inc, Rotary Club of Duluth #25, Carlson Orthodontics, Sappi Fine Paper and the American Chemical Society-Lake Superior Chapter.

These students had financial support for their projects from Cloquet Public Schools, the Cloquet Educational Foundation, and were funded in part by the Minnesota Power Foundation.



*Natalie Putnam,
Marcy Ferriere;
Outstanding Project Award*



*Aaron Peterson and Tyler
Selin with Dr. Karen Ober-
hauser, World's expert on
Monarch Butterflies, won
Outstanding Project Award*

Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure
 “a”- sounds like the “u” in sun
 “aa”- sounds like the “a” in father
 “i”- sounds like the “i” in sit
 “ii”- sounds like the “ee” in feet
 “o”- sounds like the “o” in go
 “oo”- sounds like the “oo” in food
 “e”- sounds like the “ay” in stay

I am...

Afraid--Ningotaa
 Cold--Ningiikaj
 Crazy--Ningiwanaadiz
 Hungry--Nimbakade
 Mad--Ninishkaadiz
 Resting--Nindanweb
 Sad--Ningashkendam
 Sick--Nindaakoz
 Sorry--Nimaanendam
 Thirsty--Ninoondeminikwe
 Tired--Nindayekoz
 Warm --Ningiizhooz

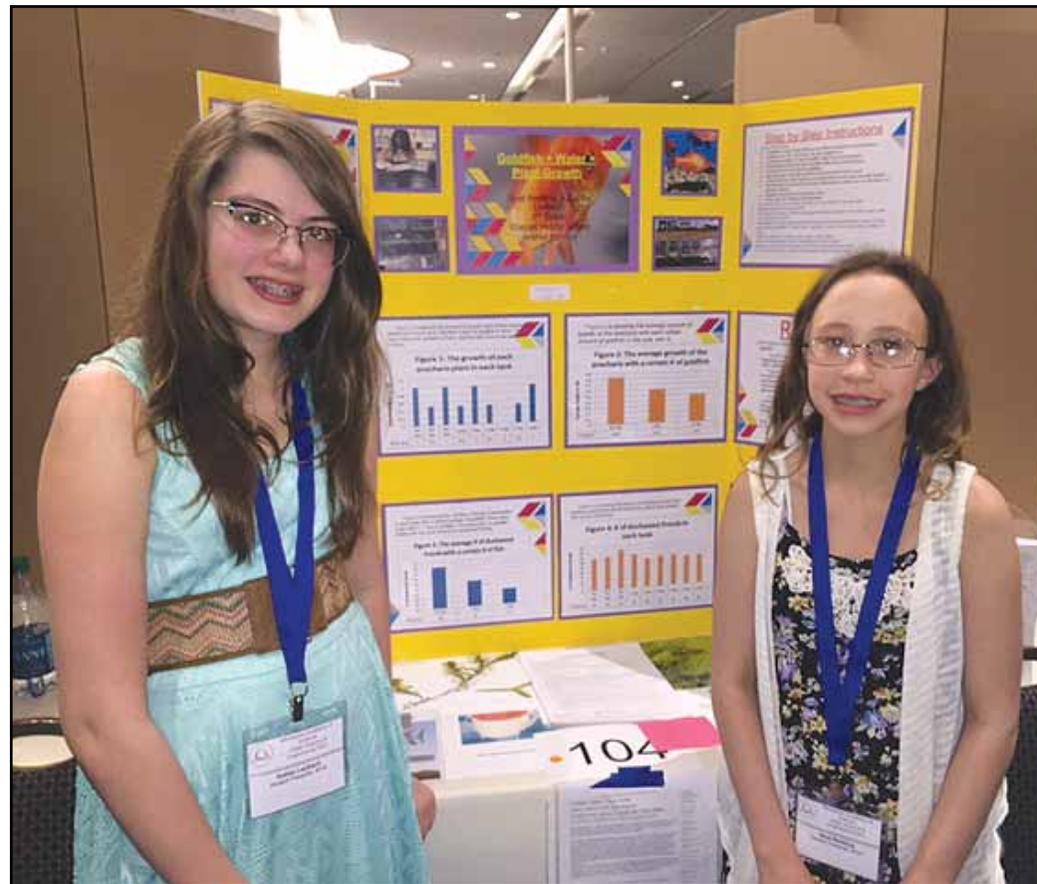
Well--Nimino-ayaa
 Working--Nindanokii

Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Some Useful Ojibwe Phrases

Hello/ Hi Boo zhoo!/ Aa niin!
 See you later.....Gi ga waa ba min!
 My name is _____. _____ in di zhi na kaaz.
 I'm from _____ in doon ji baa.
 Let's eat! Wii si ni daa!
 Come here!..... O maa bi zhaan!/ Am be!
 Where are you going?..... Aan di e zhaa yan?
 Who called?..... A we nen gaa bi gii gi dod?
 Call me Ga noo zhi shin!
 Email me.....O zhi bii' i ge ta ma wi shin!
 Where did you come from?..... Aan di wen ji baa yan?
 I'm hungry Im ba ka de.
 I'm tired In da ye koz.
 I'm happy..... Ni min wen dam.
 Did you see her? Gi gii waa ba maa na?
 How are you? Aa niin e zhi a yaa yan?
 Okay A haw!
 Nothing..... Gaa wiin ge goo.
 Really? Ge get i na?
 What are you doing? Aa niin e zhi chi ge yan?
 What time? Aa niin a pii?
 Don't Ge go!
 Not yet!..... Gaa wiin ma shi.
 Expression of disappointment..... Hay'!

Source: Gaawaabaabiganikaag Gabegikendaasowigamig WETCC 2007 <http://anishinaabemodaa.com/>



Gabby Laubach (Cloquet) (left) and Noel Redding (Fond du Lac) were the junior division second place NAIVSEF grand award winners

More Etc

Attention Band members: homes for sale



1604 Airport Road, Cloquet

The Fond du Lac Development Corporation will be accepting bids for 1604 Airport Road from Fond du Lac Band members. Sealed bids will be accepted from Oct. 1, 2015 until 3 p.m. Oct. 30, 2015. This home is a 2 ½ story, 3 bedroom, 2 ½ bath cottage type home, with 3 garages. It will be sold “as is” with a minimum bid of \$220,000.00. Bid will be awarded to the highest qualified bidder. Contact Jack Bassett at (218) 878-8043, jackbassett@fdlrez.com or Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com for more information about the home and bidding instructions.

Open house scheduled for Tuesday, Oct. 13 from 9 a.m.-12 p.m. and 3-6 p.m.



2612 Big Lake Road, Cloquet

The Fond du Lac Development Corporation will be accepting bids for 2612 Big Lake Road from Fond du Lac Band members. Sealed bids will be accepted from Oct. 1, 2015 until 3 p.m. Oct. 30, 2015. This is a 2 story, 4 bedroom, 2 bath home, with a 3 stall garage. It will be sold “as is” with a minimum bid of \$185,000.00. Bid will be awarded to the highest qualified bidder. Contact Jack Bassett at (218) 878-8043, jackbassett@fdlrez.com or Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com for more information about the home and bidding instructions.

Open house scheduled for Tuesday, Oct. 13 from 9 a.m.-12 p.m. and 3-6 p.m.



3260 Maple Drive, Cloquet

The Fond du Lac Development Corporation will be accepting bids for 3260 Maple Drive from Fond du Lac Band members. Sealed bids will be accepted from Oct. 1, 2015 until 3 p.m. Oct. 30, 2015. This home is a 1 story, 3 bedroom, 2 bath, manufactured home. It will be sold “as is” with a minimum bid of \$75,000.00. Bid will be awarded to the highest qualified bidder. Contact Jack Bassett at (218) 878-8043, jackbassett@fdlrez.com or Raelea Skow at (218) 878-2610, raeleaskow@fdlrez.com for more information about the home and bidding instructions.

Open house scheduled for Tuesday, Oct. 13 from 9 a.m.-12 p.m. and 3-6 p.m.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur
ARCHIBALD, Janine
CICHY, Gerald
CICHY, Leslie
DAVENPORT, William
DEFOE, Candace
DEFOE, Richard
FISHERMAN, Gilbert
FOX, David
HOULE, Ambrose
HOULE, Michael Dean
LAPRAIRIE, Robert
MARZINSKE, Larry
SMITH, Ralph

Asemaa “The Vessel Of Connection”

Come to the Gimaajii Art Gallery at 5:30 p.m. on Nov. 20, 2015 and see wonderful works of art.

There will be door prize drawings, food, and a chance to visit with friends. The art show will be up from Nov. 20, 2015 to Jan. 4, 2016 at 202 West Second Street, Duluth, Minn.

The Asemaa works of art will also be at the FDL Museum in January and at the Minneapolis Indian Center in February.

This event sponsored by Fond du Lac Human Services Division, Clearway MN, and AICHO (American Indian Community Housing Organization).

Artists featured are: Carl Gowboy, Karen Savage Blue, Vern Northrup, Jonathon Thunder, Charles Nahgahnuh, Wendy Savage, Larissa Greensky, and Robin Bellanger.

Community News

Happy Birthday

Happy 11th birthday **Olivia Mae-Erin Martineau** (Aug. 24), we love you so very much sissy.

Love, Tav, granny, mom, and your brothers

Happy belated birthday to sister **Patricia Knight** (Sept. 9), hope you had a great day Patsy!

Love you Lots! Ted and Lurinda

Happy 14th birthday **Molly Fineday** (Oct. 2), we love you!

Mom and Greenlee



Happy birthday to the beautiful **Molly Fineday** (Oct. 2)

Love, dad and Patti Jo

Love, dad and Patti Jo

Happy birthday **Amanda Misquadace** (Oct. 3)

Love, Jean, NaKyle, Avery, and Gina

Happy birthday to sister **Barb Lachapella** (Oct. 3)

Love you lots! Have a fun day! Ted and Lurinda

I would like to wish a happy birthday to **Sherry Defoe** (Oct. 3)



Happy birthday to the world's best mom, **Evelyn Putnam** (Oct. 6), I hope your day is great and wishing you many

more mom.
We love you, Karen, Steve, and Cherie

Happy birthday big brother **Rob Diver** (Oct. 7), you are a great brother and uncle. Enjoy your day!



We love you, Amanda, Nick, and girls

Happy 1st birthday **Annabelle Grace LaDuke** (Oct. 7), you are such a sweet little girl!

Love you honey bunny, grandma and grandpa Defoe

Sending very happy birthday wishes to our lovely coworker **Julie Chelstrom** (Oct. 8). We hope your birthday is bright and beautiful just like you!

Love, your Fond-du-Luth family

A happy 7th birthday to **Meia Defoe** (Oct. 8)

From, grandma Sherry

Happy 8th birthday **Antonio "Tono" Abramowski** (Oct. 9)

Love, auntie Robin and Tristin



Happy birthday to **Kevin Benjamin** (Oct. 9)

From, your wife

Happy birthday my little **Gina Misquadace** (Oct. 10)

Love, grandma Jean

Happy birthday to **Garrett Defoe** (Oct. 12)

From, your family

Happy 3rd birthday **Tayanna Tormanen** (Oct. 14)

Love, mom and sister

Happy 1st birthday **Andrew DeFoe Jr.** (Oct. 16)

From: Robin, Tristin, and your cousin Antonio



A happy birthday to **Roy Defoe Jr. and Geraldine Defoe** (Oct. 17)

From, your family

Happy birthday **Ma n Ken, Gramma n Grampa, Brenda and Ken Rice** (Oct. 21)

Love, Tash N Kris and your 17 grandbabies

Happy 30th birthday, to our beautiful daughter **Renee' Evelyn DeFoe** (Oct. 24), we wish you a happy, healthy, and wealthy year. Thank you for giving us two beautiful granddaughters! Love you with all our hearts.

Love, mom and dad

Happy birthday **Elizabeth (Lizza) Sunde** (Oct. 25), to a very special young lady who is so loved. Have a wonderful day!

Love, grandpa, aunties, uncles, and your cousins

Happy birthday my sweetie pie **MaKayla Misquadace** (Oct. 29)

Love, grandma Jean

Happy birthday to sister **Anita Defoe** (Oct. 30)

Love you sis! Have a great day! Ted and Lurinda



Congratulations
Congratulations to the 2015 Big Lake Tuesday night men's league champions. From left to right, **Dwayne Jaakola, Jason Walters, Dan Jaakola, Brandon Bassett, Ryan Defoe, Cpt. Ed Jaakola, and Matt Collins.**

We want to welcome you **Kristen Moir** (Oct. 10) to our Smith family and we want to wish the both of you love, happiness and joy in the next chapters of your guys life. We pray you guys learn to love each through everything life gives you.

Congratulations Mr. and Mrs. Smith Jr.

We love you both, love, Dad and Vickie. The Smith Sr.

Memorial
Anna Marie (Lemieux) Locke (Nov. 7, 1926 - Oct. 15, 2012)

Mom, for the past three years, we have thought of you and missed you each day. Thanks for the sacrifices you made on

our behalf, thanks for your love, and for the good example you gave of a life well lived.

With love from your children

Obituary

Dorothy Elaine Yadon, 67, died, Aug. 13, 2015 in Bethel Community Care Center, St. Paul. She was born on Feb. 3, 1948 in Cloquet to David and Katherine (Church) Couture. Dorothy had been an employee of Fond du Lac Reservation for many years until retirement in 2013. She enjoyed bingo and old movies.

Dorothy was preceded in death by her parents; brothers, Eugene, Juluis, Joseph, and Michael; sisters, Delores and Janice; and grandson, Brandon Gustafson Sr. She is survived by a daughter Sommer (Rob) Moore of Brookston, Minn.; sons, Dennis (Lisa) Gustafson of Austin, Minn. and Mitch (Debbie) Gustafson of Rochester, Minn.; brothers, David (Bobbie) Couture of Duluth, Minn. and James (Patty) Couture of Brookston, Minn.; sisters Margaret (Kenny) Clark and Ella Netland, both of Cloquet, Minn.; 9 grandchildren and several great-grandchildren.

Love, mom and dad

Home for Sale
31 Homes St., Cloquet
2+ Bedroom with Garage
Call Frank (218) 348-8979

Memorial
Anna Marie (Lemieux) Locke (Nov. 7, 1926 - Oct. 15, 2012)

Mom, for the past three years, we have thought of you and missed you each day. Thanks for the sacrifices you made on

our behalf, thanks for your love, and for the good example you gave of a life well lived.

With love from your children

Home for Sale
31 Homes St., Cloquet
2+ Bedroom with Garage
Call Frank (218) 348-8979

Memorial
Anna Marie (Lemieux) Locke (Nov. 7, 1926 - Oct. 15, 2012)

Mom, for the past three years, we have thought of you and missed you each day. Thanks for the sacrifices you made on

our behalf, thanks for your love, and for the good example you gave of a life well lived.

With love from your children

Home for Sale
31 Homes St., Cloquet
2+ Bedroom with Garage
Call Frank (218) 348-8979

Memorial
Anna Marie (Lemieux) Locke (Nov. 7, 1926 - Oct. 15, 2012)

Mom, for the past three years, we have thought of you and missed you each day. Thanks for the sacrifices you made on

our behalf, thanks for your love, and for the good example you gave of a life well lived.

Binaakwii-giizis – Falling Leaves Moon – October 2015

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door; MTC: MN Chippewa Tribal building; ALR: Assisted Living Residence; FDC: (Food Distribution Center);

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Circle of Life, Oct. 7, 1 p.m. BCC For more info call 218-878-2626</p>	<p>Community Farm Market Saturdays thru Oct 24.</p>	<p>GED classes Mon SCC, Wed SCC, Thur CCC, and also Fri CCC by appointment</p>	<p>All activities are subject to change!</p>	<p>Get Fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Adolescent grief support 6 p.m. CCC</p> <p>1</p>	<p>Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Adolescent grief support 6 p.m. BCC</p> <p>2</p>	<p>Come and swim and use the gym Adolescent grief support 6 p.m. SCC</p> <p>3</p>
<p>Come and swim and use the gym Elder activity brunch and play 11 a.m. BBCR</p> <p>4</p>	<p>Water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Opiod and heroin abuse forum 5 p.m. CFC Cribbage 5 p.m. CCC Aikido 6 p.m. CCC</p> <p>5</p>	<p>Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Language 4:30 p.m. CCC Water aerobics 5 p.m. CCC</p> <p>6</p>	<p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC Circle of Life, 1 p.m. BCC GED 2 p.m. SCC</p> <p>7</p>	<p>Get Fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Adolescent grief support 6 p.m. CCC</p> <p>8</p>	<p>Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Adolescent grief support 6 p.m. BCC</p> <p>9</p>	<p>Come and swim and use the gym Gitigaan 10 a.m. CCC Adolescent grief support 6 p.m. SCC</p> <p>10</p>
<p>Come and swim and use the gym</p> <p>11</p>	<p>Water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC Aikido 6 p.m. CCC</p> <p>12</p>	<p>Get Fit 12 p.m. CCC Caregiver support group 12 p.m. CHS WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC JOB FAIR 12 p.m. BBCR Food Distribution 1 P.M. FDC Language 4:30 p.m. CCC Water aerobics 5 p.m. CCC</p> <p>13</p>	<p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC JOB FAIR 10 a.m. CCC Pink Shawl project 1 p.m. BCC GED 2 p.m. SCC</p> <p>14</p>	<p>Get Fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Adolescent grief support 6 p.m. CCC</p> <p>15</p>	<p>Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Adolescent grief support 6 p.m. BCC</p> <p>16</p>	<p>Come and swim and use the gym Seed saving workshop 9:30 a.m. CCC Adolescent grief support 6 p.m. SCC Championship Boxing 6 p.m. BBCR</p> <p>17</p>
<p>Come and swim and use the gym Seed saving workshop 9:30 a.m. CCC Cloquet district family movie morning</p> <p>18</p>	<p>Water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC Aikido 6 p.m. CCC</p> <p>19</p>	<p>Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW 2nd Time Around 1 p.m. CHS Food Distribution 1 p.m. FDC Elder's Banquet 4 p.m. BBCR Language 4:30 p.m. CCC Water aerobics 5 p.m. CCC</p> <p>20</p>	<p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC GED 2 p.m. SCC</p> <p>21</p>	<p>Get Fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Adolescent grief support 6 p.m. CCC</p> <p>22</p>	<p>Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Adolescent grief support 6 p.m. BCC</p> <p>23</p>	<p>Come and swim and use the gym Women's Health Brunch 9:30 a.m. CCC Adolescent grief support 6 p.m. SCC</p> <p>24</p>
<p>Come and swim and use the gym Chili & Bread cookoff 12 p.m. CCC Basketball tournament 10 a.m. CCC</p> <p>25</p>	<p>Water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC Aikido 6 p.m. CCC</p> <p>26</p>	<p>Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Health & Nutrition 12 p.m. CCC Language 4:30 p.m. CCC Water aerobics 5 p.m. CCC</p> <p>27</p>	<p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder Concern mtg 10 a.m. CCC GED 2 p.m. SCC</p> <p>28</p>	<p>Get Fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Adolescent grief support 6 p.m. CCC</p> <p>29</p>	<p>Water aerobics 8:15 a.m. CCC Adult dodgeball 12 p.m. CCC Adolescent grief support 6 p.m. BCC</p> <p>30</p>	<p>Have a safe and exciting Halloween Come and swim and use the gym Adolescent grief support 6 p.m. SCC Halloween Glow Party 7 p.m. BBCR</p> <p>31</p>

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.