

Nahgahchiwanong (Far end of the Great Lake) Dibahjimowinnan (Narrating of Story)

**Goodbye
to a friend
and a leader**



Mary Northrup standing outside of the assisted living facility during the opening party on July 29. Mary passed away this month and will always be remembered as a veteran, a leader, a friend. Photo by Dan Huculak.

In This Issue:

| | |
|-----------------------|-------|
| Local news | 2-3 |
| RBC pages | 4-5 |
| More Local news | 6-7 |
| Etc | 8-9 |
| Law Enforcement | 10 |
| Area News | 11 |
| Health | 12 |
| 13 Moons | 13 |
| Community news | 14-15 |

**1720 BIG LAKE RD.
CLOQUET, MN 55720
CHANGE SERVICE REQUESTED**

**Presort Std
U.S. Postage
PAID
Permit #155
Cloquet, MN
55720**

Local news

Remembering Mary

By Dan Huculak

The Fond du Lac community was shocked and saddened to learn that Brookston District Representative Mary Northrup passed away unexpectedly Dec. 6, just one week before her 50th birthday. Her passing was the result of a brain aneurism.

Mary was born in Chicago Ill., Dec. 13, 1961. She graduated from South St. Paul Senior High School. Mary attended an Indian boarding school prior to finishing high school. After she graduated from high school, Mary went into the service where she worked in communications.

After her service in the U.S. Army, Mary worked in a variety of jobs that included operating a video camera for a television station and as a manager and regional manager of a chain of gas and grocery stores. Additionally, she worked in the food service industry and also worked caring for others.

She met and married Tony Northrup. Afterward, Mary returned to school where she attended Fond du Lac Tribal and

Community College. Mary received her Bachelor's of Science Degree in social work from the College of St. Scholastica.

Northrup served on the Fond du Lac Ojibwe School Board for 10 years, served as the FDL Veterans Service Officer and



Mary Northrup

was elected to serve as the Brookston District Representative on the Reservation Business Committee. According to her sister Roberta Welper, Mary was a strong believer in education and always encouraged others to continue their education.

"Mary was a super organizer; kind and thoughtful to her family and friends. Although she had suffered through childhood trauma, the loss of children and domestic abuse, she was an inspiration to me that she had always pushed forward. Mary was always thoughtful of those close to her even when she was a child; she took the time to be your friend and to learn about you and encouraged you to be your best," Welper said.

"I was fortunate that she and I had taken the time to do the Cupcake Tour at the end of September of this year. We had

a great time and we traveled a total of 2,711 miles. We visited our brother and my son in Wis., and the graveyard of our birth father in Indiana. We ate cupcakes every day and stopped at fun roadside places like the Vacuum Cleaner Museum."

The two sisters also attended the Oklahoma State Fair where a national cake competition is held yearly. They also bought fun matching hats and wore them to the fair every day.

According to Welper, Mary was always reading when she was younger. The two visited the home of Laura Ingalls in Missouri where the Little House books were written. She was a big fan of the books and the television show. The women also went to the crash site of Buddy Holly and visited the Surf Ballroom where his band last played.

"As a surprise I took her to the SPAM Museum in Austin Minn. on our way back north. We had a super fabulous time and talked about planning another trip. Mary attended Thanksgiving at my house with our Uncle Richard Loons, her daughter-in-law Julia and her beloved grandson Antonio."

Mary attended the elder's party Dec. 2 at the Otter Creek



Mary is presenting her sister (Roberta Welper) with her quilt at the program honoring veterans.

Event Center. Welper said her last conversation with Mary was Sunday evening; she was waiting for a friend to pick her up for dinner.

"I had a doctor's appointment on Monday and when I got to work she had already gone home sick. A Fond du Lac Police Officer was sent at 9:45 a.m. Tuesday, to tell me that she had passed. I had to see her; I couldn't believe that she was gone, and that she had passed away in her sleep. Mary, as many of you know, did not attend many funerals; she often was the one to drop off sweet

rolls for the families that were in mourning."

"Mary did not want a public funeral service; this is something she made known to me, her husband Tony and her son Clint. I appreciate all of the persons who have sent cards to me and called. I hope that all of her friends and family are supporting one another in this time of grief of the loss of a great daughter, mother, grandmother, sister, friend and leader," Welper said.

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

TABLE of CONTENTS

| | |
|-----------------------|-------|
| Local news | 2-3 |
| RBC pages | 4-5 |
| More Local news | 6-7 |
| Etc | 8-9 |
| Law Enforcement | 10 |
| Area News..... | 11 |
| Health..... | 12 |
| 13 Moons | 13 |
| Community news | 14-15 |

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local news

Making books fun at every age

With all of the technology available to kids these days, people usually do not see kids acting very excited to read books. But on Dec. 8 in the library of the Ojibwe School, smiles were everywhere during an event commonly known as “Reading Buddies.” Judging by the looks on the children’s faces that day, the kids genuinely enjoy reading to their elders.

The Reading Buddies program is an opportunity for the children to partner up with an elder, and work one-on-one to sharpen their reading skills. The children come into the library in groups and each student gets his or her own reading partner, who is an elder, to pair up with. Then the pairs sit down and have 30 minutes to read a book or several books of their choice from the library.

“It’s a great way to build relationships by reading together,” said Mary Ann Blacketter, a Cultural Staff member who also runs the Reading Buddies program at the Ojibwe School library.

On the last Reading Buddy

day in 2011, it became clear just how excited the children were at the chance to read to their elders. With only a few minutes remaining on a group’s session, students of the last group came barreling into the library. Before they could get very far, Blacketter told them to stop and wait their turn. One excited little girl in particular looked very upset. She was clearly anxious to start reading, and didn’t want to have to wait by the door while the other group finished their reading session.

The children in the groups were in grades 1 through 3. Each reading buddy has one or two students that they read with each week. This gives each reader a chance to build a relationship with the children, as well as a chance to build self-esteem in the children’s ability to read. It also gives them a sense of pride as they play a major part in this community by helping with programs like this.

It was amazing to see just how excited some of the students were to read and have someone read to them. Each child was

able to read at his or her own pace and both the children and the elders enjoyed their time together.

Reading Buddies is a great way to bring the two generations together and give them something positive to do. With today’s technology it seems even harder for generations to interact and work on a common interest, but that is never the case on Thursdays in the Ojibwe School library.

“They have fun reading together, which makes it more fun for the kids and that’s what reading is suppose to be about,” said Blacketter, about what she’s seen from watching the kids every week during this



Two “Reading Buddies” dive into a book during the last session of the program for 2011, before things pick back up in Jan.

event. What better way for the children to read and get excited about reading than having someone else who is interested as well?

Reading buddies takes place every Thursday during the school year and will begin again after the holiday vacation. The

Ojibwe School is still looking for people who are interested in helping with the project. If you would like to help, you can find more information under the employment section at the fdlrez.com homepage.

Planning for FDL Veteran’s housing underway

Planning is underway for a veteran’s housing project on recently purchased land near the Assisted Living facility. The building is expected to be completed by 2014.

The proposed location for the veteran’s housing development is on the recently purchased Huard property, located near Airport Rd. This site is a perfect location as it is right in the middle of our community.

As it is still early in the process for developing a plan for the facility, not all the details have been worked out. For example, the criterion for determining eligibility to live at this future facility is still being worked on. While it seems obvious that candidates for housing will have to be a tribal veteran, not much else has been worked out as far as who can live there. That will be a

joint decision by several divisions as well as some input to be provided by the Fond du Lac veterans themselves.

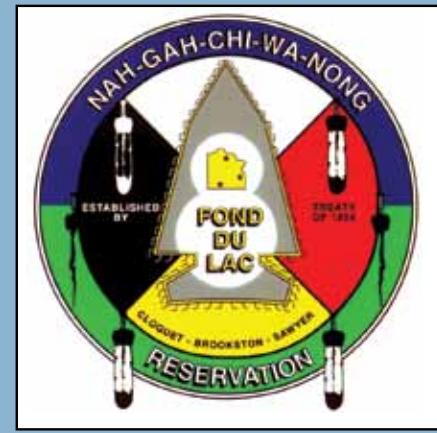
In order for the band to help its veterans, the Fond du Lac Band is working with multiple funding sources to get the project started. The Greater Minnesota Housing fund and the Federal Home Loan Bank of Des Moines were a major part in getting this project underway.

Also, Enterprise community partners approved a pre-development grant to help get the project started. And naturally the Band is using some of its own money to ensure that this project is completed.

For Mike Murray, the Assistant Program Manager, the design is the most interesting part to him. “Because you try to balance need, finances, accessibility and balance it all on the location.”

Something that Murray thinks will be done and very easily based on the land choice.

This is an important project for the community to aid its veterans. Murray said it best about a project of this significance. “To make sure that we are designing a building that meets the needs of our people.”



A few thoughts from RBC members

From Chairwoman Karen Diver

Our community suffered a great loss with the passing of Mary Northrup. Our hearts go out to her family. She served her community as the Brookston Representative with dedication. Her long history on the reservation of honoring her fellow veterans will always be remembered, along with the fact that she was the first Tribal Veteran's Service Officer in Minnesota. We were both early risers, so we often had time in the mornings to check in with one another. Many of these times were filled with laughter. She will be missed.

Last month in Washington

D.C. for the Tribal Nations Summit, President Obama signed an Executive Order that detailed a White House Initiative on American Indian and Alaska Native Education. The initiative will be staffed by an executive level staff person responsible for bridging the gap between the Bureau of Indian Affairs, Office of Indian Education, and the Department of Education and other departments like Head Start. If you are interested in seeing the Executive Order or any other information about the President's commitment to Native Americans, the White House



Karen Diver

does have a web page that can be found at www.whitehouse.gov/nativeamericans.

The Nelson Act distribution is still hung up in the Congressional Budget Office (CBO). The CBO did not have time to work on it due to the fact that the office's attention was consumed with costing out the proposals that were being developed by the "super committee" that was dealing with the national budget. No one could give us a timeline on when CBO would be able to work on it because the federal budget debate has not come to a conclusion.

Finally, our columns last

month were written before we had the decision by the court about the Fond du Luth matter. The newspaper had to "stop the presses" to get the update out to you all. Since that time I could not be more disappointed in Mayor Don Ness of the City of Duluth. He has come to the conclusion that since the city did not prevail with the court or the National Indian Gaming Commission, that instead he will use the media to pressure the Band. He is wrong in analysis of the law that governs the contracts, and he is wrong to think that using a bully pulpit will in any way allow the Band to continue paying the city under the agreements. The court, the NIGC, and the Indian Gaming Regulatory Act

say that the Band cannot pay the city of Duluth. The city has the right to appeal the court's decision, and to use the court to further clarify what options the city may have. But during those appeals, the Band will obviously do what it needs to do to protect the Band's interests. It is baffling how a "partner" thinks that this behavior will result in an on-going relationship.

Please feel free to contact me with comments or questions at karendiver@fdlrez.com, (218) 878-2612 (office) or (218) 590-4887 (cell).

From Ferdinand Martineau

Boozhoo niiji, It is hard for me to write this column this month with the passing of my co-worker and more importantly my friend. Over the past three years I developed a close working relationship with Mary Northrup. Mary's passing took the entire community by surprise. She was our District III representative on the council. She was involved in most everything that was happening on the reservation, but her baby was the veterans. Mary

worked however long it took to take care of the needs of any veteran that came into her office. With her passing there is now a void in our community.

I have fielded many questions about what is going to happen with the District III position. We had three options to choose from. The first option was to have a special election to fill the vacancy. This



Ferdinand Martineau

would have been the preferred way, except that the regular election for the position would be about a month behind the special. This would have been confusing and would not work. The second option was to appoint someone to serve the remaining term. This would have left out the people of the district in the decision so it would not work either. The third option was to leave

the seat open and let the people decide in the next election who they wanted to represent them. That option worked, so that is what we are doing.

There have been several parties this past month with all of our divisions, departments, and enterprises. The elder's party was well attended and most people enjoyed themselves. The baskets have returned and 156 were awarded. Thank you to all who participated in this event to make it possible for over 600 to enjoy the festivities.

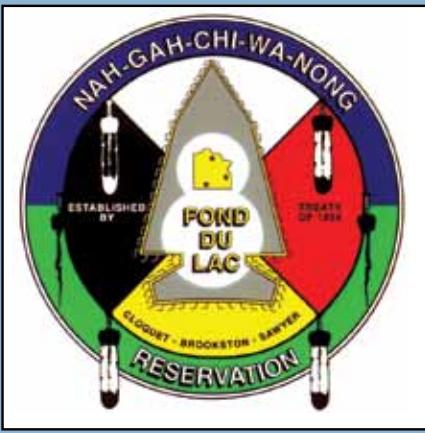
I hope that the New Year

brings you and yours health, happiness, and prosperity.

If you have any questions or comments please feel free to contact me. My home number is (218)879-5074, Office (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin.

RBC columns continued on next page.



From Sandra Shabiash

On the Local Sawyer scene:

The Fond du Lac Tribal Council and community were saddened by the unexpected passing of Mary Northrup. She was a dear friend and Tribal Council member representing District III (Brookston). Mary was also a veteran. Flags were lowered to half staff on all reservation properties in her honor. Mary will be missed by the many individual lives she touched. Our thoughts and prayers go out to her family.

By the time you are reading this month's issue, the three community centers on the reservation, Cloquet, Sawyer, and Brookston, will have had their Christmas parties. The staff at the three community centers worked hard to put on the events.

The annual Elder Christmas Party was held at the Black Bear Otter Creek Event Center Dec. 2. There were six hundred plus in attendance, including the volunteers. A good time was had by all

who attended.

I am sure you all have heard by now about our Fond du Luth court case. The



Sandra Shabiash

court's decision states that we no longer have to pay the city of Duluth a portion of our profits. Which means no renegotiating another twenty-five year contract, we don't have to disclose our financials to the city of Duluth, and we have the sole right to operate or close our casino in Duluth. We have one more court case pending

in March regarding contra revenue. This is promotional slot coupons where customers receive free play. The city was taking a percentage of the coupons and claiming this was revenue when in fact it was an expense for us.

In closing, I wish everyone a Happy New Year.

For questions contact me at Office (218) 878-7591 E-mail sandrashabiash@fdlrez.com

In the absence of an RBC member

Mary Northrup's sudden passing is sad news that leaves many of us without an old friend. She was taken from us before anyone got a chance to say goodbye. Following her passing many people have asked what will happen to the Brookston district representative position.

The Reservation Business Committee (RBC) has determined that the District III Representative position will not be immediately filled. Since the primary election is scheduled for April, the decision has been made to leave the position vacant until then.

According to provisions in the constitution of Minnesota Chippewa for an RBC Member passing away is that if the death occurs within 180 days of the next election that it is not required that the seat be filled. With the primaries about 120 days away, the Council has decided to take this course of action.

The RBC came to this decision, thinking that it wouldn't be fair or appropriate for them to appoint someone to fill the position without any input from the people of the Brookston District. With it being so close to the election, it might also have been unfair to appoint somebody giving them an advantage or possibly a disadvantage to that person come the actual election time. Therefore, the position will remain vacant until the elections when the voters elect a candidate.

From Wally Dupuis

Hello All, During this month, our community center staff has been working on expanding activities to the elderly housing unit, Supportive Housing unit, and the Assisted Living unit. Our staff will be providing activities at each of these locations on a regular basis. I am hoping for and encouraging good participation.

The Black Bear Casino Resort held our annual Elders Christmas Party this month. The staff did an excellent job

of planning, organizing, and preparing for the event. We had over 600 elders participate in the party. Great food, gifts and conversation occurred throughout the party. Most of the folks I spoke with said it was good to see their old friends and family's again, friends and family that they hadn't seen in years.

The Cloquet Community Center hosted Christmas activities on Dec. 16 and 17

this year. There was food, games, and prizes for our participants. Please see our website or pick up a flyer for the schedule of events. We expected a record number of participants once again this year.



Wally Dupuis

On a brighter note, a federal Judge ruled that we, the Fond du Lac Band, do not have to pay the city of Duluth regarding the Fond du Luth Casino case. As such, our Chairwoman and our

Secretary-Treasurer will have more detailed information and will keep us all updated as things progress.

On a somber note, we lost one of our community leaders, Brookston Representative Mary Northrup. My condolences go out to her family and friends. She will be greatly missed by those that knew her.

Please feel free to contact me. You can call my office at (218) 878-8078, or (218) 879-2492.



Christmas season started early for elders

The Elder Christmas party got the holiday season off to a great start.

By Zachary N. Dunaiski

Black Bear's Otter Creek Event center hosted this year's Elder's Christmas Party Dec. 2 and all who attended were in the Christmas spirit.

This year's party filled the Event Center and more than 600 elders were in attendance. Several volunteers from the Fond du Lac Ojibwe School helped make sure this event was a success.

Beautiful decorations were hung, placed, and lit up throughout the building. At the front of the room several gift baskets were up on stage to be raffled off for elders lucky enough to have their name called. Over 150 names were drawn for those presents. At times it seemed that everyone in the room was looking up at the projector to see whose name was next to win a gift basket. Despite this it still appeared that the chance to win a prize was not what most people were thinking about.

Every table seemed full and most of the tables consisted of people and family members, friends, or just co-workers, who were glad just to get a chance to

see one another.

Co-workers were glad to have a chance to sit and talk casually with their fellow employees, without having to worry about work, while friends and family were glad to get a chance to catch up.

The food was once again excellent, as it is at most events hosted by Black Bear Casino Resort. Delicious meats, creamy mashed potatoes, and of course the usual favorite, pumpkin pie, were enough of a reason to be excited to attend the party.

Elvis impersonator, Ken Sutherland, also gave the attendees music that they are very fond of and also a chance to snap a picture with the look-alike. People gladly took advantage of the chance to be photographed with "Elvis," as it seemed whenever Elvis wasn't singing (and sometimes when he was) that his picture was being taken with some adoring fan.

Even after several hours the event center still had people buzzing all around. Most people went to mingle with other party goers whom they didn't sit with after they were done eating. Others stayed at their tables, con-

tinuing to talk with their present company, or in some instances going for a second helping of pie. This socializing kept the party upbeat for several hours.

The theme around this time of year that most people enjoy is getting together with family and friends. This Christmas party was no exception and it wasn't just the elders celebrating with one another.

Despite having a half day of school, a handful of students from the Ojibwe School dedicated the second half of their day to volunteer to work at the event. For many it was nice to see the future generations giving up their free time to help serve food and clean up at the event when they could have been out anywhere. It would have been just as easy for these kids not to donate their time, but they showed up anyway.

After all the elders had been served, the volunteers sat down to have a bite to eat for themselves, before having to clean up. It was nice to see some of these students sitting with the elders and enjoying laughter and conversation.



RBC member Ferdinand Martineau talks with Fran White during the Christmas festivities. Photo by Rocky Wilkinson



3 volunteers helping out during the party are shown here preparing the buffet tables. Photo by Rocky Wilkinson

Honoring our youth at Cloquet Schools

By Tara Graves,
Director of American Indian Education
Programs at Cloquet Public Schools

The Cloquet American Indian Education Program would like to recognize and congratulate the following students for making the A/B honor roll: Nicholas Allard, Jacob Barney, Cody Bauer, Keeanna Berglund, Marina Berglund, Alexis Brown, Drewrez Budreau, Josyaah Budreau, Mathew Day, Andrew Defoe, Joseph Defoe, Lila Diver, Bradley Durfee, Alycia Erickson, Cody Erickson, Annika Hammitt, Megan Harder, Joseph Hedman, Namiah Hindsley, Johnathon Hero, Trevor Hero, Cameron Holshouser, Dana Houle-McFatrige, Gye Houle-McFatrige, Preston Jackson, Chase Keye, TaLeah King, Saydee Lanes, Chasce Mercer, William Mikkinen, Cheyenne Moore, Lyndzie Moore, Anthony Moose, Adrianna Pollak, Haley Psyck, Alexandea Reynolds, Christina Roy, Nichole Sloan, Maurice Smith, Gerard Sordelet, Deven Stillday, Brandt Straub, Landen Straub, Zackery Strom, Kyle Theisen, Arlene Thompson, Cameron Thompson, Courtney Thompson, Karlee Thompson, and Alissa Wakefield.

We are very proud of your hard work and accomplishments and for those of you who have made gains and accomplishments with your personal and academic goals. We encourage you to stay focused

and positive. We are here to support you in your educational journey.

On Oct. 19, 15 students, 3 staff, and 1 parent went to St. Cloud University to visit the American Indian Education Center. Students had the opportunity to experience the college setting first-hand. We had a great time visiting the campus and experiencing college life. We have many other college visits scheduled and we encourage students to participate and look forward to the future.

We had a great turnout for our family night, Oct. 18, held at Washington Elementary. Families had the opportunity to learn fun and engaging math games with their children. Each math station had a different skill and ability level and a station with a seasonal/fall theme. It was great seeing parents, staff, and students so engaged and having fun at the same time.

In celebration and recognition of American Indian Heritage Month we had the honor to have Larry Yazzie from Native Pride Productions come and perform at the middle school and high school Nov. 24. He shared how important it is for each and every one of us to carry on our American Indian Culture in a respectable manner and to share and value what has been passed on to us. It was great to see the students and staff participate and to learn more about American Indian Culture.



The cloquet youth at the American Indian Education Center



Kello Brown throws down a dunk late in the second half against Silver Bay on his way to a 30 point night. Photo by Dan Huculak

High school basketball season underway

The Fond du Lac Ojibwe High School Girls and Boys basketball teams had their first doubleheader of the year Dec. 5, as they faced off against Silver Bay. This was the third game of the year for the girls and only the second for the boys.

The girls' team got off to a great start, leading early in the game, but couldn't keep pace with Silver Bay's excellent shooting night. The girls kept it close going into halftime but ended up losing this one 52-27.

Even though the girls are off to a rough start, they have a young team that shows lots of promise for the future. With a roster full of very talented and hardworking players, their future is looking bright. With a good mix of ball handlers and height, this team has a chance to win on any night. Their regular season record going into the holiday break is 1-6.

The varsity boys team was the second game of the doubleheader and is lead by senior Captains Kello Brown and Dominic Johnson-Fuller.

Both have played crucial minutes in the past for their team, and both hope to have that continued success this season.

Last year the boy's team came within a basket of making it into the Minnesota State High School Basketball Tournament. With key players returning, the boys hope to have another successful season.

Against Silver Bay, Brown had several chances to show off his leaping ability finishing with multiple dunks as well as double digit rebounds. Sophomore Trevonte Brown was the second highest scorer in the game putting up 26 points behind Kello Brown's 30.

The boy's team does have some experience, but still has a lot of young talent on the team. Those underclassmen will get a chance to learn from their senior leadership. After winning the first two games of the year, the boys are in a bit of slump heading into the holiday break at 3-4.

etc

Assisted living facility expected to grow

By Zachary N. Dunaiski

Plans are already underway for Phase II, an expansion of the Fond du Lac Assisted Living facility that just recently began housing residents in August.

Planning has already taken place and now some minor detail work needs to be figured out before the addition can be started. The plan is to grow the facility by almost 10,000 square feet and have several more new apartments for those in need of its care.

Right now it is uncertain just what type of amenities the addition will bring, but it is possible that the plans will include a wing for residents who struggle with other medical conditions,

such as memory loss or dementia.

Some of the nicer parts to the addition is its plan to keep its current great room, which is a nice place for the residence to gather and eat meals together. On Thanksgiving Day, the residents were all able to enjoy a family style dinner in this room. The actual change to this room will be a newer television viewing area. The room will still be connected to the great room, but the changes will give the residents a better area in which to watch television. Another addition is an activities room which will be a great place for the residents to get together and enjoy one another's company.

Elder Activity Board wants your help

By Wendy Savage

The Fond du Lac Elder Activity Fund Board is in full swing. They have been electing new members, reviewing the by-laws, going over the budget, and planning for the winter season activities.

New members from the Sawyer district are Joyce LaPorte and Wendy Savage. Russell Savage, the Chairperson, represents Sawyer. Jerry Setterquist is the Vice chair and he is a Cloquet representative along with Doug Woodhull and Val Turcotte. Roberta Welper will be the secretary and also assist Deb Topping with the treasury duties. The Brookston representatives are Greta Klassen and Marlene

Shofner. We are looking into finding one more representative from Brookston. If interested call Russ Savage (218) 878-1134, or come to the next meeting at 1 p.m. Jan. 17 in the FDL library.

The Elder's Activities Board is always looking for activity ideas from all the elders, individuals who are 52 and older. If you have a suggestion for an activity that you would like to coordinate, the board members will assist you in completing the forms.

All Fond du Lac Elders are welcome to attend the Elders Activity Board meetings, which will take place at 1 p.m. on the third Tuesday of every month at the Cloquet Community Center, please share your ideas with us.

We have been successful with a strong number of elders attending the activities. Please consider taking a turn and organizing an elder activity. We will even help you set it up. We are looking for activity ideas that are in the local area. We will also plan one large trip outside the local area. Come to our meeting with your suggestions.

We would like to thank all the elders who filled out our survey at the Christmas party.

The Elder's Activities Board would like to wish everyone a joyful and happy New Year.

Ride the bus

The Duluth Transit Authority and Fond du Luth Casino are encouraging everyone to "play it safe" this New Year's eve. In doing so they are partnering up to provide free DTA service all day, Dec. 31 with free service extended on the busiest routes up to 1:50 a.m. on New Year's Day to accommodate those cel-

ebrating New Year's Eve.

Special New Year's Eve passenger hand schedules will be available at the DTA's Downtown Transit Center or Fond du Luth Casino and online at www.duluthtransit.com.

To all landowners within the boundaries of the BLASD

The Big Lake Area Sanitary District (BLASD) is currently seeking a suitable parcel for the construction of the BLASD wastewater treatment plant. The description of a suitable parcel of land for the site would need to be about a 10 acre parcel to locate the plant and associated access.

If you would like to submit a parcel of land, all you need to do is write a letter including owner information as well as submitting the legal parcel description to the BLASD Board Chairperson at PO Box 14, Sawyer, MN, 55780.

For your submission to be considered the BLASD has to receive it by Feb. 14, which is the date of the next board meeting. A decision will be made in the best interest after the board has had time to review its options.

The board encourages you to visit the website at www.blasd.org and research the frequently asked questions and look for contact information of current board members to help answer questions you may have.

A thank you for hard work

By Dorothy M. Olson

This is a sincere Thank You to the Fond du Lac Reservation



A group gathers on the campus for the University of Wisconsin Superior to read for this year's read-in event.

Wis. Native American Read-In event held at UWS

This year at the read-in event on the campus of the University of Wisconsin-Superior, 91 participants read a total of 156 books.

"It was great to be able to send such wonderful results to the Wisconsin State Reading Association," Mary E. Lee-Nichols, Ph.D., Assistant Professor of Teacher Education said about the event.

Students from all over the area came to read books, something that the university would like to make an annual occurrence. It was the sixth year that the state of Wisconsin held this event statewide.

etc

Business Committee for making the Elder's Christmas Party held Dec. 2, completely possible. This was a perfect opportunity for everyone to get together, visit, have fun, and enjoy a beautifully prepared dinner.

An immense thank you goes out to the many volunteers and the many Fond du Lac programs who donated beautiful Christmas gifts. The Christmas party committee did a wonderful job again this year and we truly appreciate all of the work that goes into making this yearly party a huge success. I also would like to express my gratitude to the following teams and members for all of the hard work put forth for this event: Black Bear slots team, Black Bear banquet team and buffet team, the emcee's and custodial team, the registration staff, the Ojibwe School students and staff. Thank you all.

Fond du Lac Family Caregiver Appreciation Dinner

Want a way to show that you appreciate caregivers? A chance will come 5:30 p.m. Feb. 9 at the Cloquet ENP when the FDL caregivers program will put on its first annual appreciation dinner.

Family caregivers are the unsung heroes of the American healthcare system. They

provide care that is estimated at more than \$350 billion nationwide each year. Most family caregivers are unpaid volun-



teers. Let's show our thanks to the family caregivers throughout the FDL community.

This is our chance to "show a little love" to the family caregivers that touch our lives. Fill out a "Thank You Card" to nominate your favorite family caregiver for special recognition. "Thank You Cards" can be obtained by calling Sue Roberts-Passero (218) 878-2135 or emailing her at suepassero@fdlrez.com. The dinner is open to family caregivers and their family members or care receivers.

To attend the dinner, please RSVP by Feb. 1. Remember to send your "thank you card," too.

The Caregivers Program offers services to people who help Elders (age 52+), and Elders who take care of others, including their grandchildren. Either the caregiver or the care receiver needs to be eligible to receive services through FDL Human Services Division. The Caregiver Program services include Caregiver gatherings, support groups, and respite services (provided by FDL Public Health Nursing HCA's). The Caregiver Program is a part of the FDL Public Health Nursing Department.

The Cloquet Fire Department is looking for help

The Cloquet Area Fire District (CAFD) is accepting applications for a paid on-call Firefighter/First Responder until Jan. 15. The position description, application and background authorization are available on the CAFD website <http://cloquetareafiredistrict.com/career-opportunities/cafd-application->

package.

The CAFD will provide training for both Firefighter and First Responder. CAFD pays an hourly wage for the training, calls, and other sanctioned activities. Paid on-call positions can lead to a full-time position for Firefighter trained to the Paramedic level. Priority will be given to applicants living near Station 2 at 2779 Big Lake Road, Cloquet, Minn.

Applicants must live within 6 miles of a CAFD station. Applicants are subject to a medical exam, drug test and background check. For further information call Steven Olson, Division Chief Paid on-call at (218)878-7105 daytime or (218)879-1930 evenings. Applications should be sent to Cloquet Area Fire District Office, attn: Steve Olson, 2801 Dewey Avenue, Cloquet, MN 55720.

Information on QMB Program

For Elders and others who may utilize Qualified Medicare Beneficiary (QMB), a Fond du Lac program, your Social Security statements will be arriving shortly.

The SS statement will show what is deducted for your Medicare part B premium. You will need to save this letter as it will be need for the QMB review coming up shortly. The 1099 for filing taxes cannot be used, this letter is necessary.

This Social Security Statement is also useful for many other programs. Please keep it in a safe place. The Adult Benefits office will be sending out a request for this information very shortly, if you have any questions, you can contact Donna

or Gail at CAIR by calling (218) 726-1370.

CDL training's meet and greet

Fond du Lac is teaming with the Minnesota Department of Transportation (MNDOT) to sponsor a training class for individuals interested in obtaining their Commercial Driver's License (CDL). Individuals with a CDL endorsement are able to drive commercial vehicles such as trucks and semi-trucks.

The class, which will be held at Fond du Lac this spring, will be five weeks of both classroom and practical training. When students are finished, they will be able to take the CDL drivers test.

MNDOT will be here Thursday, Jan. 12 at 5 p.m. in the Cloquet ENP. At the meeting, prospective students will be able to learn more about the program and complete an application.

People interested in being part of the class must bring a current drivers license, social security card, and a résumé. Students must be willing to commit to five weeks of training and have a clean driving record with no DUI's in the past three years or a significant amount of moving violations in the past two years. In addition, they must also be able to pass a physical and have a clean DOT drug test. Class size is limited to 15 participants.

For more information, contact Lonny Susienka at (218) 878-7527 or Joan Markon at (218) 878-2658.

When submitting articles to the paper

We recently received a complaint about information published in the newspaper. While we always try our best to get the correct information to our readers, we must occasionally apologize for errors made on our part.

That being said, we often get information given to us through a third party (often we see people drop off hand written or typed information, give something to another employee in the Tribal Center, or use inter-office mail). Unfortunately we can't read and verify that everything is correct when the information is given to us and it occasionally comes without contact information. This is why we require that anything submitted to the paper be sent to us with that person's contact name, telephone number, and any other relevant contact information that we may need.

Again, we apologize for any errors in the past and hope that going forward we can receive the proper contact information on all documents. In the future we may elect not print anything that doesn't have proper contact information included.

The Next Cooking class

The next cooking class is scheduled for Jan. 6 Noon in the ENP. The class title is Veggie Tales.

FDL Law Enforcement news

The following is a summary of about one month of select police reports.

- 11/16/11 Traffic stop on Hwy 210, driver cited for driving after suspension (DAS)
- 11/16/11 Traffic stop on Big Lake Rd, driver warned for speeding
- 11/17/11 Black Bear Casino wanted a person removed, the person was located and brought to jail on warrants
- 11/17/11 Report of gas-drive-off at gas and grocery for \$30.00
- 11/18/11 Traffic stop on Airport Rd, driver arrested for warrants and cited for driving after revocation (DAR)
- 11/18/11 Report of car hitting a light pole on Ditchbanks Rd, driver was not injured.
- 11/19/11 Traffic stop on Ridge Rd, driver arrested for DWI and DAS
- 11/19/11 Report of car hitting a light pole on Belich Rd, no one was injured
- 11/20/11 Assist Cloquet Police with domestic assault near Walmart
- 11/20/11 Traffic stop on Hwy 2, driver warned for speeding
- 11/21/11 Traffic stop on Cary Rd, driver cited for speeding and no insurance
- 11/21/11 Traffic stop on Brookston Rd, driver warned for faulty headlights
- 11/22/11 Traffic stop on Mission Rd, driver warned for speeding
- 11/22/11 Traffic stop on Hwy 210, driver cited for speeding
- 11/23/11 Traffic stop on Hwy 2, driver warned for faulty tail lights
- 11/23/11 Traffic stop on Moorhead Rd, driver warned for faulty headlights
- 11/24/11 Traffic stop Hwy 31, driver warned for driving conduct and speed
- 11/24/11 Report of underage party in St Louis, several tickets were issued and one was arrested on warrant
- 11/25/11 Report of gas-drive-off for \$10.00 at gas and grocery
- 11/25/11 Traffic stop on Big Lake Rd, driver arrested for DWI
- 11/26/11 Traffic stop on Hwy 210, driver warned for speeding
- 11/26/11 Traffic stop on Brookston Rd, driver cited for speeding
- 11/27/11 Report of vehicle being broken into at Black Bear Casino
- 11/27/11 Report of unwanted person, the person was located and brought to jail for disorderly conduct
- 11/28/11 Traffic stop on Big Lake Rd, driver cited for speeding
- 11/28/11 Traffic stop on Hwy 210, driver warned for no tail lights
- 11/29/11 Traffic stop on Hwy 33, called in K9 but no drugs were located
- 11/29/11 Traffic stop on Big Lake Rd, driver warned for speeding
- 11/30/11 Traffic stop on Cary Rd, driver cited for DAR
- 11/30/11 Traffic stop on Hwy 2, driver cited for DAR and no insurance
- 12/1/11 Report of homeless person at casino, the person was located and brought to the CHUM Center in Duluth
- 12/2/11 Traffic stop on Hwy 2, driver warned for driving conduct
- 12/2/11 Report of fight in the compound, cited one for underage consumption
- 12/2/11 Traffic stop on Paul Rd, driver cited for DAR
- 12/3/11 Report of illegal burn, Cloquet Fire Department put out the fire
- 12/3/11 Traffic stop on Reservation Rd, driver arrested for DWI, passengers cited for underage consumption
- 12/4/11 Traffic stop on Big Lake Rd, driver warned for equipment
- 12/4/11 Traffic stop on Jarvi Rd, driver cited for no MN driver's license
- 12/5/11 Assisted Cloquet Officers with person making suicide threats, located person
- 12/5/11 Traffic stop on Brookston Rd, driver cited for DAS
- 12/6/11 Assisted a motorist who ran out of gas
- 12/6/11 Report of loud music at Supportive Housing, two people were sent to jail on disorderly conduct
- 12/7/11 Traffic stop on Airport Rd, driver cited for no insurance and was warned for driving conduct
- 12/7/11 Report of loud party, one person was brought to jail on warrants
- 12/8/11 Report of two car accident at gas and grocery
- 12/8/11 Traffic stop on Big Lake Rd, driver arrested for DWI
- 12/9/11 Traffic stop on Big Lake Rd, driver arrested for DWI
- 12/9/11 Traffic stop at back entrance of Black Bear Casino, driver arrested for DWI
- 12/10/11 Traffic stop on Jack Pine, driver cited for DAS and no insurance
- 12/10/11 Traffic stop on Hwy 2, driver warned for obstructed view (multiple items hanging from mirror)

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies.

Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

AMMESMAKI, Beverly
 BANKS, Robert
 BARNEY, Frances
 BEGAY, Raymond Sr.
 BOSTO, Kenneth
 BRIGAN, Calvin
 CAMPBELL, Patricia
 CICHY, Gerard
 CICHY, Leslie
 COPA, Hope
 CROWE, Gary
 DAHL, Richard
 DEFOE, Charles
 DEFOE, Richard
 EUBANKS, Charice
 GLASGOW, Edith
 GREENSKY, Charles
 GREENSKY, Florence

HEENEY, Mary
 HERNANDEZ, Phyllis
 HERNANDEZ, Sherry
 HILTON, Lois
 HOULE, Jamey
 HUHN, Cheryl
 HYLTON, Tina
 JEFFERSON (Drucker), Mary
 JONES, William Sr.
 JOSEPHSON, Charles
 KAST, Cheryl
 KESELBURG, Arlene
 KNIGHT, Terri
 LAFAVE, John
 LAPRAIRIE, Robert
 LEMIEUX, Elvina
 LIVINGSTON, Bruce
 LUSSIER, Pamela
 MARTINEAU, David
 MARZINSKE, Larry
 NORD, Marjorie

OLSON, Daniel G. Sr.
 OSTROWSKI, Lorraine
 PALMER, Agnes (aka Agnes Rock)
 PERALES, Benjamin Jr.
 RAISCH-DAY, David
 RAISCH, Sharon
 SAVAGE, Maxine
 SCHULTZ, Charles Michael
 SCHULTZ, Nicole Diane
 SCHULTZ, Paul Henry III
 SHARLOW, Gerald D.
 SHOFNER, Daniel
 SMITH, BENJAMIN W.
 SMITH, Carl E.
 STANFORD, Cathy
 THOMPSON, Mary
 TROTTERCHAUDE, Rex
 WICK, David
 WISE, William Sr.

Area news

Awards presented for contributions to maternal and child health

The annual Betty Hubbard Maternal and Child Health Leadership Awards were presented today to Danielle Le Bon Gort of Superior, Wis., and Brigid Riley of Minneapolis. The awards, which recognize leadership and achievements in promoting good health for mothers, children, and adolescents, were presented at a Maternal and Child Health Advisory Task Force meeting in St. Paul. "This year's award recipients have made exceptional contributions to the health of Minnesota's mothers, children and adolescents," Commissioner of Health Dr. Ed Ehlinger said. "The dedication of the recipients has contributed greatly to Minnesota's reputation as a national leader in the advancement of maternal and child health."

The awards are presented in two categories. Le Bon Gort was recognized for achievements at the community level and Riley was recognized for accomplishments of statewide significance.

Le Bon Gort, the Maternal and Child Health team leader for the Fond du Lac Band of Lake Superior Chipewewa, received the community award for her work in maternal and child health within the Fond du Lac community and Minnesota's northeast region. She has worked as a public health

nurse with the Fond du Lac tribe for 10 years. Much of her work has focused on assuring that women have access to the services they need to have healthy pregnancies and obtain positive parenting skills.

Le Bon Gort is active in a regional doula organization and has initiated a doula program specific to American Indian women on the Fond du Lac reservation and in surrounding counties. She has also created a breastfeeding support program on the reservation.

Through Le Bon Gort's advocacy, she was able to bring the Nurse-Family Partnership® (NFP) model to the Fond du Lac community. NFP is a nurse-led, evidenced-based maternal and early childhood health program that uses home visits to foster long-term success for first-time mothers and their babies. This was the first time NFP had been adopted by a tribal government, and this implementation led to the expansion of the program to other tribal communities.

Brigid Riley served for seven years as executive director of Teenwise Minnesota, formerly called the Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting. Teenwise Minnesota provides leadership in promoting adolescent sexual health, preventing

adolescent pregnancy and gaining support for adolescent parents by developing, strengthening and advancing science-based policies and programs.

Riley was instrumental in rebranding the organization as Teenwise to shift the organization's identity away from being focused on problems. The organization's new, positive identity also respects young people's intelligence and ability to be involved in their own sexual health.

As a longtime advocate for the reproductive rights and responsibilities of Minnesota's young people, Riley has worked to assure that the professionals working with teens actually hear from teens by creating opportunities for education and interaction. Through her leadership, Teenwise has become the Minnesota training replication partner for implementation of Wyman's Teen Outreach Program® (TOP®). TOP® is a nationally replicated, evidence-based best practice program used by schools, communities and other youth practitioners to empower teens to lead successful lives and build strong communities.

Riley has effectively taken on the task of finding ways for people to have difficult discussions about the controversial topics of adolescent sexual health, pregnancy and parenting and

identifying action that can be taken to support teens. She has consistently advocated at the state capitol, with county boards of commissioners and local boards of education and through the media for the protection of Minnesota's Minors Consent Law and effective sexuality education.

Riley is committed to ensuring that pregnant and parenting teens have the support they need to become the best possible parents, further their educational goals and create plans for the future as a means of keeping these young people from slipping through the cracks during this critical time in their lives.

The Betty Hubbard Awards have been presented annually since 1990. They are sponsored by the Minnesota Department of Health and the state Maternal and Child Health Advisory Task Force in honor of Betty Hubbard, one of the original members of the MCH Advisory Task Force and a lifelong advocate for the health of mothers and children. Nominations for the Betty Hubbard Awards are solicited each year by the Maternal and Child Health Advisory Task Force.

More information can be found on the Minnesota Department of Health website at <http://www.health.state.mn.us/divs/fh/mchatf/bettyhubbard.html>.

National homeless persons' Memorial Day

By Michael Meuers

Mishkwaa-ga-mii-wii-zaaga'iganiing Giiwishiiwigamig, (The Red Lake Homeless Shelter) held a Memorial Feast and Fire 11 a.m. Dec. 20. The Memorial Fire was kindled at dawn and would burn until dusk. A ceremony and feast were held at the shelter.

Each year since 1990, on or near the first day of winter and the longest night of the year, National Coalition for the Homeless (NCH), National Consumer Advisory Board (NCAB), and the National Health Care for the Homeless Council (NHCHC) has co-sponsored National Homeless Persons' Memorial Day to bring attention to the tragedy of homelessness and to remember our homeless friends who have paid the ultimate price for our nation's failure to end homelessness.

"This is our 8th annual remembrance of our sisters and brothers whose lives were shortened by being without housing", said Director of the Red Lake Homeless Shelter Carol Priest.

National Homeless Persons' Memorial Day honors that day, while celebrating the first day of winter, which is the longest night of the year.

Priest welcomed about 30 people who came to commemorate those who have died who were homeless. "This gives us a fresh start", said Priest, we have sage and tobacco to cleanse us all. We are so grateful to have this place, a place to feel safe," she said.

Priest said funding for the shelter comes from many sources, including federal and state government, and foundations. Priest reported that there is a high need for the shelter, with approximately 250 Red Lake members a year going through the facility. The shelter has three case managers plus homeless advocates.

Larry Stillday conducted an invocation at this year's event. He went on to say that he himself was homeless once. For two years he lived on the streets after returning from Vietnam.



Health News

Mdewakanton Emergency Services offering EMT, First Responder Courses

The Shakopee Mdewakanton Sioux Community announces seven courses starting in Jan. for Emergency Medical Services and health care providers offered by the Mdewakanton Emergency Services department. Classes are open to the public and will be held in the training room in Fire Station 1 across from Mystic Lake Casino on the Shakopee Mdewakanton Sioux Community reservation.

Mdewakanton Emergency Services provides emergency medical training including Emergency Medical Technician (EMT), First Responder, EMT Refresher, First Responder Refresher, and American Heart Association CPR and AED classes.

An EMT initial class will be offered Jan. 3, through March 29, on Tuesdays and Thursdays from 6 p.m. to 10 p.m. and every third Saturday from 9 a.m. to 5 p.m. The cost of this class is \$1,320.

A First Responder initial class will be offered Jan. 9, through Feb. 8, Mondays, Wednesdays, and every other Friday from 6 p.m. to 10 p.m. The cost of this class is \$440.

Three EMT Refresher Courses will be offered. The first will run Feb. 17, 18, and 19 from 9 a.m. to 5 p.m. A second course will run March 5–16, on Mondays, Wednesdays, and Fridays from 6 p.m. to 10 p.m. The third course will run March 27, 28, and 29, from 9 a.m. to 5 p.m. The cost for this class is \$275. This class is open to individuals ages 18 and older.

Two First Responder Refresher Courses will be offered. The first will run Feb. 20–29, on Mondays and Wednesdays from 6 p.m. to 10 p.m. The second will run March 10 and 11, from 9 a.m. to 5 p.m. The cost for the class is \$176. This class is open to individuals ages 17 and older.

CPR and AED classes are also available. For more information about any of these classes, contact Training Coordinator Malissa Radanke at Mdewakanton Emergency Services at (952) 233-1077 or register online at www.mdfire.org.

Payment information and options for all classes can be discussed at the first class.

How to Keep that New Year's Resolution

Every New Year's Eve, resolutions are made only to be abandoned within a couple of months. Many resolutions are about eating healthier, increasing physical activity, or reducing weight, all of which are important in the prevention and delay of many diseases, including cancer. So how can your resolution last the entire year? Here are some suggestions:

1. Create a realistic resolution and write it down.
2. Break down your resolution into smaller, more manageable parts.

Example: if your resolution is to lose 50 pounds, it is not

going to happen in January. Break it down into a smaller amount; let's say a 2-4 pound weight loss monthly.

3. Describe how you are going to reach the smaller goals.
Example: In January, I will replace a can of pop each week with a glass of water and a 10 minute walk. I will also see my doctor for a physical. In February, I will continue with January's goals, attend the Your Way program twice this month and go to three On the Move events. In March, I will continue with the previous goals, increase my activity to 30 minutes a day for at least

3 days a week and start a food intake diary. In April, I will continue with previous goals, schedule and keep an appointment with the dietitian and increase my activity to 30 minutes a day 6 times a week.

4. Get a buddy. Enlist a friend to share your resolution. Work together to reach goals and combat obstacles.
5. Be prepared for a setback. Things happen—illness, busy work weeks, vacations, and holidays—remain flexible and try to get back into the swing as soon as possible.

Example: Cut back to 15 minutes of daily activity for

a week or so, until you can bump it back up.
6. Pick a resolution that is important to you. This will make it easier to continue to do.

Good luck and don't forget to tap into the Reservation's resources for guidance and support: medical providers, dietitians, personal trainers, smoking cessation educators, health educators, Maternal and Child Health nurses, the Your Way program, On the Move events, cooking classes and many others.

It's the winter illness time of year again

By Zachary N. Dunaiski

With the beginning of the New Year fast approaching, the temperatures will continue to dip into an unbearable range. As we all know that means that it's the beginning of the cold and flu season, which brings about that old saying "feed a cold, starve a fever" or "starve a cold, feed a fever."

But does either of those sayings actually work? Recent research has shown us that there is no scien-

tific evidence for either of these methods. The most important thing is to stay hydrated. Whether it's a cold or flu, staying hydrated is the best way to help the body fight off illnesses. Although it's more important to stay hydrated during the flu, when a fever can bring body temperatures into the triple digits, it's also helpful during colds.

The age old statement could also bring up issues with the "starve" part. Growing up, I remember my great uncle saying to

eat no matter if you had a cold or flu. He didn't say either of those sayings, but had one of his own stating, "Feed everything." Apparently he was on to something because when the body is fighting off illnesses, the body is under extreme stress, and starving the body can put it under more stress. Eating will also give your body more energy helping to fight against illnesses.

For the flu, the American Lung Association (ALA) focuses on good nutrition and plenty of liquids to

aid in the recovery process and to prevent dehydration. For colds, the ALA suggests drinking plenty of water and/or juice to keep the lining of the nose and throat from drying out. Also, Chicken Soup is classic in these instances and can help aid individuals back to health.

So keep these tips in mind as bodies start to wear down and cold temperatures bring about unwanted bacteria and viruses.

Gift of Heart Health

This is the last heart health class; new topics will be picked at the next class. Next class is 12 p.m. Jan. 9 and will be for quick and cheap meal ideas. To find out more, contact Fond du Lac Public Health Nursing Department's Nutrition Education Assistant (218)878-3764.

Ashi-niswi giizisoog (Thirteen Moons)

Gichi-manidoo-giizis

The new Gichi-manidoo-giizis begins Jan. 23. This is the Great Spirit Moon. Other names for this moon are Maajii-bibooni-giizis, Start of Winter Moon; Oshki-bibooni-giizis, Spirit Moon; Gichi-giizis, Big Moon.

The Logo Contest

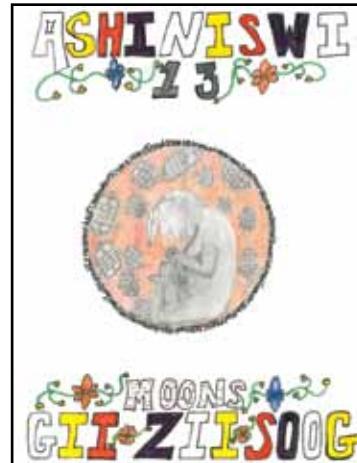
By Nikki Crowe

Boozhoo, Happy New Year! This past spring of 2011, Thirteen Moons held a logo design contest. We received ten entries from five community members. Melody Diver was the final and beautiful designs. selection for the Thirteen

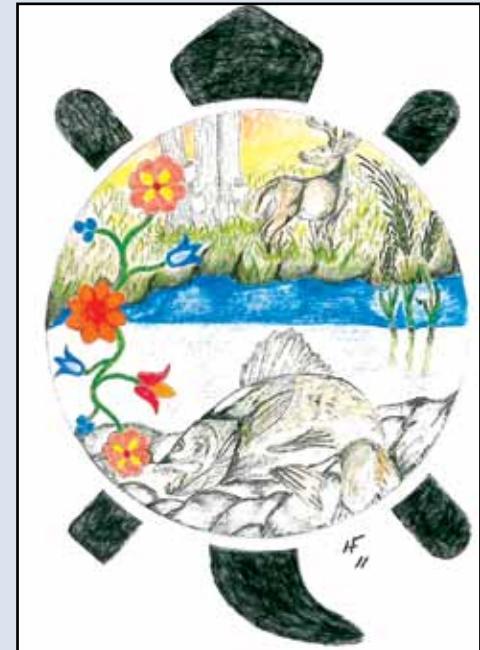
Moons logo. All runner ups received a prize for their submissions and also a spot on our newspaper page. Miigwech to Herb Fineday, Victoria Smith, Karen Savage Blue, and Warren Barney for their hard work



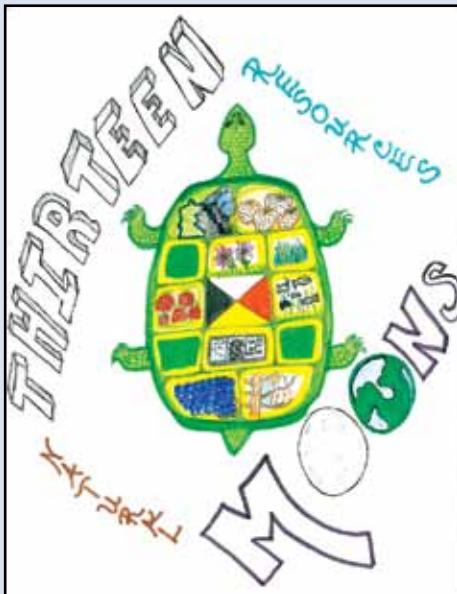
Herb Fineday



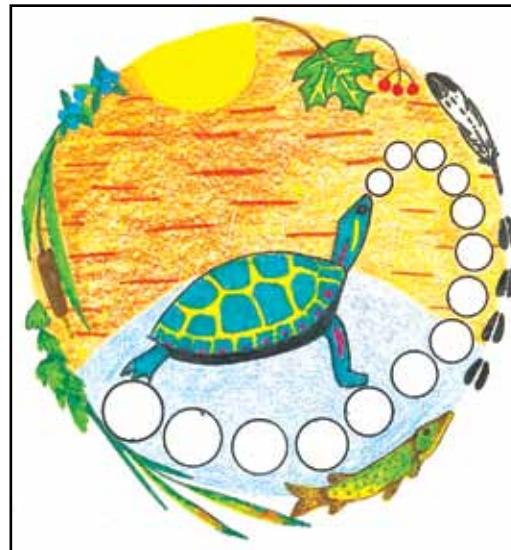
Warren Barney



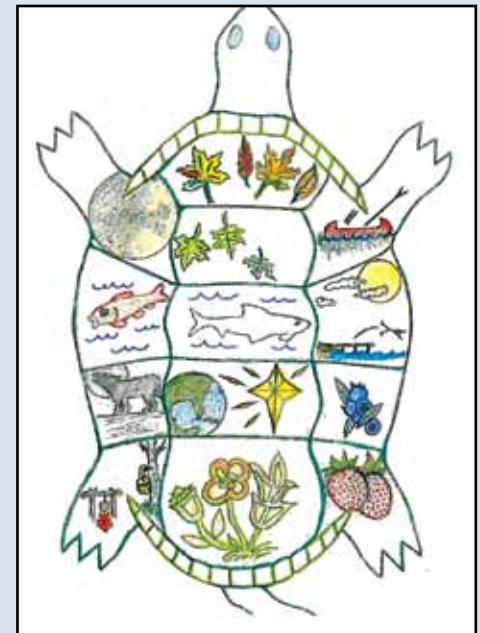
Herb Fineday



Victoria Smith



Karen Savage Blue



Warren Barney

Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, and University of Minnesota Extension.

Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Jan. 18, 2012 for the February 2012 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy Belated Golden Birthday to our Sweetem. **Julianne St. John-Shabiash** (Dec. 3). *Love Mom, Dad, Son, Matthew, Joanna*

We would like to wish **Natasha Ammesmaki** and **Marcus Ammesmaki** Happy Birthday (Jan. 21). Hope you have a great day! *Love JJ, Naya, Naddia, Naomi, Nelly, Dennis and Mom.*

Happy 5th Birthday **Bryson Jace LaBarge** (Jan 19.) We all love you so much! *Love, Mom, Lyndzie, Brandon and Jack*

Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a happy Birthday: **Lauri Kitto**, Slot Attendant (Jan.7) and **Dawn Robinson** Slot Attendant (Jan.10).

Happy 6th Birthday **Cheyenne Olson** (Jan. 13)! *Love, Uncle Bud, Nichole, Keith and Kason*

Happy 2nd birthday, **Nylea Marie Durant**(Jan. 19)! *Love, Papa, Grandma, Uncles DJ and Torii, Aunties Dezi and Tamara*

Happy Birthday **Mike Fosness**(Jan. 2nd) We love you Papa Mike! *Love, Janessa and Takota*



Love, Mom, G-Ma, Mat and Tribe

Margaret Needham at the CAIR would like to wish the following staff a Happy Birthday: **Brenda Peterson**, LPN (Jan. 6); **Katie Schultz**, Pharmacy Technician (Jan. 9); **Dave Dupuis**, Maintenance (Jan. 11); **Peggy Haselow**, Pharmacist (Jan. 15); **Felicia Martineau**, Behavioral Health (Jan. 16); **Lynn Kosmach**, FNP (Jan. 17). *Happy Birthday one and all.*

Happy Birthday **Zayne Allen Wise** (Jan. 16) Miss you Zayner's and will be seeing you. You and Carver will always be in my heart. You little guys are always in my thoughts. *Love, Mamma Barney*

Happy 6th Birthday to **Marco Antonio Mayorga** (Jan. 5) *Love, Mom & Mitch*

Happy Birthday **Winnie Urrutia** (Jan. 20) *Love, Mom & Mitch*

Happy Birthday **Ronnie Martin** (Jan. 4) *Love, Cindy & Mitch*

Happy 15th Birthday to my granddaughter **Kaylee Nichols** (Jan. 28) *Lots of love, Grandma Ellen*

Happy birthday to **Amanda Reynolds** (Jan 18.) and **Nylea Durrant** (Jan. 19). We love you!

Happy 15th Birthday to my nephew **Bruce Martineau** (Jan. 18), I am very proud of you and hope your birthday is as awesome as you are. Love you! *Love, Allie*

Happy 59th Birthday **Gerald Reynolds Sr.** (Jan. 11). *From Pokey, Janelle, Jaime, and Chubby*



Happy Birthday to my Dad **Jerry Reynolds Sr.** (Jan. 11). Hope you have a wonderful day Pop. *Love, Janelle*



Happy 31st Birthday **Janelle Barney** (Jan. 11). *From Pokey, Chubby, Jaimie, Jason, Mom, Melvin*

Happy Birthday to my New Years Baby, my beautiful daughter **Jamie Dawn Maniekee** (Jan. 1) *I love you, Mama*

Happy Birthday **Winnie Urrutia** (Jan. 20). *Love, Gram*

Happy Birthday to my twin nephews, **Caleb Dunlap** in Seattle and **Jared Dunlap** in New York (Jan. 18), have a great day. *We love you, Auntie and your cousins*

Happy Sweet Sixteenth Birthday **Waakaanibines (Maurice "Mo" Smith II)** (Jan. 19) *Love Your Mom, Ozaawshkogiizhigook*

Happy Birthday **Charlie "Wable" Blackwell** (Jan. 18), hoping you have a great day and wish you were here in MN. *Love, Mom, J.R. Bill, Irene, Victor, Max and TJ*

Happy Birthday to the best Baba and hunter in the world, **Charlie "Wable" Blackwell**, we love you. *Your kids, Jazzmin, Dyami and Denali*

Congratulations

Congratulations **Jaylen LaRose**. Way to go on becoming the 2012 MN Silver Glove Boxer in your first fight.

Congratulations to **Kwanita White** and **Tim Nelson Sr** on the birth of their Baby Boy Timothy James Nelson Jr Born on Dec. 7, 2012. He was 6 lbs 15 oz and 19 inches long. *Love, Mom and Family*

In Memory

Since I had no other way to say good bye to my friend **Mary Northrup** I thought it would be fitting to write something down letting her family know that she will be very much missed by me, my husband and my brothers who she has helped in the past and I'm sure of countless others in this community. So out of our deepest respect to her family we want to say thank you Mary and we won't ever forget you. *From your fellow Veterans, Robert Wallace, Donald Wallace, Jack and Shirley Schleret*

Community News

In Memory of our Dad, **Donald Louis Savage**, on his Birthday (Jan.12) *Forever in our hearts, Dannell and Darci*



In loving memory of **Nada K. Joseph "BearHeart Woman"** (Sept. 19, 1958 – Jan. 29, 1999).

Nothing loved is ever lost and she was loved so much. *Sadly missed by your family*

In loving memory of **Lucille Julia Diver** who passed away Jan. 11, 2012. You left us too soon. Your family misses you every day. You will be in our thoughts and our hearts forever. *We love you so much Mom and Grandma*



A Poem in Memory of Mary Northrup



For someone to be taken so early, it is such a shock, For everything you've done for us will never be forgot,

You've helped change so many lives, touch so many hearts, The loss we're mourning now is tearing us apart, How are we supposed to look

forward when you aren't standing there?

Of course you wouldn't be, because now you're everywhere.

We know that you are watching over us, keeping a close eye, Always walking next to us; standing that close by.

We will celebrate the life you led, and try not to weep, But it's for all the memories that we will forever keep.

Thank you again, for all you've given and done, For you will be missed dearly... by absolutely everyone.

Obituaries

Daven "Bino" Vincent Martineau "Giiwitaagiizhik", of Cloquet passed away peacefully to be with his maker on Nov. 17. Bino was born April 9, 1986 in Duluth, to Darryl "Dean" Martineau and Jennifer (Grangruth) Warner.

Daven graduated from Cloquet High School in 2004 and was enrolled in Diesel Mechanic School in Irving, Texas to start Jan. 2012. Daven was a family man before anything. The adoration he shared with his nieces and nephews lit their world and inspired everyone to love a little more. His love, generosity, and smile will endure in the hearts of all who knew him.

Until we embrace... you will be missed.

He is preceded in death by his paternal grandfather Vincent Roy Martineau; paternal grandmother, Evelyn Irene Olson; maternal grandfather, Erland Arther, Grangruth, Vincent Martineau Jr., Jana Martineau, and Candice Grangruth.

Daven is survived by his parents Darryl Martineau and Jennifer Warner, sisters Samantha (John) Greensky of Duluth and Chandra Greensky of Burnsville, Minn., brothers Joshua Greensky of Sawyer, Darryk (summer) Martineau, Dane (Trisha) Martineau, nieces Jeschelle Greensky, and Laila Greensky, nephews Damon Martineau, Dallyn Martineau, Oliver Greensky, girlfriend Christina Kobes of Cloquet, goddaughter Reann Barney and godson Julius Northrup, numerous aunts, uncles, cousins, friends, and his extended Kobes family.

Pallbearers were Chris Kobes, Corie Gomez, Charlie Nahgahnub Jr., Nick Reynolds, Shane Kingbird, and Shawn Kingbird.

Honorary pallbearers were Rory Northrup, Ryan Kobes, Charles (Sunny) Houle.

Special thanks to Melvin Eagle, Russ Northrup and family, and Vincent (Butch) Martineau.

Gloria Marie (Diver) Bimberg age 81 of Cloquet, MN formerly of Menahga, MN died Dec. 18, 2012 in Carlton, MN. Gloria was born on April 7, 1930 in Cloquet MN to Charles and Sophie (Whitebird) Diver. She grew up and graduated from high school in Flandreau, South Dakota. She is a member of the Fond du Lac Band of Lake Superior Chippewa. Gloria was a homemaker who enjoyed playing cards and board games with family and friends. She also enjoyed fishing and berry picking. Trips to the casino were always a special treat.

Gloria is survived by her four

daughters; Barabara Perttu of Cloquet, Donna (Jerry) Schultz of Cloquet, Sharron Luukunen of Eveleth, Gayle (Bruce) Kako of Menahga, and three sons; Henry Tapio of Cloquet, Eli (Talana) Bimber of Sebeke, Minn., and Andy Bimber of Menahga, Two brothers; Charles "Chuck" (Faye) Diver of Cloquet, and Donald (Maureen) Diver of Cleveland, Ohio, special niece Beanie and great niece Carol, fourteen grandchildren, six great grandchildren, many nieces and nephews, and friends.

Gloria was preceded in death by her parents Charles and Sophie, Henry Tapio, Eli Bimberg Sr., four brothers; George, Antoine, John, and Fabian Diver, five sisters; Ruth, Josette, Gertrude, Ethel, and Eunice.

The visitation was Dec. 22 and was at the Handevitd Funeral Home in Cloquet. She was buried in New Holy Family Catholic Cemetery in Cloquet.

Thank You

The family of **Kathryn "Dena" Howes** would like to thank everyone who donated food and money to our family during this difficult time. We appreciate all the phone calls, visits and tributes to our Mom.

Thank you to Atkins Northland Funeral home for their caring ways, Terry Twomey for his loving words and all her pall bearers. Thank you to the staff at Barnes Care in Esko, St.Lukes Hospital, Benedictine Health Center and the Essentia Hospice.

Mii gwich to the staff at the FDL Assisted Living Facility for making our Mom's last few

months of her life a happy time. We can't say enough about this wonderful place for our elder's.

Miigwich to the Fond du Lac RBC for their assistance and the ENP for the lovely luncheon.

We appreciate all that everyone did for us. If we have forgotten anyone it was not intentional.

Thank you from the Family of Kathryn "Dena" Howes

Home For Sale



Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm., 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lake-shore; driveway and septic tank on 56 feet of FDL leased land. Asking \$235,000. Call (218) 879-5617 for more info.

Gichi Manidoo Giizis – Great Spirit Moon January 2012

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|---|--|
| <p>CCC closed Happy New Year</p> <p>1</p> | <p>CCC open 10 a.m. to 6 p.m. GED 4:30 p.m. SCC</p> <p>2</p> | <p>Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>3</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 8:30 a.m. CCC Elder Concern mtg 10 a.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS</p> <p>4</p> | <p>Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>5</p> | <p>Water Aerobics 8:15 a.m. CCC MNAW Cooking Class 12 p.m. CCC</p> <p>6</p> | <p>Basketball 1 p.m. CCC Fearless Fighting Championship 6:30 p.m. BBCR</p> <p>7</p> |
| <p>Volleyball nets up 12:30 p.m. CCC</p> <p>8</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC Gift of Health 12 p.m. TCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC</p> <p>9</p> | <p>WIC 12 p.m. CAIR Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>10</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 8:30 a.m. CCC Elder Concern mtg 10 a.m. CCC On the Move Pickup 12 p.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS I Can Cope 5 p.m. MNAW</p> <p>11</p> | <p>Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC MNDOT/CDL mtg 5 p.m. CCC</p> <p>12</p> | <p>Water Aerobics 8:15 a.m. CCC</p> <p>13</p> | <p>Basketball 1 p.m. CCC Kenny Rogers 7 p.m. BBCR</p> <p>14</p> |
| <p>Volleyball net up 12:30 p.m. CCC</p> <p>15</p> | <p>Martin Luther King, Jr. Day CCC closed</p> <p>16</p> | <p>Get Fit 12 p.m. CCC WIC 12 p.m. MNAW Elders Activity Board 1 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>17</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 8:30 a.m. CCC Elder Concern mtg 10 a.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS</p> <p>18</p> | <p>Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>19</p> | <p>Water Aerobics 8:15 a.m. CCC</p> <p>20</p> | <p>Basketball 1 p.m. CCC</p> <p>21</p> |
| <p>Volleyball net up 12:30 a.m. CCC</p> <p>22</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. CCC Cribbage 5 p.m. CCC</p> <p>23</p> | <p>Get Fit 12 p.m. CCC WIC 12 p.m. MNAW GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>24</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 8:30 a.m. CCC Elder Concern mtg 10 a.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS Sobriety Feast 6 p.m. CCC</p> <p>25</p> | <p>Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC Ojibwe Language table 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>26</p> | <p>Water Aerobics 8:15 a.m. CCC</p> <p>27</p> | <p>Basketball 1 p.m. CCC</p> <p>28</p> |
| <p>Volleyball net up 12:30 p.m. CCC</p> <p>29</p> | <p>Water Aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC GED 4:30 p.m. SCC Zumba 4:45 p.m. OJSHS Cribbage 5 p.m. CCC</p> <p>30</p> | <p>Get Fit 12 p.m. CCC GED 4 p.m. CCC Water Aerobics 5 p.m. CCC AA/NA/Support 6 p.m. TRC</p> <p>31</p> | | | | |