

Nahgahchiwanong

(Far end of the Great Lake)

Dibahjimowinnan

(Narrating of Story)



U.S. Secretary of Interior Sally Jewell admiring the Fond du Lac Ojibwe School during her tour with Superintendent Jennifer Johnson before heading off to the Fond du Lac Tribal and Community College to deliver the Commencement speech.

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Local news

Secretary of Interior speaks at FDLTCC commencement

By Zachary N. Dunaiski

Graduation is a special time for many people every year, but this year at the Fond du Lac Tribal and Community College commencement it was even more special, even for those who weren't graduating.

U.S. Secretary of Interior, Sally Jewell, who is the 51st Secretary of Interior and only the second woman, as well as White House Special Assistant to the President for Native American Affairs Karen Diver, came to speak during the commencement.

Hours before giving her commencement speech, Jewell met with FDL officials and directors to learn more about what Fond du Lac has done and where it plans on going in the future. Her trip started at the Ojibwe School where she met with teachers, staff, and students.

After the tour of the school ended, she stopped to speak with Superintendent Jennifer Johnson about the Math scores posted on the wall. She also had an opportunity to hear the drum song by the same group that would later perform at graduation.

While on the Fond du Lac Reservation Secretary Jewell dropped by the radio station for a quick interview with Dan Huculak, and proceeded to resource management to meet with the staff there as well as our council members to discuss environmental issues.

According to this excerpt from the Department of Interior's website this is exactly the type of conversation that Jewell should be having with our elected officials. *In nominating Jewell, President Obama said, "She is an expert on the energy and climate issues that are going to shape our future. She is committed to building our nation-to-nation relationship with Indian Country. She knows the link between conservation and good jobs. She knows that there's no contradiction between being good stewards of the land and our economic progress; that in fact, those two things need to go hand in hand."*

But the main reason that Jewell was here was to speak to the graduates of the Fond du Lac Tribal and Community College. The college gymnasium showed just how big of a moment it was for the first of

its kind (a Tribal college and community college as one), as people were packed in to see her as well as the graduates.

During her commencement address, she spoke passionately about her own life and how the unknown after college can lead anyone, anywhere. She started out her college career wanting to be a dental hygienist, but when "my boyfriend's homework looked more fun than mine," she decided to switch fields and began working towards her engineering degree.

What many love about Jewell is her outside the box thinking. When she first started out after college she was a petroleum engineer with Mobil who did the unconventional thing of "talking to the 'pumpers' to learn how to increase production." Although it seems obvious, not many people will go to an employee lower than them

for advice. But it's that type of mindset that has made Jewell successful her entire career; working her way from Mobil, to banking, to Recreation Equipment Inc (REI) and then all the way up to Chief Executive Officer of REI. While at REI she initiated giving all employees healthcare, no matter how many hours they worked, which caught the attention of President Obama.

Jewell's stay here was short lived, around 36 hours, Fond du Lac must have had a big impact on her as she said she really enjoyed her time here. She even said that when she's done at the end of Obama's term she would really like to visit this area again.



U.S. Secretary of Interior Sally Jewell and White House Special Assistant to the President on Native American Affairs Karen Diver tour the Fond du Lac Reservation.

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local news

2016 Annual Women's Wellness Gathering

By Marcia Kitto

The annual Ziigwan Women's Wellness Gathering will be held on Monday and Tuesday, June 6 and 7 at the Cloquet Forestry Center. The theme this year is "Ni-iwin Mashkikiwan: Four Medicines", finding our own personal "medicine bundle" to help with our healing. Registration with refreshments begins at 8am.

At 9 a.m., the Opening Pipe Ceremony with Rose Marie DeBungie, Red Lake Elder, will include the Four Grandmothers sharing our healing medicines with the women attending. Presentations will follow, on topics geared towards women's healing and growth. Our first speaker, Maria McCoy, of the American Indian Family Center, St. Paul, will present "Healing Through Time—String of Lives", about healing ourselves through the ancestors. After lunch, beginning at 1 p.m., we will hear from Ida Downwind on "The Seven Grandmother Teachings through the Stars", followed by a "Making Medicine Wheels" activity with discussion of how we can use the teachings of the medicine wheel for holistic healing and self care. After dinner, Rosie DeBungie will lead our Talking Circle, beginning at 6 p.m.

The second day begins with registration at 8 a.m., followed by the Opening Pipe Ceremony with Roxanne Peterson at 9 a.m. Our morning session will be "Mind and Body Medicine", presented by Linda Eaglespeaker and Donna LaChapelle of the Minnesota Indian Women's Resource Center, Minneapolis. After lunch, our afternoon session begins with Rachel Banks Kupcho telling her adoption story, "Love Is Not Enough." This year's gathering con-

cludes with singing led by the Oshkii Giizhik Singers and a Solidarity Shawls Round Dance. A Sweat Lodge with Roxanne Peterson will be held after closing Tuesday.

During the gathering, women will have the opportunity to learn about and work on the Solidarity Shawls, as well as make a Medicine Wheel and create their own personal jour-

nal. Ling from Hong Kong Spa will join us again with her gift of massage.

For further information or questions, call Marcia Kitto at (218)878-3782. Bring your drums, stories, skirts, and positive thoughts. Dress for the weather, as much of the gathering will be held outside.

Dennis Banks leads march to D.C.

Dennis Banks, who is the co-founder of the American Indian Movement (AIM), has been involved with the longest walk before, and this year he leads the Longest Walk 5 as part of the war on drugs.

The original longest walk in 1978 was to bring attention to the Native American Equal Opportunity Act which would have eliminated all treaties between the U.S. Government and any Indian Tribe. That bill obviously didn't pass, and it is largely believed that the march's attention helped put an end to it.

Back in 2011, the Longest Walk 3 "Reversing Diabetes" was organized. Diabetes, as many of us know, is a huge epidemic all over Indian country across the country. No one suffers a higher rate of diabetes than Native Americans and it's something that has affected all of us in one way or another.

This year's walk as part of the war on drugs, which started back in February in San Diego, Calif. will be 3,600 miles and finish in Washington D.C. July 15. Banks also said that this year's walk will be dedicated to finding solutions to the drug epidemic as well as domestic violence against Native American women.

For more information about the Longest Walk 5 contact the National Coordinator Orlando Vigil (619) 820-5945. Information can also be found on the Longest Walk's website (longestwalk.us) and their Facebook page. You can also read the article on Indian Country's website <http://indiancountrytodaymedianetwork.com/2016/01/20/dennis-banks-declares-war-drugs-longest-walk-5-163115>

You are invited to a:

Community



Baby



Shower

Hosted by: The Fond du Lac Head Start Programs

Thursday, June 23rd 2016

4:00-7:00

Located in the FDL Head Start Gym (33 University Road)

*** follow the signs ***

Breakout Sessions will include:

Fatherhood Traditions ~ Breastfeeding ~ Midwives ~ Birth Stories ~ Homemade baby food ~ Car Seat Clinic ~ Homemade Baby Wipes

Who Should Attend:

Moms, dads, expecting parents, families with children under 2, grandparents, extended family, foster care, FFN (Family, Friends, and Neighbor Care)

*Informational Booths from around the area will be set up in the Head Start Gym

*Light meal provided with many great prizes for all following each breakout session

*Hope to see you there... If you have any questions please feel free to give us a call @ 878-8100

Miigwech

RBC Thoughts

From the Chairman

Hello all

I would like to say congratulations to all graduates from head start to higher ed. I am pleased to see the number of graduates growing at every level. This is truly a measurement of success for each individual as well as us as a Band. “Congratulations graduates.”

On June 17 our Elders concern group will be hosting a pancake breakfast at the Cloquet Community Center from 7–10 a.m. Please help them raise money to support the Elders group.

Kiwenz language camp will be held again this year from July 27–31. They will be having Language activities, storytelling, canoe races, and much more. It has always been a very enlightening gathering. Wisdom steps continue to hold monthly meetings. A full schedule of events as well as committee member representatives and contact numbers is listed on our website. Please view their site for complete details and contact information.

Our Facilities manager, Mike Diver, is working on some of the Enrollee day’s activities and is asking for vendors that want to participate to contact him as space and utilities is limited. Please give Mike a call if you have an interest, (218) 878-2685.

Our Cloquet Community Center continues to stay very busy. They are still working on the implementation of the 4H program within our community center as well as the Brookston and Sawyer Community Centers. The programming is well received and participants are enjoying the scheduled activities. I encourage you to view our website for information on upcoming activities and schedules at any of the three Community Centers.



Wally Dupuis

On May 19 Fond du Lac was visited by Sally Jewel, Secretary of the Interior. She visited with our Ojibwe School as well as our natural resource program. We held a feast for her with traditional foods. Thank you Sawyer staff and Black Bear employees for your hard work and commitment to a fine job. We were able to talk to her about some of our educational initiatives with the Ojibwe School as well as some of the projects that are being worked on with our natural resource department. They spoke about the solar project in progress near the Black Bear and some of the mining issues confronting the Band. Our staff at both facilities should be commended for a job well done.

As always, please feel to call or write. Office (218) 878-8078, Cell (218) 428-9828, or email—wallydupuis@fdlrez.com.

Boozhoo,

I took a few days off and went on a couple of short trips. I needed some time to recharge my batteries. I went to Michigan and then Grand Portage. It was nice as I was far enough away that I didn’t run into anyone yet close enough to be back in a short time if I had to. I was glad that nothing happened and I was able to relax. I did keep my iPad available and checked it before breakfast each day. I read mostly junk mail during my coffee and that was fine with me.



Ferdinand Martineau

The spring began with spearing in ’37 and ended with it in ’54. The Band members that participated were rewarded for their efforts with fresh fish for their families. There were no accidents and little or no protests so our season was successful.

I am not sure how most of you feel about the moose in northeastern Minnesota or even how much you know. The herd is having a tough time sustaining its population. The Band along with the 1854 Authority, the state and U.S. Fish and wildlife have been trying for several years to figure out the cause of the decrease in population but have been unable to come up with a reasonable answer. This year would have been the third year that we have not had a subsistence moose hunt for Band members. Each year the RBC has asked the same questions and we have been given the same answer, statistically speaking a hunt by our members would have no impact on the herd. This year we decided to have a hunt for our Band again. We will know the results by the end of the year.

A sure sign that spring has arrived is the annual spring clean-up that is done on the Reservation. The RBC provides three crews, one to each community to clean up all the debris that was left over the winter. These 12 workers do a tremendous job that we can all be proud of. Each year they collect and dispose of several tons of discarded trash. They clean the ditches, parks, and the

concentrated housing areas. If you happen to pass one of the crews during your travels give them a shout and thank them for the job they are doing for all of us.

We are again in the graduation season as I have received a few invites for parties. I like to let the graduate know that a new part of their life is now starting and they have lots choices to make with their future. They have the opportunity to become whatever they want to be in life. All they need to do is go forward with the confidence in their abilities that they earned.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com . Gigawaabamin.

2016 Gitigaan Plant Give Away
June 4, 2016 8:00 a.m.



Plant Packaging
June 3, 2016
Natural Resource Garage
Starting at 9:00 a.m.

Plant Give Away
June 4, 2016
Natural Resource Garage
Starting at 8:00 a.m. until Gone.

Tribal ID required at pickup.

If anyone is interested in helping package plants please contact Cassie Diver at 878-7502 or email cassiediver@fdlrez.com

RBC Thoughts

Sawyer News Boozhoo,

I would like to congratulate the Fond du Lac graduates on their academic accomplishments. The Carlton Indian Education honored seven students who graduated high school this year. If you are interested in attending college this is a great time to start! Recently, the Fond du Lac Tribal and Community College hosted the largest graduating class of Anishinabe students in the college's history. Sally Jewel, United States Secretary of the Interior, had the honor of being a part of a traditional honoring of our students with the FDLOJS drum, FDL Honor Guard and presentation to Pete Defoe who received an honorary doctorate degree. While she was in town she was able

to have very meaningful conversations with the FDL Natural Resource Staff about water quality and mining issues in northern Minnesota. She was able to gain insight about how treaty rights are impacted by current environmental issues within our ceded territories. I would like to thank the Natural Resource staff and the Sawyer Center staff for making the experience memorable.

Additionally, I would like to thank the community of Sawyer for having a great smelt fry this past month. Many families and individuals helped to make it a success. Sorry it was such short notice, next year I will plan it in advance so that more people can attend.

In the past month the 4-H

club was able to plant some trees on the western edge of the Willy's property with the help of the USDA Plant Material Department. Dave Wise, Tribal Liaison for USDA NRCS, helped coordinate resources for the 4-H club. If you have any interest in accessing program information pertaining to natural resource conservation issues, he can be reached at the Resource Management building. The 4-H group in Sawyer has been a huge success and I would like to thank the staff for working hard to establish activities. Upcoming activities will include things like photography, wild berry harvesting, Carlton County Fair animal/art individual submission planning and various field trips.



Bruce Savage

The FDL Resource Management staff, NRCS Engineer, and Tribal Liaison came together to discuss plans for utilizing food waste products generated by the Tribe. The waste products could be used to create a quality compost to generate organic material that would be used in gardens throughout Fond du Lac.

My first open meeting was in Brookston, the quarterly reports were handed out and Kevin Dupuis opened the floor for questions and comments. The meeting was well received, I would like to thank all the participants for attending and sharing questions and concerns. The next open meeting will be August 18 at 5:30 p.m. in Minneapolis at the MN Chippewa Tribe Building.

Clean up crews have started up and the community is look-

ing shiny.

The Sawyer Center youth activities are ramping up for a busy summer with tree planting, gardening, etc. the activities are posted on the FDL website and Sawyer Center Facebook page.

I want to acknowledge the candidates and all their hard work generating conversation and ideas for leadership and change in our community. Make sure you vote to help determine who is the next Chairman and District I and III Representatives.

In closing, I would like to offer my condolences to the family of Larry Shabiash.

*Sincerely,
Bruce M. Savage
Sawyer District II
Representative*

Etc.

Notice: public hearing for community development block grant

Enrollees of the Fond du Lac Band are encouraged to attend a Public Hearing to discuss the application for: 2016 Indian Community Development Block Grant Funds.

The hearing will be at the Fond du Lac Tribal Center, 1720 Big Lake Road in the Tribal Center - Community Room on Monday, June 6, 2016 from 10-11 a.m.

A copy of the Community Development Statement will be made available during the

week of June 6th in the Fond du Lac Planning Division.

Notice:

In the Matter of the Estate of: KENNETH FRANCIS GRAVES, Decedent. Case No: PR-001-16
GENERAL NOTICE TO CREDITORS

Notice is given that probate proceedings are pending in the Fond du Lac Tribal Court Regarding the estate of Kenneth Francis Graves.

Any claim against the above-referenced estate must be filed on or before August 29, 2016 or the claims will be barred. All claims must be filed with the Tribal Court and provided

to the personal representative by the deadline in order to be considered.

The address of the personal representative of the estate is: Fay Diver
3 Swanson Rd
Cloquet, MN 55720

The mailing address of the Tribal Court is: Fond du Lac Band of Lake Superior Chippewa Tribal Court
1720 Big Lake Rd
Cloquet, MN 55720

RedWind to offer Native American entrepreneurial empowerment workshop

RedWind is thrilled to hold its next workshop, hosted by the Fond du Lac Band of Lake Superior Chippewa Tribal and Community College, and the Minnesota Indian Business Alliance (MNIBA). This small business development workshop will be provided at the Fond du Lac Tribal and Community College located at 2101 14th Street in Cloquet, Minnesota 55720, Room 258 on Monday, June 27 and Tuesday, June 28, 9 a.m.-4

p.m.

All Native entrepreneurs are invited to attend and strongly encouraged to register for this FREE two-day course for small business development. The training workshop will benefit anyone who operates or is considering operating a small business.

This workshop, one of 15 RedWind will hold this year, will cover business concepts indispensable for anyone starting up or running a small business. Instructors will also identify and help participants avoid common pitfalls. The training will provide comprehensive information on topics important *continued on next page*

Etc.

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to aspiring entrepreneurs and small business owners related to business planning, access to capital, basic bookkeeping, human resources, problem solving and marketing a small business.

RedWind will present this training in partnership with MNIBA.

The event is free to attend and open to the public. All class materials and refreshments will be provided to participants at no cost.

MNIBA Project Director Pamela Standing stated, "We welcome and invite anyone considering starting a small business or those who currently own a business to join us for this exceptionally beneficial and educational workshop. A self-sufficient Tribal community is essential to successfully meeting economic challenges today and in the future."

*To register, please use the following link: <http://www.nativesmallbusiness.org/minnesota>, or contact Pamela Standing, MNIBA Project Director: (218) 850-8364; info@mniba.org

If you would like more information about the trainings go to <http://www.nativesmallbusiness.org/>.

Native American Entrepreneurial Empowerment Workshops are provided to Native communities across the country through support from the United States Small Business Administration (SBA) Office of Native American Affairs (ONAA). The mission of the SBA is to aid, counsel, assist, and protect the interests of small business by providing

financial, contractual, and business development assistance and advocating on their behalf within the government.

More information about the SBA ONAA can be found at www.sba.gov/naa. ONAA contracted with RedWind to provide the subject workshops through contract number: SBAHQ-13-F0134. RedWind is a Native operated technical assistance firm that helps transform and build strong Tribal nations, enterprises, and organizations. RedWind provides the experience and practical tools to help organizations meet the challenges facing Tribal communities today. For more information about RedWind, please visit www.redwindgroup.com.

Fond du Lac Veteran's Powwow - Traditional

July 8 - July 10, 2016

Location: Cloquet, Minn. MASH KA WISEN Powwow Grounds 1150 Mission Rd Cloquet, MN 55720

Directions: Take Highway 210 to Mission Road, Stay on Mission Road until you see powwow grounds.

Info: Jarvis Paro (218) 878-8179, Tom Whitebird (218) 878-2670

MC(s): Pete Gahbow, Les Gibbs

AD(s): Jaimie Petite, Ken Fox, Jay Smith

Host Drum(s): Battle River, Young Kingbird, Cedar Creek

Head Dancers: Mike Diver, Vanessa Northrup
Help us promote traditional tobacco use and keep our powwow arena and vendor areas smoke free. We will have

designated smoking areas. Miigwech.

Cost: Free

Specials: Women's Jingle, and Men's Traditional will start Friday night. Saturday Night Men's Grass Dance Special \$1,000 winner take all (Age's 18 and up) We will be checking ID's at registration. One Man Hand drum Contest, winner take all. Friday Night Drum Group Tug of War, Winner take all.

Additional Info: Grand Entries: Friday July 8th 7 p.m., Saturday July 9th 1 p.m. and 7 p.m., Sunday July 10th 1 p.m. Vietnam Wall and the Eyes of Freedom Veteran's exhibits will be at the Black Bear Casino during the weekend. Feast on Saturday at 5 p.m. Bag Lunch on Sunday at 3 p.m.

Fond du Lac Cobell Buy-Back Program Post-Offer Outreach Event Schedule

Snacks and Refreshments will be served at all Post-Offer Outreach Events. Notaries will be available Please Bring Full Offer Packet to Outreach Events

Sawyer Center every Tuesday 10:30 a.m.-1 p.m. Moorhead Rd., Cloquet, Minn.

Brookston Center every Thursday 10:30 a.m.-1 p.m. 8200 Belich Rd. Cloquet, Minn.

Fond du Lac Community/ Duluth

• June 9-Information Booth at health fair-10 a.m.-2 p.m. 1720 Big Lake Rd. Cloquet, Minn.

• June 20-Post Offer Event at CCC-10 a.m.-6 p.m. 1720 Big Lake Rd., Cloquet, Minn.

Twin Cities Community

• June 3- Post Offer Event at MCT Building 10 a.m.-6 p.m.

1308 E. Franklin Avenue, Minneapolis, Minn.

Bois Forte Community

• June 9-Post Offer Event at Tower-10 a.m.-6 p.m. 1610 Farm Rd. Tower, Minn.

Redwood Falls/Lower Sioux Community

• June 6-Post Offer Event at Jackpot Junction-10 a.m.-6 p.m. 39375 County Rd. 24 Morton, Minn. Eagle Room 1

Leech Lake Community

• June 13-Post Offer Event at MCT Building 10 a.m.-6 p.m. 15542 Hwy 371 NW, Cass Lake, Minn.

For more information view our website at www.fdlrez.com Buy-Back staff will be available M-F from 8 a.m.-4:30 p.m. at the Tribal Center

Contact CobellBuyBack@fdlrez.com or (218) 878-7361 to make an appointment.

WIC Program

Women, Infants and Children Nutrition Program (WIC) is a Nutrition and Breastfeeding program that offers tips and advice to help families eat well, learn about nutrition, and stay healthy.

The WIC program provides:

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$62.00 - \$190.00/month)
- Support and help with breastfeeding
- Referrals to health care, immunizations, and other programs

Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of age
- Children from 1 year of age

to their 5th birthday
To qualify for WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC. For example, a family of 3 making \$37,296.00 or less a year would qualify.

Contact the WIC office for further information: Laura Garza, PHN, CLC (218) 878-2147 at MNAW or (218) 279-4135 at CAIR, Kara Stoneburner, RD LD, CLS (218) 878-2183 at MNAW or (218) 279-4060 at CAIR or go to <http://www.health.state.mn.us/divs/fh/wic/index.html>, for more information.

WIC Program is an equal opportunity provider and employer.

Summer Food Service program

Fond du Lac is participating in the Summer Food Service Program. Meals will be provided to all children without charge and meet nutritional standards established by the U.S. Department of Agriculture (USDA). Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the following sites and times: Fond du Lac Ojibwe School 49 University Road, Cloquet, MN 55720 Hours of operation: 11 a.m. to 1 p.m. Monday through Thursday June 20-August 18.

The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of

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Etc.

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race, color, national origin, age, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or personal status, sexual orientation, or all or part of an individual's income is derived from public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requesting a form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue SW, Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provided and employer.

If you have any questions, Please contact Nikki Harris (218) 878-7203 or email nik-harris@fdlrez.com.

Nagaajiwanaang Genawendangig Anishinaabemowin (Fond du Lac Language Program) Kiwenz Language Camp News: Coordinating With Age To Age Intergenerational Program

Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

Kiwenz Language Camp planning is in full swing. Mark your calendars now, and plan to attend this annual event, scheduled July 27 – 31 at the Kiwenz Campgrounds. This year, we will include even more programming for elders and youth such as Ojibwe Bingo, Scavenger Hunt, and Ojibwe Cribbage.

Regular camp activities include arts and crafts instruction, canoe races, a mini-powwow on Saturday night, and a talent show on Friday night. Ojibwe language teachers will conduct language activities along with the arts and crafts interactive projects. Topics include:

- 1) pipestone carving and history talk taught by Bud Johnston
 - 2) making wild rice knockers (ricing sticks) out of white cedar taught by Phil Savage
 - 3) moccasin making taught by Miscobnayshii
 - 4) moccasin making taught by Sarah Agaton Howes
 - 5) beadwork earrings taught by Theresa Morrison
 - 6) flute making and history of the flute taught by Frank Montano. (Tentative schedule, subject to change.)
- Language activities will be

hosted by Ricky W. DeFoe, Ralph Fairbanks, Miscobnayshii, Dan Jones, Leonard, and Mary Moose. Sound system and sound technician will be provided through Denno's Dynamic Sound & Music throughout the camp dates.

We are always seeking new participants for the camp activities, so if you would like to host a language activity, craft activity, or other activity, please send your statement of interest to me that outline your interests and talents. Priority activity selection will be given to Fond du Lac Band members, and a data base of interested parties will be created of artists, crafters, and speakers who respond. Send your information, including your full contact information, to me at janisfairbanks@fdlrez.com

Tentative schedule is posted on the Fond du Lac website. We will release an updated schedule in July.

For more information, please visit www.fdlrez.com

- Go to the Tribal Culture tab
- Click on Anishinaabemowin tab
- Click on Events on right sidebar.

The event is authorized and funded by the Fond du Lac Reservation Business Committee, and planned by the Anishinaabemowin Coordinator with input from the Language Advisory Committee. This year, the camp is also co-sponsored by funding from the Northland Foundation, with activities planned by Deb Topping, Elders Advocate, for the Age to Age Intergenerational Program.

June Ojibwe phrases of the day

1 Aaniin ezhi-ayaayan? How are you? Nimino-ayaa. Giin dash? I'm fine. And you? Gaye niin. Me too.

- 2 Aaniin ezhi-ayaayan? How are you? Gaawiin nimino-ayaa-siin. Giin dash? I'm not fine. And you? Gaye niin. Me too.
3. Aaniin ezhi-ayaayan? How are you? Niminwendam. Giin dash? I'm glad. And you? Gaye niin. Me too.
4. Aaniin ezhi-ayaayan? How are you? Indayekoz. Giin dash? I'm tired. And you? Gaye niin. Me too.
5. Aaniin ezhi-ayaayan? How are you? Nimbakade. Giin dash? I'm hungry and you. Gaye niin. Me too.
6. Aaniin ezhi-ayaayan? How are you? Nindebisinii. Giin dash? I'm full. And you? Gaye niin. Me too.
7. Aaniin ezhi-ayaayan? How are you? Ningiishkaabaagwe. Giin dash? I'm thirsy. And you? Gaye niin. Me too.
8. Aaniin ezhi-ayaayan? How are you? Ingiiwashkwe Giin dash? I'm dizzy. And you? Gaye niin. Me too.
9. Aaniin ezhi-ayaayan? How are you? Niminwa-manji' Giin dash? I feel fine. And you? Gaye niin. Me too.
10. Aaniin ezhi-ayaayan? How are you? Nindaakoz. Giin dash? I'm sick. And you? Gaye niin. Me too.
11. Aaniin ezhi-ayaayan? How are you? Indewikwe. Giin dash? I have a headache. And you? Gaye niin. Me too.
12. Aaniin ezhi-ayaayan? How are you? Indoozosodam. Giin dash? I'm coughing. And you? Gaye niin. Me too.
13. Aaniin ezhi-ayaayan? How are you? Ingiiikaj. Giin dash? I'm cold. And you? Gaye niin. Me too.
14. Aaniin ezhi-ayaayan? How are you? Nindabwez. Giin dash? I'm sweating. And you? Gaye niin. Me too.
15. Aaniin ezhi-ayaayan? How are you? Nimindawe. Giin dash? I'm pouting. And you? Gaye niin. Me too.
16. Aaniin ezhi-ayaayan? How

- are you? Nimiigaadendam. Giin dash? I'm in a fighting mood. And you? Gaye niin. Me too.
17. Aaniin ezhiwebak? How's the weather? Mino-giizhigad. It's a nice day.
18. Aaniin ezhiwebak? How's the weather? Daki-ayaa. It's cool.
19. Aaniin ezhiwebak? How's the weather? Gisinaa. It's cold.
20. Aaniin ezhiwebak? How's the weather? Gizhaate. It's hot.
21. Aaniin ezhiwebak? How's the weather? Awan. It's foggy.
22. Aaniin ezhiwebak? How's the weather? A wanibiisaa. It's misty.
23. Aaniin ezhiwebak? How's the weather? Ningwakwad. It's cloudy.
24. Aaniin ezhiwebak? How's the weather? Mizhakwad. It's clear sky.
25. Aaniin ezhiwebak? How's the weather? Niiskaadad. It's stormy.
26. Aaniin ezhiwebak? How's the weather? Gimiwan. It's raining.
27. Aaniin ezhiwebak? How's the weather? Noodin. It's windy.
28. Aaniin ezhiwebak? How's the weather? Animikiikaa. It's thundering.
29. Aaniin ezhiwebak? How's the weather? Zaagaate. The sun is coming out.
30. Aaniin ezhiwebak? How's the weather? Wiisagaate. It's painfully hot.

GED classes continue at FDL Community Center

GED instruction will continue into the summer months at the FDL Community Center Library. GED Instructor Peter Spooner will be in the Library classroom from 4:30-6:30 p.m. on Thursday evenings. If you cannot make that time just call or email, and other times may be arranged. Instruction and tests are free for

Etc.

tribal enrollees and employees, and their relatives.

Students who have registered in 2015-16 (or before) are encouraged to continue, and new students are always welcome. Feel free to contact Peter Spooner at (218) 390-3064, or Peter-Spooner@fdlrez.com with any questions, or just stop in on any Thursday evening.

It is a fact that getting your GED can give you access to more and better-paying jobs, as well as entrance to college. Aside from those practical benefits, it is a major life accomplishment, and graduates report greater self esteem and quality of life after completing GED tests.

"Most people come in worried that the tests are going to be too hard," says Spooner, "but once they get started, they're surprised at how much they already know. Our instruction helps people brush up on basic skills and focus on the types of questions the GED tests ask."

GED practice tests are now computerized, and the final tests are only administered electronically. Visit GED.com for more information, and to set up a free account.

The HOPE Project

During the months of March and April youth from the surrounding area met for the annual HOPE Project Peer Leadership training. There were nine youth trained as of this year and 27 youth from 2015. This training involved concepts from social emotion learning theory in addressing suicide ideation in peers. Youth were trained using the Life Card developed in previous years HOPE Project groups. Youth demonstrated an ability to identify clues of suicide in peers,

show empathy and refer to an adult to prevent risk of harm. Here are some comments from the youth who participated in the training:

- "I learned what to do if someone is having thoughts to hurt themselves. I have enjoyed making new friends and learning more about suicide."
 - "I have learned to be patient with younger kids that I work with."
 - "I've learned that if you work hard and stay focused you will get somewhere in life."
 - "I learned that you can talk to anyone that you know for help. They will help you with what you're going through in life."
 - "TACO- Talk to an Adult and Communicate with Others."
 - "I learned that even the softest voice can affect a community."
- From one of the staff- "I enjoy meeting new youth every year and reconnecting with the ones returning. The community should know that there are so many resources out there to get help if struggling with depression or suicidal thoughts."
- From one of the staff- "I have learned that our youth can make a big difference in the lives of others. I am proud of these youth leaders."

These continued collaborative efforts involving Fond du Lac Human Services and the Ojibwe School to address suicide amongst American Indian youth have served over 90 youth in the community since 2013. The impact is far reaching even beyond Fond du Lac Reservation. Other Tribes have recognized what is happening here. Our youth were asked to present on the HOPE Project at the TXT4Life 2016 Annual Conference May 12 at Timberlake Lodge. We are very proud of the youth who

have been involved in the HOPE Project.

Fond du Lac Ojibwe School Board Regular Meeting

Tuesday April 5, 2016 Fond du Lac Ojibwe School Board Room 3:00 p.m.

Call to Order: Vice Chair Debra Johnson Fuller called the meeting to order at 3:04 p.m.

Roll Call: Debra Johnson-Fuller, Joyce LaPorte, Shawn Johnson, Patty Petite, Kathleen Garsow, Betty Anderson, Dorothy Olson.

Others Present: Jennifer Johnson, Superintendent entered at 3:45 pm; Vicki Oberstar, Licensed Guidance Counselor, Sharon Belanger, Special Education Coordinator, Michael Quam, Transportation Director, Earl Otis, Athletic Director

Reading of the Mission Statement & Vision: Read by Dorothy Olson.

Motion to approve the agenda with changes: move to add item Promote Community Involvement to New Business. Move Airplane Sub-committee from informational to requires action. Motion made by Dorothy Olson, seconded by Betty Anderson. All in favor, 0 opposed, motion carried

Motion to approve the March 8, 2016 regular meeting minutes: Patty Petite seconded by Dorothy. All in favor, 0 opposed, motion carried.

New business:

I. 2016-2017 FDL Ojibwe School Track Proposal: Presented by Earl Otis - Athletic Director presented a budget and plan for practice. The board suggested Earl return with an adjusted budget, plan for Cloquet practice times, time frame for the sport, number of students that would participate in Cloquet Co-op agreement and include the overall sports budget in this proposal.

Earl Otis left at 3:30 p.m.

II. Airplane Project Sub-committee - Betty Anderson

presented a STEM Narrative Summary. Transportation Director Michael Quam verbally quoted \$4000 to \$4500 to paint the plane. There was further discussion regarding options for the airplane project.

Jennifer Johnson entered 3:45 p.m.

Motion to have the sub-committee get on the RBC agenda to request direction on how to move forward with the airplane project - Dorothy Olson, seconded by Kathleen Garsow. All in favor, 0 opposed, motion carried.

III. AYP Discussion - Betty Anderson would like to hear discussion regarding AYP. Superintendent Johnson explained BIE AYP and State of MN AYP to the board. Discussion regarding AYP and individual student growth.

The board discussed Native star and smart goals.

IV. Promoting Community Involvement: Dorothy Olson presented the sub-committee meeting minutes. There was a suggestion to have the School Board at the Sept 2, 2016 staff orientation to meet and greet staff and community.

Old business:

IV. Transportation Policy Change - Mike Quam discussed his role as a Transportation Director and dealing with angry hostile parents. Questions regarding the Transportation Director job description.

Superintendent Johnson explained the current policies and procedures.

Page 21 (II) change the "Transportation Administration" to "Behavioral Management Facilitator".

Make the changes to the current policy and present to the school board at the next meeting.

Mike Quam left at 4:55 p.m.

Supervisor Report: Sharon Belanger - Special Education Coordinator. There was discussion regarding Occupational Therapies services. The board suggested to post an Occupational Therapist P/T position with FDL Human Resources and research

transporting the students to the Hospital for services.

Sharon left at 5:05 p.m.

I. School Board Strategic Plan - April 30, 2016 at the Ojibwe School from 9:00 to 3:30.

Dorothy Olson left at 5:15 p.m.

II. FDL Ojibwe School Staff Equitable Pay Scale: Superintendent Johnson presented a Proposed 16-17 Salary Scale. Patty Petite left 5:18 p.m.

The scale is intended to recruit and retain highly qualified staff/licensed teachers. There was discussion regarding the support staff. There was discussion regarding budget and sustainability.

Patty Petite returned 5:21 p.m.

Superintendent Johnson recommends we approve this proposed salary scale for further recruitment and to retain the current highly qualified staff.

Motion to approve the proposed salary schedule to implement SY 16-17. Several members need to table the action and discuss further at the next regular meeting.

III. Attendance Policy - TABLED

Supervisor reports: Superintendent Johnson reviewed her report. BIE DPA is currently monitoring on site.

Patty Petite made a motion to adjourn, seconded by Betty Anderson. All in favor, 0 opposed, motion carried.

Adjourn 5:35 p.m.

Recorded by Jennifer Trotter-chaude

Fond du Lac Ojibwe School Board Special Meeting

Tuesday April 19, 2016 Fond du Lac Ojibwe School Board Room 3:00 p.m.

Call to Order: Chairman Wayne Dupuis called the meeting to order at 3:04 p.m.

Roll Call: Wayne Dupuis, Debra Johnson-Fuller, Joyce LaPorte, Shawn Johnson, Patty Petite,

continued on next page

Etc.

from previous page

Kathleen Garsow, Betty Anderson, Dorothy Olson.

Others Present: Jennifer Johnson, Superintendent; Tara Dupuis, Ojibwemowin Teacher Reading of the Mission Statement & Vision: Read by Kathleen Garsow.

One agenda item - preparation and discussion for upcoming Strategic Planning Workshop with Dawn Newman - The board reviewed the information included in the packet. There was discussion regarding a 5 year plan and the Report of the External Review Team for Fond du Lac Ojibwe School given by NCA-AdvancED. The Board reviewed The Practical Vision.

April 30, 2016 strategic planning meeting priorities are: Goal setting in the Practical Vision.

Debra Johnson-Fuller made a motion to adjourn, seconded by Dorothy Olson. All in favor, 0 opposed, motion carried.

Adjourn 4:28 p.m.

Recorded by Jennifer Trotter-chaude

Important

If you receive a notice from the State of Minnesota, please see a Patient Advocate or Medical Social Worker at MNAW or CAIR as soon as possible.

Save the date

1st Annual Odemin 5K Walk/Run Sunday, July 10 (Veteran's Powwow Weekend) Kiwenz Campground

Hosted by: Kwepack Runners For more information contact kwepack2016@gmail.com

FDL Elder activity

The activity will be brunch and a play. The play, *Dearly Departed*, will be June 5 2 p.m. at County Seat Theater in Cloquet, Minn. The brunch will be at Black Bear Casino starting at 11 a.m. Free for elders, spouse and friend must pay.

Sign-up will be in the FDL CCC Library (218) 878-7513.

There will be another elder activity June 25, 7 p.m. to see performer David Church at Midwest Country Music Theater in Sandstone, Minn.

School bus will board and leave MNAW at 5:15 p.m. There will be 30 tickets available on a first come first serve basis. There will be a \$20 deposit when you sign up, enrollees deposit will be refunded on the bus. Last day to sign up June 18.

Sign up with Catherine Follett (218) 879-9493 or Carol Jaakola (218) 879-9296.

2016 FOND DU LAC ENROLLEE DAY CELEBRATION!

2K WALK / 5K RUN

FDL CCC GYM Friday June 24th

REGISTER: 5:00pm

START 6:00pm

SOFTBALL EVENTS:
~OLD TIMERS WILL PLAY
FRIDAY JUNE 24TH
AT 5:00 PM
~CO-ED WILL START
SATURDAY JUNE 25TH
AT 8:00 AM



EARLY BIRD SMOKE FREE BINGO

SATURDAY JUNE 25TH

7:00AM REGISTER

8:30AM START (\$10)

Breakfast Buffet Included



GOLF w/Cart

SATURDAY JUNE 25TH

TEE TIMES:
8-9am, 11:30-12:30, 3-4pm
(Must show Tribal ID)

NAH-GAH-CHI-WA-NONG
Golf Scramble

Start Time: 8:00am Late Registration
9:00am Shotgun Start

Cost: \$50.00 per person (\$25.00 FDL Enrollees)
Proximities \$10.00 Per Person
Closet to pin, Long Drive, Long Putt
Skins \$60.00 Per Team
Call the Pro Shop @ 218-878-2485 To Sign Up Your Team



DRAWING SIGN-UP

FDL Cloquet Community Center

THURSDAY JUNE 23

*12:00-8:00 PM

FRIDAY JUNE 24

*8:00 AM-8:00 PM

SATURDAY JUNE 25

8 AM TILL THE END OF DRAWINGS.

(Must present Tribal ID to claim win)

Tribal ID Station in Classroom



MORE INFORMATION:
(218) 878-7510

SATURDAY JUNE 25, 2016

SOFTBALL 8:00AM FDL Field

EARLY BIRD BINGO @ Black Bear Start 8:30am

GOLF/Golf Scramble 8am @ Black Bear

FAMILY OLYMPICS 11am

PHOTO BOOTHS 1-5pm

CARICATURE ARTISTS 1-6pm

FDL 4H Mentor Booth

MINI POW-WOW 4pm-8pm

Grand Entry 4:30pm (Bring Lawn Chair)

DOUCETTES BOUNCY HOUSES 12-7pm

POWER BUNGEE 11-7pm

Under 18 Need Parent Signature

OPEN MIC: FDL FOOTBALL

FIELD STAGE @ 1pm-10pm

FOOD 12-4pm OJS Gym

DRAWINGS 12pm FDL CCC Gym

CULTURAL ACTIVITIES @ THE MUSEUM

LANGUAGETABLES 9am-5pm

HISTORICAL SOCIETY -4pm

Will be set up by Museum

FIREWORKS Saturday Night 10pm

FDL ENROLLEE
Movie Morning
Premiere Theaters
Sunday June 26th
10:00 AM

Election News

2016 General Election notice

A Regular Minnesota Chippewa Tribal Election of the FOND DU LAC Reservation Business Committee will be held on June 14, 2016 to fill the following positions:

Election Date: June 14, 2016

Polling Places:

District I:

Fond du Lac Community Center
1720 Big Lake Road
Cloquet, MN

District II:

Sawyer Community Center
3243 Moorhead Road
District III

Brookston Community Center
8200 Belich Road

Polls Open: 8:00 a.m.

Polls Close: 8 p.m.

Candidates for Chairman – 4 Year Term

Wayne Dupuis

Kevin R. Dupuis, Sr.

Candidates for District I (Cloquet) Committeeperson – 4 Year Term

Wally Dupuis

Vanessa L. Northrup

Candidates for District III (Brookston) Committeeperson – 4 Year Term

Roger M. Smith, Sr.

Phillip J. Savage

The following is an excerpt from the Election Ordinance as amended 11/9/2015, which states the voting requirements.

Primary Election; the designated polling places; the time for opening and closing of the polling places; and the voting requirements.

Section 1.6. Voter Eligibility.

1.6(A). Judging Qualifications.

Each Band governing body will be the sole judge of the constitutional qualifications of its voters and may, by official action, delegate this responsibility to

its General Reservation Election Board.

1.6(B). Eligibility to Vote: Generally

Eligible voters are enrolled members of the Tribe, 18 years of age or over. All eligible voters shall vote by secret ballot. To be eligible to cast a ballot a voter must meet all constitutional requirements. In addition, to be eligible to cast a vote for Committeeperson, a voter must have resided within that district for at least thirty (30) days immediately preceding the election, unless the voter casts an absentee ballot as permitted by this Ordinance.

1.6(C). Eligibility to Vote: Absentee.

Whenever, due to absence from the reservation, illness or physical disability, an eligible voter is not able to vote at the polls and notifies the General Election Board consistent with this Ordinance, he/she will be entitled to vote by absentee ballot in the manner and under the procedures as provided by Section 2.2(B). To cast an absentee ballot for Committeeperson, an eligible voter must have resided within that district for a period of at least thirty (30) days as his/her last reservation residence. In the event an eligible voter has never resided on the reservation of his/her enrollment, he/she must declare in his/her request which district has been selected in which to cast the ballot for Committeeperson. A voter may not thereafter change his/her district for absentee voting purposes without actually residing within a different district on his/her reservation of enrollment for at least thirty (30) consecutive days immediately preceding the election.

Section 1.7. Reservation Election Boards and Election Contest

Judges.

1.7(A). General Reservation Election Board.

Within three (3) business days following the notice of certification of candidates for either a Regular Election or Special Election, the Band governing body will appoint at least four (4) eligible voters of the reservation as the General Reservation Election Board. One member of

Regular election calendar

June 14: General Election (Polling Places open from 8 a.m. until 8 p.m.)

June 15: General Reservation Election Board certifies results of Election. (Prior to 8:00 p.m.)

June 16: General Reservation Election Board publishes Election results.

June 17: Deadline for Request for Recount. (Filed with General Election Board prior to 5:00 p.m.)

June 21: 4:30 p.m. - Deadline for Notice of Contest. (Filed with Reservation Election Judge and Executive Director of the Minnesota Chippewa Tribe.)

June 22 (or 20, 21, if request for Recount is filed before deadline): Decision on Request for Recount and Results of Recount, if allowed.

July 1: Deadline for Decision on Contest for General Election.

July 5 (or within 3 days of decision on Contest): 4:30 p.m. - Deadline for appeal to Court of Election Appeals. (Filed with Executive Director of the Minnesota Chippewa Tribe and Reservation Tribunal rendering Decision).

July 8 (or within 3 days upon receipt of Notice to Appeal): Record of contest forwarded to Court of Election Appeals.

July 12 (hearing within 7 days notice of appeal). Last Day for Hearing on Appeal.

July 12: Winning candidates assume office by operation of law, unless sooner seated, or the election is subject of appeal to the Court of Election Appeals.

July 22 (or Ten days from Hearing on Appeal): Deadline for decision of the Court of Elections Appeal.

Day following Decision of Appeal: Winning candidate prevailing on appeal takes office.

Candidate Statements

Chairman

Kevin R. Dupuis Sr.

The following is reprinted from the Primary Election Statements in the March issue.

Dear FDL Band Member,

My name is Kevin R.

Dupuis, Sr. I am running for Chairman of the Fond du Lac Band, and

am asking for

your vote for this important position. I have served as the Band's Secretary/Treasurer (2002-2006), and Brookston Representative (Present). After 8 years as a reconnaissance marine, I came home and became involved with the political issues facing our reservation. Learning local, state, and federal laws affecting us has become my passion.

One goal I want to accomplish is to ensure the job descriptions of all the RBC members are followed. The Chairman position has the general supervision responsibility over the RBC members as outlined in I-64.



Kevin Dupuis

Each RBC member has certain duties that must be carried out and I will take responsibility for making sure these duties are completed and each position is held accountable.

Other areas important to me:

- Our sovereignty must always be protected and defended. It is our life/identity and includes our language, culture and our way of life.

- Our constitution, bylaws, ordinances and polices that are in place must be followed to ensure equality and fairness to all members.

- We need to protect our elders and youth. It is our responsibility to make sure they living in a safe environment.

- Ensure our band members have employment opportunities to take care of themselves and their families. This will lead to healthy communities and empowerment for all.

- Develop a strategic plan for the reservation that will seek input from community members and provide clear direction for FDL. This plan will also set goals so progress can be monitored and evaluated.

- Use this strategic plan to create economic development/stability

Together we can make this happen. Vote Kevin R. Dupuis, Sr. Questions, 218-348-1116,

KevinDupuisr1@gmail.com

I appreciate your support.

Migwech,

Wayne Dupuis

Vote Wayne Dupuis Jr. Chairman
June 14, 2016

STRATEGIC DIRECTION to



Election News

focus our collective vision:
 In order for the Reservation and our enterprises to sustain and grow we need to operate strategically and invest our money into programs and services that are in our best interests, with equitable distribution of resources and with clearly defined expectations. We can set our expectations high, and envision a future with quality education, health care, housing, youth programming, elder programming and careers. As your tribal Chairman, I propose to implement the Strategic Plan that was developed through focus groups and community meetings as well as surveys and build on this unified vision with key priorities and strategies to address them. The key to successful implementation will be ongoing communication with ALL Tribal members, division directors, managers, and employees. The plan will be focused on economic diversification, workforce development, education and training, entrepreneurship for Band members, localization of products, services, and food.

INVEST IN OUR PEOPLE and they will invest in our homeland: We must invest our resources into capacity building and investing in our most valuable resource, the people. It's time to set our members up to succeed. In addition to helping our Band members find jobs, we will assist them in developing careers with livable wages and businesses that keep our economy local. It's time to invest and benefit through educational opportunities and provide avenues for mentorship and development to those who expand their knowledge, skills, and abilities. Indeed, we need to invest in our future

doctors, lawyers, nurses, scientists, artists and teachers but we also need to invest in our future plumbers, mechanics, electricians, and other occupational fields. There is a great need to invest in a management-training program, a program that will help our Band member employees take over leadership positions with the skills, knowledge and experience to succeed.

ENCOURAGE PARTICIPATION from our Band membership:

Expecting elected officials to solve problems and address community concerns without Band member participation is unrealistic. I propose to involve you, the Band members, to use your own voice and build upon a culture of mutual responsibility towards building our Fond du Lac Reservation. This can be accomplished through a variety of opportunities to get involved including participating in community forums, task forces, and advisory boards. We will practice transparency, so you know what is happening in our programs and services; this is critical to building trust. I will provide you with information about our finances, and our programs and services. I will also lead by example; I will respect and abide by our traditional teachings that shape our code of ethics and the rule of law. Together we will ensure equal voice and equal distribution of resources.

I am grateful to everyone that has participated in this election. Please contact me to talk about these topics or others. I can be reached at (218) 310-7588 or by email at waynedupuis1@msn.com. My Facebook page is as follows; <https://www.facebook.com/fonddulacelections/?fref=ts> or Wayne Dupuis for Fond du

Lac Chair.
 Miigwech

Cloquet District I

Wally Dupuis

Dear Fond du Lac Band members:



Thank you for your participation and overwhelming support in the recent Fond du Lac Reservation Primary Election. More importantly, thank you for choosing me, Wally Dupuis, as your candidate in the Fond du Lac Reservation General Election to be held June 14, 2016. Your continued support and encouragement is an honor and is greatly appreciated.

With your ongoing support, positive Reservation growth will continue into the future. With my life and work experience, along with my education and career in Criminal Justice, my focus has been and always will be, a safe and positive future for Fond du Lac.

I have committed my efforts to building and maintaining a safe and health community through encouraging and supporting educational opportunities. We currently have more graduates than ever. We have designed and implemented policies intended to protect Reservation interest, culture, language, and sovereignty. As such, we are now exercising our rights in our 1837, 1842, and 1854 treaty areas. We've promoted our language by the inclusion of Ojibwa language signage all around our Reservation as well as supported language camps.

We've focused on maintaining long term financial stability and efficient accountable Reservation operations. With the purchase of radio stations and the introduction of a broadband system, these operations will only prove financial stability in years to come. We have proudly added hundreds of acres to our land base, as well as numerous homes in an effort to address our increasing housing needs. Our assisted living, veteran's supportive housing, and supportive housing have been utilized to their fullest capacity and have been a welcomed addition to our inventory.

As your District I Representative for the past eight years and your Chairman since November 2015, I have gained a strong working knowledge of each or our programs, entities, and enterprises. I am confident we have highly qualified staff in all our programs and enterprises. I believe we've made good, sound decisions. These decisions have proven to be successful with higher revenue numbers ever recorded along with lower expense numbers. Although some choices we've made are not always the popular choice, we continually focus on what will be for the betterment of the Fond du Lac Band.

With all of these major accomplishments, we have also been successful in providing structured organized activities for all ages within our community centers. Participation in these activities has grown to record. We have promoted and supported programs specifically structured to involve our elders and to have a positive impact on our youth.

As your District I Representative, I am committed to suc-

cessfully building these areas; however, there is much more to be done and I am ready for the tasks.

Thank you, it has been and will be an honor to again to be your District I Representative as we continue to build on our successes and face future challenges.

Please feel free to call, text, or inbox me on Facebook.

Respectfully,
 Wally Dupuis
 (218) 428-9828 (cell)
 RE-ELECT WALLY DUPUIS,
 DISTRICT I!!!!!!

Vanessa L. Northrup

Boozhoo,

Here we are! With your support we advanced to the General Election. Miigwech!



You've allowed me the opportunity to continue to work hard.

When I obtained my Masters degree in Tribal Administration and Governance, I wanted to understand in depth how our Tribe operates. I will find solutions to situations that we continue to face as a people today. We should not be in survival mode, but thriving. We have the capabilities. We can get there.

During my work as a police officer I responded to many calls of duty, some which hurt my heart. I thought I could make a difference but realized I was part of the problem. I knew I needed to make a career choice that would allow me to help our people more effectively. I wasn't taking care of problems; I was taking care of the outcome of something deeper. I believe if we change

Election News

the input into our society norms, it will change the outcome. We have to be proactive not reactive. We are not statistics that are printed for the world to see. We are Anishinabeg and we have overcome atrocities that were meant to eliminate us from the human race. We are strong and ingenious and this is what needs to be told.

I attended a two-year program called Rebuilding Native Nations. During this time, I studied current issues that all of Indian Country face and recognized a pattern. The issues were the same or similar. Our challenge as a group was to identify these issues and begin to rebuild our Tribal nations. I understand Indian Country receives funding from sources for our programs. They also dictate how we run them. We have to change this practice and redesign them to work for all of us.

Another concern I have is for our off Reservation Band members and families. They are not included in many of our community affairs and often left out. As Anishinabeg people we are one, there is power in numbers and strength that comes with expanding our relationships beyond imaginary boundaries. When we lose any of our people they take with them teachings that should be shared amongst all of us. Imagine an Elder who has first hand life experiences. We may never know their journey if it is not shared, when they pass they take with them a library of knowledge. Every person has a gift to offer, they should be embraced and not pushed further away from us. My current concerns:

- Checks and balances within our Tribal government, including a separation of powers
- Economic growth

- Cultural buildings
- Expanding services to all people
- Taking care of our Elders and children

With your support I will strive to promote the health and welfare of our Tribe. Together we can do this Fond du Lac. Vote Vanessa L. Northrup Tuesday, June 14, 2016. Miigwech

Brookston Representative III

Phillip J. Savage
Boozhoo
Brookston:



Miigwech for the honor of your vote into the District III General Election! I would like to ask for your support on June 14th. **BROOKSTON LIVES MATTER!** Let's do this...

My name is Phillip Jeffery Savage. I am from one of the oldest families first established in the Brookston District - the Beargrease family. My parents are Jeff and Sandi (Sandman) Savage. I have a wife (Alyssa) of 21 years and two children (Dylan, 17 and Alyza, 12).

I have a Business Degree from FDLTCC and will be furthering my education at UMD. I have worked for FDL my entire life in various capacities. Currently, I work as the Brookston Center Lead Maintenance and Security.

During college, I was elected as Secretary/Treasurer of the Anishinaabe Student Congress. In 2012, I complete the Blandin Community Leadership Program. I currently am Chair of the Cloquet JOM Committee and sit on the LIEC board as well.

My family and I are extremely committed to FDL! We engage and support any community activity that is offered and promote the overall well-being of Brookston. We participate in traditional and seasonal activities that many Fond du Lac'ers do. Day to day life stays very busy for our family on East Pine. I am very familiar with the needs of our community and will work hard to have these needs met.

Over the years, I have observed how our former representatives have represented our community. I believe we have a strong base and can continue to build upon their hard work. A few concerns regarding our area are activities, culture continuity, drugs, education, employment, housing, safety, and self-sufficiency. We also have an expansive, remote area that could utilize improved and coordinated services to all.

My plan to overcome these issues is to work with YOU! I will bring all of Brookstons' voices back to be heard. WE can and will continue to be the strong Brookston community that I have always known. NO ONE can take that from us. EVERYONE is of value and has input. I am an accountable, honest, and caring man. The only promise I will make is that I WILL stay that same individual. I WILL represent our community in the best manner at work and personally, as I always have... Miigwech for your time!

BROOKSTON LIVES MATTER!
MAKE YOUR VOICE BE HEARD!
A VOTE FOR PHILLIP SAVAGE ON JUNE 14TH IS A VOTE FOR US ALL!
Pjsavage12@gmail.com
(218) 730-8236
3685 Teal Drive

Roger M. Smith Sr.
Boozhoo District III Members,

I would like to thank all of you that supported me in the Primary Election. I am now respectfully asking for your support in the General Election as we focus on building a safe and healthy Brookston Community and a stronger Fond du Lac.



I will be committed to addressing the safety concerns in our communities and work with Band members to make sure all areas are safe, that all goals set are achieved by us. We will be aggressive at addressing the drug epidemic that is killing our people, separating our families, and destroying our communities. We will focus on employment, employee advancement, and training opportunities of our Band members. This will give Band members the means to support and care for their families. This will also ensure that it is Band members in leadership positions.

We will always fight to protect our Sovereignty that protects our traditions, language, hunting/fishing/gathering rights and our way of life. I will fight to have protections so our natural resources are not threatened by outside entities. This needs to be done so our 7th generation will thrive. I have exercised our rights in both the 1837 and 1854 Ceded Territories. I understand the importance of those rights. I will support and recommend that our Band membership be fully aware of any and all negotiations with Enbridge and seek your input.

I will always hold our Elders

in high regards, as they are the keepers of our past. They tell us where we have come from and the struggles we have endured as a people. They are the keepers of our teachings and why they are so important for our survival. I also hold the same high regards to our Youth, as they are the keepers of our future and our survival as Anishinabe. For these reasons I will continue to support and protect programs that will ensure that the Elders and Youth have a safe and healthy environment.

I am currently a Deputy Sheriff with St. Louis County Sheriff's Office and have been with them for 11 years (1999-2004; 2010-present). I was the first Chief of Police for Fond du Lac Police Department and tasked with creating a Law Enforcement Agency from the ground up.

While District III Representative (2004-2008) I had served on several boards and task forces. I was the first Fond du Lac Band member to be elected by Tribal Leaders in the Midwest Region to serve as the Alternate Midwest Area Vice President on the NCAI Executive Board and Midwest Region Representative for the NCAI/White House Methamphetamine Task Force, Minnesota Indian Affairs Council- Veterans Affairs, MCT Sub-committee's for Health and Human Services and Education. LIEC committee's in Cloquet and St. Louis County School Districts. I have sat on the On-Reservation Conservation Committee. My family regularly attends powwows. I am a Men's Traditional Dancer, Eagle Staff Carrier, and Eagle Whistle Carrier.

I can be reached at (218) 428-4031; smith_roger5317@yahoo.com or on Facebook.

Roger M. Smith Sr.

August 18, 1853 – Arrival at the Old Village of Fond du Lac – Part 2

Research by Christine Carlson

Northern Jottings---No. 10 - Fond du Lac--- Indian Life, &c. Milwaukee Daily Sentinel of September 21, 1853

Fond du Lac boasts of no dock, and the "Ward" is lying as near the green bank of the river, as the depth will permit. The afternoon is glorious, the village lies before us in all its strange array of log and bark houses.—Yonder a busy family are erecting a mound-like edifice of birch bark, and it rapidly approaches completion beneath their nimble hands. The dusky population, old and young, male and females, large and small, are crouching on the green sward in picturesque attitudes. Kinnekinic is suffering some in long-stemmed red stone pipes; faces are wreathed with comfortable smiles, and the settlement appears highly elated in view of the "good" time coming.

Our decks are crowded, and now begins a comical scene, from the effects of which my ribs have not yet recovered. An orange thrown with considerable force among the crowd opens the ball; now an apple spits on the head of a forward juvenile who misses the catch; a perfect shower of crackers and pennies follow, and the fun waxes fast and furious. "There is racing and chasing" and rattling and tumbling in Fond du Lac for these miscellaneous trifles. Each little imp gets up a most unearthly yell on his own account, and black eyes shine, and white teeth are displayed to great advantage.

But a stake is driven in the ground, a hawser is made fast, and our boats work their way by it to the land, crowded with eager live freight. - Hands are

shaken all around—"BooZoos" said—and we feel perfectly at home. A more promiscuous sight perhaps was never seen. Bloomer hats midst Indian head-dresses, silks and satins, broadcloth, blankets and deer skins; the dusky children of the woods, and the spoilt sons and daughters of civilized life—all together, and all harmonious, emblematic of that good time when wars shall cease, and the rumors of wars be heard no more forever; when man shall meet his brother man, the side world over, in bonds of unity and affection. A young pa-poose, attached to his mother's back in a basket of solid bead work, attracts universal attraction from the ladies, and many a fair lip is pressed against the youngster's cheek, who bears it like a hero. He is to sit in the council and direct the affairs of his tribe one of these days, if the Great Spirit wills it, and his mother is a proud woman; her dark eye glistens as she receives congratulations from her fair sisters.

Some stroll to the little burial ground near by to see sun bleached Sioux scalps flapping in the wind, and the rude graves of warriors and "couriens des bois," whole lives might have filled a book of wild and daring deeds; but they died unsung, and to the world unknown. Others visit the North American Fur Company, and the various lodges scattered round. We learn that a party of 40 braves have just taken the war path into the Sioux country, and in all probability "fur will fly" before their return. Leaning against yonder door post, with modest mien and down cast eyes, is Lucille, the belle of Fond du Lac. She is a half-breed, and as pretty a creature ever exposed her beauty to

the envious moon. Her costume is civilized, and she has been educated at some Mission on the Lake.

Now a merry party of natives visit the steamboat to inspect its wonders. Lucille will not take the captain's arm. His lady passengers have whispered in her ear, and the laugh is loud and genial as she takes the arm of Mr. Livermore, and the gallant captain blushing retires. Quite a busy time has sprung up between red and whites, and pipes, otter skins, bear's claws, belts, moccasins, canoes &c. readily bring their market value. I made a trade with old "Chingoop," the head chief, for his finest pipe, and shall keep it remembrance of the "old boy" till I see him again. Mr. Godfrey a young Indian trader, leaves us here, it being his place of business. He is perfectly familiar with all the western tribes, their habits, customs, and language; comes of a stock that has been famous in its day and generation; is a smart fellow and a unique character in his way. He was the fountain head from whence flowed most of the facts connected with this region, and many on board gleaned interesting items from him of wild Indian life and backwood's experience, told in a vein of rough humor peculiar to himself, which those who listened to him will not soon forget.

Supper is over, and a change has come over the late peaceful and happy village. Fire water has been procured some how on board, and circulates freely among its male inhabitants (the only dark feature in our trip.) Wild figures dart to and fro warhoops are given, and excitement rules the hour; and it is whispered that a grand dance, a real Indian hullaba-

loo is about to take place.-- On they come; all the disposable forces are marching across the meadow in true Indian style, with beating shield and drum and rattle. A warrior and feathered brave is at their head, naked and painted to the buff; a long sash of meadow grass is tied about his loins, and hangs floating in his rear. He moves stealthily as a cat, as if each bush and blade of grass contained an enemy. Old Chingoo, dressed in a military coat, issues from a lodge, and with the 2d chief joins the band. Now they advance in a series of gyrations, each warrior shaking himself furiously, and yelling like incarnate fiends. The chiefs are seated on the ground, beating time with music wild as the dance rages furiously around them. Tomahawks, guns, knives, and pistols, are brandished high in the air, and the grass is beat with prodigious energy, Chingoo and his aid now lend a hand, or rather a foot, and a new impetus is given to the performance, till the scene becomes really, fearfully wild; and the whole was brought to a grand climax by a chorus of the most unearthly yells which still ring in my ears. The juvenile population seemed in their element, and danced and yelled outside the circle.

The "Ward" has her bow down stream and is slowly moving onward; the head brave is going through a bit of violent oratory, which has a startling effect. They rush to their guns, and plunging helter skelter over the meadow, are after us. One leads the rest, and has two guns on his shoulders. Reaching the margin of the river, not 50 feet from our crowded decks, he deliberately stoops and snaps them both at us, but thanks to the women, the priming has

been removed, and none are the worse for this attempt.

Down the river we glide along, the moon's pale beams are shooting over the edge of yonder swell of land, and change the amber waters round us into liquid gold. How quiet and lovely is the scene. How like enchantment appears in the soft light of night each green island, wooded point and grove, which pleased us so much by day. Homeward bound Indians dart in light canoes from bayous filled with rice, and like dusky spirits disappear. A fishing party embowered in trees, on a point of romantic beauty, come forth to see us, and look wild and Rembrandt like, as their fire lights up each swarthy form.

The "Ward" has accomplished about one half the river route, and is now threading her way through one of the many lake-like sheets of water, which render the St. Louis at intervals so beautifully unique in its appearance. Our good boat has worked herself into 3 ½ feet water, and fast wedged in the mud.

Comparing the story with the 1850 Census of the Fond du Lac Band

The 1850 census for the Fond du Lac Band has 187 families with a total of 557 people on the roll. Family number 1 is Chief Shingooob with 1 man, 1 woman, and 3 children. There are 3 sub-chiefs and they are listed and spelled as Mongoosit, Ahnemahsung, and Nahgonub. Also in this story is a man named Godfrey and in the census there is a Louis Godfrey so this could be the man. This census is for the Minn. and Wisc. area and not just the old village of Fond du Lac.

School News

Superintendent's news from Jennifer Johnson

Aaniin/Boozhoo nindawemaganidok

Congratulations to the FDLOS Class of 2016!

There are so many things to reflect upon this past school year. I'm grateful for how well our students and staff work as a team. FDLOS staff really excels at pitching in and doing whatever it takes to help not only the students but each other as well. Chi miigwech! I hope you read all of the exciting newsletters that highlight the 2015-2016 school year. Chi miigwech, to everyone that helped make our school year a successful one. I am extremely proud of our students and staff.

I am truly grateful to our dedicated staff for the endless hours of support that they give to our students. This year we implemented

a new reading program and created student learning goals which enable us to focus on individual skill building areas for our students. It is our hope that by having this individual focus that we will see results that help our overall student achievement.

In addition, FDL School Board is working on a five year strategic plan to improve our school for our students and staff. If you have any ideas or suggestions please contact your district school board representative. The school board

representatives are listed on our school's webpage. I look forward to working with the school board to obtain all the goals they set for our students to achieve the school's vision statement. It truly takes an entire community to raise our children!

It's been exciting becoming the new superintendent. I enjoy working with our children and building relationships with them and their families. Hopefully, I will have the opportunity to see our students and families at community events over the summer!

Hopefully, we will be offering a Summer School program this year. Please call for more information or if you have any questions. Also remember to fill out and turn in enrollment packets for next school year.

A heartfelt Miigwech to all the students, parents/guardians, staff, and community members who contributed to make this year successful and unforgettable...

Gigawaabamin

Jennifer Johnson
Fond du Lac Ojibwe School
Superintendent
Office Ph. (218) 878-7284
Cell Ph. (218) 591-2083
jenniferjohnson@fdlrez.com



Outdoor Edventures program

Fond du Lac Ojibwe school staff, Jill Goodreau and Katie Buckholtz, created an outdoor exploration group at the school this year. After receiving a grant through the Northland Foundation, the dream of an Outdoor Edventures program became a reality for high school students. Fond du Lac Human Services Prevention/Intervention program also played a key role by providing transportation and extra supervision.

Late winter, students traveled to Wolf Ridge Environmental Learning Center to participate in a winter survival class. After a mock bus crash, students learned what things were most important during survival. Next, students hiked 1.5 miles into a valley with their limited

survival gear (a tarp, a length of twine, a piece of dry birch bark, and 10 matches). Upon arrival, groups dispersed into the woods to build a shelter, start a fire, and boil snow in order to make hot chocolate for each team member. As added pressure, the teams competed against each other to see which group could work together and accomplish these tasks first. Eddie DeFoe, Treshawn Brown, Gabriel LaDeaux, and DaQuawn McCray won the competition.

Then, in late April, the group visited Gooseberry Falls State Park to complete an "Amazing Race" activity. Students were given clues to find a location in the park. Once they deciphered the clue and reached their destination a challenge awaited them. One task had students completing water testing at Lake Superior and



the Gooseberry River with Deanna from the Lake Superior National Estuarine Research Reserve. Shannon Kesner, Rick Gitar, and Shannon Judd from Fond du Lac Natural Resources ran a wilderness first aid station in which students were required to identify medicinal plants and use what they could find to make a leg splint. Not all stations were serious, students also had to call for Big Foot and take a

selfie with him when he appeared, run a crazy obstacle course, and eat chocolate covered bugs.

We are excited to finish our school year with trips to go kayaking on the Brule River, complete the high ropes challenge course at the University of Wisconsin - Superior, build rockets at Fond du Lac Tribal and Community College, and a two-night camping trip near Ely to visit the Ojibwe pictographs. The group hopes to continue the adventures next year.

School News

The Seventh Grade Scoop

By Mrs. Dinger

This has been my first year working at the Fond du Lac Ojibwe School, and it was my pleasure to teach the seventh grade students this year. The students have done a nice job adapting to changes in the classroom including starting the school year with Ms. Monnier, switching to me in October, studying Science with Mr. Rock first quarter, and then with me for the remainder of the year, and, more recently, beginning to study Language Arts with Ms. Danielle Dupuis. Throughout the transitions, the students have responded well, and are demonstrating a growing maturity. Eighth grade marks the beginning of more transitions as the students begin to see more of the high school teachers during their day, and given the success that the students have demonstrated this year, I anticipate that the students will do well with this change.

Both the students and I have learned from each other this year, and I appreciate all of them. We have had the opportunity to participate in the River Watch Program coordinated by Courtney Kowalczak, the Environmental Institute Director at Fond Du Lac Tribal Community College. We went out to the Fond du Lac Creek, collected and tested samples of the water, as well as identified numerous organisms which we found living in the water. This spring, we attended the River Watch Congress at FDLTCC,

where the students were able to learn more about conservation and taking care of our natural resources. Also in science, we spent time learning about the human body systems, and how our bodies function. In Language Arts, the students read numerous novels, learned about point of view and author's purpose, and also worked on creating a movie based on the book *The Outsiders* with Ms. Dupuis. We also studied United States History this year, and are looking forward to visiting Fort Snelling at the end of May to see first-hand some of the history we have read and learned about.

During sugar bush, the students and I learned some of the Ojibwe words commonly used in the sugar bush camp (Iskigamizigan), and created a dictionary. The students will receive their own copies of our dictionary at the end of the year. Many of the seventh grade students were leaders in helping with the sugar bush this year, and I was very proud of their leadership skills displayed in this endeavor.

I have truly enjoyed working with the seventh grade students. They have been very helpful in teaching me some of the Ojibwe words and traditions. While teaching them, I have also learned from them, and I am grateful. Each of the students has wonderful qualities that they contributed to our class, and will contribute to the world as they grow, and it was my privilege to be their teacher this year.

8th Grade News

It has been a great school year. Our 8th graders participated in most of the Anishinaabe Quiz Bowl competitions from around the state. The students will make great participants in the future and have learned a great deal by attending the competitions. A lot of the artwork upstairs, both in English and Ojibwemowin, has been created by our eighth grade. Two of our eighth graders spent most of the time for sugar bush helping Marcus gather and prepare Anishinaabe ziinziibakwad-waboo. (Maple sap) They were dedicated and most of all excited learners for this year's sugar bush harvest. Miigwech Marcus Ammesmaki and the students that dedicated their time to this year's very successful sugar bush.

At the end of May our 8th grade class will take a trip to meet Peter Razor the author of *While the Locust Slept*. This will be an exciting trip because Peter Razor is a Fond du Lac Band member and he will tell us

first hand his experience through the foster care system in Owatanna, Minn. Miigwech to Peter Razor who has offered his time and presence for our students.

There are several opportunities for our 8th grade this summer at FDLTCC. They will have the opportunity to attend the Nandagikendan Leadership Academy. Some of our students have signed up for CYFAR which is an ongoing after school program through FDLTCC that helps with academics and provides positive activities for them such as cooking. Miigwech to Tara Graves and Emily Kleuss for sharing the opportunities with us.

It has been a pleasure to be the 8th grade teacher this year. We have a bright future, our young people face challenges everyday and they will make great future leaders. Miigwech to the students, parents, families, and guardians for having me a part of your daily lives this past year!

Parent Advisory Group

Please join us at the next Parent Advisory Group meeting. Parents, guardians, and community members are welcome. The meeting is June 7 at 12 p.m. at the FDL Ojibwe School. Lunch, incentives, and school involvement provided.

School News

E-Learning

By Charles Hilliard,
*E-Learning/Technology
Coordinator*

Wow! Another school year has come to an end. Once again, students utilizing our eLearning program have been successful. The program has provided students with a means of recovering high school credits for the past seven years.

In early April six of our high school students, accompanied by myself and Maria Defoe, traveled to Phoenix, Ariz. to participate in the American Indian Business Leader's Conference (AIBL). The knowledge gained at the conference by these students will help to serve as a resource to their peers as FDLOS works to establish an active chapter of AIBL in the 2016/2017 school year in the hopes that this experience will help students with an interest in pursuing business related careers find success. From the AIBL website— "At the heart of AIBL is the desire to serve students by providing business and entrepreneurship education, leadership development training, and necessary support for young men and women who aspire to pursue studies and careers in business, entrepreneurship, and related disciplines." (For more infor-

mation see <http://www.aibl.org/>).

As mentioned in an earlier article, this summer will see some exciting improvements to the school's website. These improvements will allow the school to easily share more of what's happening at the school with the community. In addition, the website's navigational links will be expanded and simplified so users can gain quick and easy access to the information they are looking for. If you have any suggestions for content you would like to see on our website, please feel free to email them to the school's Superintendent Jennifer Johnson at Jennifer-Johnson@fdlrez.com.

Next year, we will continue to expand the 1:1 digital learning opportunities offered in grades K-8 through the use of tablet computers. In addition, we will be providing in-depth instruction on the use of various software applications via the planned purchase of a mobile computer lab that will be used in grades K-8. Our goal is to provide all students at FDLOS with the technological soft skills they will need to be successful in an ever-changing career arena.

SmartBoards

By Charles Hilliard,
*eLearning/Technology
Coordinator*

You may already be aware that each classroom in the school is equipped with a SmartBoard that allows teachers to deliver digital instructional content to our students. Research evidence has demonstrated that this method of delivery serves as an aid to increasing student engagement in the material.

Our high school English classes have started using e-readers in the classroom. The e-readers will eventually replace traditional printed material. This digital tool allows students to interact with text in ways not possible in printed material. For instance, if a student encounters a word that they are unfamiliar with all they need to do is highlight the word and the definition

appears on the screen. It is hoped that quick-and-easy-to-use reference tools such as this will increase a student's comprehension of the text.

The elementary grade classrooms have begun working to use the tablet computers as an aid to help students practice basic content skills. What's important to note is that by using the tablets in this manner, it allows our students to spend some of their instructional time honing their individual skills in content areas where testing data has revealed they may need practice. This method of instruction is aimed at targeting a student's individual learning needs at his or her individual level of skills.

Our plan is to continue to increase the classroom teachers', as well as the individual student's, use of technology for instruction and subsequent learning to the point that it

is regarded by both student and teacher as merely another teaching and learning tool no different than chalk and chalkboard once was regarded. It is our hope that this plan will help our students gain technological soft skills needed in today's digital world.

This summer will see some exciting improvements to the school's website. These improvements will allow the school to easily share more of what's happening at the school with the community. In addition, the website's navigational links will be expanded and simplified so users can gain quick and easy access to the information they are looking for. If you have any suggestions for content you would like to see on our website please feel free to email them to the school's Superintendent Jennifer Johnson at Jennifer-Johnson@fdlrez.com.

Dewe'igan Class



School News

Things for your 1st grader to do

Mrs. Sautbine and Mr. Anderson

Boozhoo,

The end of the school year is upon us and what a year it has been! The 1st grade has done many activities to enrich their learning. All the subjects had the Ojibwe culture integrated at times to enhance the classroom environment. The students seem to have enjoyed activities such as sugar bush, bartering role play, and many more. We've had several guests come strolling through our classes that the students got a kick out of and a few with reoccurring visits like the Protecting You group and Shannon Judd. We all know summer brings beautiful weather and the kids need to take advantage of it, but they also need

to maintain the skills they acquired throughout the year. So, below is a list of suggestions you can try with your child to help them build on what they have learned and to start the next year strong.

- Have your child read to you or someone
 - Have them find a cozy spot to read 5-10 minutes on a daily basis
 - Play board or card games
 - Pass out various coins to be counted
 - Point out signs and billboards to be read
 - Make various paper airplanes and measure flying distances
 - Go for a walk and skip count.
- Miigwech for sending your child to the Ojibwe School. Have a great summer!

Mr. Boyd's Fourth Grade:

This year was filled with some fun activities including our outdoor adventures with Ms. Shannon from Natural Resources for our Science curriculum, growing our own potatoes, learning about cloud formations, and starting up the Fond du Lac Phenology Page. For our Phenology Page we went out every other week to the same spot to take pictures of Gaawaandag (Spruces), the Red Pine (bapakwanagemag), Birch Tree (wiigwaas), even saw a muskrat (wazhashk), some holes in trees from our friend the woodpecker (baapaase), and found some partridge (bine) feathers.

We also have learned about the fifty states and their capitals which have come in quite handy for our Science

and Reading when we're talking about specific places. The kids' eyes light up when they say, "Hey, Mr. Boyd...I know where that is!" The students are also working currently on a state report and will have to give a persuasive speech to the class along with a presentation of their individual state. I have watched them grow in their confidence, their grasp of concepts, and also in their academic lives throughout our year together and cannot wait to see how much more they grow throughout their school years at the Fond du Lac Ojibwe School. Onward and Upward Mr. Boyd's Fourth graders for the 2015-16 academic year.

Aki giizhigad

The second graders at Fond du Lac Ojibwe School have been

learning about helping our environment. Thanks to Shannon Judd from FDL Environmental Education, students participated in feeding the compost worms that are housed on site. Cafeteria food wastes from the school lunches are used for this purpose. Students have learned to sort their items into

food and non-food waste bins. Twice a month, Mrs. Martin's and Mrs. Smith's

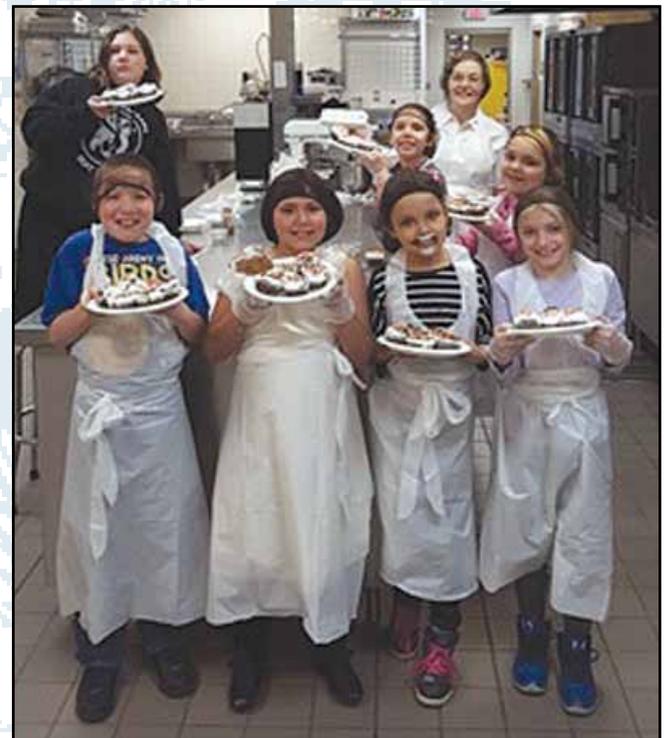
students collected worm food and transported it to the worm bin shed.



During Earth Day on Apr. 22, our students also participated in a school-wide clean up. Grocery bags were decorated with an Earth Day theme and were distributed to customers at the FDL Gas & Grocery. These activities helped support themes in our new reading series: *How can we protect the Earth, and Why is teamwork important.* We are

proud of our students for practicing these life-long skills.

Cooking Class



School News

Ojibwemowin 5th, 6th, 7th, 9th, & 10th Grades

Boozhoo,

The last few months in Ojibwemowin there have been many victories. We held a sugar bush here at the school, where the students tapped 115 trees, and boiled the sap down into maple syrup. The students were able to learn how to talk about tapping the trees and the sap boiling process in the language. They also learned a traditional story about where the sugar bush comes from and held a feast behind the school after the boiling process was complete.

After sugar bush was over, students worked on their knowledge of Ojibwe grammar. We did many exercises including listening to recordings of fluent speakers, and reading stories. Currently we are working on understanding how to say things in first and second person as well as their plural suffixes, and the past and future tenses.

If you have any question please feel free to contact me at (218) 878-7238
Miigwech Aapiji!

Athletics

Boys basketball:

It was a good season, with a lot of ups and downs, but over all a good year! The boys ended their season 14-14, and made it to the sections semi-finals for the third year in a row! While we are definitely going to miss our seniors Lester Williamson, Nakyle Misquadace, and Justin Brown, we are excited for the new talent that is rising up through the ranks.

Girls basketball:

The girls ended their season 8-10. It was a good season for the girls too.

We are very excited at possibly adding,

cross country, and track and field teams next year!

Go Ogichidaag!

2015-2016 volleyball wrap-ups

Coach Dale Sautbine

The 2015 season was the strongest, most competitive team I have ever coached. The addition of Cloquet teammates gave us the edge we've needed in quite some time to be a powerhouse amongst the native schools and public schools, Earl scheduled games with schools that provided a higher level of competition and phased out some that were traditionally blowouts.

On court appearance was enhanced

by the purchase of new uniforms (self esteem). We did have a couple upsets regarding players and player parents not happy with some of the coaching strategies but what fun would it be if we didn't have challenges? We also had a lot of positive parent involvement and support, your attendance was greatly noticed by the team.

I am fortunate to have a great assistant coach. Shawn Boyd really stepped up this last season because of shoulder surgery I had just before the season started so he was the demonstration model during our practices. I am looking forward to next season

S.C.U.B.A.

On May 1, Eddie Defoe and Jacob Reynolds took the opportunity to "SCUBA Dive with the Sharks" and 12 other students in grades 3-12, "Snorkeled with the Fish" at the Sea life Aquarium in the Mall of America.

Traveling by bus to the Mall, we all arrived eager to jump in and swim with the tropical critters. Participants for the shark dive needed to be certified SCUBA divers and at least 16 years of age. Mary Jane Eagle, 5th grader, is a certified diver but being only 11, she had to settle for the snorkeling experience as did several other students who have not yet completed their SCUBA training. Snorkelers were required to be swimmers, comfortable in the water, and adventurous enough to enter the aquariums exhibit tanks where 75 varieties of tropical fish are on display.



Visitors to the aquarium had full view of the fish in addition to the SCUBA divers and snorkelers during their swim.

For SCUBA divers sharks are not your primary concern in the water. In our pre-dive briefing we were warned of the hazard we faced by the 'friendly' sea turtles. Turtles explore with their beaks and they have enough power to crush your arm with those things. Our focus changed.

As for the snorkelers, I'm not sure if anyone told them they would be sharing the tank with several 4 foot long sand sharks. I think you'll need to talk to one of them directly about that experience.

Everyone should be proud of how well these young people represented themselves. They displayed maturity and respect for the staff at the aquarium as well as the parents and other adults chaperoning the trip.



A big thank you goes out to Donna Ennis, Cloquet Community Center manager, Jen Johnson, FDLOS Superintendent, Barb Dahl FDLOS cook, along with several teachers and parent chaperones who without their assistance this opportunity never would have materialized. Fourteen young people encountered tropical fish and sharks up close and personal, doing something that relatively few people in the world ever get a chance to do. Miigwech!

School News

2016 – 2017

Enrollment

Enroll now for the 2016-2017 Fond du Lac Ojibwe School year. We have had a wonderful year at the Fond du Lac Ojibwe School. We look forward to serving you and your family next year! Pick up enrollment forms for grades K-12 at the school or on-line at fdlrezk12.com

Current class size is reaching capacity. We would like you to retain your child's continued enrollment at our school. Your promptness in this matter is greatly appreciated. All new students MUST include a copy of his/her birth certificate. Any questions please call (218) 878-7241.

Students entering Kindergarten must be five years old by September 1, 2016.

End of the year math update

This year has seen some amazing things happen in math throughout the school, including a new program that helps students on individual skills that need improvement. Through hard work on everyone's part, the school saw growth for math in every grade. The growth kindergarten through 4th grade has been outstanding! As students get older there is a smaller growth, but the scores of the older students are higher than they have been in the last few years.

Teachers have taken time to set goals for students and keep students informed of goals when testing comes around. This seems to encourage students to try their hardest and beat their last score. As the year comes to an end it is time to celebrate the growth these students have achieved and keep students motivated throughout the summer to continue learning.

Next year will see a few more changes to help students achieve their math goals. All students, kindergarten through 7th grade, will be on the online program MobyMax so they can strengthen their skills at their own pace. Students, 8th grade through 11th grade, will also have a new online component for review. Based on the amazing things staff and students are doing this year, next year should be even better.

Gifted and talented news

Boozhoo,
The Fond du Lac Ojibwe School students in the Gifted and Talented program have participated in a wide variety of engaging and enriching projects throughout the 2015-2016 school year. During Dagwaagin the students attended the We Day "Making a Difference" conference in Minneapolis to learn about helping in their community. At the Dagwaagin powwow stu-

dents competed to be school royalty. They wrote essays and danced. Darnell Diver was crowned Senior Brave; Antonio Northrup Junior Brave; Star Shabaiash Senior Princess; and Alle'jha Martinez was crowned Junior Princess. They represented the school as royalty at numerous powwows and events.

Students also participated in the Community Warmth Project where they helped at the armory and handed out items to people in need. During Biboon the 8th-12th grade students transformed the elementary hallway to simulate walking thru the pages of the book *Brown Bear, Brown Bear, What do You See?* by Bill Martin Jr.

At the Biboon Celebration students helped Santa hand out treats to the younger children. During Ziigwan students have been taking college courses and earning their Certified Nursing Assistant certificates. The students in the Gifted and Talented program have been involved in many enrichment activities that have enhanced their skills and abilities. If you would like further information about the Fond du Lac Ojibwe School's Gifted and Talented program please call Sharon Belanger at (218) 878-7274 or email me at sharonbelanger@fdlrez.com. Miigwech to all the students and the staff who have helped them!

The Plane

The Zenith STOL CH750 airplane building project has progressed at a steady pace during this second school year that it's been initiated. Students from grades 3-12 have participated in its construction at various times, levels and capacities. However, Cortnee DeFoe's 5th grade class has proved themselves to be the most consistent and enthusiastic participants to date.

It has been a delight working with eager students excited to be getting actual hands on building experiences with this all metal airplane kit.

The popularity of this airplane has allowed it to be featured on the computer flight simulator software program, X-Plane10 Global. In addition to students building the airplane, they have also been using the X-Plane simulator tool to learn how to fly it. During this process they have been introduced to the aircraft's flight systems, become aware of airport

operations, and developed an understanding of unique aviation terminology.

Right now Mariah Staples has proved herself to be the most skilled pilot, compiling the highest

number of successful landings. Students are challenged to touch down and bringing the CH750 to a stop on a selected runway. If the landing is accomplished, they receive a balsa wood rubber band powered airplane to build and fly. Mariah has relieved me of about six models so far.

The local pilot community has also taken interest in the project and recently visited the "hangar" to view the airplane's progress. Several people complimented me on the students

involvement and the school's willingness to take on such an ambitious endeavor.

Congratulations students on your work and dedication.



School News

FDLOS Suicide Prevention

TXT4Life is a suicide prevention resource that helps with relationship issues, general mental health, and suicide. If you or someone you care about is experiencing any of these concerns, text "life" to 61222. A free trained counselor is available 24/7. If you believe that the person's life is in danger, call 911, as early intervention is vital (txt4life.org).

Fond du Lac Ojibwe School students have been involved in the following activities over the 2015-2016 school year:

- On October 10, 2015, eighteen students participated in the 7th Annual Suicide Awareness Memorial Walk. Hundreds of community members walked through Carlton, Minn. to show support for loved ones lost to suicide and to educate for suicide prevention.
- On November 10, 2015, ten students attended the Annual TXT4Life Student Leadership Training at the Community Memorial Hospital in Cloquet, Minn. Students from all over the state gained skills and knowledge in regards to peer suicide prevention.

During the months of March and April 2016, three students participated in a weekly after school program called the HOPE Project. HOPE stands for Hold On Pain Ends. The group talked about suicide prevention concepts, self and social awareness, responsible decision making, and self care. The FDL students along with others began developing a film based on the 7 teachings: Wisdom, Respect, Love, Bravery, Honesty, Humility, and Truth.

- On May 2, 2016, Meghann Levitt from TXT4Life provided suicide prevention strategies and concepts to students in grades 7-12 at FDLOS. Students gained knowledge about what TXT4Life is and how to help a peer who is contemplating suicide.
- On May 12, 2016, four students and others presented suicide prevention information they learned from events they participated in at the 2016 Annual TXT4Life Conference in Grand Rapids, Minn. Thank you to Prevention Intervention, Mino wii jii win, TXT4Life, FDL Ojibwe School staff, and lastly, a BIG THANK YOU to the youth in this community. You do great work!

Ojibwe School Food Service

Barb Dahl,
Head Cook, Supervisor

It is hard to believe the school year is almost over. Where does the time go? We had another great year in food service. The Fresh Fruit and Vegetable grant was a big hit. The students from grades k-6 were served fresh fruits and vegetables daily for their afternoon snack. I am happy to say we received the grant again for the next school year.

We had fun putting up decorations and making a special meal

for the students and staff for the different holidays throughout the year. I am sad to say I will be retiring this summer after 12 years of being the Head Cook, Supervisor here at the school. However, after 35 years in the food industry, it is time for me to retire. I am looking forward to spending time with friends, and most importantly, spending time with my family and grandchildren. My time at the Ojibwe School has been a time of learning about and participating in the Ojibwe traditions. I will miss the students the most, my co-

workers and especially my student workers.

My replacement is Holly Norick. She comes with a military background and many years of cooking experience. Holly will do a wonderful job and says, "She enjoys the students and likes working here."

I will be back to watch the boys basketball games and hope to be a reading buddy to stay in contact with the kids.

Hope everyone has a great summer!

FDL Road Warriors

Nick Thornton,
HS Social Studies

Over the last six weeks many students at the Fond du Lac Ojibwe School have been doing quite a bit more running. An afterschool activity created by Jill Goodreau and myself, along with the help of Marella Martineau from Prevention/Intervention, has had students running and participating in a variety of workouts every

Tuesday and Wednesday as part of the Cross Country/Track Training afterschool club. The hope is that by next year this can turn into having Cross Country and Track and Field as school sports.

Throughout the spring the students have run down Cartwright Road, trails at Pine Valley, and Jay Cooke, and stairs at Black Bear. Also, the students have and will be participating in a variety of runs, including 1 Mile and 5K races

around the Cloquet area. Later this spring there will even be a 5K put on for this group of runners. During the Tuesday and Wednesday afterschool activity there is an average of about 10 students in grades 6-12 each night and although the students might not say that they enjoy it, it is obvious they are having some fun when taking a look at some of the photographs that have been taken.



FDL Law Enforcement news

The following is a summary of about one month of select police reports

- Apr. 2 Report of a domestic assault on Reservation Rd, one individual was arrested and lodged at the Carlton County jail
- Apr. 3 Report of a domestic assault on Ozhigaw Rd, one individual was arrested and lodged at the Carlton County jail
- Apr. 4 Officer's assisted FDL Housing in removing unwanted parties from a residence, all parties left without incident
- Apr. 5 Report of a gas drive-off at FDLGG
- Apr. 6 Report of a dog possibly being poisoned on Scotty Dr.
- Apr. 7 Report of horses running loose on Ditchbank Rd, horses were rounded up and returned to their owner
- Apr. 8 Driver was stopped and given a warning for no rear license plate light
- Apr. 9 Report of a bike being stolen from Pinewood Dr, bike was located and returned to the owner
- Apr. 10 Officer assisted in getting a 4-wheeler out of a ditch that it was stuck in
- Apr. 11 Driver stopped and cited for speeding 80 mph in a 50 mph zone, and given a warning for no proof of insurance
- Apr. 12 Report of a dog running at large, owner was issued a citation as this was an ongoing issue
- Apr. 13 Report of a cabin being broken into and a number of items missing
- Apr. 14 Report of an unwanted person at the casino, they were advised they were no longer welcome and asked to leave, they left without incident
- Apr. 15 Officer's stood by while an individual removed their property from a residence
- Apr. 16 Driver was stopped and advised for a cracked windshield
- Apr. 17 Report of tools being found along the roadway, they were brought to the police department for safe keeping
- Apr. 18 Report of a gas drive-off at FDLGG
- Apr. 19 Officer assisted a motorist with a ride to get a spare tire in order to fix his flat
- Apr. 20 Report of an unwanted individual at a residence, the unwanted party said they had been ripped off trying to purchase drugs; they were informed that they had to leave and left without incident
- Apr. 21 Report of a dog running at large, owner had been cited twice already for similar incidences so the dog was taken to the shelter by conservation
- Apr. 22 Report of a burglary at a residence, and multiple items were taken, the matter is under investigation
- Apr. 23 Report of a disturbance at Black Bear Casino, reporting party said people were harassing them and throwing things at them, all individuals were warned
- Apr. 24 Officer's received a call about an unwanted person at a residence, turned out there was an active Domestic Abuse No Contact Order (DANCO) in place between the involved parties so one was arrested and taken to the Carlton County jail for the violation of the DANCO
- Apr. 25 Report of a tree being down and partially across the roadway, the tree was cleared from the roadway
- Apr. 26 Officer's received a report of a beaver in a front yard; the beaver was captured and turned over to the DNR to be released in another location
- Apr. 27 Report of a gas drive off from FDLGG
- Apr. 28 Report of an assault, one party was taken to the hospital for minor injuries and the other was eventually arrested and taken to the Carlton County jail
- Apr. 29 Report of careless driving, owner of vehicle stated they were giving their child driving lessons, they were given a warning
- Apr. 30 Officer's assisted with traffic control for the Walk for Child Abuse event.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur
 *BELGARDE, Elias
 CADOTTE, Daniel
 CICHY, Gerard
 CICHY, Leslie
 CONNORS, Aurelious
 CROWE, Mary Jo
 DEFOE, Richard
 DIVER, Russell
 JOURDAIN, Melissa
 INGALLS, Robert
 KING, Julie
 LAPRAIRIE, Robert
 MARTINEAU, Frances
 MARZINSKE, Larry
 MILLER, James
 PARKS, Margaret
 ROBERTS, Nina
 *SAVAGE, Kyle
 SAVAGE, Mark
 SHAUL, Scott
 TOPPING, Debra
 WAGNER, Elizabeth



Health News

Grilling Meats

By Kara Stoneburner, RDLD,
Public Health Dietitian

Warmer weather means more barbecues! Grilling can be delicious and healthy if you keep a few things in mind.

Cooking meat at a high temperature, like when grilling, can create substances called polycyclic aromatic hydrocarbons (PAHs) and heterocyclic amines (HCAs). These substances are carcinogens, meaning they have the potential to cause or increase the risk for cancer.

That does not mean you should throw the grill away! Consider the following tips when grilling to reduce the cancer risk.

- Marinate the meat. Not only can marinating reduce the formation of HCAs, it also enriches flavor and tenderizes. Marinate meats in the refrigerator, never on the counter. Once the marinade has been touched by raw meat, it cannot be used as a sauce over the final,

cooked product. Reserve a small portion of the marinade before adding meat, if you plan to use it as a sauce later. Marinades can be used for meat or veggies. Premade marinades are available at the grocery store or you can whip together your own concoction. See at the right two marinade recipes from the American Institute of Cancer Research.

- Pre-cook large cuts of meat in the microwave, oven, or stove before placing on the grill. This reduces the amount of time the meat needs to sit on the grill. Be sure to place the meat on a pre-heated grill immediately after pre-cooking.
- Use lean cuts of meat and trim any visible fat to reduce flare-ups and charring while on the grill.
- Cut larger meats into smaller pieces and mix in vegetables to help reduce the cooking time on the grill.
- Go green! Try a meatless meal. Veggies and fruits can taste great grilled.

- Flip meat with a spatula or tongs to avoid piercing the meat and letting the juices run out. Flare-ups can occur when the juices from the meat hit the flames.
- Place tinfoil between the meat and flame. Use caution when flipping the meat to prevent the foil from being damaged and the juices dripping into the flames.
- Do not squirt starter fluid into the flames while meats are cooking. Meat can easily become charred when exposed to the higher and hotter flames.
- Cook in the center of the grill with the coals to the sides.
- If meat becomes charred, cut off the charred part before serving.
- The American Institute for Cancer Research recommends limiting red meat consumption to 18 ounces or less per week and avoiding processed meats, such as hotdogs and sausages. Alternative ideas to use on the grill include fish, chicken, vegetables and fruit.

Happy grilling!

Herbed Dijon Marinade and Basting Sauce

(Yield: Makes about 1 cup)

- 3 Tbsp. olive oil
- 2 Tbsp. balsamic vinegar
- 1/4 cup finely chopped shallots
- 3 garlic cloves, finely minced
- 3 Tbsp. Dijon mustard
- 2 Tbsp. freshly squeezed lemon juice
- 1 Tbsp. grated lemon peel
- 1 Tbsp. finely minced fresh thyme, or 1/2 tsp. crushed dried thyme
- 3/4 tsp. crushed dried tarragon

In medium bowl, combine all ingredients. Pour half into plastic container with lid to reserve for basting while grilling. Place other half of mixture into large non-metal casserole dish or mixing bowl. Add food to be grilled and turn to coat all sides. Cover and refrigerate at least 1 hour. When ready to grill, drain well and discard marinade.

Citrus Marinade

(Yield: 1.5 cups)

- 1 cup orange juice
- 1/4 cup lemon juice
- 1/4 cup lime juice
- 2 cloves garlic, minced
- 1 tsp. ground coriander
- 1 tsp. lemon-pepper seasoning

Mix all ingredients together in large, wide, and shallow non-metal casserole dish or mixing bowl. Add food to be grilled and turn to coat all sides. Cover and refrigerate for 1-6 hours. When ready to grill, remove meat and discard marinade.

June is National Cancer Survivor month

A person who has been diagnosed with cancer begins the journey of cancer survivorship at the moment of diagnosis. There are many questions to ask and answers to find. It is very important to work with your healthcare team. It can be a very long road for the person diagnosed with cancer as well their families.

Here are some resources available to assist you and your family in the

cancer survivorship journey:

- Fond du Lac Primary Healthcare Team (218) 879-1227
- Fond du Lac Medical Social Workers (218) 879-1227
- Mayo Clinic Native Cancer Programs (507) 284-2511
- Native Circle (877) 372-1617
- Spirit of Eagles (507) 266-3064
- Cancer Resource Center-Essentia Health-Duluth (218) 786-3581
- St. Luke's Cancer Center-Duluth (218) 249-5489
- Cancer Legal Line-Minnesota (651) 917-9000
- American Cancer Society (800) 227-2345

Always remember to consult your Healthcare provider with any questions or concerns.



Health News

Diabetes and Depression – Part 1

People with diabetes are more likely to have depression than people without diabetes. This may be due to:

- The strain of managing diabetes on a daily basis
- Feeling alone or “different” from family and friends
- Feeling out of control if you are having trouble keeping your blood sugar in target range.

Depression can make it difficult to follow your diabetes care plan. If you are depressed,



you may not have the energy to:

- Prepare and eat healthy meals
- Get regular physical activity
- Take diabetes medicines
- Check your blood sugar.

Recognizing that you may have depression is the first step to getting help and feeling better. Depression is more than just feeling blue from time to time. If you have been feeling sad or down in the dumps for several days, ask yourself if

you're also feeling any of these symptoms:

- Loss of pleasure in doing things you used to enjoy
- Difficulty sleeping, or sleeping more than usual
- Eating more or less than you used to, resulting in fast weight gain or loss
- Trouble paying attention
- Lack of energy
- Nervousness
- Feeling guilty and like you are a burden to others
- Feeling worse in the morning than you do later in the day
- Feeling like you want to die or take your own life.

Treatment is available for depression. The first step is to talk with your medical provider

or diabetes educator. Tell them how you've been feeling. Let them know that you think you may need help. Recovery may take a little time, but you can feel better.

The Behavioral Health Department of the FDL Human Services Division provides confidential individual and family counseling. All counselors are aware of the cultural issues such as historical trauma and loss, which continue to impact the functioning of individuals and families. Counselors have training in depression, grief and loss, childhood trauma (physical and/or sexual abuse), addictive behaviors including alcohol and drug abuse and

compulsive gambling, anger management and divorce/separation. For more information call: Min No Aya Win: (218) 879-3729; Center for American Indian Resources: (218) 726-0256.

There are also support groups available:

- Grief Support Groups, one group for adults and a group for children. For more information on the adult group contact Cara Walt at (218) 878-3747 and for the children's group contact Billie Larson at (218) 878-3804.
- Diabetes Support Groups at both MNAW and CAIR. Contact Stacy Colich at (218) 878-2111.

CDC 2016 American Indian & Alaska Native Cancer Summit

Looking Back and Looking Ahead: Collaborating to Advance Cancer Control in American Indian/Alaska Native Communities

The Summit was held for current Centers for Disease Control (CDC) grantees from Tribal Nations April 26-28, 2016 at the Grand Traverse Resort in Traverse City, Mich. Attending from Fond du Lac (FDL) Band of Lake Superior Chippewa Cancer Program were Sharon Johnson, FDL Wiidookaage Cancer Team Chairwoman; Robin Johnson, Cancer Program Director and Community Health Services Coordinator; Chris Davis, FDL Medical Clinic Coordinator; DeAnna Finifrock, Public Health Nurse, and Michelle Strangis, Minnesota Cancer Alliance.

The Summit featured presentations by several experts in the issues around cancer in Indian

Country. Topics included the current status of data; policy/systems/environment issues impacting the unequal cancer burden for American Indians/Alaska Natives and programs currently implemented at the community level, addressing cancer with culturally tailored evidenced based interventions.

Each team worked to develop a plan, specific to their own Cancer Program, focused on activities to address cancer in their communities through policy, systems and environment changes.

Several staff from the CDC National Comprehensive Cancer Program leadership attended the Summit. This offered an opportunity for CDC Cancer Program Staff to hear directly from the Tribes about the unique challenges faced by

AI/AN populations in addressing cancer in their communities. Information provided by the Tribal Representatives will inform CDC in the development of the next CDC Cancer Grant cycle expected to begin June 30, 2017.

More information is available at www.KeepItSacred.org. The National Native Network can also be 'liked' at [facebook.com/KeepItSacred](https://www.facebook.com/KeepItSacred) and be followed on Twitter @KeepItSacred.



Tribal leaders, representatives, and public health officials from across the country at the CDC Cancer Summit.

Ashi-niswi giizisoog (Thirteen Moons)

Ode-imini-giizis

The new Ode-imini-giizis, the Strawberry Moon begins June 4. Other names for this moon are Gitige-giizis, Gardening moon; and Waawano-giizis, Flowering Moon.

Deer fawns

By Mike Shrage,
FDL RM Wildlife Biologist

Late May to early June is the peak of fawning season. Between birth and about 6 weeks of age, fawns don't travel much with the doe. They lie still on the ground when the doe is not feeding them. At this young age, this is often their instinctive response to danger as well – drop and lie still. Sometimes they drop in the middle of the road or peoples' yards. A healthy, uninjured fawn will just curl in a ball, lie still and wait for the

doe to come back for it.

Fawns found curled in a ball by themselves at this time of year are most likely not hurt, orphaned, or abandoned. They are just waiting for the doe to return and collect them. The best course of action is to leave the fawn where it is and let the doe reunite with



Photo credit: www.forestwander.com

her fawn. This might take until dark or even up to 24 hours later if the doe has been spooked.

If you see a fawn lying on the ground ask yourself 4 questions before trying to move the fawn or calling for help:
1) Is there a dead doe nearby?

2) Is the fawn in immediate danger (for example lying in the middle of the road or where dogs can find it)?
3) Has the fawn been crying without a doe responding for at least 3 hours?
4) Is the fawn bleeding, has it been attacked by another animal or is it lying sprawled on its side instead of curled in a ball?
If the answer to these questions is "no," leave the fawn alone, and give it at least 24 hours to reunite with the doe. The fawn is probably okay. If the fawn is in immediate dan-

ger such as lying in the road, or in a yard, then get the fawn out of the immediate danger zone. Carry it to the closest spot of tall grass or brush and leave it alone. Keep kids and dogs away from it. Don't take it home. The fawn is probably just fine and only needs time and quiet to get reunited with its mother.
If the answer is "yes" contact the Resource Management Division at (218) 878-7101 or Wildwoods in Duluth at (218) 491-3604 for assistance.

FDL Resource Management



Paul Swanson,
Forest Inventory
Technician

My name is Paul Swanson. I grew up in a small town called Oakfield in Southern Wisconsin. After graduating from high school, I went to college at the University of Minnesota-Twin Cities and graduated with a Bachelor of Science Degree in Forest Resource and Ecosystem Management. After I graduated, I worked in California for six

months as a utility forester then moved back to Wisconsin. I worked at the Cloquet Forestry center in 2014 and then took a temporary job with the Douglas County Forestry Department in 2015. I started working for the Fond du Lac Reservation on Mar. 1.
I am the Forest Inventory Technician for the Reservation. My duties are to go out and inven-

tory (survey) forested stands on Reservation land. This is done to get a better and more accurate understanding of the forest types, age, health, and volume of timber that the Reservation has. This information is used in turn to decide how and what the forest on the Reservation can be used for. That could be cultural uses, wildlife production, or to be harvested

and sold as timber. These are just a few examples.
Soon I will begin classifying forest ecological types that the Reservation has. This is done by identifying annual and perennial plants and using the Minnesota Ecological Classification System (ECS). When these forest stands are identified we will better be able to predict how the forest will grow, the

opportunities it has in the future, how to better manage the forest, and to manage the best species for that specific stand. It will also be useful to identify where certain kinds of trees, shrubs, herbs, and other plants may be growing that may be of interest to the community.

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog (Thirteen Moons)

Ashi-niswi giizisoog Ojibwemowin Page Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

Double Vowel Chart

This is how to pronounce Ojibwe words.

All consonants sound the same as in English.

Sentences

I like the taste of apple cider. Niminopi-daan iwe mishiiminaaboo.

Those flowers you brought me smell good," the woman told her husband.

"Gichi-minomaagwadoon ini waabig-waniin gaa-piidamawiyin," odinaan iniw onaabeman a'a ikwe.

I put honey in tea. Aamoo-ziinziibaakwad nindagonaan imaa niting.

Don't get friendly with the bear. He's too dangerous. Gego beshwaji'aaken awe makwa; onzaam naniizaanizi.

Does that taste sweet? Wiishkobipogwad ina iwe.

Credit the Sentences and Puzzle <http://ojibwe.lib.umn.edu/>

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

S A S Z D G S B S Z E G Z T L M W A D J
 R P P O L L I I V E A A X O Z W O A A R
 M B V P V R B N W B G M T F H Z M I A T
 I N I N I W E G I H C I N I I B A J A W
 O L X K N E H K V B Y N N I D X A A Y D
 C R Y N J Z S T W A E Z G C A H N A F K
 K J M G Z A A G I J I W E B I N I N F H
 C V P B A D V G G G A P G C S I N A H I
 I W Q G R M F P Y N G G P I U I I W I T
 G A Y H N I I S E W A R W G I L I H F R
 Y G O T V W H V U P M N K V S Z W S K H
 W V M R A S Z H B A D S N V N M T I V M
 V Z H V T O A U W N N F Y N T Y R N W Q
 S F U G Y T D Z X M A D K Q C P E B U Y

— Ojibwe Wordlist —

- Detibisegin tires
- Ziigwanspring
- Wiinaagamin..... water pollution
- Wiininaamowin air pollution
- Ziigwebiniganan trash
- Awesiinhyag wildlife
- Moosekaa worms
- Mashkosiw
 grass, hay, a blade of grass
- Gaaskibagoon..... dried leaves
- Nishwanaaji....waste,spoil,destroy
- Biinichigewinini cleaner
- Waasamowin electricity
- Zaagijiwebinthrow outside



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on June 17, 2016 for the July 2016 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

We would like to say happy birthday to **Krysta Reynolds** (May 27), we love you and hope you have a wonderful day.

Dawn and dad

Happy birthday **Mike Peacock Jr.** (June 1)

Love, your family

We would like to wish PaPa Mike, **Mike Peacock Jr.** (June 1), a happy birthday.

From, Big Clay, Aliza, and boys, love you lots.

Happy birthday to my grandpa **Dean Ray Reynolds** (June 1)

Love always, Erin Marie and kids

Happy 1st birthday **Jax Kettelhut** (June 4)

Love, Papa Mike and Gramma Richelle

Happy 1st birthday to **Jax Kettelhut** (June 4), we love you Jax-Man.

Love, dad, mom, and Brother ClayJ

Happy 21st birthday **Mikey Peacock III** (June 5) hope you have an awesome day son.

Love, your family

Happy birthday to **Mikey Peacock** (June 5), we love you! Love you lots.

Clay, Aliza, ClayJ, and Jax

Sending out very happy birthday wishes to our beloved coworker **Benito Urrutia III** (June 6). You are invaluable

to us and we hope your day is as wonderful as you are!

Love, your Fond-du-Luth family



Happy 11th birthday **Cordell Paulson** (June 10), we love you.

Mom, dad,

and Jalen

Happy 24th birthday **Clayton Kettelhut** (June 11)

Love, your family

Happy birthday dad, **Clayton Kettelhut Sr.** (June 11), we are proud to call you our daddy. We love you so much. *Love always, ClayJ and Jax Kettelhut*

Happy birthday **Clayton Kettelhut Sr.** (June 11), I love you so much.

Love always, Aliza

Happy birthday **Tami Lee Willett** (June 11). You are now the same age as me. May you have a wonderful day, little sis. *Love you! Dave, Diane, Simba, and Sammy*

Happy birthday **Toby Smith** (June 17)

Love, Uncle Mike, Auntie Richelle, and cousins

Happy 64th birthday dad, **John Smith** (June 20)

Love, Leann, Dale, Derrick and Devin and Miss Lindsey



Happy birthday **Amanda Peacock** (June 23)

Love, dad and Tracey

Happy birthday to my grandson **Spencer Lee Tiessen** (June 23)

Love, grandma Tracey and grandpa Bucky

Happy birthday **Paisley Mae Abramowski** (June 29), I hope you have a wonderful bday my girl!

Love, Jake, Auntie Brook, Mariah, Ty, and Paeton



Happy birthday to our baby girl, **Paisley Mae Abramowski** (June 29), we hope you have a good day big girl!



Love, dad and mom

Happy Birthday to the most amazing son a mother could ask for, **Ty Andre Stiffarm** (June 10), you have become such a wonderful boy! We love you!

Love, Jake, mom, Mariah, and Paeton

Anniversary

Happy Anniversary to the greatest wife ever, **Cassandra Diver** (June 17)

Love, MED

Thank You

Lesla Turnbull would like to relay her heartfelt gratitude to **Fond du Lac Human Service's** for their gift and expression of support following the loss of her father April 16th of this year. The flowers were beautiful and the

thought behind them even more appreciated. Thanks to all!

Congratulations

Congratulations **Donovyn and Faryn Dupuis** on their graduations.

Donovyn graduated from Fond du Lac Ojibwe School and Faryn from Cloquet High School.

Love, mom



Congratulations **Charles Fuller**, grandson of Jim and Sheryl Romero and son of Charles and Rachel Fuller, who earned recognition as an Eastview STEM Scholar (Science, Technology, Engineering, and Math). Meeting the STEM Scholar aligns Charles in the top 20th percentile of high school graduates in the country. Charles will attend the University of Minnesota Morris next year where he will study to become an ophthalmologist, which has been a dream of his since he was in 6th grade.

Congratulations **Paige Fuller**, granddaughter of Jim and Sheryl Romero

and daughter of Charles and Rachel Fuller, for earning her Trained Medication Aide certificate.



Paige is currently attending nursing school, has completed one year, and has an A average all while working and taking care of her one year old by herself.

Obituary

continued on next page



Community News

Frances M. Gruba, age 75, of Farmington, passed away peacefully at home with her husband and daughters by her side on May 1, 2016. Fran was born in Cloquet, Minn. on January 10, 1941.



She is preceded in death by her parents, Theresa and Fred Doolittle; brother, Kenneth; and sister, Maxine. She is survived by her husband of 55 years, Robert; daughters, Tracy and Jill; grand-dogs, Daisy and Abbie; sisters, Nancy (Jay) Cormier, Sharon Shuck, Pat Ells; brother, Fred (Julie) Doolittle; and numerous nieces and nephews. A private family service will be held at a later date.

In lieu of flowers, memorials can be sent to St. Francis Solanus Indian Mission School, 13885 W. Mission Rd., Stone Lake, WI 54876-3099.

Michael A. Petite Jr 62 of Cloquet, Minn. passed away peacefully on Thursday, April 21, 2016, surrounded by his loved ones. He was born May 31, 1954 in Duluth, Minn. to Michael A. Petite Sr. and Gladys Petite. He married Roselyn (Strong) in Duluth, Minn.

Michael especially enjoyed spending time with his loving and caring son Jeffery and daughter Marcie. He adored his grandchildren and had many special nieces and nephew who were also a big part of his life. Michael also enjoyed playing bingo, playing slot machines

and was also a helicopter pilot in his earlier years. He will always be remembered for his kind and loving heart, he never had a bad thing to say about anyone.

He was preceded in death by his parents, wife Roselyn and siblings Leatrice Lind, Linda Martin, and Dana Petite.

Michael is survived by his only son, Jeffery Petite of Cloquet, Minn. and his only daughter, Marcie Antell of Cloquet, Minn. Grandchildren Kryssa, Stacie, Chelsea, Ashlee, and Cody, Great-grandchildren Nalah, Tessiena, Emmett, and Jeneviere. Siblings Karen DuFault, Geneva (John) Mcmillen, Candace Fineday, Suzzette and Sueann Petite, Rochelle Martineau, Phillip Petite, Leonard Petite Sr, David (Toni) Petite, Diana Reynolds, Ann (Russ) Rule and Alice Northrup, numerous nieces and nephews.

Help wanted

Needing personal care assistant for Fond du Lac Band member on the FDL Reservation for housekeeping and errands. Call Phyllis "Cookie" Briggs (218) 203-9900.

FDL Job Listings

FT: Full Time PT: Part Time For more information about any of these open until filled or permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

Foster Care Licensing and Placement Specialist FT

Nursing Assistant FT FDL Assisted Living
 Behavioral Management Facilitator FT/Seasonal
 Youth Assistant FT/Seasonal MNAW
 MIS Intern FT Tribal Center
 Behavioral Health Specialist FT MNAW & CAIR
 Clinical Assistant FT/On Call MNAW & CAIR
 Nursing Assistant PT FDL Assisted Living
 AODA Outpatient Treatment Technician FT MNAW
 Instructional Assistant PT/On Call FDLOS
 Pharmacy Technician FT MNAW, CAIR, Mashkiki Waakaigan/Mpls.
 Mental Health Counselor FT MNAW & CAIR
 Custodian FT/On Call/Sub FDLOS
 Min No Wii Jii Win Program Case Manager FT Min No Wii Jii Win
 Pharmacy Technician FT Mashkiki Waakaagan, Mpls
 Clinic Physician FT/PT/On Call MNAW & CAIR
 Mental Health Case Manager FT MNAW & CAIR
 Public Health Nurse FT MNAW & CAIR
 Skilled Laborer 1 FT Tribal Center
 Physician Assistant FT/On Call MNAW & CAIR
 GED Teacher PT Tribal Center, BCC, or SCC
 Licensed Alcohol and Drug Counselor FT Min No Wii Jii Win or Tagwii Recovery Center
 Reading Buddies PT FDLOS
 Driver's Training Instructor PT Tribal Center
 Driver/Cook On Call BCC
 School Secretary/Receptionist On Call/Sub FDLOS
 Cook Helper On Call/Sub FDLOS
 Family Nurse Practitioner On Call MNAW & CAIR
 Driver/Cook On Call Tribal Center
 Substitute Teacher On Call/Sub

FDLOS
 Recreational Aide 1 FT/PT CCC
 Recreational Aide 2 FT/PT CCC
 Clinical Pharmacist On Call MNAW, CAIR, Mashkiki Waakaigan-Mpls.
 Pharmacy Technician On Call/Sub MNAW, CAIR, Mashkiki Waakaigan-Mpls.
 Transit Dispatcher FT/PT/On Call FDL Transit
 Bus Monitor PT/On Call FDL Education
 Substitute Staff On Call FDL Head Start
 Programs Teacher FDL Head Start
 Teacher Assistant FDL Head Start
 Deli Clerk PT FDLGG
 Transit Driver FT/PT/On Call FDL Transit
 School Bus Driver FT/PT/On Call FDL Education
 Health Care Assistant FT/PT MNAW & FDL Assisted Living
 Store Clerk PT FDLGG
 Convenience Store Gas Attendant PT FDLGG

Black Bear Casino Resort

Room Attendant FT
 Bus Person FT/PT
 Gift Shop Clerk FT
 Buffet Host/Hostess FT
 Golf Course Groundskeeper FT/PT/Seasonal
 Steward FT

Arcade Attendant PT
 Golf Course Pro Shop Sales Representative PT
 Golf Course Ranger/Starter FT/PT
 Golf Course Concession Sales Representative FT/PT
 Golf Course Cart Attendant FT/PT
 Slot Attendant PT
 Custodial Associate FT
 Gift Shop Clerk PT
 Bell Staff PT
 Sage Deli Cook FT
 Bingo Vendor/Floor Worker PT
 Players Club Representative FT/PT
 Wait Staff FT/PT
 Hotel Laundry Worker/Hauler FT
 Hotel Room Attendant/Housekeeper FT/PT
 Drop Team Worker FT

Fond-du-Luth Casino

Security Guard/Dispatch FT
 Janitor FT/PT
 Clean Up Worker FT/PT
 Beverage Waitperson/Bartender FT/PT
 Cage Cashier FT/PT
 Players Club Representative FT/PT
 Slot Attendant FT/PT
 Slot Technician FT/PT

Winter Rainbow

Marilu Johnsen, Director or the FDL Head Start Programs, snapped this picture over the Tribal Center on Jan. 29 of this year.



Ode-imini-giizis – The Strawberry Moon – June 2016

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185;

CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BCCR: Black Bear Casino Resort; OJS: FDL Ojibwe School;

CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center;

FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center;

FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom;

FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing; CHS: old FDLSS door;

MTC: MN Chippewa Tribal building; ALR: Assisted Living Residence; FDC: (Food Distribution Center); PLT: Perch Lake Townhall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GED classes Mon SCC, Wed SCC, Thur CCC, Fri CCC (by appointment), and also Saturday SCC	Healthfair June 9 10 a.m. FDLOJS	Enrollee Days June 24, 25, 26	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 2 p.m. SCC 4H 3 p.m. CLR Beading 5:30 p.m. CCC	Get fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Language 5 p.m. CCC AA support 6 p.m. CCC	Water aerobics 8:15 a.m. CCC Parenting 2nd time around 5 p.m. CCC Beading 5:30 p.m. CCC AA support 6 p.m. BCC GED (call) CCC	Come & swim & use the gym AA support 6 p.m. SCC
Come & swim & use the gym FDL Elder brunch and a play 11 a.m. BCCR	Elder water aerobic 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Development Grant hearing 10 a.m. CCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC Water aerobics 5 p.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 2 p.m. SCC 4H 3 p.m. CLR Beading 5:30 p.m. CCC	Healthfair 10 a.m. OJS Get fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Language 5 p.m. CCC AA support 6 p.m. CCC	Water aerobics 8:15 a.m. CCC Beading 5:30 p.m. CCC AA support 6 p.m. BCC GED (call) CCC	Come & swim & use the gym AA support 6 p.m. SCC
Come & swim & use the gym	Elder water aerobic 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC	Election 8 a.m. - 8 p.m. Get fit 12 p.m. WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS AA/NA support 12 p.m. TRC Water aerobics 5 p.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 2 p.m. SCC 4H 3 p.m. CLR Beading 5:30 p.m. CCC	Get fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Language 5 p.m. CCC AA support 6 p.m. CCC	June 17 Elder concern pancake breakfast 7 a.m. CCC Cloquet District Father's day drawings CCC Water aerobics 8:15 a.m. CCC Beading 5:30 p.m. CCC AA support 6 p.m. BCC GED (call) CCC	Come & swim & use the gym AA support 6 p.m. SCC
Father's Day Come & swim & use the gym	Elder water aerobic 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. WIC 12 p.m. CAIR Health/nutrition 12 p.m. CCC AA/NA support 12 p.m. TRC Parenting 2nd time around 2 p.m. CHS Water aerobics 5 p.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 2 p.m. SCC 4H 3 p.m. CLR Beading 5:30 p.m. CCC	Enrollee Sign-up 12-8 p.m. CCC Get fit 12 p.m. CCC Head Start baby shower 4 p.m. GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Language 5 p.m. CCC AA support 6 p.m. CCC	Enrollee Sign-up 8 a.m.-8 p.m. CCC Water aerobics 8:15 a.m. CCC 2k walk/5k run 5 p.m. CCC Old timer softball 5 p.m. Beading 5:30 p.m. CCC AA support 6 p.m. BCC GED (call) CCC	Enrollee Day Enrollee Day sign-up 8 a.m. until end of drawings
Enrollee Day Movie Morning 10 a.m. Premiere	Elder water aerobic 8:15 a.m. CCC Entrepreneurial work- shop 9 a.m. FDLTCC Elder exercise 9 a.m. CCC GED 9 a.m. SCC Yoga 12 p.m. MNAW Adult volleyball 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC Water aerobics 5 p.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 2 p.m. SCC 4H 3 p.m. CLR Beading 5:30 p.m. CCC Sobriety Feast 6 p.m. CCC	Get fit 12 p.m. CCC GED 4:30 p.m. CCC Water aerobics 5 p.m. CCC Open gym 5 p.m. CCC Language 5 p.m. CCC AA support 6 p.m. CCC	June 17 Elder concern pancake breakfast 7 a.m. CCC	Kiwenz Language Camp July 27-31 Kiwenz camp grounds

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.