

Local news

Cloquet baseball mini-camps in April

Kids: Join the fun and enhance your ball playing skills for the upcoming 2010 Baseball Season at the Cloquet Baseball Mini-Camp. The focus will be on fundamental skills such as Warm-ups/Stretching, Agility, Throwing/Catching, Fielding/Flyballs, and Batting.

The camps will be held at the Cloquet Hockey Arena from 5 to 6:30 p.m. The camp for children age 7 to 10 will be held April 12 - 15, 2010. The camp for children age 11 - 14 will be held April 19 - 22, 2010. The cost is \$30.

If you want a registration form or if you have questions, call Greg Thompson at (218) 451-0617.

ACS presents award to FDL Business Committee

On Feb. 9th, the American Cancer Society visited the Fond du Lac Tribal Center to present the Reservation Business Committee with an award for its support of the Carlton County Relay for Life program.

ACS Representatives Nicole

Eld and Brenda Beard presented FDL Chairwoman Karen Diver with a crystal bowl and a commemorative plaque at the recognition ceremony held in the FDL Tribal Center.

The FDL Relay for Life Cancer Team, known as "Wiidookaage" ("They help each other), raised a record-breaking \$18,002.06 in 2009. Since 2003, fund raising by members and employees of the Fond du Lac Band have raised \$88,811.27 for cancer research. The Fond du Lac Band has contributed annual sponsorship fees totaling nearly \$11,000 during that seven-year period.

The 2010 Carlton County Relay for Life will be held at the FDL Tribal & Community College on July 23 and 24, 2010.

First time winner in 27th Beargrease marathon race

A Minnesotan, Nathan Schroeder of Chisholm, won the 2010 Beargrease Dog Sled Marathon on Feb. 3, 2010. Schroeder crossed the finish line at Billy's Bar in Duluth shortly after 10 a.m. He was met by a crowd of roughly 40 people, including his wife and his infant son.

Schroeder finished with a time

of 40:04:25 for the 373-mile marathon race. His average speed was 9.3 miles per hour. This was Schroeder's first Beargrease victory.

Second place went to Jason Barron, of Lincoln, Mont. Barron crossed the finish line nearly two hours behind Schroeder.

The race was named after John Beargrease, son of Anishanabe Chief Moquabimetem. His family lived in Beaver Bay, Minn. John and his brothers delivered mail between Two Harbors and Grand Marais once each week from 1879 to 1899. The brothers adapted to the difficult terrain and the seasonal conditions of the area by using horses, canoes, and larger boats to deliver the mail.

John became well known for his mail deliveries by dog sled. His fastest dog sled trip was 28 hours from Two Harbors to Grand Marais. The distance of nearly 100 miles, the terrain, plus the winter weather conditions made this a remarkable feat.

The story was reported in the Duluth News Tribune; some information came from the BEARGREASE.com website.

Volunteer drivers sought in St Louis/Carlton Counties

The American Cancer Society's "Road to Recovery," a volunteer driver program that provides transportation for cancer patients, needs volunteer drivers in the St. Louis/Carlton County area.

Transportation issues provide real challenges to cancer patients who sometimes miss or do not schedule doctor appointments because of the difficulty in getting to a doctor. Adding to their stress are financial problems due to the illness, from missed work to medical co-pays.

If you have free time, a reliable vehicle and an interest in helping patients, please call. Individuals, as well as community groups and businesses, are invited to call toll free at (800) 582-5152.

Twin Ports colleges host storytelling in March

Gifted Ojibwe and Lakota storytellers share their language, culture and history at the second annual Intercollegiate Indian Storytelling event, "Sharing Our Gifts" from 9 a.m. to 3 p.m. on March 6, at the University of Wisconsin-Superior. UWS, UMD, the College of St. Scholastica and Lake Superior College are hosting the event, which will be held in the Great Room of UW-Superior's Yellowjacket Union. The event is free and open to the public.

Native stories offer a look into the world of the Anishinaabeg and the Lakota. They are filled with adventure, sadness and humor as well as insights into native values, beliefs, and ways of life.

Storytellers scheduled to attend are Amik Smallwood, Mille Lacs Ojibwe; Dr. Linda LeGarde Grover, Bois Forte Ojibwe; Sean Fahrlander, Mille Lacs Ojibwe; and Wesley Black Elk, Pine Ridge Lakota.

Those attending are invited to bring a non-perishable food item for local food shelves. For campus maps and directions to UW-Superior, go to www.uwsuper.edu/directions.

Nah gah chi wa nong Di bah ji mowin nan

Translation: Far End of the Great Lake; Narrating of Story

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Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720
Editor: Deborah Locke

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our

intention to be a vehicle of divisiveness. To that end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists Association

Being counted really counts

Answering U.S. Census questions means you can help improve FDL schools, housing, roads and more

By Dan Huculak, News Writer

If the U.S. Census data-gathering function seems insignificant to people on the Fond du Lac Reservation, they should re-think that assumption.

The information each family provides has an impact on federal funding, local business and civic development, congressional seats from Minnesota, and more.

That means when the forms arrive in the mail or when a Census employee comes calling, please respond.

The Census Bureau will begin mailing the 10-question forms in mid-March. The head of each household should complete the form and mail it back to the Census Bureau no later than April 1, 2010.

In an attempt to ensure that American Indians are counted as accurately as possible, the Census Bureau has implemented a new campaign known as "Update and Enumerate."

According to Richard Gerdes, a Minnesota Census "partnership coordinator," the Census response rates have been lower in past years in tribal areas.

That's due in part to the use of post office boxes as mail destinations in rural areas, rather than home addresses.

Sometimes a face-to-face meeting with a Census employee brings better results than a delivery of the form via U.S. Mail. Consequently, there's an effort this year to hire local residents from tribal areas to meet with homeowners.

Locally, some projects are directly dependent on census data for planning and funding, said FDL Planning Director Jason Holliday. Those projects

include assisted living and supportive housing.

According to the U.S. Census Bureau website, more than \$300 billion in federal funding is awarded to states and communities based on Census data. The data then drives community-planning efforts for building new hospitals, schools, roads, etc. Census statistics help direct the spending of more than \$3

trillion worth of federal funding between now and the 2020 Census.

The first Census count took

For Native Americans, we really want them to participate in the Census because we have small numbers, and every number counts and every person counts. Because we have such a reliance and a relationship with the federal government – as far as our programs, the delivery of our health care services, our housing programs, our education services – it's absolutely critical that we have this information about the individuals who reside in our communities, or identify themselves as Native Americans.

Jacqueline Johnson, Executive Director, National Congress of American Indians

place in 1790 under Secretary of State Thomas Jefferson, according to the Wikipedia online encyclopedia. According to the U.S. Census website, the Census is a constitutional requirement that must be taken every 10 years. It's goal is to count every person living in all 50 states, Washington D.C. and U.S. territories. It is important to know that people of all ages, ethnic groups, citizens and non-citizens alike are among those to be counted in the Census.

Businesses also depend upon Census data when planning to build or locate in an area. Part of that Census data includes the demographics of a region – not only the number of people living in an area, but also the median age, how many men or women, how many children, etc.

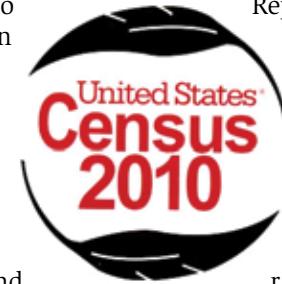
Finally, Census data helps to determine the number of seats that each state will have in the U.S. House of Representatives. Minnesota had an estimated population of 5.26 million as

of July, 2009, according to the Census Bureau. Although that is a growth rate of nearly seven-tenths-of-one-percent over the 2008 estimate, it may not be enough to retain the eight congressional seats in the House of Representatives.

It's estimated that Minnesota will fall short by approximately 1,100 people which means it will lose one congressional seat, according to Barbara Ronningen, a demographer with the State

Demographic Center in St. Paul. Ronningen stressed how important it will be to make sure that everybody is counted in this year's Census.

The Census form has been simplified compared to previous census forms. There are only ten questions on the 2010 form. Four general questions are asked specific to your household, such as whether you own or rent your home. There are also six questions about each individual living in each household, including name, sex, age, date of birth, and race.



FDL Strategic Plan to provide road map to serve future generations

People set goals and strive to reach them in their personal lives. For example, you may have decided to pay off a credit card debt by the end of the year.

Organizations, too, should set short- and long-term goals as a clear roadmap into the future. To that end, the Fond du Lac Reservation is in the process of creating its first Strategic Plan that will evaluate what is already here, gather input from Band Members in order to es-

tablish priorities, and spell out a ten-year Strategic Plan based on those findings and suggestions.

"A plan such as this will allow the Reservation to be pro-active versus reactive to important issues," said Jason Holliday, FDL Planning Director. "This will allow the Band to better utilize its resources as it works for the short-term and long-term development of the Reservation."

Community Center meet-

ings will be scheduled for late March and April; the dates and times will appear on the FDL Website. Participants will be asked about their hopes and priorities for the Reservation. Housing topics could include education, the physical plant, health, housing, social activities and more.

The strategic plan process will last through August, 2010, said Mirja Hanson, a planning facilitator with M.P. Hanson Associates located in Minneapolis.

Band Members will be invited to review the draft of the strategic plan at the 2010 Health Fair and 2010 Enrollee Day events. Hanson said that the final document will include the summary of primary findings, as well as recommendations for the future. The summary will be three to five pages in length.

The first steps in the process will include a review of current operations. Divisions will report on current projects that are expected to be completed in

the next two or three years.

Also, the plan will take into consideration the projects planned for the next two to three years. The data used for this review will consider overall Reservation trends, projections such as potential funding, and advantages and challenges. Directors will identify a few key challenges as well as major strengths and accomplishments to build upon.

The primary election for two seats on the FDL Reservation Business Committee will take place on March 30, 2010. The open seats are for Secretary/Treasurer and District II (Sawyer).

Terms are four years in length. The candidates for Secretary/Treasurer in alphabetical order are: Ferdinand Martineau (incumbent), Gerald Steve Mrozik, Patricia Petite, and Eugene

Reynolds. The candidates for District II (Sawyer) in alphabetical order are: Geraldine Defoe, Blake Evanson, Russell Northrup, Connie Saaristo and Sandra Shabiash (incumbent).

Voting takes place at each Community Center between the hours of 8 a.m. and 8 p.m. To receive an absentee ballot, call the General Election Ordinance office at (218) 879-4593, Ext.

2662. Absentee ballots must be received by the Election Judge by or on Primary Election day. The General Election will be held on June 8, 2010.

FDL Secretary/Treasurer Candidates

Ferdinand Martineau



Hello. My name is Ferdinand Martineau Jr. and I am writing this article to ask for your support in the March 30, 2010 primary election. I am

seeking re-election to the position of Secretary/Treasurer of the Fond du Lac Band.

I have had the opportunity to work for you for the past 3-plus years. During that time I accomplished several major projects for the Reservation such as:

- The completion of the casino expansion ahead of schedule and under budget
- The payoff of the casino construction loan
- The maintenance of our per capita payment
- The development of a supportive

housing project that will house 24 families without the use of monies from the casino

- The construction of a new office complex for Resource Management, and
- Creating openness in our tribal government.

A few projects I've worked on are nearing completion, like the tribal college. We also have the financing and are developing final plans for an assisted living complex. We

are also looking into the possibility of issuing bonds to finance future projects.

I have worked with our divisions and departments to solve problems and develop direction for future plans. I have also opened my door and assisted each and every Band Member who has needed it. I have helped to make all services available to all Band Members equally.

I will continue the work to keep you informed about where we are

financially throughout the Reservation. I will keep my door open to your concerns. Last, I will continue our land purchase program.

In short, although I did not address everything, I will say if re-elected, I will continue to do what is best for the Fond du Lac Reservation and ultimately, you. If you have a question or comment you can contact me at (218)879-5074. Thank you.

Gerald Steve Mrozik



Boozhoo. My name is Gerald Steve Mrozik and I'm running for Secretary/Treasurer. I am 51 years old. I will be an Elder this year.

I'm humbly asking the Fond Du Lac people for their support in the upcoming election for Secretary/Treasurer. Previously I have held the position of security supervisor for 11 years at the Black Bear Casino. For the past six years I have held the position of drug and alcohol compliance officer here on the Fond Du Lac reservation.

Every day for 18 years I have

brought nothing but honesty and fairness and an excellent work ethic to my job. If I am elected, the people of the Fond du Lac Reservation can be assured that they will receive the same treatment.

My great-grandparents were Riley and Josephine Thompson. Josephine's front porch was one of the first places for the growth of the RBC. My grandparents were Samuel

and Martha Thompson. My mother is Mary Thompson also known as "Poogie" to the people who know her.

At this time I would like to express just a few of the many concerns and issues that I believe are facing the people of the Fond Du Lac Reservation. A few top concerns include our elders, education and housing needs. I would like to

hear from you, the people of the Fond du Lac Reservation, on these and other issues. You can expect to see me knocking on doors to meet with you personally in the very near future. You can reach me by phone at (218) 878-4795 or (218) 590-3841, or at stevetm123@q.com. Thank you.

Patty Petite



Dear Fellow Band Members: My name is Patty Petite and I'm running for the Secretary/Treasurer position of the Fond du Lac

Reservation. I would like to ask for your support in the upcoming primary election March 30, 2010.

My grandparents were Obby and Betty (Houle) Gurno. My parents are Nadine King and David DePoe. I

was born and raised here and raised my family here. I have worked for the Reservation for 26 years as a social worker, Head Start Director, and with the tribal college.

My education includes a Bachelor's Degree in Psychology, a Masters in Education, and a Doctorate in Education from the Universities of Minnesota Duluth and the Twin Cities.

I believe Tribal Council members must act with integrity, have clear goals, clear rules, and clear roles. If elected I will work towards these

goals:
ACHIEVING OUR GOALS

- Developing a vision and long range plans
- Strategic planning
- Generate ideas from the people "Public Comment"
- Separation of powers (hiring, management, and with businesses)

OUR ECONOMY

- Transparency and accountability with finances (sharing budgets, investments, assets, and audits)
- Diversify our economy

- Sustainable economic development
- Increase employment and education opportunities
- Protecting per-capita payments
- Support Entrepreneurs
- Utilize Cost-benefit analysis (construction projects and land purchases)

OUTSIDE RELATIONSHIPS

- Building partnerships
 - Not taking an adversarial role
- BAND MEMBERS WELL BEING**
- Honor our language, culture, and values

- The impact of violence, drugs, and gang activity demands our attention through education, interventions, and training that encourage healthy personal choices.
- Health and wellness must be a priority

Contact me if you would like to discuss these or other issues by calling (218) 879-3739 or by email, peti0011@umn.edu. Thank you for your time and watch for my upcoming mailing. Please vote Patty Petite!

Eugene Reynolds



My name is Eugene ("Eny") Reynolds, and I am writing to ask for your support in the upcoming Primary Election on March 30 for the position of

Secretary Treasurer. Thanks to the people who supported me during

my term (2004 - 2008) as District I representative. I believe I represented our Reservation's best interests during that time and was fair and honest with all Band Members.

While in office, I supported these projects: Black Bear Casino Resort expansion, to make it competitive again. The Day Labor Program, to fill a gap in employment. The Scholarship Program, where we doubled educational funding.

I am currently working as Human

Resource Manager at the Black Bear Casino. A problem I've noticed is the need for a better educated workforce. We have to invest in our employees and give them the tools they need to succeed. As the skills required for a successful business become more and more complex, the need for a better educated workforce becomes more necessary. Employees of the future will increasingly work together in teams. They need to understand how their

behavior affects others. They need the skills to negotiate and resolve conflict, handle stress, and deal with desirable and undesirable behavior in others to accomplish and build positive working relationships with others in a team setting. With proper training, our youth should be able to handle any work-related situation, and become a valuable and dependable employees for the Reservation.

I'm asking for your support on

March 30 to get these and other issues accomplished. There is much more to be done to make FDL a better place to live and raise a family. Together we can make a difference. A vote for Eugene Reynolds is a vote for fairness and honesty on all levels, for all the people of the Fond du Lac Reservation. Thank you.

District II (Sawyer) Candidates

Geraldine Defoe



Hello (Aniin): I was born on Oct. 17, 1941 in the old FDL Indian Hospital. I have lived here all my life, and have been married to Roy Defoe, Sr.

for 53 years. We raised six children here on Fond du Lac and have many grandchildren.

My parents are Evelyn Misquad-

ace and Ernest Hayman (Northrup), both enrolled at Fond du Lac.

I attended Carlton High School and the Fond du Lac Community College in Indian Studies. I have worked with the Ojibwe language program, as a Community Health Representative, and other jobs. Most of my work has been in education.

My concerns are these:

- Segregation between the districts. All districts should be treated equally.

- We've heard a rumor that the high school at the Ojibwe School will close. Is it true? What will happen to the children who go to school there?
- Ceded Territory. What are our economic development opportunities within the Ceded Territory?
- State-operated bar gambling and casinos. What can be done to stop the state gambling? In 2011, we review our gambling compacts.
- Accountability. What happened to

the Code of Ethics Board? Community Watch Board? Community Task Force?

- Drug Abuse. Does everyone know how many Band Members have been taken from us due to this problem?
- Children. These programs have to continue. Monies should not be taken from their programs. They are our future!
- Elders. These programs must continue -- Elderly Housing, Elderly Nutrition, medical, knowledge.

Are their needs being met?

These are some of the issues brought to me. With your support, we together can come up with answers. Sawyer has been our home and together we can grow as friends as we once were. Call me anytime at (218) 879-4675 or (218) 260-6266. Miigwitch (Thank You)

Blake Blacketter Evanson



Boozhoo Sawyer Voters! I would like to start by introducing myself. My name is Blake Blacketter Evanson, and my parents are

Karen Evanson and Daryold "Punkin" Blacketter.

I will be running for Sawyer District II Representative on the Tribal Council in the upcoming months.

I have worked for the Reservation for 20 plus years in the security field and in the law enforcement field as a police officer and now as a conservation officer.

We as a community can agree that there is always room for improvement. If I'm elected, I will promise to listen and work with the Sawyer people on and off the Reservation about all issues and

concerns. I will make sure that everyone is treated fairly and their voice is heard, regardless of whom their friends are or what family they belong to.

Here are just some of the ideas I would like to work on.

- More elder groups/youth programs.
- More cultural revitalization programs.
- More economic development in Sawyer (housing, small business, etc).

- More jobs in the Sawyer area for our community members.
- Community advice and support on violence and drug prevention.
- More education programs for our children.
- More community events at the center.
- A possible wild rice processing plant.
- Monthly meetings at the Center. These are just a few of the many things we would like to see improved in the Sawyer Commu-

nity. If we all work together with community members and the Tribal Council, I believe we can accomplish our goals.

In closing, I would like to say "Miigwech Niibowa" for the opportunity to run for office. If you have any questions or concerns, please feel free to contact me at (218) 428-5989. VOTE FOR BLAKE BLACKETTER EVANSON.

Russ Northrup

No photo supplied

Hey there! My name is Russ Northrup. I am seeking the office of Sawyer District II Representative. I am 52 years young, a long-standing Sawyer community member and a

certified candidate for this office.

My focus is on STRENGTHENING my homeland by:

- Exploring economic growth and development;
- Supporting our Elder and Youth Resources;
- Generating communication on is-

sues affecting us, the Fond du Lac Band of Lake Superior Chippewa;

- Protecting our Natural Resources and Land Base; and
- Revitalizing Ojibwe language and culture

While we have had many critics throughout the years, I'm still

proud to say, "I'm from Sawyer." Maybe that's because I experienced a true sense of community in growing up here. Let's gather our resources and build on that community idea. I say we start making a forward noise in that direction. Count me in!

For more information on family background, education and work experience, contact me for a brochure. Russ Northrup, 1290 Perch Lake Road, Sawyer, Minn. 55780; Telephone: (218) 878-0457; Cell: (218) 591-8019; Email: Northrup57@hotmail.com

Connie Saaristo



Have you ever dreamed of a reservation community without problems? I have, and then reality sets in. Our problems both

on and off the Reservation are very complex compared to years ago.

I was born in 1951, in Duluth, Minn. I spent a great deal of time in Sawyer with my grandparents, aunts, uncles, and cousins. We all grew up together and influenced each other's lives. Out of my family came many strong women. My grandmother Mary (Houle) Higbee was a District Representative in Brookston. All these people encouraged me to go for things I felt were

important to have a good life. I was one of the two children in a family of six that graduated from high school.

I married in 1972. I have one son and a grandson. I was chosen by FDL in 1980 to go to college. I received a Bachelors and Masters degree in Social Work. My accomplishments did not end there; they were just the beginning of a 25-year

professional career in Health and Human Services, Education, and Health Insurance at the executive level. I have dedicated my knowledge to working on many Tribal and State Boards. I have received an award from the Minnesota Chippewa Tribal Chamber of Commerce for developing a Tribal Corporation. My life has come almost full circle as I moved home to live in Sawyer.

I continue to use my skills and encourage people to never give up their dreams. I lead by example. I put my whole being into what I believe in. I have a proven track record in leadership positions.

If you vote in the Sawyer District and live off reservation, you can call me at (218)878-2085. Vote for Connie Saaristo and you will not say you are sorry in four years.

Sandra Shabiash

(Incumbent)



My candidacy is based on four basic principles: transparency, equality, accountability,

and stability of tribal government. These values have guided my decisions during my term in office. With your support, these principles will be applied to all matters for the next four years.

Transparency: Tribal government must be transparent. I played an important role during my first term to ensure this. A compensation committee of Enrollees was established to set RBC salaries and restrictions on meeting stipends. No other tribal council in Minnesota has gone this far in transparency of tribal government.

Equality: The Band's resources belong to all Enrollees. Our ancestors made treaties to ensure that future generations to come were provided for. Our sovereignty today was passed on to us, just as we have a responsibility today to pass it on to future generations.

Accountability: For the first time, the Reservation Business Committee holds monthly open meetings on a rotation basis for the three

reservation districts, Duluth and Minneapolis. At those meetings Band Members are kept abreast of business matters and have the opportunity to question tribal officials on issues affecting them. An annual State of the Band Address has also been implemented during my term, and as well as regular newspaper columns to keep Band Members informed.

Stability: In order for tribal government and the Indian community to succeed, stability is essential.

Goals Accomplished:

- **Housing:** Seven new homes in Sawyer, number eight is in process
- **Employment:** 95 people employed by Reservation, 39 hired during my term.
- **Sawyer Center:** Restructured with 24 employees
- **Elder Complex:** Meetings with residents resulted in new washers, dryers, roof, exterior washed and sealed, and a computer room with Internet access.

Future Goals:

- Paving Moorhead and Davis Road
- Trailway from Sawyer Center to Highway 210
- Greenhouse
- Baseball Field
- Employment Opportunities
- Expand Ojibwe Language Camp



A building as part of the 24-unit supportive housing project.

Seven construction projects underway at FDL

By Dan Huculak, News Writer

Despite the sluggish economy and February temperatures in the teens, there's a lot going on regarding building construction in our area. The FDL Reservation has seven current or future building projects planned in 2010.

The new \$4.5 million, 21,000 square-ft. Resource Management Building is nearly two-thirds complete, said Mike Murray, FDL Construction Projects Manager. The scheduled date for completion is May 31, 2010. The massive building project at the corner of University and Big Lake Roads is on schedule and within budget. Twenty-five workers are on the job. Other construction projects include:

- **Supportive Housing project.** Twenty-four units are in progress, including 12 apartments and 12 townhomes. The scheduled completion date is June 1 for the buildings at a cost of \$4.6 million. Environ-

mentally friendly concepts were designed into the Supportive Housing units. Thirty workers are assigned to this project.

- **The Elderly Housing Project** is on time, within budget, and is nearly complete. It will consist of 1,300 square feet at a cost of \$285,000. The exterior awnings and canopy are scheduled to be installed by mid-March, Murray said. Twelve workers are assigned to the Elderly Housing Project.
- **The Assisted Living building project** is currently in the design and program phase, and is expected to begin on June 1. This \$2.9 million project will be funded entirely through grants. It will be about 14,000 square feet and employ 25 workers.
- **The \$525,000 Center for American Indian Resources building renovation project** will include: foundation repairs, an entrance ramp for people with disabilities, some interior upgrades, and exterior building repairs

and renovations. The demolition of a parking deck is also included in the scope of work. The project is on schedule for the August 31 completion date, and is within budget. Ten workers will be assigned to this project.

- **The Head Start Building renovation** is still in the design phase. Upgrades include two new classrooms, four new rest rooms, and an additional conference room. The budget is \$340,000, and the job should be completed by July 31. Ten people will be hired for this project.

Finally, the Black Bear Casino Resort tower will undergo a four-month, \$2 million project to repair and replace exterior siding panels. (The repair costs are covered under a warranty.) Fifteen workers will complete the repairs.

Continued from page 12
about the relationships you had with your own children. Sometimes it might be hard to think back on the kind of parent you were. You may even feel guilty or blame yourself for your grandchild's situation and worry about

making the same mistakes. Taking care of your grandchildren may seem like too much for you to handle.

In that case, talk with someone about how you feel and what you can do to help your grandchild in new ways. Many grandparents say talking

with other grandparents or Elders can be helpful. In addition, it is useful to recognize that oftentimes parenting happens on a day-to-day basis and involves fixing problems as they come up. Viewing grandparenting in this light, as well as coming to grips with the past,

will help you and your grandchild move into the future.

Where to find help: Talk to a trusted friend who is not directly involved in the situation; talk to your grandchild's teacher or day care provider; talk to your grandchild's pediatrician or family doc-

tor; talk to your pastor, priest, rabbi, or spiritual counselor; join a support group for grandparents raising grandchildren; call a parental stress hotline; locate respite care; contact your county aging office; contact a licensed psychologist or social worker in your area.

Lucy Carlson specializes in early childhood education. She writes regularly on parenting matters for this newspaper. Her email address is Carlsonlucy@aol.com

Area news

Pine Ridge moves closer to getting its own nursing home

South Dakota took steps to lift its 20-year ban on the construction of new nursing homes when a state Senate committee endorsed a plan to build a nursing home on the Pine Ridge Reservation.

The measure was approved in February after legislators learned that elderly tribal members are forced to move to nursing homes far from their families. Most residents who enter homes go to Rapid City, more than 100 miles from Pine Ridge. The Health Committee forwarded its recommendation to the full Senate.

Similar proposals had been rejected over the past 12 years as state officials argued that a new nursing home would increase state Medicaid spending. The state can't spend money for the nursing home, but would qualify for the Medicaid funding. States pay about a third of Medicaid costs, and the federal government pays the other two-thirds. The Oglala Sioux community would be able to use federal stimulus funds to pay for the nursing home. The story was reported in the Rapid City Journal.

Indian artist beaten in St. Paul motel; dies from injuries

Richard Vincent Brown Sr., an Anishinabe artist who excelled in charcoal pencil drawings of famous American Indians, died Jan. 22, 2010 at Regions Hospital in St. Paul.

Brown, 50, died after being beaten the night before in a St. Paul motel room.

He suffered multiple head injuries after reportedly being punched and kicked several times in the head and face.

A party was held in the hotel room the night before. Police reported that there was evidence of "considerable alcohol use."

Police took five men into custody who were later released pending further investigation.

Much of Brown's art was based on photographs taken by Edward S. Curtis, who chronicled America Indians near the turn of the 20th century. Brown co-hosted an art show in March at the Matchbox, a Minneapolis coffee shop. He also sold some of his art through the Indigenous Internet Chamber of Commerce.

A memorial service was held at the Elders Lodge on Magnolia Ave. in St. Paul. Brown was buried at the Rainy River First Nations, Ontario, in January.

Historic tree saved as plans for student center are modified

The University of Wisconsin-Eau Claire has announced plans for a new student center that preserve a historic Council Oak tree. Initially University officials planned to cut the tree down, according to the Associated Press. The tree grows on a site where talks took place between the Dakota and Ojibwe.

The tree is a replacement for the original Council Oak tree that was destroyed during a 1987 wind storm.

Some American Indians including the University's American Indian Studies program director were outraged by the original proposal to replace the tree with a loading dock.

The proposed new plan shifts the location of the new student center closer to a nearby science building, and the size of the center will be reduced slightly as a result of the modified design. Construction could begin later this year.

S.D. Indian group challenges tobacco ban in prison ceremonies

American Indians in the South Dakota Dept. of Corrections filed a federal lawsuit in opposition to a new prison policy that bans tobacco use during religious ceremonies.

Inmate Blaine Brings Plenty, chairman of the Native American Council of Tribes, said that if Native American prayers were to be effective, they had to be embodied in tobacco and offered within a ceremonial framework.

South Dakota prisons went tobacco free in 2000, but permitted tobacco use in Native ceremonies. That policy was reversed when officials decided that tobacco use was becoming abused. Additionally, several Indian spiritual leaders who conducted ceremonies requested the change. They told prison officials that tobacco is too addictive and was not traditional to Lakota and Dakota ceremonies.

Prison officials also believed that inmates were separating the tobacco from their pipe and tie mixtures, and later sold or bartered the tobacco to other inmates. Prison gangs pressured the inmates to sell their tobacco instead of using it for ceremony.

State's HIV/AIDS cases increased 13 percent in 2009

The 2009 HIV cases in Minnesota jumped 13 percent from 2008 to 2009, which created a 17-year high.

The preliminary report from the Minnesota Department of Health released in January stated that there were 368 new HIV cases in 2009, compared with 326 in 2008. The state

Department of Health began tracking AIDS cases in 1982 and HIV in 1985. So far, 9,176 cases have been reported.

The increase has occurred primarily in male populations age 15 to 24. The new cases were concentrated in the Twin Cities metro area. The story was reported on the MPR news Website.

St. Croix eagles good barometer of pollution levels

Eagles living along the St. Croix National Scenic Riverway accumulate certain chemicals that pollute water, fish and small animals.

The National Park Service has monitored about 60 male/female pairs for pollution trends. Blood samples from the eagles show that the birds ingest a variety of chemicals including flame retardants used in textile manufacturing and the plastic used to make computer screens.

The study disclosed a little good news: levels of the pesticide DDT, banned in 1972, continue to decline. The eagle and falcon populations started to decline precipitously in the 1960s because of DDT use. The story was reported in the Star Tribune.

Indian farmers land rich but income poor

American Indian farmers have more land than non-Indian farmers, but they also earn less money. Data from a special 2007 report from the U.S. Census showed that there are about 80,000 American Indian farmers.

Most American farms consist of about 400 acres, but American Indian farmers have 1,400 acres. Their farms are located in the Southwest, Oklahoma or Montana. Indian farmers earn

about \$40,000 per year; non-Indians earn about \$135,000 per year. Only 13 percent of Indian farmers receive government aid, while 39 percent of non-Indians receive government aid.

Indians may see less yield because they use as few chemicals as possible. Also, soil types restrict the kind and amounts of crops.

Ho-Chunk deliver aid, supplies to S.D. Sioux

Early in February members of the Ho Chunk Nation of Wisconsin sent a truck and trailer of supplies to the struggling members of the Cheyenne River Sioux Tribe of South Dakota. The South Dakota community was battered late in January by wind, rain and subzero temperatures that left thousands without electricity, heat or drinking water.

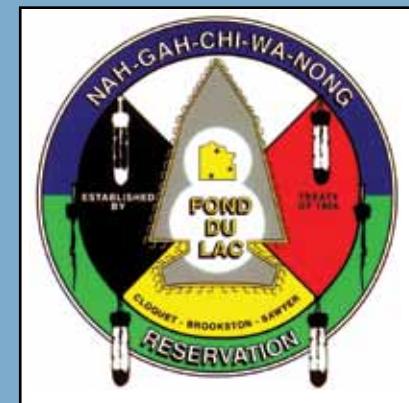
The Reservation is about 200 miles northeast of Rapid City, S.D. As many as 3,000 power lines came down in ice storms and blizzards that started in November, according to a story in the New York Times.

The Ho-Chunk sent generators, clothing, food, toiletries and other goods.

Man indicted who led "New Age" sweat lodge that killed three

James Ray, who led a sweat lodge ceremony in Arizona last year that claimed the lives of three people, was charged with manslaughter.

Liz Neuman, 49, of Prior Lake, Minn., Kirby Brown, 38, of Westtown, N.Y. and James Shore, 40, of Milwaukee, were overcome by heat in the pitch-dark tent; 20 others suffered heat-related injuries.



A few thoughts from RBC members

From Chairwoman Karen Diver

2010 is a national U.S. Census year. Band Members are encouraged to participate. This important process determines how many federal programs allocate funding to American Indians, among other decisions. We have heard from Census officials that it is important that our families make sure they accurately list their tribe. In this case, the Fond du Lac Band should be written in. Please make sure you and your families are counted!

Our apologies to our Twin Cities enrollees. The January open meeting was scheduled to be in Minneapolis but we had to cancel it because of freezing rain. Our urban office on Franklin Avenue in the Minnesota Chipewewa Tribe building is now

staffed, so perhaps in the future we can have a phone-in number for winter meetings so people do not drive around needlessly. Keep an eye out for upcoming information regarding activities for those of you in the Twin Cities area, and please note that the open meeting has been rescheduled to May 20, 2010 at 5:30 p.m. We'll supply the location at a later date.



Karen Diver

The filing for candidacy for Secretary-Treasurer and District 2 (Sawyer) has closed. The primary will be March 30, 2010. We encourage all Band Members to vote!

The building projects around the Reservation are fun to watch. The Resource Manage-

ment building is fully enclosed. The Supportive Housing buildings are on schedule for a summer opening. The Tagwii (treatment program) building is clipping along. All of these projects are fully funded. The Resource Management building is funded short-term with a loan, but longer term by funding the Reservation receives through grants and settlement funds.

Supportive housing is funded through dozens of grants, the largest through the Minnesota Housing Finance Agency. Tagwii is being funded with Clinic earnings from billings made to insurance companies. Coming up later this year, construction on an assisted-living project will begin, funded with stimulus money and hous-

ing grants. Band Members have expressed interest in how these projects were being funded, especially during these economic times. Hopefully, this update will assure Band Members that good financial decisions are being made that allow the Reservation to grow in a responsible manner.

Providing funding for higher education has always been a priority for the Band. Many students through the years have been assisted in obtaining degrees. Fond du Lac is the second most generous scholarship program provided by tribal government in the state. Sadly, this past semester saw a record number of students withdraw from classes after they received their scholarship funds, causing the Band to lose over \$60,000 in scholarship money that was not used for education. When

students withdraw after the school's deadline for dropping, all other financial aid is cancelled and the student will have a balance owing to the college. If the student tries to return to the school at a later time, they will not be able to return until they pay off their previous balance. In the meantime, the Fond du Lac scholarship funds are long gone. The Scholarship office will be reviewing their policies to safeguard scholarship funds while still assisting serious students to achieve their goals.

Please feel free to call me at the office (218) 878-2612, or cell phone (218) 590-4887, email karendiver@fdlrez.com.

From Ferdinand Martineau

To the Fond du Lac Band Members: I have been pleased with the responses to this column. The responses are not one-sided. Thank you to those who have taken the time to e-mail me your thoughts. They have been very interesting and informative.

Last month I made some comments about the Ojbwe School. In no way did I want people to think I was criticizing the school administration or staff. I wanted this to be a challenge to them to not rest

on their accomplishments, but to think about what they are currently doing and how we can improve on it. I think that the administration and staff do a good job at educating our children. I just want them to realize that in our system they have the opportunity to be the best and that we do support them in that effort.

I was surprised last month with a comment from a Fond du

Luth employee, who asked why I do not comment on the Duluth Casino. The Casino has been in operation since 1986 and has provided jobs and money for the Reservation since 1988. Fond du Luth has had good success over the years. I thought about this for a while and responded this way to her: "Out of sight, out of mind." It is not that



Ferdinand Martineau

we do not handle issues there; it just seems that because the staff and administration are so

stable that we do not experience many problems with them. I apologize for neglecting Fond du Luth. When things are happening there, I will mention of them in my column. The Casino is fine and continues to provide for your gaming excitement in downtown Duluth.

The other day I was sitting in my office on a quiet afternoon and I had a chance to think about the last three and a half years and changes on the Reservation. We have a new casino/hotel complex fully paid for. We have a supportive housing unit with 24 family units under

construction. We have a new Resource Management Building. We are about to begin construction on an Assisted Living Unit. Lastly, we have purchased in excess of 4,000 acres of our Reservation land base.

Again, I am always interested in hearing any new ideas, so please feel free to call me. My home number is (218) 879-5074, Office (218) 878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com. Mitigwich !

RBC columns continued on next page.

From Sandra Shabiash

Boozhoo.

On the local scene, Sawyer Center Activities:

Vikings fans had a blast at the Sawyer Center's two football parties. Sixty community members attended the parties. A Valentines brunch was held on February 14th and 59 family members attended. An open pool tournament was enjoyed by Cloquet, Brookston, and Sawyer residents. Monthly mini tournaments continue to draw many in for a good time.



Sandra Shabiash

By the time this article is in the paper, the Wena-boochoo story tellers will have come and gone from the Sawyer Center on Feb. 20. The event included a traditional feast followed by dibaajimowinan (story telling). Proceeds from the silent auction will help support the second annual language camp held on the shore of Big Lake at the Kewaze Park (formerly Molstad's) this summer.

On the FDL Reservation level:

I enjoyed speaking with students from Churchill School on Jan. 29 in the tribal chambers. Areas discussed included Tribal Government and Sovereignty. The students had the opportunity to ask a variety of questions relating to the Reservation. I received many thank you notes from the students stating how much they enjoyed visiting the Reservation and all the things that they learned.

FDL changed its 401K retirement plan. To ensure that the word was out, I visited with staff at the Sawyer Center. This resulted in the majority of employees signing up for the new 401k plan to maximize their benefits.

The RBC presented Chuck Walt with a blanket at the Black Bear Convention Center in recognition of his years of service with Minnoyawin. Chuck is now our Executive Director of Programs and Mike Himango has moved to Executive Director of Enterprises. Best wishes to both in their new positions.

In closing, Miigwetch to fellow Band Members for allowing me to be involved on a daily basis with community members, staff, and fellow RBC members in making decisions that impact present and future generations.

To reach Sandra Shabiash, call (218) 878-7591 (office) or (218) 879-3667 (home).

FDL Artists featured in U-M study

Six artists with FDL ties and a FDL Division Director were featured in a new study on American Indian artists from the Humphrey Institute of Public Affairs at the University of Minnesota.

Researchers interviewed 50 artists, and determined that most Minnesota Indian artists have not received the respect, attention, or financial resources that their cultural contributions merit.

Band Members Sarah Agaton Howes, Lyz Jaakola, Joyce LaPorte, Jim Northrup, Jeff Savage and Karen Savage-Blue were profiled, as well as Phil Norrgard, Human Services Director. Norrgard oversaw the inclusion of hundreds of historical photos and Ojibwe artwork at the Minnoyawin Clinic in Cloquet and the Center for American Indian Resources in Duluth.

The full project can be seen at www.hhh.umn.edu/projects/prie, and was funded by the McKnight Foundation. Here are a few excerpts:

Sarah Agaton Howes: When she saw another young native man burst into song while performing spoken words at the League of Pissed Off Voters, she realized she, too, could get upon a stage and rant her heart out. In Indian Country, the spoken word is a new way to do storytelling.

People on the reservation wonder what this young woman does, speaking loudly, adapting a black art form to the oral tradition storytelling.

Lyz Jaakola: An accomplished singer, composer, producer and educator, Lyz said that singing is like breathing. Her grandmothers and mother instilled Lyz with this commitment to making oneself useful and to give back to the community. She founded the Oshkii Giizhik Singers, a women's hand drum group.

Joyce LaPorte: She carries on traditional art forms practiced by her grandmother: buckskin pouches and buckskin and horsehair dolls stuffed with cattails or buffalo hair. "When I was five, my grandma made a doll with me. She had a rawhide leather

bag with all these pieces of leather. She gave me a needle. At the time I was just sewing. Then she made this doll and used her own hair for the doll... When I had my own grandchildren, I knew it was my role to make these."

Phil Norrgard: He believes that art provides a context for healing that cannot be created any other way. Fond du Lac Band Members reach

a comfort level with health care and social services much faster when the environmental visuals complement their culture.

Jim Northrup: Writer, storyteller extraordinaire, birch bark basket maker, sugar bush boiler, moose hunter, rice poler, and bingo-hall fixture. As we pull up into the yard, the requisite family members are sitting on the upper deck, talking, smoking – it's still allowed on the rez – and telling stories.

Jeff Savage: Savage said he really likes rocks, and is an artist for Indians. He makes ornate pipes from



Sculptor and artist Jeff Savage, featured in the Humphrey Institute study, visits with Churchill Elementary School fourth graders on Jan. 29 at the FDL Cultural Center and Museum. Savage is Museum Director. The visit was made possible as part of the federal program Project Intersect, currently in its fourth year of operation between FDL and the Cloquet Public Schools.

pipestone that he quarries himself, and creates ceremonial items like birch bark containers, spoons and tobacco baskets. He also sculpts. His sculpture at the Mississippi headwaters features turtles and a woman's head: the sculpture is an interpretation of the site.

Karen Savage-Blue: She said her art is about nature and the way all beings get everything they need from the earth. That includes physical needs, but also spiritual needs and knowledge. Subtle and subliminal messages fill her work.

FDL Garden Club spring schedule

The Fond du Lac Garden Club (“Gitigaan”) will begin its 2010 season with weekly classes covering nutritional and horticultural topics. The classes will be held from 6 p.m. to 8 p.m. on Tuesdays starting March 23, 2010, and will be held in the FDL Tribal Center community meeting rooms.

A potluck meal will be served at 5:30 p.m. The potluck dinners will be held every other week.

The 2010 class schedule is as follows:

March 23 - Soil Preparation, Composting, and Dipel (A natural pesticide that protects plants or crops from gypsy moths, caterpillars, and other insects).
 March 30 - Seed Preparation, Seed saving, and Heirloom seeds.
 April 6 - Maple Syrup.
 April 13 - Sage, Tobacco, Sweet grass, and Cedar.
 April 20 - Food safety, Preservation, and Canning.
 April 27 - Cole Crops, Root Drops, and Potatoes.
 May 4 - Corn and Melons.
 May 11 - Berries, Apples, and Native Fruits.
 May 18 - Plastic Mulch, Drip Irrigation, and Row Cover.
 May 25 - Wild Rice.

New college graduates

Three FDL Band Members recently received degrees from the College of St. Scholastica in Duluth. They were:

Wayne Dupuis, Master of Arts, Management, Awarded degree on Dec. 19, 2009; Tedd Ells, Master of Arts, Management, Awarded degree on May 11, 2009; Jerri Collier, Bachelors of Arts (Summa Cum Laude), Accounting, Management, Awarded degree on Dec. 19, 2009

Still is time to get that important H1N1 immunization

Many FDL Band Members still need to get immunized against H1N1 flu even now, said FDL Public Health Nursing Coordinator Deb Smith. The three most recent influenza pandemics spread in multiple waves, which means a second flu wave could be gaining ground now.

The FDL Clinics in Cloquet and Duluth issued 1,227 vaccines as of Jan. 31, 2010. Children and young adults are especially vulnerable to the H1N1 virus, unlike other types of influenza.

H1N1 immunization rates for residents of Carlton County and St. Louis County are only 16 percent and 13 percent, respectively.

The figures are disappointing when you consider that the vaccine for H1N1 became available nearly three months ago.

Though most of the recent flu seasons peak activity is normally around February, H1N1-related activity peaked in late October.

A story from Indian Country Today reported that American Indians are four times more likely to die from the H1N1 (swine flu) virus than the rest of the U.S. population, according to a Centers for Disease Control study.

Cloquet Center to host volleyball tournament

The FDL Cloquet Community Center is hosting a co-ed volleyball tournament on March 6, 2010. Trophies and cash prizes will be awarded to the top three teams; the cash prize amount depends on the number of participating teams in the tournament.

Teams may consist of four,

five, or six players, but must include at least 50 percent women per team in this double elimination competition.

The entry fee is \$50 dollars.

For more information, contact Rebecca Reynolds at (218) 878-3804.

Home loan help available from MCT

The Minnesota Chippewa Tribe Finance Corporation will be at the FDL Tribal Center from 8:30 a.m. to 2:30 p.m. on March 11, 2010. The purpose for the visit is to provide FDL Band Members with home loan mortgage applications for the Finance Corporation Home Loan Program.

If you wish to apply for a mortgage loan or have questions about the program, call Brenda at (218) 335-8582, ext. 149. Please call to make an appointment, if you wish to stop by on March 11.

Weight management and a healthier you in 2010

A new and improved Adult Weight Management Program starts in March at the Tribal Center and Center for American Indian Resources in Duluth. In the past, the program was based on the Weight Watcher program exclusively. The new Program offers more flexibility in that participants can choose the Weight Watcher program or a more individualized approach to weight loss.

A dietitian and personal fitness trainer are available for consultation in the new program. Participants will weigh in weekly. The group will hold a monthly discussion to address particular challenges such as how to select a restaurant meal and/or meal planning. Participants will learn how to meet

the challenges of reaching a healthy weight and how to stay at that weight.

The Program will be held at noon and 4:30 p.m. at both sites. The Tribal Center meetings will be held on Thursdays at the Tribal Center Library starting on March 11, 2010. The

CAIR meetings will be held in the Community Room starting on March 8. There is no cost. If you have questions, please call Jenn Hall at (218) 878-2146 or Kara Stoneburner, (218) 878-2183.

Elder essentials Happy painters; happy paintings

By Phyllis Stott

On Jan. 23, six elders attended a beginner’s oil painting class in the community meeting rooms of the FDL Tribal Center. Despite the wind, freezing rain, and the sleet and snow mix, the participants trekked in and learned to paint landscapes and what Bob Ross called “happy little clouds” in the first in a series of six sessions.

{Ross created and hosted “The Joy of Painting,” a PBS television show that ran for 12 years. His “Bob Ross Method” of painting reduced the process to simple steps and used only a few colors per painting.}

Judy DeMuth, the class instructor, was trained by Bob Ross, and skillfully guided us in practicing the new techniques.

We all enjoyed a healthy potluck lunch that included a wild rice/vegetable casserole, broiled sandwiches, hot soup, and fresh fruit salad.

At days end, several community members came in to view the paintings as the artists cleaned up and stored the supplies. They were excited to share their work with the observers and with each other. It was a relaxing and fun-filled day.

Future painting sessions will be held March 20, April 24, May 15, and June 19. The class is open to the first ten FDL elders who enroll. Participants are encouraged to attend as many sessions as they desire.

Please contact Debra Topping at (218) 878-8053 for more information.

Meetings

The Elders Concerns Group meets every Wednesday from 10 a.m. until lunch time (or beyond) in the FDL Tribal Center community meeting room. This meeting is for FDL Elders age 62 and over. The group discusses a wide assortment of topics that affect the group.

The Age 52 and over Elders Group meets from 5 p.m. to 7 p.m. on the second and fourth Wednesday of every month. Guest speakers usually attend. They also meet in the Tribal Center community meeting room.

The Elder Activity Fund Board meets on the second Tuesday of every month to discuss the fair distribution of funds for all FDL Elders.

Pancakes on March 26

The FDL Wisdom Steps Youth Team will host a Pancake Breakfast Benefit from 7:30 to 10 a.m. on March 26 in the Tribal Center community meeting rooms.

The cost is \$5.00. Please contact Debra Topping at (218) 391-8051 for more information, or to place your order in advance.

Legal Notice

The following is a list of deceased Band Members who have money in trust with the Fond du Lac Band. We are requesting that the heirs of these deceased Band Members contact the Fond du Lac Legal Affairs Office at (218)878-2632 or toll-free at (800)365-1613 to assist the Band in distributing the trust money to the appropriate heirs:

BEGAY, Raymond Sr.; BRIGAN, Calvin; CHRISTENSEN, Terry; CROWE, Gary; GANGSTAD, Harold; GLASGOW, Edith; HERNANDEZ, Phyllis; HUHN, Cheryl; JEFFERSON (Drucker), Mary; JONES, William Sr.; JOSEPHSON, Charles; KAST, Cheryl; LAFAVE, John; LEMIEUX, Elvina; LUSSIER, Pamela; MODEEN, Dorothy; OLSON, Daniel G. Sr.; REED, Marie; SHARLOW, Gerald D.; SMITH, Carl; STANFORD, Cathy; TIESSEN, Raymond Leroy; TROTTERCHAUDE, Rex.

Calendar event

Daniel Lancaster, author of "John Beargrease: Legend of Minnesota's North Shore" will be the featured speaker at the St. Louis County Historical Society 88th Annual Membership Meeting. The social hour starts at 5 p.m., and dinner will be served at 6 p.m. It will be held in the Great Hall of the St. Louis County Heritage & Arts Center, 506 W. Michigan St., Duluth.

Call with questions or to make reservations at (218) 733-7586.

Former/current inmates and families invited to submit artwork

The ACLU-MN Greater Minnesota Racial Justice Project plans to showcase the artwork from people currently incarcerated, previously incarcerated, and

their family members.

The group's "Art from Within" exhibit brings awareness to the talents of individuals directly or indirectly impacted by the criminal justice system.

Local artists are encouraged to contact the ACLU for more information.

This is a volunteer effort throughout Minnesota. Please submit art by March 26th to: ACLU-MN Greater Minnesota Racial Justice Project, 303 Railroad St. S.W., Bemidji, Minn. 56601.

If you have questions, call between 9 a.m. and 5 p.m. from Monday through Thursday at (218) 444-2285 or (218) 209-6923

Correction

The January, 2010 edition of the FDL newspaper misidentified one person in the story "FDL honors Vietnam era Vets at 2009 annual dinner."

Fond du Lac Band Member and Veteran Marvin Pellerin led the presentation and posting of the colors.

Air Supply and Loverboy to play at Black Bear

Two 1980's pop groups, "Air Supply" and "Loverboy" will perform at the Otter Creek Event Center at the Black Bear Casino Resort at 8 p.m. on March 12, 2010.

Tickets are \$32, \$38, and \$45, and are available through Ticketmaster.com, or by calling Ticketmaster at (800) 745-3000.

Tickets may also be purchased at the Cashier Cage at the Black Bear Casino between 8 a.m. and 11 p.m. (cash only at the Casino).

The group "Air Supply" was formed in 1975 when Graham Russell and Russell Hitchcock became friends while rehearsing for their roles in "Jesus Christ Superstar" in their native

Australia.

The duo started out playing in local coffee bars, pizza parlors, and night clubs before they became popular around the world. Their first hit, "Lost in Love" made it all the way to number one in most hit music charts in 1980.

Other hits by the group include "Making Love Out Of Nothing at All," and "All Out of Love." In the 30 years since Air Supply landed their first recording contract, the group has sold more than 20 million albums worldwide.

"Loverboy" will celebrate their 30th anniversary in March. The group was inducted into the Canadian Music Hall of Fame in 2009.

Their debut album "Loverboy" went on sale in 1980, and featured such notable hits as "The Kid Is Hot Tonite" and "Turn Me Loose." Other hits include "Only the Lucky Ones," and "Workin' for the Weekend." Their most recent album, "Greatest Hits - The Real Thing," was released in 2009.

College seeking language instructor

The Fond du Lac Tribal & Community College is seeking a temporary Anishinaabe Language Instructor for the 2010-'11 year. The candidate must have a Bachelor's Degree that includes at least 20 credits in American Indian Studies. Teaching experience is preferred.

Send a cover letter, resume, three references and college/university transcripts to Louise Lind, Human Resources, FDLT&CC, 2101 14th St., Cloquet, Minn. 55720

The application deadline is March 19, 2010.

More info can be found at: www.fdltdcc.edu The College is a member of the Minnesota State Colleges & Universities System.

A welcome to the new Board Members

A welcome is extended to the newest members of the Ojibwe School Board, Don Wiesen and Jeremy Ojibway. They took office in February.

Rescued eagle returned to the wild

"Harley", a bald eagle rescued last summer by a Cloquet man, was set free after recovering from his injuries.

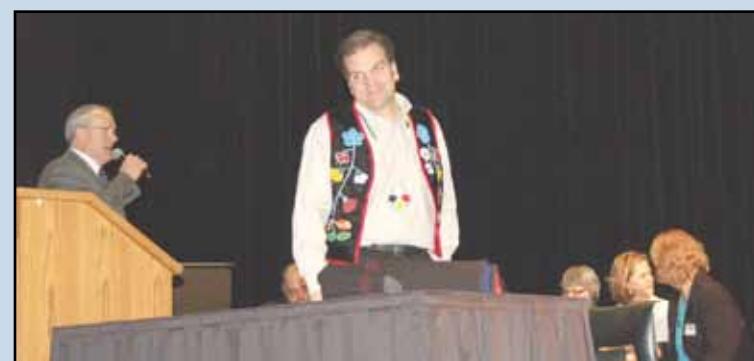
While riding his motorcycle in August, Brian Baladez noticed Harley, and captured the bird in his leather jacket. He drove the injured bird about 50 miles to Duluth.

"Harley" was later moved to the University of Minnesota Raptor Center. The bald eagle had to be treated for lead poisoning and had surgery for a broken wing.

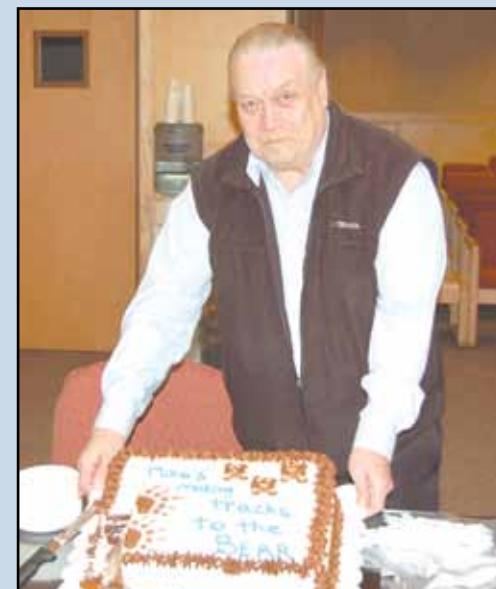
According to the University of Minnesota Raptor Center, more than 800 birds of prey are treated each year, including about 100 eagles. More than one-third of the eagles die from lead poisoning.

Officials at the Raptor Center also fitted "Harley" with a GPS transmitter backpack so they could monitor his movements after being returned to freedom. The scientists hope to learn more about eagle behavior through the GPS tracking device.

Harley and "Rapala," another rescued bald eagle were released on Jan. 30, 2010 at Carpenter St. Croix Valley Nature Center in Hastings, Minn., along the Mississippi and St. Croix Rivers. Many northland eagles spend the winter months in this area because of the open water. The story was reported in the Pine Journal.



One leaves; one arrives. Below Mike Himango, former RBC Executive Director, at a February going-away party in the Tribal Center. Mike became the Executive Director of Enterprises. Above: Chuck Walt eyes the audience at a going-away luncheon at the Casino. Chuck became the new Executive Director on Feb. 8, 2010.



Grandparents raising grandchildren

By Lucy Carlson, M.A.

Do you know anyone who is raising grandchildren? Over 5.7 million grandchildren lived in homes with grandparents in 2000, according to the U.S. Census Bureau. In half of these homes, grandparents had the responsibility for raising their grandchildren.

These grandparents have a huge responsibility. In many families, grandparents take on the role of children's caregivers in times of crisis. In other families, this change occurs in a gradual or planned way.

Regardless of how the change occurs, grandparents may feel overwhelmed by the new responsibilities and new relationships. You, as the grandparent, are not the "parent," and you may not feel like a "grandparent" either. Both you and your grandchild may have to make an effort to understand new and different roles and rules for your relationship. The relationship each of you has with the child's parents may complicate the situation and may require work and patience.

In any case, the child you, as a grandparent, are raising faces unique challenges that need to be taken into consideration. Whether your grandchildren have been with you for a long or short time, you can have a strong influence on how they relate to others. Children's positive relationships with parents and grandparents are very important to healthy development.

For example, patterns of family characteristics are passed from one generation to the

next. This may be because of genetics, similar ways of living, parenting styles, modeling of behaviors and coping strategies, or a combination of these.

Attachment relationships

The good news is that positive and secure attachment relationships are often passed to more than one generation. The bad news is that negative relationships and problems also can be passed on to more than one generation. These problems can include child abuse and neglect, alcohol and drug abuse, domestic violence, criminal behaviors, and mental illness.

Attachments are relationships that children form with the most special and trustworthy people in their lives. Although these relationships usually begin between infants and their parents at birth, attachments can form when children are older, too. The most common attachment is between mother and baby. However, the child can form an attachment with any person (including grandparents, aunts and uncles, older siblings, or a babysitter) if the right type of care is given. By the time babies are 18 months old, they usually have formed attachment relationships with a few special people. In many families, these people are grandparents who are raising their grandchildren.

In addition to getting their basic needs met, children look for comfort, love, safety, and protection through their attachment relationships. Children are born ready to form a trusting attachment with a caregiver. However,

the quality of the relationship that develops depends on how the child is treated.

- When adults treat children in positive and dependable ways, children develop healthy attachments.
- When adults treat children in negative ways, such as failing to protect them, not responding to their needs, or hurting them, children develop insecure attachments.

Roots of distrust

These early attachment relationships are extremely important because having an adult in their lives who gives emotional and physical support helps a child develop a sense of security, comfort, and confidence. When there is no adult in a child's life who he or she can count on, a child may grow up not trusting others.

People who have a positive relationship with a child share the following characteristics: they are sensitive, loving, available, close by, stable, open, responsive, affectionate, trustworthy, and consistent. Many studies have looked at children's attachment relationships and their effects on development. A good relationship with a positive attachment figure can have important and long lasting effects on a child. A healthy relationship has been shown to enrich a child's educational experiences in school, increase a child's confidence, increase a child's learning through experimentation, and lead to positive relationships with friends.

What this has shown us is

that the way people develop relationships as adults is shaped by the relationships they form with their parents (or grandparents) as young children.

Children expect different things from relationships, depending on how their families treat them. Past relationships affect the child's expectations for future relationships. In other words, children create guidelines for what to expect in future relationships. If children feel safe with their grandparents, they will expect the same safety from others. The children who grow up with this feeling of safety will have good emotional health, a positive view of themselves, adaptability, independence, and the ability to depend on themselves, and with better ability to resolve conflicts.

On the other hand, children who have experienced less secure relationships with grandparents (or parents) may withdraw from their surroundings, lack curiosity, hesitate to get involved in activities and make friends, not ask for help when needed, be angry and aggressive toward others, and have a negative view of themselves and others. For a child who develops these negative expectations, change can be hard. However, grandparents or other caregivers who respond with extra sensitivity day after day can help a child who has had insecure relationships.

Developing resilience

If your grandchild has been through some hard times, do not lose hope. With patience,

support, love, and consistent guidance, your grandchild can develop many positive traits. If you develop a healthy attachment with the child, especially when the child is young, this may give him resilience. Resilience can allow a child to develop positively despite bad experiences and move on to develop good relationships in the future. Good relationships are one key to helping a child develop resilience. Although many things go into making the relationship between you and your grandchild positive, researchers have identified two critical elements.

1. How sensitively and responsively the child is treated; and
2. The adult's "state of mind" about close relationships.

"State of mind" refers to the way a person thinks and feels about relationships. A person with a positive state of mind talks about memories and feelings in a clear, organized, detailed, and honest way. Your relationship with your grandchild also relates to who you are as a person. Your past and present relationships with others are important for the child to see. It is very difficult to have a loving, secure relationship with a grandchild when other relationships are not working. If you can think about, understand, and learn from past relationships you can build healthy relationships in the present.

In some cases, being in the situation of raising your grandchildren may cause you to think

continued on page 6

Ashi-niswi giizisooog (Thirteen Moons)

Onaabani Giizis

The new moon that occurs on March 15 is Onaabani giizis, or the "Hard crust on snow moon." The sap of the aninaatig begins to flow under this moon, also known as Ziin-sibaakwadooke giizis, or the sugar coming out moon. Another name for this moon is Aandego-giizis (Crow moon).

Aninaatig (Maple)

By Christian Nelson,
FDL Timber Sales Forester

Fond du Lac is home to four different species of maple - sugar, red, silver, and box-elder. All four species produce sap that can be used to produce maple syrup. The sugar maple, however, is most favored because its sap is the sweetest (highest in sugar content) and therefore requires the least amount of sap and the shortest boiling times.

Even paper birch can be tapped, although paper birch tapping occurs about a month later than maple tapping.

The percentage of sugar maple trees is believed to be similar to the number that existed more than 100 years ago. Early land surveying notes reveal that about 13 percent of the forested land had at least some component of sugar maple trees. That percentage has changed little.

Good news, the percentage is increasing. Fond du Lac Forestry is actively converting mixed forests of aspen and sugar maple into maple-dominated forests by removing

the aspen and leaving the maple.

This is accomplished through timber sales planned specifically for this task. After the sales, the tree crowns of older maples have more room to expand, which results in better tree growth and more sap production. Young maple trees also benefit. When the aspen are removed, more sunlight reaches into the forest allowing smaller trees to grow. To add diversity after a timber sale, Forestry staff often plant yellow birch, red oak, and white pine seedlings. As spring approaches, let's all hope for warm days and cool nights, when the sap runs best. *Thirteen Moons is a monthly production of FDL Resource Management Division and the University of Minnesota Extension. Its content addresses culture, ecology, and natural resource management. Comments and contributions are welcome and should be directed to FDL RMD at (218) 878-8001 or giizis13@gmail.com. Check out the 13 Moons blog: <http://giizis13.wordpress.com>*

Maple Biscuits

Source: www.mnmaple.org

2 C. flour
1 T. baking powder
1/2 t. salt
3 T. shortening
1-1/2 C. maple syrup

Combine dry ingredients. Cut in shortening until it resembles coarse crumbs. Add milk. Stir just to moisten, turn onto floured surface. Roll to 1/2 inch

thickness. Cut with a 2-inch biscuit cutter. Pour maple syrup into 7" x 11" pan. Place biscuits on top of syrup. Bake 450° for 12 to 15 min.

The world was created when muskrat brought mud from the bottom of the flood to be placed on turtle's back. The turtle's shell has thirteen central plates, called scutes. The traditional Ojibwe calendar year follows a 13 moon lunar cycle. The names of each moon are influenced by natural phenomena, animal activity, and cultural practices and beliefs. Because the area in which Ojibwe is spoken is so vast, not all Ojibwe people use the same names for the moons.

Preparing for the Ogaawag (walleyes)

Gidaa-oozhiitaamin
ji-waaswaayang gaye
ji-bagida'awang.

"Lets all get prepared so that we can go spearing and netting"

By Tom Howes
FDL Natural Resources Manager

Although it may not seem like it at the moment, spring is on its way. With the arrival of spring comes the opportunity for Fond du Lac Band Members to participate in the walleye spearing and netting harvest in the 1837 Ceded Territory.

For 2010, Fond du Lac Reservation has a walleye allocation of 24,000 pounds from Mille Lacs Lake. In an attempt to increase participation, the Fond du Lac Resource Management Division will be hosting the Thirteen Moons educational workshop at 5 p.m. on March 18 at the Fond du Lac Resource Management Division Building.

The workshop will provide participants with a breakdown of the necessary gear, techniques, and knowledge of regulations needed to effectively and safely bring home the ogaawag (walleyes). All attendees at the workshop will have their name placed in a drawing for an asab gaye agoonjoonaaganan (Mille Lacs fishing net and floats).

If you have questions on the workshop, please contact Thomas Howes, Fond du Lac Natural Resources Program Manager at (218) 878-8088 or tomhowes@fdlrez.com



John McMillen (Munch) transfers walleye after counting and measuring; below, two Band Members clean their net.



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Events:

March 18, 5 p.m.: Thirteen Moons Workshop:
Spearing and netting, FDL Natural Resources

Community News

Birthdays

Margaret Needham with the Center for American Indian Resources in Duluth (CAIR) reports on birthdays for FDL employees in healthcare. For those she missed in Jan. 2010, they are: **Dave Dupuis**, Maintenance, Jan. 11; **Brenda Peterson**, Nurse, Jan. 6; **Lynn Kosmach**, Family Nurse Practitioner, Jan. 17; **Peggy Haselow**, Pharmacist, Jan. 15 .

For February, **Chally Topping Thompson**, Indian Child Welfare Act Case Aid, Jan. 12; **Mary Johnson**, Certified Nurse Midwife Jan. 12 CAIR/MNAW; **Lillian Palkovich**, Adult Benefits Specialist Assistant, Feb. 9.

For March, **Judy Harper**, Medical Records Clerk (CAIR) March 10; **Patrick Boyle**, Adult Nurse Practitioner (MNAW/CAIR) March 2; **Renee Gibbs**, LPN CAIR, March 30, **Mary Gronseth**, LPN CAIR, March 27; **Mike Jenkins**, Lead Public Health Nurse, CAIR March 15; **Mike Peterson**, Social Worker, CAIR, March 9.

A Happy (belated) Birthday to **Noah Petite** on Feb. 13!
Love from Mom, Dad and all your brothers and sisters

Happy March 20 Birthday to **Jeffrey Tibbets**.
Bunny

Wishing our mother, **Diana Reynolds**, a very Happy Birthday on March 30.
Love, Jason, Janelle, Jaimie, Chubbs and Pokey

Happy 28th Birthday to my little brother, **Jaimie Petite**, on March 23rd.
Love, Janelle



Happy 1st Birthday (belated) to **Mariah Holm-DeFoe**. We love you.
Grandma and Gary

Happy Birthday **Mariah** on Feb. 16!

With love from your uncles, Richard, Kristopher, Cotee, Jeremy, Brian and James

Happy Belated Birthday (Jan. 23) to **Kenny Bosto**
Love from Auntie Josa and Gary

Happy Belated Third Birthday to **Erin Shabiash** (Feb. 27)
Love from Grandma and Grandpa Shabiash

Happy birthday to **David Diver Jr.** on March 16!
With love from Cristal

Happy 34th Birthday to **Herb Fine-day** on March 28th!!!
Love, Your Girls



Happy 6th Birthday to our niece, **Jezlyn Abramowski**, on March 27th.
Love, Auntie Janelle & Uncle Mel



Happy Belated 17th birthday (Feb. 8) to **Jalisa Lee Lindahl**. May you have many more!
Love, Mom, Bobby, Jordan, and Tia

Happy Belated 12th birthday (Jan. 10) to **Taleah King!**
Love, Mom, Dad, Jalisa and Jordan



Happy 20th Birthday wishes for **Sammy Mountain** on March 11, 2010.

With love from Mom, Warren, Cory & Carter
Happy Birthday to my beautiful granddaughter Sammy
Love, Grandma Bonnie

We wish a very Happy Birthday to our mom, **Bonnie DeFoe**, on March 16. We love you!
Christina & Maria

Happy Birthday old man! Birthday wishes go out to **Dale DeFoe** on March 24.
Love, Bonnie & Del, Maria & family, Chrissy & family



Military Service news
Cpl. Jared Braveheart enlisted with the U.S. Marines in 2007. He was deployed to Africa Jan. 19, 2010 from his home base in North Carolina. He is currently serving a seven month tour of duty in Africa.

Jared's proud family members wish him well and a safe return home. His grandparents are Les and Judy Northrup, FDL; father: Raymond W. Smith, Sr., FDL; mother: Stacy Braveheart, Pine Ridge Reservation, S.D.

Family and friends can write to Jared at HMH-366 DET-HOA/

Flightline, Unit 78003, FPO AE 09503-8003.

Thank You

I would like to extend my heartfelt thanks and great appreciation to everyone who attended and/or helped plan my going away luncheon on February 5. The support and encouragement I have received from staff and the entire community has been incredible and makes me proud to be part of the Fond du Lac Band.

I would like to thank the Fond du Lac Reservation Business Committee for the opportunity to serve as the new Executive Director of Tribal Programs. It is both an honor and a privilege to work with the Band in this capacity.

I would also like to thank Phil Norrgard and the Human Services Division staff for presenting a humorous and thoughtful program at the luncheon, and for creating a wonderful organization and a great place to work for the past 25 years.

Most of all I would like to thank my wife, Jori, and the rest of our family for their endless love, support and encouragement as I transition to my new role with the Fond du Lac Band. I am looking forward to serving the community and working with all of you in the future. Miigwetch
Chuck Walt

I would like to thank my six children for hosting my 80th birthday party on Jan. 23rd at Holy Family Church.

I would also like to say thanks to all my friends and relatives who attended. Finally, thank you to everybody for all the gifts. I appreciate it very much.

Izzy Whelan

Wedding announcement



David Diver Jr. and **Cristal Lewis** will be married

on March 19, 2010 at the Sawyer Chapel near Hwy. 210.

For sale



Historic Fond du Lac home located in the Cloquet District -- former Indian Hospital Nurses Quarters/ Rupert Smith property. Three bedroom, 1 bathroom, 2 stories, covered front porch/deck. Many interior and exterior updates. Beautiful landscaped, fenced-in yard with detached garage. Property near Tribal Center, Clinic, and Store. Priced to sell at \$74,000. Call (218) 269-1356 to view.

Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm, 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land. Asking \$245,900. Call (218) 879-5617 for more info.

Memorial

Gone but not forgotten, **Randy Barney, Jr.** We miss you

Law Enforcement news

Police Reports

Below is a summary of about one month of select police reports.

- **1/12/10** Report of car/snowmobile accident on Cary Rd.; all parties ok.
- **1/13/10** Report of assault on Mission Rd.; one arrested and taken to jail.
- **1/14/10** Traffic stop at Black Bear Casino. Driver admitted to drugs in the vehicle, drugs located and destroyed.
- **1/14/10** Report of a drunk driver on Big Lake Rd. who drove in the wrong lane and almost hit vehicles. Driver located and brought to jail.
- **1/15/10** Traffic stop on Hwy. 210; driver warned re: equipment.
- **1/16/10** Traffic stop on Hwy. 210; driver arrested for DWI.
- **1/16/10** Traffic stop on Moorhead Rd.; driver cited for under 21 drinking and driving.
- **1/17/10** Traffic stop on Hwy. 210; driver warned for suspicious activity.
- **1/17/10** Report of snowmobile driving erratically on Brookston Rd.
- **1/18/10** Traffic stop on Brevator Rd.; driver cited for speed.
- **1/19/10** Report of car accident on Big Lake Rd.
- **1/20/10** Report of dog bite on Drake Dr.
- **1/21/10** Report of underage drinkers at Black Bear Casino; cited for underage consumption.
- **1/22/10** Traffic stop on Mahnomen Rd.; driver arrested for warrants.
- **1/22/10** Assist State Patrol with canine sweep, located small amount of marijuana.
- **1/23/10** Report of cars in the ditch due to the icy roads.
- **1/24/10** Report of theft from Black Bear Casino.
- **1/25/10** Traffic stop on Big Lake Rd.; driver warned about driving habits.
- **1/26/10** Gas drive-off at FDL Gas and Grocery.
- **1/27/10** Traffic stop on Hwy. 210; driver cited for no Minn. driver license
- **1/28/10** Report of female who had consumed unknown amount of pills; transported to the hospital.
- **1/29/10** Report of assault on Wolf Ridge.
- **1/30/10** Report of assault in Sawyer area.
- **1/31/10** Report of dog bite on Mallard Dr.
- **1/31/10** Traffic stop; driver cited for speeding.
- **2/1/10** Traffic stop on Schmitz Rd.; driver warned for speeding.
- **2/2/10** Traffic stop on Long Lake Rd.; driver warned for speeding.
- **2/3/10** Traffic stop on Big Lake Rd.; driver cited for no Minn. driver license.
- **2/4/10** Report of domestic assault on Maple Dr.; parties separated for the night.
- **2/5/10** Report of male throwing things around in the house; male brought to jail for disorderly conduct.
- **2/6/10** Mashkawisen Treatment Center reported a juvenile female had walked away; female found and brought back.
- **2/7/10** Assist Cloquet Police with break-in at Raiter Clinic.
- **2/8/10** Report of tires getting slashed at the Tribal Center.
- **2/9/10** Report of theft from hotel room at Black Bear Casino.
- **2/10/10** Report of theft from house on Migizi Rd.

and think of you every day.
With love, your family

Obituaries

George C. "Joe" Boyer Sr., a lifetime resident of Superior, Wis., died Feb. 10, 2010 at his home. He was born in Superior on Oct. 28, 1924 to George and Mary Boyer.



Joe graduated from East High School. He was a Tank Commander in the U.S. Army in World War II. He received a Purple Heart and a Bronze Star during his military service.

He worked as a terminal operator at Fagerlin Fuel and Marine Fueling. Mr. Boyer was an active Moose member. He was also a member of the Moose Legion, the VFW, and the American Legion.

Joe was a longtime foster parent in Superior. He enjoyed bowling, golfing, and spending time with his children, grandchildren, and great-grandchildren.

He was preceded in death by his parents, his sisters Margee and Frances, and brothers John and Jim.

He is survived by his wife of 63 years Lois, sons George (Teresa) Jr., of Rockton, Ill., Rev. Fred (Sharon) of Glen-

dale, Ariz., Michael (Mavis) of Hayward, Wis., and Bruce (Barbara) of Williamsville, N.Y.; daughters Roiann (Ed) Priem of Poplar, Wis., and Diana (Doug) Poynter; 17 grandchildren, and 21 great-grandchildren.

Visitation was Feb. 14 and 15. A memorial service was held in Bayside Baptist Church. Military honors accorded by the Superior Combined Honor Guard. Burial will be in Riverside Cemetery at a later date.

Beverly Jean Peterson, Wasay Anakwudu kwe "Light Shining Through The Clouds," 62, of Cloquet, passed away Jan. 22, 2010 at St. Mary's Medical Center, Duluth.

Beverly was born May 10, 1947, to John and Agnes (Woods) Diver at the Cloquet Indian Hospital.

She grew up in the Cloquet area and moved to Texas in 1976. She returned to Cloquet a year later.

Beverly married Doug Peterson May 7, 1994 in Granite Falls, Minn., and lived there until Doug's passing in 2007. She moved back to Cloquet.

Beverly enjoyed doing crossword puzzles, and playing bingo and slots at the casino.

She was preceded in death by her parents, John and Agnes; husband, Doug; brothers Dana, John Sr. and Ernest Sr.; and sisters Bernadette and Elizabeth.

She is survived by her son,

Russell (Donna) Diver of Cloquet; brothers Harold (Rose) Diver Sr., Richard (Elizabeth) Diver, David Diver Sr. and Robert Diver Sr., all of Cloquet; sister Eleanor Diver of Cloquet; three grandchildren; five great-grandchildren; and many nieces and nephews.

A wake for Beverly was held Jan. 23, 2010. A traditional ceremony was held Jan. 25. The wake continued until the 11 a.m. service Jan. 26 at the Fond du Lac Head Start Gymnasium.

Lee Staples was the spiritual leader. Interment was held at the Holy Family Catholic Cemetery in Cloquet.

Onaabani Giizis – Crust on the Snow Moon

March 2010

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185;

CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School;

CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Elder's exercise 8 a.m. CCC Community sewing 10 a.m. CCC After School Program 3 p.m. CCC Cribbage 5 p.m. CCC GED 5 p.m. SCC	Get Fit 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC Community sewing 5 p.m. CCC	WIC pick up 12 p.m. CAIR Adult Game day 12:30 p.m. CCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC GED 5 p.m. SCC	Pilates Class 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC Bimajii 4:30 p.m. CCC FDL Language table 5 p.m. CCC	After School Program 3 p.m. CCC Story Time 3:30 p.m. CCC Women's Night 6 p.m. CCC Moccasin Game 6 p.m. CCC Intro to Drum and Singing 6 p.m. CCC	"Sharing Our Gifts" 9 a.m. UWS Men's Leagues 3 p.m. CCC Game afternoon with Staff CCC Co-ed Volleyball Tourn CCC
	1	2	3	4	5	6
Open Activities CCC	Elder's exercise 8 a.m. CCC Community sewing 10 a.m. CCC After School Program 3 p.m. CCC GED 5 p.m. SCC	Get Fit 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC Community sewing 5 p.m. CCC	WIC pick up 12 p.m. CAIR After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC I CAN COPE 5 p.m. CCC GED 5 p.m. SCC	MCT Finance Corp 8:30 a.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC Bimajii 4:30 p.m. CCC FDL Language table 5 p.m. CCC Moccasin Game 6 p.m. CCC	After School Program 3 p.m. CCC Story Time 3:30 p.m. CCC Intro to Drum and Singing 6 p.m. CCC Air Supply & Loverboy 8 p.m. BBCR	Men's Leagues 3 p.m. CCC Game afternoon with Staff CCC
7	8	9	10	11	12	13
Open Activities CCC	GED 5 p.m. SCC	Get Fit 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC Community sewing 5 p.m. CCC	St. Patrick's Day WIC pick up 12 p.m. MNAW After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC GED 5 p.m. SCC	Pilates Class 12 p.m. CCC GED 1 p.m. BCC Open Meeting 1 p.m. CCC After School Program 3 p.m. CCC GED 4 p.m. DC Bimajii 4:30 p.m. CCC FDL Language table 5 p.m. CCC	After School Program 3 p.m. CCC Story Time 3:30 p.m. CCC Adult Dinner Night 5 p.m. BCC Women's Night 6 p.m. CCC Moccasin Game 6 p.m. CCC Intro to Drum and Singing 6 p.m. CCC	Happy Painters CCC Game afternoon with Staff CCC Men's Leagues 3 p.m. CCC Adult Dinner Nights 5 p.m. BCC
14	15	16	17	18	19	20
Open Activities CCC	Elder's exercise 8 a.m. CCC Community sewing 10 a.m. CCC After School Program 3 p.m. CCC Cribbage 5 p.m. CCC GED 5 p.m. SCC	Get Fit 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC Community sewing 5 p.m. CCC Garden Club 6:00 p.m. CCC	Elder Concern's mtg 10 a.m. CCC WIC pick up 12 p.m. CAIR Adult Game day 12:30 p.m. CCC After School Program 3 p.m. CCC GED 4 p.m. DC GED 4:15 p.m. CCC GED 5 p.m. SCC	Pilates Class 12 p.m. CCC GED 1 p.m. BCC After School Program 3 p.m. CCC GED 4 p.m. DC Bimajii 4:30 p.m. CCC FDL Language table 5 p.m. CCC Moccasin Game 6 p.m. CCC	After School Program 3 p.m. CCC Story Time 3:30 p.m. CCC Intro to Drum and Singing 6 p.m. CCC	Game afternoon with Staff CCC Men's Leagues 3 p.m. CCC
21	22	23	24	25	26	27
Open Activities CCC	After School Program 3 p.m. CCC GED 5 p.m. SCC	Primary elections 8 a.m. BCC CCC SCC After School Program 3 p.m. CCC GED 4 p.m. DC John Beargrease: Legend of Minnesota's North Shore at the St. Louis Co Hist. Society (733-7586) 5 p.m. Garden Club 6:00 p.m. CCC	After School Program 3 p.m. CCC GED 4 p.m. DC GED 5 p.m. SCC Sobriety Feast 6 p.m. BBCR	Now is the time to get those taps ready for the upcoming maple syrup season. "Sugar Bush – The Creator's Gift...Let's take care of it." Interested members can sign-up by calling Debra Topping at 878-8053 in order to participate or receive syrup.		
28	29	30	31			