

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)

“Our Celebration”



A celebration for the agreement between the Fond du Lac Band and the state of Minnesota on the 1854 Treaty rights.

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Local news

FDL Teams 2 and 3 play for 3rd place Ojibwe Quiz Bowl trophy

On February 2, 2018 thirteen Fond du Lac Ojibwe Quiz Bowl students, divided into three teams, participated in a competition at the Shooting Star Casino in Mahnomon, Minn. A total of sixteen teams participated in the all-day event.

Our students demonstrated their knowledge of Ojibwe language, culture, and history while their coaches secretly crossed their fingers and cheered them on. FDL Team 2 and FDL Team 3 competed against each other one last time before the FDL Boys Basketball Team players had to leave their respective teams to drive back to Cloquet in time to play their game against Cherry. Team 2 defeated Team 3 and then competed against Northland-Remer and lost. The Fond du Lac Ojibwe Quiz Bowl students took home a 3rd place trophy, the second trophy of the 2017-2018 school calendar year.

To our quiz bowl students: your coaches Shirley Molstad, Alex Gokee, Jodie Lockling, and Julia Lintgen want to let you all know how proud we are of all of you!



Opichi, MaryJane, Richard, Nicholas, and Maddie present their trophy

Staff and students celebrate their love of reading

Every year during the month of February the staff and students at the Fond du Lac Ojibwe School celebrate “I Love to Read” month. A committee comprised of school staff decided the theme for this year “We Are Reading Champions” would be aligned with the 2018 Winter Olympics.

Once again the committee planned a calendar full of fun events such as “Read Your Shirt Day,” “Curl Up with a Good Book Day,” “Comic Book/Superhero Day,” and “Afternoon Movie Based on a Book Day” to name a few.

An Olympic themed banner and

graph were hung in the commons and the staff challenged the students to meet a reading goal of 300 books. This article was written before the end of the reading challenge, however the books were already adding up at press time. In addition to the calendar full of events the classrooms held a door decorating contest, Jill Goodreau graciously accepted the challenge of decorating the K-2 hallway by re-creating the book *YOU!* authored by Sandra Magsamen, and every student was able to order a book again this year.

In the library Mrs. Skalko and Ms. Stacy held a “Name That

Book” contest with a weekly prize drawing, and Ms. Julia worked with staff and students creating and recording “mystery” book readings. This year’s mystery readers included both staff and students. We enjoyed listening to the students demonstrate creativity while reading their selected titles.

The mystery reader selections can be downloaded and enjoyed by all on the school website under the heading Mystery Readers. The school will end their celebration on Dr. Seuss’ birthday, March 2, while enjoying a breakfast of “Green Eggs and Ham” and a cupcake during lunch.



Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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1720 Big Lake Rd.,
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
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Association

Local news

FDL celebrates long overdue sovereignty

By Zachary N. Dunaiski

At the end of 2017, Kevin Dupuis, Chairman of the Fond du Lac Band, and Mark Dayton, the governor of Minnesota, announced the agreement that was signed to allow the Band to regulate and manage practices in connection with the Band's hunting, fishing, and gathering rights in the 1854 Treaty area. Jan. 29, the Band gathered at the Black Bear Casino and Resort (BBCR) to celebrate the agreement.

But this is more than just an agreement. This is about Fond du Lac's rights to take care of ourselves.

"When I use the term sovereignty it includes everything. Our complete way of life our entire being is sovereignty," Chairman Dupuis said at the event to a crowd of captivated Band members.

"Our way of life, our principals of sovereignty. People use the term treaty, I usually don't

because it is sovereignty. It's our way of life," Chairman Dupuis continued. "The fight that was gone and the fight that has happened with this I want everyone to realize and recognize that people gave their life for this, for us to be here today."

Many Band members were in attendance and all visibly excited about the agreement during the celebration.

While it gives us the right to hunt, fish, and gather, it's about so much more than that as our district representatives pointed out.

"It's the right to feed ourselves," Bruce Savage, Sawyer District Representative stated. "No matter what, we are still going to retain the right to feed ourselves."

"Now we can always feed

our families. It's a means to hunt, fish, and gather for our families," Roger M. Smith Sr., Brookston Representative, said. It was a very impactful speech, culminating with this important message. "But more importantly we still have the

"But more importantly we still have the right to hunt, fish, and gather to conduct our ceremonies.

right to hunt, fish, and gather to conduct our ceremonies. And those are very important to how we do things, and how we retain them."

At the Ginnakweshko daadimin ji-jiikakamigizyaang o'ow isa gii-giishitooyaang (We are meeting with each other to celebrate what we have finished), many different people shared stories and discussed with the membership what this will mean for us. These treaty rights are something that we should all be excited for.

"Now the state and federal government are recognizing what they signed 154 years ago," Ferdinand Martineau, Secretary Treasurer, said before recalling a story about his grandfather. "'Grandpa, I got my first fishing license.' I said and he took it and tore it up and he threw it on the ground. And he said, 'You don't need that. You got something stronger than that. You have a treaty and treaty rights.' And that was the last license I bought in the state of Minnesota."

While the work of our current council has been instrumental in this agreement, the Chairman knew exactly where it started and the thanks that we all should give for the foundation that was laid in getting this agreement with the government.

"It's the fight that our ancestors did. The atrocities, the genocide that was applied forcefully. Putting us on small tracks of land and telling us

to survive," Chairman Dupuis said. "Well we did. We're the most resilient people on the planet. For every law that was imposed upon us, federal law, to remove us to terminate us, to exterminate us, has failed, because we're still here to be here today and recognize this victory."

This celebration has been long overdue and that was one thing that many people recognized.

"I asked one thing, 'when do we get to have our day? Our celebration?'" Brookston Rep. Smith said. "For a hundred years they tried to make us extinct. So that's why I asked, 'when is our day?' because we've always been told we can't do that. Well today we can. It's not a victory over a people, over a nation, but it is a victory for us to say that we are still here."





Artwork by Aaron Kloss • www.aaronkloss.com

RBC Thoughts

Sawyer News

Boozhoo,

Sawyer is gearing up for sugar bush and it's nice to see that we were able to get snow to help with the freezing nights and warm days that we will need to have a good season. The tradition of sugarbush really starts when you smell the wood fire, watch the sap boil, and share a good pancake with friends and family. Then we remember why it's important to continue this tradition, it brings us out to socialize from a long winter and begin honoring the first harvest of the year with laughs and smiles.

Last month the State of the Band address was very successful and many showed up to listen to the reports done by the District Representatives and Secretary Treasurer. Overall, the data and reports show that the Band continues to see posi-

tive results from our programs. Staff was available during the evening from many of our departments answering questions and visiting with community members.

The Sawyer Ogichidaag Youth Group had a great turn out this month with their first ever Native Arts class. Staff members have given input on community events and are planning ways to fund some of these ideas. As the plan is rolled out, I will let you know more about how this will be implemented in Sawyer.

Lastly, be sure and sign up for the 2018 Spearing/Netting season through the Natural Resources link on the Fond du Lac website.

Miigwetch

*Bruce M. Savage
Sawyer District 2 Representative
(218) 393-6902*



Bruce Savage

Boozhoo,

When things are happening and I am in the middle of a fight, I sometimes don't realize what is going on. That happened with the 1854 Treaty settlement. For 30 years the Band had been in court and in negotiations to settle how we were going to manage, maintain, and enforce the ability to exercise our Treaty reserved rights. It came to a conclusion last month but it drove home with me this month when we approved our seasons for this year. They are OUR seasons!

The State of the Band was just presented. Our financial picture is tight for 2018. There are several things that have to be done to ensure that we remain within budget. We are looking at ways to combine positions, keep positions open, minimize overtime, and take a closer look at our capital purchases. The other thing that we can do is to challenge our marketing staff to increase our income. If we can accomplish both of these we should have a good year.

Preparations for spring fishing season is beginning. The dates have been set and the lakes have been declared along with the quotas on each lake. Lakes will be opened when they are ready so keep an eye on the resource management website. There should be enough lakes and fish available for those



Ferdinand Martineau

who would like to participate. If you decide to go, be safe and I hope you are successful.

We are coming up on the 25th anniversary of gaming this summer at the Black Bear. There are going to be some very nice prizes for customers so if you get a chance to stop in I hope you will be pleasantly surprised.

There are a couple of projects that should be completed this year. The first one is the high speed internet line that we are running throughout the Reservation. This line should make it possible for whoever would like to be connected will have that available to them. This has been a need for more people than I realized for years. They are very excited for this to be completed. The second project is the Highway 23 project. Our staff

has been on site throughout the winter sifting through the material that was disturbed by the road construction there. We should be starting to discuss what the site will look like when the work is complete. I will let you know when site design work begins.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Working Family Credit

You may qualify for a state tax credit!



More American Indians now qualify for the Minnesota Working Family Credit due to a 2017 Minnesota law change.

What is the Working Family Credit?

It is a refundable credit for working individuals whose income is below a certain level. This credit is Minnesota's counterpart to the federal Earned Income Tax Credit. For 2017, the maximum Working Family Credit is:

- \$134 for taxpayers with no children
- \$1,070 for families with one qualifying child
- \$2,064 for families with two or more qualifying children

What has changed?

Previously, tribal members who lived and worked on their reservation could not receive the Working Family Credit unless they earned income from non-reservation sources. A 2017 Minnesota law change now allows these individuals to receive the credit even if Minnesota does not tax their income.

How can the Working Family Credit benefit me?

It can reduce your Minnesota tax and may provide you a refund even if you do not owe tax.

Do I qualify for the Working Family Credit?

To qualify, you must file a 2017 Minnesota Income Tax return, qualify for the federal Earned Income Tax Credit, and be a full-year or part-year Minnesota resident. Also, your income from 2017 must be less than the following:

Number of Qualifying Children	Married Filing Joint	Any Other Filing Status
0	\$20,600	\$15,000
1	\$45,100	\$39,600
2 or more	\$50,500	\$44,900

Example. Daryl and Theresa are tribal members who live on the reservation where they are enrolled members. They are married, have two qualifying children, and earn \$30,000 in combined wages working on the reservation.

Under the old law, Daryl and Theresa would not receive a Working Family Credit. Under the new law, they would qualify for a \$2,064 credit if they file a Minnesota return jointly. Since the Working Family Credit is a refundable credit, they would receive a \$2,064 Minnesota tax refund.

To learn more, go to www.revenue.state.mn.us and type **Working Family Credit** in the Search box, or call 651-296-3781 or 1-800-652-9094 (toll-free).

Can I get free tax help?

From February 1 through April 15, you may qualify for free tax preparation for your federal and state income tax returns. After February 1, go to www.revenue.state.mn.us and type **Free Tax Help** in the Search box, or call 651-297-3724 or 1-800-657-3989 (toll-free) to find a location near you.

State of the Band

State of the Band, programs remain strong

By Zachary N. Dunaiski

The Fond du Lac hosted their annual State of the Band address on Thursday Feb. 15 at the Black Bear Casino and Resort.

A large crowd was on hand for the address to hear about the FDL Band and learn about its various programs, many of which had information tables set up around the Otter Creek Event Center.

Vice Chairman, Bruce Savage, gave the address as Chairman Kevin Dupuis was out sick. Each of the district representatives spoke on behalf of their districts, with Secretary Treasurer Ferdinand Martineau discussing the financials of the Band. The numbers are always staggering and impressive to see, and the Band continues to supply great wealth to the membership and the ripple effect is great throughout the community.



The honor guard getting the State of the Band address started the right way.

WKLK CLOQUET AVE. SILLY ON THE SIDEWALK

Date: 03/20/2018

Time: 6:00AM-9:00AM

MARCH IS NATIONAL FOOD SHELF MONTH

MARCH IS NATIONAL FOOD SHELF MONTH. AS WE ALL KNOW PEOPLE ARE IN THE GIVING MOOD PRIOR TO THANKSGIVING THROUGH CHRISTMAS. FOOD SHELVES ARE STOCKED TO THE BRIM DURING THESE TIMES. FOLLOWING THE HOLIDAYS THESE SHELVES ARE IN DIRE NEED OF REPLENISHING. IN AN EFFORT TO HELP THOSE IN NEED AND GET THE FOOD REPLENISHED HERE IN CARLTON COUNTY WKLK WILL BE HOLDING "SILLY ON THE SIDEWALK" EVENT ON **MARCH 20, 2018** WHERE WKLK BROADCAST LIVE FROM CLOQUET AVE. AND HAVE PEOPLE DRIVE UP AND GIVE DONATIONS OF FOOD OR MONETARY FOR THE SALVATION ARMY FOOD SHELF OF CLOQUET.

THIS YEAR THE FOND DU LAC TRIBAL CENTER WILL BE ACCEPTING CANNED AND NON-PERISHABLE FOOD ITEMS AS WELL AS MONETARY DONATIONS FROM MARCH 1 UNTIL MARCH 20, 2018.

PLEASE HELP US HELP OTHERS!

Contact person:

**MIKE E DIVER (FOOD DONATIONS) CAN JUST DROP OFF IN LOBBY AREA
TAMMY ANDERSON (MONETARY DONATIONS) PLEASE MAKE ALL CHECKS TO SALVATION ARMY (FOOD SHELF IN MEMO)
WILL BE ACCEPTING THE DONATIONS AT THE
FOND DU LAC TRIBAL CENTER 1720 BIG LAKE RD CLOQUET, MN 55720**

FDL Law Enforcement news

The following is a summary of about one month of select police reports

- Jan. 1 Report of a vehicle crashed in the ditch, officers made contact with the registered owner of the vehicle who stated their child had lost control of the vehicle and went in the ditch. The child was reported to have injured their arm and nose and was transported to the hospital to get checked out
- Jan. 2 Individual called requesting officer's assistance in retrieving property, the individuals were informed they would need to wait until morning as no one was able to be reached inside the residence
- Jan. 3 While en route to another call an officer located a vehicle in the ditch, no one was around, so the registered owner was contacted and advised that if the vehicle was still there later in the day it would be towed, the vehicle was later towed
- Jan. 4 Vehicle stopped for headlight being out and advised to get it fixed
- Jan. 5 Report of a German Sheppard running loose in a neighbor's yard, the dog's owner was spoken to and advised if it happens again they will be cited for dog running at large
- Jan. 6 911 call reporting a disturbance, when officers arrived the reporting party was intoxicated but everything appeared to be fine in the residence; they were advised to call it a night and officers left
- Jan. 7 Report of an individual threatening to harm themselves through text messages, the individual was located and taken to the hospital for an evaluation and then given a ride back home when they were cleared to leave
- Jan. 8 Officer witnessed a small black dog run out into traffic and unfortunately the dog got hit and killed, the officer attempted to locate the owner of the dog but no owner could be located
- Jan. 9 Driver was stopped for not using their blinker, the driver was driving after revocation (DAR) and was issued a citation for that
- Jan. 10 Driver was stopped and advised of their headlight being out, and advised to get it fixed
- Jan. 11 Report of a vehicle in the ditch, the driver stated they couldn't stop at the stop sign as the roads were very icy and slippery, the driver was able to get their vehicle out of the ditch on their own, no injuries reported
- Jan. 12 Report of a child not being able to be dropped off at home due to no one being there, the parents couldn't be reached but the child was eventually brought to another family member's house by officers
- Jan. 13 Report of two dogs being stuck together by their collars, while Officer's were looking for bolt cutters to free them the reporting party was able to free the dogs
- Jan. 14 Officers located a vehicle broken down in the driving lane so they helped the driver push the vehicle off the roadway
- Jan. 15 Report of a domestic disturbance, one individual was arrested and taken to the St. Louis County jail for domestic assault and false imprisonment
- Jan. 16 Report of a gas drive-off at FDLGG in the amount of \$26.55
- Jan. 17 Report of an individual attempting to use a voided ID that didn't belong to them at the Black Bear Casino and Resort (BBCR), the individual was advised that they are banned from both BBCR and Fond-du-Luth Casino, and the ID was taken by Law Enforcement and destroyed
- Jan. 18 Report of a suspicious vehicle near the Tribal Center selling or using drugs, the driver admitted to smoking marijuana and was cited for a small amount of marijuana in a motor vehicle
- Jan. 19 Report of a disturbance at a residence, when law enforcement arrived they met with the two individuals and one was found to have a warrant so they were taken into custody for their warrant and lodged at the St. Louis County jail
- Jan. 20 Individual wanted to report unauthorized use of their vehicle and were advised of what they could do, later that day the individual notified Law Enforcement that they had gotten their vehicle back
- Jan. 21 Report of an individual acting erratically, when law enforcement made contact with the individual they admitted to using methamphetamine the day before and stated they had not been taking their medication; they were transported to the hospital for evaluation
- Jan. 22 Report of an unwanted individual at a residence, the male was uncooperative with law enforcement and was arrested for obstruction with force, false name and date of birth of a fictitious person
- Jan. 23 Officers assisted a motorist who was involved with a medical call by providing a ride to a family member to go and pick up their vehicle so it would not be towed
- Jan. 24 Officers received complaints of people parking in handicap parking spots without a handicap sticker, officers spoke with a few individuals and advised them they could not park there without handicap stickers
- Jan. 25 Driver stopped and issued a Tribal citation for driving after cancellation
- Jan. 26 Driver stopped and advised for their taillight not working, advised to get it fixed
- Jan. 27 Officer observed a vehicle crossing over the fog line and then driving on the shoulder of the road, they performed a traffic stop on the vehicle and located two juveniles in the vehicle they were both issued curfew violations and the one also received a citation for driving without a license; they were released into their parent's custody
- Jan. 28 Officers received a complaint of a loud party at a residence, when they arrived they observed two individuals and one they recognized and knew he had a warrant and when they attempted to take the individual into custody on the warrant he resisted and was eventually taken into custody and additionally charged with obstruction without force
- Jan. 29 Officers observed an open door on a residence and announced and knocked several times before going in and clearing the residence to make sure there was no medical emergency or assistance needed; no one was located inside the residence so the officers attempted to secure the door when they left the residence
- Jan. 30 Officers received a noise complaint in regards to a snowmobile; the snowmobile was located and the two juveniles were given a warning for no helmet, unregistered snowmobile, and no license as they weren't aware of the laws
- Jan. 31 Report of an injured deer in the roadway, the deer was dispatched and moved off the roadway.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

AITKIN, James
 ANKERSTROM, Arthur
 BARNEY, Bradley Sr
 BARTEN, Charles
 BLANKENSHIP, Lisabeth
 CICHY, Gerard
 CICHY, Leslie
 DAY, Talon
 DEFOE, Richard
 DRIFT, Betty
 ERNST, Julia
 FARRELL, Margo
 FISHERMAN, Joyce
 HANSON, Jeffrey
 HOULE, Ronald
 KITSON, Patricia
 KUCHERA (DAHLBERG), Lucinda
 LAFAVE, Harry
 LAFAVE, Kenneth
 LAFAVE, Robin
 LAPRAIRIE, Robert
 LIGHTFOOT Julia
 LIND, Hal W. Sr.
 MARZINSKE, Larry
 PEACOCK, Thomas B.
 SAVAGE, Mark
 SAVAGE, Torrence
 SHABAIASH, Rodney
 SOULIER, Gary
 TEAL, Tammie

Election News

Candidate statements

The following position statements for Secretary/Treasurer and Committeeperson District II (Sawyer) are statements from the candidates themselves. These messages are unedited from the candidates except to change them to our format for the newspaper. The primary election is Apr. 3 from 8 a.m. to 8 p.m. at the Fond du Lac Tribal Center ENP (District I), Sawyer Community Center (District II) and Brookston Community Center (District III).

Secretary/Treasurer

Ferdinand Martineau, Jr. (incumbent)

Dear Band Member,

It is again the time that I ask you to support me for the position of Secretary/Treasurer for the band. It has been my honor and privilege to serve the last 12 years in this position and look forward to another 4.

I have been asked to provide a short statement on the issues I deem important in the upcoming election.

There are several that need to be addressed but I believe the most important one is the opioid crisis that our reservation and country is facing. We need to expand on the success that we have seen in our treatment program and make the program available to all who need it. There are very few families on our reservation that have not been touched by this problem in some way and it needs to be addressed openly and honestly by all of us.

The next issue I believe to be important is the management

of our businesses. The start of this happened already with the appointment of an Economic Development Committee. This committee is going to review our businesses and recommend ways to increase the profitability of them. They will be looking into future opportunities for expansion of business on the reservation.



Ferdinand Martineau

We have expanded our casinos, the clinics and other infrastructure. We have purchased back several thousand acres of our reservation and secured our treaty reserved rights for future generations. Now we need to expand our court system so we can attract outside investment in our reservation. We can offer most things other governments can offer to attract business but we need the court system to be functioning so others will be comfortable in investing their money on our reservation.

Thank you for your time and support.

Ferdinand Martineau Jr.

don wiesen

Aaniin Fond du Lac band members.

My name is don wiesen (miss quan a guad) and I am seeking your vote for Secretary Treasurer of our reservation. As FDL band members we find ourselves surrounded by issues that should be opportunities. It seems fitting to

take a moment and step back to ponder where we go from here. While the reservation is buzzing with assignments of blame for our financial status of the FDL reservation, we should be more concerned about how we move forward with urgency and clarity of purpose.

This is our reservation and we will not pack our bags and leave, we live here and if you do not live here you are a band member. We have staggered through some difficult times and we are still here, we are FDL band members, we are Anishinaabe.

Reflecting, we find ourselves returning to the founding principles of our community: We are strengthened by the understand-

ing that the political and economic impact of our reservation surpasses the “negative issues” facing us and challenges us to unify as a band. As FDL band members, we understand our moral and ethical responsibility to act with resolve — both as members of our reservation and our extended reservation populations. We must succeed in

building a reservation wide movement that changes the politics to “what is possible to deliver”, our success depends on it.

Focus of the campaign:

- Create good paying jobs that will allow families to provide health coverage for their immediate family along with a livable wage.
 - Re-power the Fond du Lac reservation by recreating a positive environment where our children can play on the playgrounds and ball fields without fear.
 - Provide financial information to band members once a month. This will include expenditures and income during the given month.
- Miigwech



don wiesen

Election News

Secretary/Treasurer

Mary Diver

Boozhoo Fond du Lac band members. My name is Mary Diver, some may remember me as first a Tenant Counselor and later the Housing Director on Fond du Lac. I am asking for your support in the upcoming 2018 election for Secretary/Treasurer on Fond du Lac Reservation. I am seeking this position as Secretary/Treasurer for I believe it is the most important position on the Reservation Business Committee. This position requires you to be on top of all financial aspects, as well as to safeguard all assets and investments of the band so as to ensure the future of Fond du Lac. A lot of the accountability rests within the Reservation Business Committee working together for accuracy, loyalty, trust, and honesty. For years I have questioned past and present RBC members on the accuracy of not only our financial



Mary Diver

statements, but our minor trust accounts, and business dealings in general. As an active band member who is not afraid to ask the hard questions, I find that the answers that are given to band members do not show the transparency that is needed in our governmental structure. If I am elected, I will serve the people of Fond du lac by keeping the membership informed on all spending and decision making since these are very important position requirements. Too many times the band members have been shut out of the decision-making process. We are who make up this Reservation and should be included. If you believe in working together, I ask for your support on April 3, 2018 for the primary election. If you have any thoughts, ideas, concerns, or questions you can contact me at (218) 390-8949 or email me at mary_diver72@yahoo.com

Juanita “Nucka” Anderson

My name is Juanita “Nucka” Anderson/Elder (58) and lifelong resident of Cloquet. I am a Candidate in the “2018” election for Secretary/Treasurer of Fond du Lac Band of Lake Superior Chippewa. My husband Chris, I have a Son, Matthew and a Granddaughter Mallory.

Honesty and Integrity is top priority on my list of personal and professional standards.

- 1) Fond du Lac Reservation will be audited. No one should ever take over a job of such high caliber without knowing exactly where the financials are and the budgets must balance before moving forward.
- I will make sure that the financials are easy to read and that the membership knows how much money Fond du Lac is making.
- 2) A safeguard must be put into place, by having an audit every year. “State of the Band” will disclose our financial reports to each Member of Fond du Lac Reservation



Juanita “Nucka” Anderson

- The membership will be first and foremost in all task moving forward for the future endeavors.
- Cut the Reservation Business Committees wages currently at \$688,000.00 yearly.
- Bring the Membership’s wages up no matter what job you want.
- You don’t have to reside on the Reservation but, you can work here and get the benefits.
- Raise Per-Capita yearly.
- Bonus every year.

Education powers your ability to be successful on and off Fond du Lac Reservation, but does not take away the knowledge Membership have accumulated through the years of experience.

My thoughts is that the Membership got lost in the shuffle. I want to empower the Membership and give back your self-esteem. Put money in your wallet to benefit your personal lives. “Support your Family” with a “Livable Wage.”..... ~
Thank you and if you have any questions or concerns, please feel free to contact me: nuckaanderson@hotmail.com 218-591-4828

Election News

Committee Person Sawyer (District II)

Bruce M. Savage (incumbent)

Boozhoo-Nagaajiwanaang Anishinabe,

Two years ago I was honored to serve as the Sawyer District 2 Representative. We are once again at a turning point & I am ready to serve the community for the next 4 years.

We were able to work together in Sawyer & complete the following:

- Joined forces with NRCS to obtain funding for a high tunnel in Sawyer.
- Supported the Sawyer Ogichidaag Youth group to begin an ongoing Arts & Culture class with instructors right from the community.
- I support collaborations with other programs on FDL. For instance, the P&I staff have assisted with the Sawyer Youth side by filling-in during staff shortage. These are creative ways to coordinate and problems solve, as well as integrate resources based on community needs.
- We are aligning & strategizing our broader wellness & education goals into a Food Sover-



Bruce M. Savage

eighty plan which is also a goal in the near future in Sawyer.

- Increased safety in Sawyer. The 'NO Drugs Zones' were put into place right away as well as the lowered speed limit on Hwy 210 which helps increase driver awareness through this busy intersection. LED lighting at Moorhead Rd./Mission Rd. intersection were installed.

- I visited Center staff often & fielded calls daily from Band Members.

During the two years as your Rep., I was also FDL Reservation Vice-Chairman. I feel my voice on the RBC has been very influential & I remain dedicated to ongoing planning & growth in Sawyer & throughout the FDL Reservation. My values are about caring for family, raising SawyerStrong young people & strengthening the economy by supporting all levels of business on & near the Reservation. Miigwetch, for supporting my leadership & I seek your continued support on April 3rd as we vote for our future in Sawyer.

Sincerely

Bruce M. Savage
Gwaaba'iganing Bemiwiniang

Jeremy "Sam" Ojibway

Boozhoo,

My name is Jeremy Ojibway. Most of you know me as Sam. I am running for the Sawyer (District II) position in the upcoming elections. I am proud to say I am a lifelong member of the Sawyer Community. I have had so many great experiences living here and have countless wonderful memories. That is why my wife and I have chosen to raise our children here and also why I have dedicated my adult life to this community and reservation.

I am most known for serving my community as a Police Officer. Most recently I held the position as the Chief of Police. Prior to my law enforcement career, I was working for Fond du Lac in the casinos. I started out as a black jack dealer working at the Black Bear Casino. Upon leaving for my law enforcement career I was working as the Floor Manager at



Jeremy "Sam"
Ojibway

the Fond du Luth Casino.

I sincerely believe my experience qualifies me to be a representative to the great people of Sawyer. I have seen and experienced first-hand the growth of the Fond du Lac Reservation while also seeing the devastation drugs and addiction can have on someone, their family and community. Another concern of mine is the continued

firing of program directors and managers. It is crucial to the success of this reservation that these positions be filled and allowed manage.

I have other concerns that I wish to discuss with you and find solutions to. That is why I am asking for your support. I believe together, we can make a difference.

If you have questions or concerns please contact me at ojibway9414@gmail.com or you may call me at 218-310-6557.

Thank you,

Jeremy "Sam" Ojibway

Election News

Committee Person Sawyer (District II)

Les “Sonny” Northrup, Jr.

Get More with Les!!
Vote: Les ‘Sonny’ Northrup Jr for District 2 (Sawyer) Representative

Boozhoo! My name is Les, my friends and family call me Sonny. I would like the opportunity to serve the community of Sawyer as Tribal representative and am running in the upcoming election. I have always had a strong desire to serve our community and believe with my 26 years of gaming experience I can help make a difference. After attending 3 of 4 years of college to become an Ojibway teacher, the program at UMD folded. At that time, Indian gaming had just started so instead of teaching, I chose to serve our community through gaming. I started my gaming career at Fond-du-Luth as the very first slot attendant. Since then I have had many roles within our tribe’s two casinos up to executive management. In my current role as Security Manager, it is my responsibility to protect our Tribes’ assets.



Les “Sonny” Northrup, Jr.

As your Sawyer representative, I will continue working for our community and give all a voice. With Les, you truly will get more. More what, you ask?

- More experience: I will bring my 26 years of Tribal gaming experience to help strengthen our Tribal infrastructure and further our economic development.
- More time: Time spent with our youth and our elders. I will listen to the entire community and address issues as they arise.
- More dedication: I am dedicated to constitutional law and reform. I will work to keep our traditions sacred while helping to create new and innovative practices and policies based on input from our community members.
- More strength: What we have now is strong, but we can be stronger! I will work with the dedicated employees of Sawyer to strengthen housing and employment for our community members. Miigwech!!

Tina Olson

Boozhoo,
My name is Tina Olson. I am a candidate for Dist. II in the upcoming election on April 3, 2018. I have been a resident of Sawyer for the past 20+ years. I am a single mom, grandmother and a foster parent. I have worked for several entities throughout the Fond Du Lac Reservation.

I have decided to run for this position with the hopes of bringing the voice back to the people. I believe that the District reps are just that, “representatives of the people”. I believe that it is each Districts Rep’s responsibility to listen to the people and to ask what they want for their reservation. I believe that the “vote” should be that of what the people want. Our reservation needs to have people that are in office that will represent and be a spokesperson for the people and not just be a sole decision maker. With that being said my promise that I will give and keep is to always be honest, listen and REPRESENT, for the people of my district and the needs of our reservation. I would do this by bringing EVERY

issue that is to be voted on, to my district and listen to the people and what they want before making any decisions. This is how I will make your voice heard! I also believe that if one district can achieve this then the others will follow and we will become a unity that works together and for each other.

It would be my honor and pleasure to be the representative for the people of Dist.II. If you would like to inquire, discuss or get to know more about me, please feel free to contact me either through my email or by phone.
Sincerely,
Tina Olson
tinaolson_1968@hotmail.com
218-600-9288

Election News

Election Calendar *Primary April 3*

The Minnesota Chippewa Tribe hereby announces that a Regular Election will be held on June 12, 2018 on the FOND DU LAC RESERVATION.

This REGULAR ELECTION provides for an April 3, 2018 PRIMARY ELECTION in the event there are more than two (2) eligible candidates for each open position.

Elected positions to be filled are as follows:

A. SECRETARY/TREASURER - FOND DU LAC RESERVATION BUSINESS COMMITTEE - FOUR (4) YEAR TERM

B. COMMITTEEPERSON DISTRICT II - FOND DU LAC RESERVATION BUSINESS COMMITTEE - FOUR (4) YEAR TERM

Candidates shall file with the Secretary Treasurer or his designee during regular business hours beginning on January 12, 2018. Filing will close on January 22, 2018 at 4:30 P.M.

2018 Regular Election (from March on)

March 30: Notify MCT on choice of appellate forum.

April 3: Primary (Polling places open from 8:00 a.m. until 8:00 p.m.)

April 4: General Reservation Election Board certifies Primary Results. (Prior to 8:00 p.m.)

April 5: General Reservation Election Board publishes Primary Results.

April 6: Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

April 10: 4:30 p.m. - Deadline for Contest of Primary Election. (Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe).

April 11: (Results, if Deadline for Decision on Request for Recount and Results of Recount, if allowed. If earlier request)

April 20: Deadline for Decision on Contest

April 23 (or within 4:30 p.m. - Deadline for Appeal to Court of Election Appeals. 3 days of decision (Filed with the Executive Director of the Minnesota Chippewa on Contest) Tribe and with Reservation Tribunal rendering Decision).

April 26 (or within Record of Contest forwarded to Court of Election Appeals. 3 days upon receipt of Notice to Appeal):

April 30 (hearing within Last Day for Hearing on Appeal 7 days notice of appeal).

May 10 (10 days from Last Day for Decision on Appeal hearing on appeal).

May 11: Notice of General Election

May 11: TEC provides ballots for General Election.

June 12: General Election (Polling Places open from 8:00 a.m. until 8:00 p.m.)

June 13: General Reservation Election Board certifies results of Election. Prior to 8:00 p.m.

June 14: General Reservation Election Board publishes Election results.

June 15: Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

June 19: 4:30 p.m. - Deadline for Notice of Contest. (Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe.)

June 20 (or 18,19, if Decision on Request for Recount and Results of Recount, request for Recount if allowed, is filed before deadline):

June 29th: Deadline for Decision on Contest for General Election.

July 2nd (or within 4:30 p.m. - Deadline for appeal to Court of Election Appeals 3 days of decision (Filed with Executive Director of the Minnesota Chippewa Tribe on Contest); and Reservation Tribunal rendering Decision).

July 5th (or within Record of Contest forwarded to Court of Election Appeals. 3 days upon receipt of Notice to Appeal):

July 9th (hearing within Last Day for Hearing on Appeal. 7 days notice of appeal).

July 9th: Winning candidates assume office by operation of law, unless sooner seated, or the election is subject of appeal to the Court of Election Appeals.

July 19 (or Ten days from Deadline for decision of the Court of Elections Appeal. Hearing on Appeal):

Day following Decision of Winning candidate prevailing on appeal takes office. Appeal:

The first FDL election lottery

Fond du Lac hosted their first ever election lottery to decide the order the names will appear on the ballot. That order is also the same order the articles appear here in this paper for

their candidate statements.

The position of Secretary Treasurer was drawn as Ferdinand Martineau, Jr. (incumbent), Don Wiesen, Mary Diver, and Juanita "Nucka" Anderson.

The position of Sawyer District II Representative was drawn as Bruce M. Savage (incumbent), Jeremy "Sam" Ojibway, Les "Sonny" Northrup, Jr., and Tina Olson.

The Primary election will be held Apr. 3 with the general election being held on June 14.



Ashi-niswi giizisoog (Thirteen Moons)

Onaabani-giizis

The new Onaabani-giizis begins March 17. This is the Hard Crust on the Snow Moon. Other names for this moon are Bebookwedaagime-giizis, the Snowshoe Breaking Moon; Aandego-giizis, Crow moon; Nika-giizis, the Goose Moon and Ziinsibaakwadooke-giizis, the Sugar Making Moon.

Seed Starting It's time to start planting seeds!

Starting seeds indoors at home is easy, affordable, rewarding and fun. First choose whether you want to grow herbs, vegetables, or flowers, and in what amounts. Each kind will be different and required more or less care. To start you will need seeds, containers and soil. Grow lights can be an option, and are good for starting some seeds earlier, but are expensive.

Seeds

There are many different sources for seeds. They can be a gift from a family member, a friend, a farmer; or be traded or purchased. If buying seeds, your best options are heirloom, organic, open pollinated seeds. Avoid hybrid and gmo seeds, especially if you are thinking of saving seeds from your garden. Purchased online or in stores; seeds coming in packages of 25, 50, 100, 200, by the pound or more. Depending on the source you may also receive instructions and information about caring for the plant.

Containers

Newly bought or reused containers, or recycled from newspaper, cardboard, milk, juice or egg cartons are appropriate for use. Reusable or recycled containers should be cleaned with soap and water before use and should have small holes on the bottom for proper water drainage. Start seeds in small pots or bigger with individual cells, depending on the type seed.

Soil

Soil mixtures for starting seeds are available at garden centers, plants nurseries and greenhouses.

Planting

Fill your container with soil and water it well. Dig a hole with your finger about 1/2", 1/3" or 1/4" deep. Place your seed in the hole and lightly cover it with the soil to begin the germination. Keep your seeds moist, but don't drown them in water and make sure the container drains well to prevent any disease that can damage the seedling or root system. It is very important that seeds get the correct

amount of light by a window or open sunny area at home. During the germination process light, oxygen, nutrients and temperature above 70F are essential for the proper and healthy development. To prepare your seedlings for transplant to the outdoors, you should condition them by bringing outside for a few hours to expose them to the elements, and bring them back indoors. Do this for about a week, increasing the time they spend outdoors and in the sun each day.

Transplant

Once plants have been conditioned for outdoor life and there is no morning frost in sight for this region, it is time to transplant. After replanting in a place with good soil and adequate sunlight, water them immediately, and continue watering daily for about a week before cutting the water back to every other day. Begish minwaanigoziyeg ani-ziigwang! Hope you all have fun as it becomes spring. Niwii-gitige-ziigwang I'm going to plant this spring.

Indoor Planting Schedule

Zones 3-4 Planting Schedule

A Garden Planting Chart

Vegetable	Start seed indoors
Broccoli	March 1 - 15
Brussels sprouts	March 1 - 15
Cabbage, early	March 1 - 15
Cabbage, late	April 15 - May 1
Cauliflower	March 1 - 15
Celery	Feb. 15 - March 1
Eggplant	March 15 - April 1
Lettuce, head	March 1 - 15
Okra	March 15 - April 1
Onion, transplants	Feb. 1 - 15
Pepper	March 15 - April 1
Potatoes, sweet	April 15 (roots)
Tomato	April 1 - 15

This schedule is a general guide for the zone, please check with your local extension office for precise information for your specific area. © 2015 Copyright by www.thevegetablegarden.info

Ashi-niswi giizisoog (Thirteen Moons)

Sign-up for Spring Spearing/Netting

Resource Management Division (RMD) will be using the same plan for distributing permits in 2018 as we did last year.

First thing in the morning, RMD staff will be sending out a mass email to all individuals that register for spearing ahead of time (register using the link on the FDL website). This daily email will identify the lakes and number of permits available for that night.

Band members that want to be included in the daily drawing can either respond to the email or call in to the RMD office (218-878-7155 or on weekends at 218-721-8317) by no later than 11:00 a.m. Band members that do not have email may still phone in on a daily basis to find out which lakes are open, and if interested, may request to be in the daily drawings. RMD staff will have a daily drawing to distribute available permits to all of those that can participate. RMD staff will notify the winners daily by 1:00 p.m. If you don't hear from staff by 1:00p.m., you were not drawn for that night. RMD will not be keeping a waiting list for the next evening's activities.

Winners can either pick up their permit at the RMD office during regular business hours, or at the boat landing. Conservation Officers will have a list of all Band members that have been issued permits for the evening.

Lake Superior Estuarium opens!

Deanna Erickson,
Reserve Education Coordinator

Maybe you don't know what an Estuarium is, but now you can find out at the Lake Superior Estuarium on Barkers Island in Superior, Wisc. With financial support from NOAA and UW-Extension, the Lake Superior National Estuarine Research Reserve renovated a disused building in Superior for a new public learning center in 2017. This new space has become a destination for residents and tourists alike, to explore how ecology and culture can coexist and thrive in the Lake Superior watershed.

Reserve Education Coordinator Deanna Erickson, in partnership with Wilder-

ness Graphics Inc. and the UW Extension Environmental Resource Center, led the effort to create exhibits. They worked with National Geographic photographer David Bowman, diverse partners, and Reserve scientists to add beauty and relevancy to the exhibits. Erickson also worked with the Great Lakes Indian Fish and Wildlife Commission and Fond du Lac Band members to incorporate Ojibwe language into the space, including Ojibwe place names on a giant floor map of the St. Louis River Estuary. The space also incorporates regional art and beautiful underwater photography created by youth. Two new students were hired to join Reserve staff in greeting visitors and planning programs. Since the grand opening for

National Estuaries Day on Sept. 30, over 800 people have explored the space as drop in visitors, K-12 students, college classes, or for programming in the new interactive classroom.

The Estuarium has already earned 5-star reviews on both Trip Advisor and Google Business as well as radio features and front page news coverage. During winter, the Lake Superior Estuarium (3 Marina Drive, Superior WI 54880) is open on Friday (12-4 p.m.) and Saturdays (10 a.m.-6 p.m.) only, while during summer 2018 it will be open Wednesday through Sunday. Stop by and visit soon! It's free, accessible to those with handicaps, and all are welcome!



Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words.
All consonants sound the same as in English.

- “Zh”- sounds like the “su” in measure
- “a”- sounds like the “u” in sun
- “aa”- sounds like the “a” in father
- “i”- sounds like the “i” in sit
- “ii”- sounds like the “ee” in feet
- “o”- sounds like the “o” in go
- “oo”- sounds like the “oo” in food
- “e”- sounds like the “ay” in stay

Days of the Week

- Monday(day after prayer day)- Ishwaa-anami’e giizhigad
- Tuesday(second day)- Niizho-giizhigad
- Wednesday(half way)- Aabitoose
- Thursday(fourth day)- Niiyo giizhigad
- Friday(fifth day)- Naano giizhigad
- Saturday(floor washing day)- Giziibiigiisaginige-giizhigad
- Sunday(last work day or prayer day)- Ishwaa-anokiigiizhigad or Anami’e-giizhigad

Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Fond du Lac Sugar Bush Tapping Guidelines

By Christian Nelson,
FDL Resource Management
Forestry

The intent of these guidelines is to assure area sugar bush (iskigamizigan) resources remain healthy and productive now and into the future. These guidelines are based on published research and on the advice of local experts.

Site Selection

- Choose sites that are accessible throughout the entire tapping season. Dirt roads or woodland trails that may be useable in the beginning of the season can often become very muddy and rutted as the frost goes out of the ground and the ground becomes soft. Select sites with good access that does not require crossing wetlands or other sensitive areas that may be damaged, especially near the end of the season.

- Choose sites with healthy, large-crowned sugar maples (ininaatig) and/or red maples

(zhiishiigimiiwanzh). Avoid selecting areas where the trees show signs of stress or decline (e.g. dead or dying tops, missing bark, trees defoliated by forest tent caterpillars the previous year, etc.).

- Always make sure you have the appropriate permission to tap the trees or to access the land.

Tree Selection

- Select healthy, full-crowned sugar maple, red maple, silver maple, or box elder trees that are at least 10” in diameter at chest height. Tapping smaller trees will yield little sap and risk the long-term health of the tree.
- Expect 9-13 gallons of sap per tree for the season. Flow rates are highest on warm days following cool nights.
- Avoid driving ATV’s, tractors, trucks, or other vehicles within 20-30 feet of the base of the tree during the tapping season. The ground is soft and the roots can be damaged, affecting the health of the tree. Instead, carry buckets or bags

by hand to vehicles, wagons, or other maintenance equipment. Healthy roots make healthy trees.

Spile Selection

- Smaller spiles are preferable to larger spiles. Research shows smaller spiles will deliver as much sap as larger spiles with less damage to the tree.
- Use 5/16” or 19/64” spiles if possible. These spiles should not be placed more than 1 ½” deep.
- Older style 7/16” spiles are still acceptable but should be replaced with smaller spiles when possible. This size spile should not be placed more than 2 ½” deep.
- Do not tap frozen trees as this can cause the bark to split. Only tap trees when the sap has begun to flow.
- Use a drill-bit that is the same size as the tap you are intending to use and wrap a piece of tape around the drill-bit at the desired depth. This will serve as a guide to help avoid drilling too deep.
- Holes should be drilled at a

slight upward angle so that sap can flow down and out of the hole.

- Tap the spiles in carefully to avoid damaging the tree. Avoid tapping discolored or damaged looking bark as these areas may have fungal infections and tap holes may serve as entry points.

Number of Spiles and Their Placement

- The number of spiles per tree should be based on the diameter of the tree at chest height.
- Trees smaller than 10” in diameter should not be tapped.
- Trees 10” – 18” in diameter should have no more than 1 tap per tree.
- Trees larger than 18” can have up to 2 taps per tree. No tree should have more than 2 taps.
- Spiles should be spaced at least 6 inches horizontally and 2 feet vertically from previous year’s tap hole locations. This assures water and nutrients can still flow between the roots to leaves.
- Never re-tap existing holes

or drill new taps near the end of the season trying to prolong the season.

- Spiles should be placed in the tree about 2-4 feet above the ground level.

When to Start and When to Stop Collecting Sap

- Sap will start to flow when the days are in the 40F’s and the nights are below freezing, typically mid-March in Northern Minnesota. Flow tends to slow or stop when daytime temperatures are cool or below freezing.
- Sap will start to taste “buddy” (bad) when the buds start to expand at the end of the season. When you observe buds expanding, cease collecting sap. Red maples may start to bud before sugar maples.

Be sure to remove all spiles from trees and clean up other equipment from the site at the end of the season.

Be careful when boiling sap outdoors - spring is also wild-fire season! Miigwech!

Etc.

BBCR hosts job and trades fair

Fond du Lac, Bois Forte, and Mille Lacs Bands will be hosting a job fair event at Black Bear Casino and Resort's Otter Creek Event Center. Alongside the job fair will be a trades fair for hands-on experience for those interested in finding a great job in the trades career. For those looking for a different line of work, the job fair will have a variety of different positions from multiple employers from the area.

A third of the Otter Creek Event Center will be used for the trades fair where an eight to ten spot screening will take place for two weeks of training on the Fond du Lac Reservation followed by an

eight week training program in the cities. The two week training will most likely be held at Black Bear Casino and Resort as well, those details will be announced closer to the training dates.

The trades fair will feature many different types of hands-on training. There will be opportunities to meet with each union, and visit contractors to help with employment opportunities. The eight to ten members who are selected will be able to stay in a hotel in the cities as well as given a stipend for the training. Upon graduation, there will be another job fair to put those skills to the test.

To be selected candidates have to be Enrolled, and have a GED or high school diploma. There will be no cost to Band members who are selected for the ten weeks of training.

The other two thirds of the event center will be set aside for the job fair, which will house many different businesses from around the Cloquet area. Light refreshments will be provided.

For more information contact Lonny Susienka, FDL Tribal Employment Rights Officer (TERO), (218) 878-7527 or Craig Hanson, Mille Lacs Band TERO, (320) 532-4778.

Become A Foster Parent

Open your home. Change a child's life forever



Can you make a difference?

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

**For more information please call. (218) 879-1227

"OUR CHILDREN ARE OUR FUTURE"

GET TRAINED GET HIRED

Explore the Trades and find a stable, high-paying career with this hands-on opportunity. Accepted applicants will explore the following Trade Careers:

Cement Mason's, Laborers, Pipe Trades, Sheet Metal, Bricklayers, Carpenters, Iron Workers, Roofers, and Operating Engineers

To be eligible you must:

- > Pass a Drug Screen
- > Have a Driver's License and Transportation
- > Have a High School Diploma or equivalent,
- > Be 18 years of age or older.
- > Be a Member of a Federally Recognized Tribe.

Contact your TERO office or AIOIC for more details.



This year's class is limited to 50 students beginning on April 9

Contact your TERO office or AIOIC; or Attend one of the following events to learn more and apply:

Shooting Star: Mahnomen, March 21, 2018
Black Bear: Carlton, MN, March 26, 2018
Metro Area: Brooklyn Park, MN, March 29, 2018



Become a Licensed Child Care Provider

LICENSED CHILD CARE PROVIDERS NEEDED

- Would you like to work from home?
- Do you enjoy working with children?
- Have you or are you willing to take classes regarding child development?

Fond du Lac Reservation Child Care Services is accepting applications for Native American child care providers residing on FDL Reservation.

For more information, please call 218-878-2138.

* Complete Application Package & Home Study *
* Pass Background Check *

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department

Etc.

Student of the month

Reprinted from the *Pine Journal*

Name: Zoey Peacock
Grade: 5
Parents: Richelle Mullen and Michael Peacock, Jr.



Who nominated this student and why: Crimsen Hanson, fifth-grade teacher
Zoey is an excellent student! Because she is so quiet, it might be easy to overlook all of her hard work; however, Zoey gives full effort in all she does. She works hard and in her own quiet way encourages those around her to do the same. She is a great example of living “above the line.” She can find the positive in every situation and is always kind to those around her. We are very fortunate to have Zoey as a part of the CMS fifth grade!

Nagaajiwanaang Genawendangig Anishinaabemowin 2018 Language Program News

Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

March 2018

As we move toward ziigwan (spring), our thoughts turn toward that wiishkobaaboo (maple sap) that will soon start to flow and be harvested to be boiled down to yield the ziinzibaakwadwaaboo (maple syrup) and anishinaabe-ziinzibaakwad (maple candy) that we look forward to each year. There is no other flavor like this, and each year, we enjoy the fruits of our ancestor’s forethought in preserving treaty rights of hunting, fishing, and

gathering for us.

The Anishinaabemowin Coordinator had the honor of performing as MC on January 29, 2018 when we celebrated the 1854 Treaty Event, a day-long presentation of facts, from both legal and traditional viewpoints, regarding traditional harvesting rights and the struggle to maintain them. Spiritual Advisor Gwiiwizens (Ricky W. DeFoe) gave a traditional opening to the event, followed by welcoming comments from all RBC members. The most recent twenty-year lawsuit filed in 1997 was settled with a Stipulation and Memorandum of Understanding (MOU) between FDL and the State of Minnesota. On November 8, 2017, the Fond du Lac Reservation

Business Committee approved the Stipulation and MOU with Resolution # 1374/17. The event to celebrate the conclusion of the lawsuit was filmed, and the film will be used to create an education video to be used in educational settings. We will release a notice when the video is complete.

On Sunday, March 25, FDL Language Program staff will attend the Cloquet Community Center Easter dinner, (1 – 3 p.m.) with an Ojibwe language game and prizes for game participants.

Looking ahead, we are still planning for the major Kiwenz Ojibwe Immersion Language Camp June 13 – 17 at Kiwenz Campgrounds.

We will have a vast array of talents and immersion activities at this year’s camp, thanks to generous funding by Minnesota Indian Affairs Council through

the Legacy Fund, the Northland Foundation Age to Age Grant, and donations from the Fond du Lac CHS division. One of the highly anticipated performers is Minnesota born Keith Secola, who will be working with children to develop a talent show entry for our Friday night talent show. Keith has made an Ojibwe language version of his hit, “Driving in my Indian Car” Secola is an accomplished artist, garnering awards and accolades as a musician, a singer, a songwriter, a composer,



and a producer. He is highly skilled with the guitar, flute, mandolin, banjo, harmonica, and piano, and has played in venues from the halls of the Chicago Urban Indian Centre, to the walls of the bottom of the

Grand Canyon. He has also toured Europe several times and graced the stages of the Rockslide Festival in Denmark, the Grand Opening Gala of the Smithsonian Museum of the American Indian, and is a staple at the Grassroots Festival in Upstate New York, North Carolina and Florida.

A seven-time Native American Music Award winner, Secola has earned NAMMYS not only for his music, but also his abilities as a producer, to include The Best Linguistic Recording for producing ANISHINABEMOIN (2007).

This alone would be reason to attend Kiwenz Camp, but there are other compelling reasons that will be discussed next month.

Questions or comments, please contact me at janisfairbanks@fdlrez.com

FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child’s first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child’s learning and expectations for academic achievement
- Support and celebrate the

unique cultural and linguistic diversity of each American Indian community served by the program

- Promote lifelong learning. FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the



FDLREZ historical society

The Fond du Lac historical society, FDLREZ historical society, would like to thank Butch Martineau for helping them identify last month’s picture. He was able to identify the man holding the pole as Clifford Martin. The FDLREZ historical society would like to say a Miigwetch to him for his help.

This month they need help

identifying the two in the bottom right of the picture (they have the other names of the other six pictured). If you can identify either of the girls pictured (or the other man in last month’s picture), please contact the historical society or stop in at one of their meetings. Their meetings are held 10 a.m. on the second Friday of the month at the Resource Management building.

Etc.

center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

The Transit Corner

The transit department had a good year in 2017. The buses traveled a total of 346,145 miles and transported a total of 42,079 passengers. This kept pace with 2016 where the buses traveled 342,369 miles and serviced 42,366 passengers.

The transit department announced several weeks ago a new 33 passenger bus that is on order and expected to arrive the first week of May. This vehicle will be added to the fleet with its main purpose to transport more passengers, greater distances for special approved events.

The transit department will be organizing a committee to discuss the new route that will include the Miller Hill Mall pending approval. Members of the community and department managers will be invited to participate in this planning.

Fond du Lac Ojibwe School Board Regular Meeting

Tuesday January 9, 2018 Fond du

Lac Ojibwe School Board Room 3:00 p.m.

Called to order: 3:01 p.m.

Roll Call: Debra Johnson Fuller left at 4:10 p.m., Betty Anderson, Robert Peacock, Michael Diver entered at 3:16 p.m., Jeffrey Tibbetts

Absent: Joyce LaPorte, Carol Wuollet

Others present: Jennifer Johnson, Superintendent; Tim, MNWI Playground; Misty Peterson, Ojibwe Language; Vicki Oberstar, Counselor; Sharon Belanger, Special Education Coordinator;

Betty Anderson read the mission statement.

Motion to approve the January 9, 2018 agenda with the addition to discuss the Music Teacher position: Jeffrey Tibbetts seconded by Robert Peacock, all in favor, 0 opposed, motion carried.

Motion to approve the December 5, 2017 regular meeting minutes Robert Peacock, seconded by Betty Anderson. All in favor, 0 opposed, motion carried.

Review the ledger – The board discussed the \$5.1 million unspent/overage. There was discussion regarding Enhancement, Instructional Support, 21st CCLC, and FACE funds.

Michael Diver entered 3:16 p.m.

There was additional discussion regarding staff salary. As part of the strategic plan, the salary committee recently reviewed FDL Ojibwe school salaries in comparison to local schools. The committee reviewed licensed staff and support staff. There was a suggestion to re-visit and review salaries. There was further discussion regarding the current plan in place and turn over.

New business:

I. Cloquet Financial Agreement Language Changes - Tribal Consultation will be held January 12, 2018 at the Reservation Business Center in the chambers. Cloquet will be a part of this consultation. FDL would like to finalize this agreement by June of 2018. Superintendent Johnson is requesting any language changes from the school board. There was discussion regarding the current percentage of 42% or \$3200 per student. There was discussion regarding Tribal Equalization with the State of MN and continuing with the Cloquet Agreement.

II. Ojibwemowin Resolution Letter - Misty Rose Peterson is requesting Eminence Credentials and endorsement from the FDL Ojibwe School Board. Misty would like to work in an immersion classroom. She has a passion for creating curriculum and has been teaching Ojibwe Language since 2015 as well as Ojibwe language camps. Misty has worked with Dan Jones at the FDLTCC and completed her proficiency test. MTLA test is January 18, 2018.

Robert Peacock motioned to support Misty Peterson's request to endorse eminence credentials and forward to RBC for tribal support. The motion was seconded by Michael Diver, all in favor, 0 opposed, motion carried.

III. PAG Bylaws - There was discussion regarding the PAG Bylaws. 40% of the PAG members would like to remain informal with no elected positions. The lunch hour works best for the parents that are involved. They like gift cards.

The school board is requesting a memo from PAG to remain informal and dissolve bylaws.

There was a recommendation

for Maria Maki to contact the members that are on the current approved roster. Superintendent Johnson will work with FDL legal to dissolve formal bylaws and create rules of order.

Debra Johnson-Fuller left at 4:10 p.m.

Old business:

II. MNWI Playground - Tim Newgard discussed a proposed challenge course and playground.

Tim showed a video and discussed the direct bolt system. There is a one year warranty on labor and 100 years on the equipment. The timeline for project completion is 2-5 days for install of challenge course.

The board discussed PAG suggestions for the new playground.

Tim will follow up with challenge course, EDF, Spring toys, swings, merry-go-round, fitness equipment.

New business:

IV. Music Teacher position – The approved candidate has accepted the PTE music teacher position, but is interested in a FTE position. There was discussion regarding music and enrichment.

Motion to post FTE Music Teacher position - Betty Anderson, seconded by Jeff Tibbetts. All in favor, 0 opposed, motion carried.

Old business:

MDE Indian Education Program Plan WBWF Overview - Superintendent Johnson discussed the WBWF goals and categories and how this can be implemented with the Strategic Plan.

Set specific goals within the strategic plan. Currently the Ojibwe school uses NWEA Map testing as an indicator for how the students will perform on the state testing. NWEA also assists

teachers to identify areas that need improvement.

Currently 100% of 11 graders take the ACT.

Discussion regarding the graduation rate.

Supervisor reports:

No discussion.

Other:

Next meeting: January 23, 2018 at noon

The Assistant Principal interviews will be held January 11, 2018 at 9:00 p.m. Betty Anderson and Robert Peacock will assist.

Betty Anderson motioned to adjourn, seconded by Michael Diver. All in favor, 0 opposed, motion carried.

Adjourn 5:15 p.m.

Recorded by: Jennifer Trotterchaude

Fond du Lac Ojibwe School Board Special Meeting

Tuesday January 23, 2018 Fond du Lac Ojibwe School Board Room 12:00 p.m.

Call to Order: 12:15 p.m.

Roll Call: Debra Johnson-Fuller, Joyce LaPorte, Carol Wuollet, Betty Anderson, Jeffrey Tibbetts

Absent: Robert Peacock, Michael Diver

Others present: Jennifer Johnson, Superintendent

Carol Wuollet read the mission statement.

Motion to approve the agenda with additions: Support the ice skating rink. Reply to FDL Legal regarding the Parent Advisory Group. Motion made by Jeff Tibbetts, seconded by Betty Anderson, all in favor, opposed, motion carried.

Strategic plan:

I. Review Current Strategic Plan: Page 6 of the PRACTICAL

Etc.

VISION. Review the timeline to see if the board is on track and accomplishing goals.

More Understanding of Development of the Budget and Fiscal Responsibility

- Funding sources identified and known by the school board - continued monitoring.
- Budget development with school board - continued monitoring.
- Resources allocation - voices heard for School.

Measuring the Integration of Culture in our School

- Quiz Bowl that use oratory as a component for judging. There was discussion regarding how to measure this item. The Ojibwe School has always participated in Quiz Bowl for several years. This item is continued and on-going monitoring.

Honor, Recognize, and Retain our Students and Staff

- Internal and external equity - continuous and ongoing monitoring
- Student and staff achievement recognized - continuous and ongoing monitoring

There was discussion regarding COLA - meeting and greeting students and community.

Continuous surveys. The board discussed more staff recognition. Surveys will communicate the recognition that staff would like.

Performance and Evaluation for Superintendent, Principal and School

- Develop an evaluation method for Superintendent and School. Superintendent Johnson made her goals based on academic growth. This area needs improvement.

Jennifer Johnson is requesting a meeting with the school board to discuss domains.

- Develop evaluation tools to be

used with Teachers, Principal, and Superintendent. The board feels this is complete.

Communication Transparency with Community, Parents and School wide

- Use technology to communicate with community - In progress and continuous
- Work to change community view of the education in our school - in progress and on-going

To establish the Parent Committee with our help and encouragement - Complete and on-going

There was discussion regarding communicating with parents and community via conversations, newspaper, and using technology. Add brochures to the lobby of the RBC and the Clinic. Monitor the brochures. Create a calendar.

Building an Effective Inclusive Traditional School Board

Items discussed were:

- Common ground with RBC - Discussion regarding the airplane. Sawyer Representative Bruce Savage brought a group of visitors to tour the airplane project. Superintendent Johnson is currently awaiting a report from Representative Bruce Savage. On-going and continuous.

- The ability to be free with our input, no censoring
 - Board more effective
 - Open traditional meetings
 - Review of mission and vision and self assessment of board.
 - A couple new School Board members (who will be present)
 - Update policies (bylaws)
 - Student involvement (student representative) *Student Council
- Column 2, 4, and 5 are still in process.

Underlying contradictions Raising Awareness for

Community Involvement

- Surveys, staff, students and community are continuous on-going.
- Inform community what is expected for each grade
- Elicit community expectations for each grade level

The emerging swell

Success indicators on page 10 of the Strategic Plan. There was discussion regarding the elimination of make-up time.

Attendance of parents/guardians that attend conferences. Incentives help increase parent/guardian attendance.

II. Cultural Goals

Building and Strengthening our Cultural Goals. MN Academic Standards relating to MN American Indian Tribes. FDLOJS teaching staff should be including the standards in their lesson plans.

Discussion regarding curriculum. The board discussed a Cultural Coordinator position. There was discussion regarding history, treaties, government and implementing within all grades. Utilize GLIWC.

- ADD Cultural Coordinator Job Description to February Regular School Board Agenda for discussion.

Discussion regarding a summer program for staff to develop a culture program and professional development for staff.

- All students at each grade level will read 4 Ojibwe books each year. (Utilize Reading Buddies for Kindergarten).
- All Students will receive 45 minutes daily in Ojibwemowin K-grade 10. This item is in

progress and on-going with the exception of 11th and 12th grade. Currently 2 credits are required for 11 & 12.

Next steps:

Finish the book list, review lesson plans, review the cultural coordinator job description and prepare a plan for staff development.

School Board Committee Lists: email this list and board members

School Improvement -

Accreditation -

Safety -

Community Involvement -

Policy Review -

Behavioral Committee - Culture - Jeff T

PAG - Jennifer Johnson will contact FDL legal to eliminate bylaws and become an informal group under consensus. Motioned by Joyce LaPorte, seconded by Jeff Tibbetts. All in favor, 0 opposed, motion carried.

Motion to adjourn Carol Wuollet, seconded by Jeff Tibbetts. All in favor, 0 opposed, motion carried.

Adjourn 3:07 p.m.

Recorded by: Jennifer Trotterchaude

2018 Gitigaan



Schedule of Classes

Cloquet Community Center

Dinner @ 5:00p.m.

Class @ 5:30p.m.

March 13th Chaga

March 20st Working with herbs

March 27th Making vinegar 101

April 3rd Pollinators

April 10th Asparagus & Garlic

April 17th Mini Hoops Houses

April 24th Traditional tobacco

May 1st Small remnants

May 8th Simple Garden Recipes

May 15th Integrated pest management for apple trees

May 22nd TBD

May 29th TBD

June 1st Plant Packaging

June 2nd Plant Giveaway

Contact the Planning Division at 218-878-2642 for more information or with questions

Seed Packets are available at Classes

Sign up for Tilling By

May 16th

Plant Packaging

June 1, 2018

Plant Give Away

June 2, 2018

8:00—Noon

Health News

Public Notice

The Fond du Lac Human Service Division Institutional Review Board (IRB) is looking for nominations for the following vacancies:

- External IRB Member (1 Vacancy)

Guidelines for Nominated Individuals include;

- Members must not be immediately affiliated with the institution operating the IRB and must not be a part of the immediate family of a person who is affiliated with Fond du Lac Human Services IRB. (Members may be a previous employee)
- Fond du Lac enrolled Band members will be given preference.

The Fond du Lac Reservation Business Committee (RBC) and Human Services Division (HSD) recognize that the delivery of health, research, and human services by the Fond du Lac Band to its eligible service population must be administered with the highest professional standards and in a manner which respects and reflects the culture, values, and traditions of the Band. FDL HSD has determined that all research including human subject research conducted within the Band's boundaries and involving Band members/clients of FDL HSD has the potential to cause harm and should therefore be strictly regulated.

As a member of the IRB, you will protect the people, culture, and natural resources of the Band and the Band's future generations from unauthorized scientific research. It is your responsibility to:

- Reduce any adverse effects of human subject research and related activities to the band its people and;
- Ensure that all researchers recognize the Bands control of research activities and ownership of all data and information generated or produced by such research.

The IRB meets as needed and members will be notified as soon as the information becomes available.

All submission must be turned in by Friday, March 30, 2018. Please include your name, phone number, address, and a brief paragraph telling us why you would like to be considered for the Fond du Lac IRB. Submissions can be turned into:

Fond du Lac Human Services
Attention: Jennifer DuPuis
927 Trettel Lane
Cloquet, MN 55720
jenniferdupuis@fdlrez.com

25 easy ways to get your fruits and vegetables

Sarah Johnson,
CAIR Physician Assistant

For February, we are challenging our readers to incorporate more fruits and vegetables into their diet. Fruits and vegetables make for a well-balanced diet that not only increase your energy, but also help with weight loss/maintenance, provide anti-cancer and anti-inflammatory benefits, and can stave off chronic disease. While many of us recognize these benefits, it can still be difficult to find creative ways to slip these into our diet. Below, you'll find 25 ideas on how to incorporate more fruits and vegetables, as well as how some of the staff at CAIR does this.

- Keep fresh, canned, dried and frozen fruits and vegetables in your house. If you don't have them, you can't eat them! Remember to choose formulas without syrup, sugar, or creams.
- Dr. Turner likes to eat vegetables at every meal. Often, she will use leftover vegetables from dinner in her morning omelet.
- To ensure great taste, research and

buy what's in season.

- When your fruit starts to age, pharmacist Sheri, likes to make smoothies. Adding kale or spinach to smoothies is also an easy way to get vegetables on the go.
- Keep a fruit or vegetable bowl in the kitchen for readily available snacks.
- Dried fruit, mixed with almonds, can be a filling and tasty snack.
- Buy a new cookbook, find a website, or swap healthy recipes with friends for inspiration.
- Chop up vegetables, lightly apply olive oil and roast for a tasty side dish.
- Garnish salads with your favorite vegetables. I like adding tomatoes, peppers and avocados.
- Nurse supervisor, Renee, likes to have easy, mess free, snacks likes oranges, bananas, apples and berries at all times in her car and purse.
- Use herbs and spices, over bread-ing or frying, to add low-calorie—but big flavor—to vegetables.
- Dr. Stapleton enjoys eating roasted cauliflower. She adds Frank's Hot Sauce for an extra kick.

- At the buffet, fill your plate with a generous amount of salad first.
- Buy vegetables with a longer shelf life like carrots, squash, onion and potatoes.
- Medical social worker, Kathy, likes to eat veggies as her main course.
- Buy pre-cut fruits and vegetables that are readily available to use.
- Pre-prepare salads and then add dressing before eating.
- Linda, in lab, layers cut up fruits and vegetables in an appetizing glass jar leaving her favorite as a treat on the bottom.
- Have a salad potluck party at work.
- Add vegetables to spaghetti sauce and berries to your cereal.
- Pack raw veggies and fruit with your lunch.
- I use a spiralizer to make sweet potatoes or zucchini noodles for pasta.
- Shop at a local farmers market.
- Try new fruits and vegetables for fun.
- When all else fails, strive to eat the colors of the rainbow every day.

Happy eating!

Colorectal awareness

March is National Colorectal Cancer Awareness Month, and the American Indian Cancer Foundation is promoting awareness of colorectal cancer. Colorectal cancer is the second most common cancer among Northern Plains American Indians (following lung cancer) – a population with rates 53 percent higher than the general U.S. population. There are usually no symptoms of colorectal cancer until the cancer is

in an advanced stage.

Risk factors that you can change are: Get your screenings done, quit smoking, increase your physical activity, changing unhealthy diets, limit alcohol use and being overweight or obese.

Risk factors you cannot change include: age, sex, family history of colorectal cancer, personal history of colorectal polyps or colorectal cancer, race or ethnicity. You can stop colon cancer with

screening.

Remember to talk with your health care provider about what colorectal cancer test is best for you.

Sources: American Indian Cancer Foundation www.americanindiancancer.org and American Cancer Society www.cancer.org

Health News

Simple tips from Registered Dietitians make it easy to 'Get Your Plate in Shape' this National Nutrition Month

During National Nutrition Month® and beyond, the Academy of Nutrition and Dietetics encourages everyone to include healthy foods from all food groups through this year's theme: "Get Your Plate in Shape."

"Vegetables, fruits, whole grains, lean proteins and low-fat dairy products contain the nutrients we need to maintain healthy lifestyles," says registered dietitian and Academy Spokesperson Andrea Giancoli. "Make sure your eating plan includes foods from all the food groups and in appropriate portions. USDA's MyPlate is a great tool to guide and help us be mindful of the foods that make up our balanced eating plan."

Giancoli offers the following recommendations to "Get Your Plate in Shape":

Make half your plate fruits and vegetables.

- Eat a variety of vegetables, especially dark-green, red and orange varieties, as well as beans and peas.
- When buying canned vegetables, choose "reduced sodium" or "no salt added" whenever possible. Rinsing whole varieties like beans, corn and peas can also reduce sodium levels.
- Dried and frozen fruits and those canned in water or their own juice are good options when fresh varieties are not available.
- Make sure every meal and snack has at least one fruit or vegetable or both.

Make at least half your grains whole.

- Choose brown rice, barley and oats and other whole grains for your

sides and ingredients.

- Switch to 100-percent whole-grain breads, cereals and crackers.
- Check the ingredients list on food packages to find foods that are made with whole grains.

Switch to fat-free or low-fat milk.

- Fat-free and low-fat milk have the same amount of calcium and other essential nutrients as whole milk, but less fat and fewer calories.
- If you are lactose intolerant, try lactose-free milk or a calcium-fortified soy beverage.

Vary your protein choices.

- Eat a variety of foods each week from the protein food group like seafood, nuts and beans, as well as lean meat, poultry and eggs.
- Eat more plant-based proteins such as nuts, beans, whole grains and whole soy foods like tofu and edamame.
- At least twice a week, make fish and seafood the protein on your plate.
- Keep meat and poultry portions lean and limit to three ounces per meal.

Cut back on sodium and empty calories from solid fats and added sugars.

- Drink water instead of sugary drinks like regular sodas, fruit-flavored drinks and sweetened teas and coffees. Choose 100-percent fruit juice.
- Compare sodium in foods and choose those with the least amount listed on the Nutrition Facts Panel.
- Season foods with spices or herbs instead of salt.
- Select lean cuts of meat or poultry and fat-free or low-fat dairy products.
- Use heart-healthy oils like olive, canola and sunflower oil in place of

butter or shortening when cooking.

Giancoli recommends cooking more often at home, where you are in control of what is in your food. "And don't forget that exercise and healthful eating are crucial to maintaining a healthy lifestyle," Giancoli says.

"Choose activities you enjoy like going for a walk with your family, joining a sports team, dancing or playing with your children. If you don't have a full 30 minutes, carve out 10 minutes three times a day. Every bit adds up and health benefits increase the more active you are."

As part of National Nutrition Month, the Academy of Nutrition and Dietetics' National Nutrition Month website includes helpful tips, recipes, fun games, promotional tools and nutrition education resources, all designed to spread the message of good nutrition around the "Get Your Plate in Shape" theme.

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy.

National Nutrition month

March is National Nutrition Month. Nutrition plays a vital role in our health and well-being. Good nutrition can help prevent or manage weight issues. It can also prevent, control and minimize the effects of certain diseases such as heart disease and cancer. Why not take the month to explore new ways to be healthy.

WIC Program

Women, Infants and Children Nutrition Program (WIC) is a Nutrition and Breastfeeding program that offers tips and advice to help families eat well, learn about nutrition, and stay healthy.

The WIC program provides:

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$62.00 - \$190.00/month)
- Support and help with breastfeeding
- Referrals to health care, immunizations, and other programs

Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of age
- Children from 1 year of age to their 5th birthday

To qualify for WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC. For example, a family of 3 making \$37,777.00 or less a year would qualify. If your child is enrolled in Early Head Start or Head Start or currently receiving Medical Assistance income guidelines do not apply.

Contact the WIC office for further information: Laura Garza, PHN, CLC: MNAW/CAIR – (218) 878-2147, Kara Stoneburner, RDN LD, CLS: MNAW/CAIR – (218) 878-2183, Or go to <http://www.health.state.mn.us/divs/fh/wic/index.html>, for more information.

WIC Program is an equal opportunity provider and employer.



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Mar. 16, 2018 for the April 2018 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy birthday

Happy 8th birthday **Jordyn Peacock** (Mar. 4)
Love, Mom, Dad, Mikey, and Zoey

Happy 2nd birthday **Elijah James** (Mar. 4), we all love you!

From, Grandma, Mom, Jay, Madison, and Jason



Happy birthday to my big, tall, handsome son, **Ed Misquadace** (Mar. 5)
Love, your Mother Jean

Happy 26th birthday **Jennifer Shabaiash** (Mar. 6) I really wish I could have watched you grow up and I know your grandma and grandpa are taking good care of you.
Love and miss you, your Momma Eve

Happy birthday to my big brother **Phil Savage** (Mar. 7)
Your favorite Sister, Patti Jo

Happiest of birthdays to **Phillip Savage** (Mar. 7)! We love you lots old man!
Alyssa, Dylan, and Alyza

Happy birthday **Shannon Berglund** (Mar. 7)
Love, Richelle and Kids

Happy birthday to **J.J. Ammesmaki** (Mar. 11)
Love, Mom

Happy 21st birthday **Jocelyn Martin** (Mar. 11)
From Elijah, Vanessa, Jay, Madison, and Jason, we all love you.



Happy birthday to our beautiful **Sammy Larson** (Mar. 11), may all your wishes & dreams come true & we wish you many more too!
Love always, your family

Happy 28th birthday **Stephanie Shabaiash Ammesmaki** (Mar. 14)
Love, your Momma Eve

Happy birthday Mom, **Bonnie DeFoe** (Mar. 16). May you win the Publisher's Clearinghouse Sweepstakes! :) We love you to the moon and back!
Love always, your daughters

Happy 14th birthday brat, **Brian Shabaiash** (Mar. 17)
Love, your Momma Eve



Happy 25th birthday to our best friend, **Travis Brown** (Mar.20), we love you tons!
Love, Court, Baby Trav, and Laila

Happy birthday Granddaughter **Ne'Vaylei RuthAnn Ammesmaki** (Mar. 21, we love you with all of our hearts and

miss you so much!
Love, Grandpa 'n Grandma Badmoccasin and Uncle Charles

I want to wish **Roger Smith Jr.** (Mar. 23) the happiest of birthdays. Thank you for doing life with me.
Love you more - Kristen

Happy birthday to my Love, **Herb Fineday Jr.** (Mar. 28), you'll always be my firefly J
Love always, Patti Jo

Happy birthday sister **Kimberly Fohrenkam** (Mar. 31) have a beautiful day!
Love, you Evie and John

Thank you

We would like to say thank you to the **snow plow crew** and **Jack Bassett, Raelea Skow**, and all **Development staff** for all they do.
The Bradford's

Memorial

Brother:

U r no longer with us in physical form, but ur memories r with us every day.

The love u had 4 us remains in our hearts and our everyday lives as u showed us every day that u were here.

We love u so very much and miss u so much more!

HAPPY 50th **Darwin** <3
Rest In Peace, Rest in the Ever Lasting Place of Happiness and Paradise. Until We All Meet Again

With All of our Love, The Badmoccasin's: Charles Sr., Darla & Bubb

Obituaries

Robert John Diver "The Gambler," 73, of Cloquet, MN, died January 25, 2018 in the comfort of his own home.

Robert was born August 4, 1944 to John and Agnes

(Woods) Diver in Cloquet, MN, where he also grew up. In 1969, he began his post-secondary education through the CEP program (Concentrated Employment Program) at the University of Minnesota-Duluth. Robert graduated with his bachelor's and went on to receive his master's degree from the College of St. Scholastica. From 1969-1976, he worked for the Minnesota State Employment Service as an employment counselor.

Beginning in 1976, Robert served in the UMD Medical School Native Programs Student Recruitment and was a co-director of Upward Bound for Native American Students. Robert worked in the financial aid department of Fond du Lac Community College until his retirement.

Bob loved to hunt and fish with his sons. He was president of Duluth Heights Little League in 1980, and he ran Fond du Lac basketball league for many years, for which he was an amusing play-by-play commentator. One of his greatest joys was to play poker with his friends at Black Bear Casino. Bob was secretive about his amazing





Community News

artistic talent – and completed many unique art pieces throughout the years. His art will live on forever.

Robert is survived by his children, Eric (Jenny) Diver, Robert Diver II, Daryl Diver, Amanda (Nick) Olson, Bobbi Jo Diver, Cynthia Diver, Dean and Molina Raisanen; grandchildren, William, Keegan, Lila, Robbie, Rocky, Christopher, Meagen, Erin, Lauren, Maddie, Ellie, Acacia, Kory, Alysia, Kentrell, Liliana; great-grandchildren, Abel, Deyton, Peyton, Zoey, Finnegan; special friend and companion/wife, Marguerite Diver; and brother, David Diver, Sr.

He was preceded in death by his parents; his sister, Eleanor Diver; brothers, Harold Diver and Richard Diver.

Alyceanna M. Magney, 1 of Minneapolis passed away unexpectedly on February 9th, 2018 in children's hospital, Saint Paul.



She was born on December 20th, 2016 in Minneapolis to Dylan Magney and Alyssa Defoe.

Alyceanna loved to play with toys, she loved to cuddle and laugh and smile, she was special baby so strong, even so little she cared for everyone, loved giving you kissies and hugs she would love playing peek a boo with u, she was loved by everyone. She placed something special in all our hearts. She put joy and happiness every day.

She is survived by parents Alyssa Defoe, Dylan Magney, Grandparents Elizabeth Dimmick, Dylan Magney Sr, Roy Defoe Jr, Great grandparents, Sue Dimmick, Dustin Dimmick, Uncles Andrew Defoe, Alexander Lafave, Anthony Dimmick, Aunties Leah Defoe, Cousins Brittany Dimmick, Courtney Dimmick, and many more Proceed by Grandmother Robin Lafave, Uncle Tony Defoe, great grandmother Geraldine Defoe, great grandfather Roy Defoe Sr., Auntie Roberta Defoe, Cousin Candice Defoe, and Uncle Randy Defoe.

FDL job listings

FT: Full Time PT: Part Time For more information about any of these open until filled or permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

- Language and Curriculum Specialist FT FDL Cultural Center & Museum
- Maintenance II FT Mino-bimaadizi-waakaa'igan, Mpls.
- Facilities Site Supervisor FT Mino-bimaadizi-waakaa'igan, Mpls.
- K-12 School Wide Reading and Math Tutor PT FDLOJS
- Elementary Teacher FT FDLOJS
- Clinical Assistant FT/On Call MNAW & CAIR
- Registered Dental Assistant FT MNAW
- Behavioral Health Outreach Worker FT MNAW & CAIR
- Tribal College Ojibwe Garden Intern FT/Seasonal FDL Resource Management

- Dental Hygienist On Call MNAW
- K-12 School Wide Music Teacher PT FDLOJS
- K-12 School Wide Drama Teacher PT FDLOJS
- Clinic Dietician FT MNAW & CAIR
- Indian Child Welfare Case Aide FT MNAW & CAIR
- Special Education Teacher FT FDLOJS
- Driver/Cook On Call SCC
- SUD Treatment Technician FT FDL Human Services
- Alcohol & Drug Counselor V FT FDL Human Services
- Alcohol & Drug Counselor IV FT FDL Human Services
- Alcohol & Drug Counselor II FT FDL Human Services
- Industrial Arts Teacher FT FDLOJS
- Substance Use Disorder Recovery Case Manager FT MNAW
- Registered Dental Assistant On Call MNAW
- Pharmacy Technician FT CAIR
- Foster Care Licensing and Placement Specialist FT MNAW
- Instructional Assistant PT/On Call FDLOJS
- Mental Health Counselor FT MNAW & CAIR
- Pharmacy Technician FT Mashkiki Waakaagan, Mpls
- Clinic Physician FT/PT/On Call MNAW & CAIR
- Skilled Laborer 1 FT FDL Tribal Center
- GED Teacher PT FDL CCC, BCC, or SCC
- Reading Buddies PT FDLOJS
- Driver's Training Instructor PT FDL Tribal Center
- Driver/Cook On Call BCC
- School Secretary/Receptionist On Call/Sub FDLOJS
- Cook Helper On Call/Sub FDLOJS
- Driver/Cook On Call FDL Tribal Center
- Substitute Teacher On Call/Sub FDLOJS
- Transportation Driver FT/PT FDL Transportation
- Nursing Assistant FT/PT FDL Assisted Living
- Recreational Aide 1 FT/PT SCC

- Recreational Aide 2 FT/PT SCC
- Recreational Aide 1 FT/PT BCC
- Recreational Aide 1 FT/PT CCC
- Recreational Aide 2 FT/PT CCC
- Clinical Pharmacist On Call MNAW, CAIR, Mashkiki Waakaagan-Mpls.
- Pharmacy Technician On Call/Sub MNAW, CAIR, Mashkiki Waakaagan-Mpls.
- Transit Dispatcher FT/PT/On Call FDL Transit
- Substitute Staff On Call FDL Head Start
- Deli Clerk PT FDLGG
- Transit Driver FT/PT/On Call FDL Transit
- School Bus Driver FT/PT/On Call FDL Education
- Health Care Assistant FT/PT MNAW & FDL Assisted Living
- Store Clerk PT FDLGG
- Convenience Store Gas Attendant PT FDLGG
- Black Bear Casino Resort**
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Course Pro Shop Sales Representative PT
- Golf Course Ranger/Starter FT/PT
- Golf Course Concession Sales Representative FT/PT
- Golf Course Cart Attendant FT/PT
- Slot Attendant PT
- Custodial Associate FT
- Gift Shop Clerk PT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative FT/PT
- Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT



Inventor's fair

Fond du Lac Band members and FDL family competed in the Inventor's fair Feb. 8 in the Lumberjack Mall.



Cleveland Indians will switch logos

It's been long overdue, but the Cleveland Indians have finally decided to stop using the Chief Wahoo logo starting in spring of 2019.

The outdated and racist logo will finally be removed. While many colleges have stopped featuring Native American nicknames, the professional ranks are still using them, the worst of all being the NFL team based in Washington.

The Indians started using the Chief Wahoo logo in 1948, but now will use their capital letter C logo, and may consider a new logo in the future.



Onaabani-giizis – Hard crust on the snow Moon – March 2018

ALR: Assisted Living Residence; BCCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FDLREZ Historical society March 9 10 a.m. FDLRM	Silly on the Sidewalk March 20 6 - 9 a.m. WKLK	Brett Michaels: Rock the Otter Mar. 30 7 p.m. BCCR	Dustin Lynch May 11 7 p.m. BCCR	Get Fit 12 p.m. CCC Candidate forums 5 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 1	GED (call) AA Support 6 p.m. BCC 2	Come & Swim & use the gym 3
Come & Swim & use the gym 4	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 5	Get Fit 12 p.m. CCC Health and nutrition 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR 6	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 7	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 8	GED (call) FDLREZ historical society 10 a.m. FDLRM AA Support 6 p.m. BCC 9	Come & Swim & use the gym 10
Come & Swim & use the gym Elder movie morning 11 a.m. 11	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 12	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS 13	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 14	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC RBC Open meeting 5:30 p.m. MCT building AA Support 6 p.m. CCC 15	GED (call) Energy Conference 8 a.m. CCC AA Support 6 p.m. BCC 16	Come & Swim & use the gym Wisdom Steps 7:30 p.m. CCC 17
Come & Swim & use the gym 18	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 19	Silly on the Sidewalk 6-9 a.m. WKLK Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting the second time around 1 p.m. CHS 20	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 21	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 22	GED (call) AA Support 6 p.m. BCC 23	Come & Swim & use the gym 24
Come & Swim & use the gym Elder movie morning 11 a.m. 25	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 26	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW 27	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW Sobriety feast 6 p.m. CCC 28	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 29	Brett Michaels: Rock the Otter 7 p.m. BCCR Good Friday (Closed) 30	Come & Swim & use the gym 31

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.