# Nahgahchivanong (Far end of the Great Lake) Dibahjimouinnan (Narrating of Story)



Sarah Agton Howes's Mural being unveiled on Duluth's Ordean building on Oct. 31.

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## Local News

## Native American Heritage Month kickoff

Bv Zacharv N. Dunaiski

Fond du Lac has hosted many events at Black
Bear Casino and Resort (BBCR) as part of November's Native
American Heritage Month.

Each of these celebrations has started with the opening ceremony and each year that ceremony is more impressive than the ones before it.

"I would like to say this is our third year doing this and all it's going to do is get bigger and better every year," Chairman Kevin Dupuis, Sr. said during his opening remarks of the month. He went on to thank the drum group for their beautiful music. "The songs that these gentlemen sing are the heartbeat of who we

For an entire month of festivities, a lot of work goes in behind the scenes and that's what Vice Chairman and Sawyer District Representative Bruce Savage directed his comments

"I very much appreciate our drummers and our dancers out here this afternoon on this beautiful fall day. I would also like to reach out to our general manager Dan Laprarie and all of the staff that make this place happen," Bruce said during his remarks at the opening ceremony.

There were so many people on hand to kick off the month in a

positive way, and the RBC members did their best to thank everyone.

"I'd like to welcome everybody

here today, especially our young, intelligent, and beautiful royalty. Also our drummers for bringing their drum, and all of the singers, and our veterans that we have on hand, our Elders, and our guests, it's very important that you are all here today and we are very thankful," Brookston Representative Roger Smith, Sr. said.

Chairman Dupuis, who also thanked the military for being in attendance, thanked those who will continue this tradition into the future

"We have our young people over here dancing which we honor them, they are our future leaders, and they are the ones who are going to carry us into the future," Chairman Dupuis

said.
"When
we come
together
with these
things, it
tells us as
a people
that it still
exists. It
has never
been in

hiding, it's never gone away and it never will. That's what makes my heart happy."

The Native American Heritage month at BBCR has been a huge success over the last three years with many people attending the numerous events and diving deeper into the culture. We hope that you had a chance to attend some of the events, but if you didn't, it will be even bigger and better next year.





## Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski zacharydunaiski@fdlrez.com • (218) 878-2682 The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

## Local News

## Mural goes up in downtown Duluth

By Zachary N. Dunaiski

uluth has been working to improve the area around Superior Street to make it more enticing to visitors, and a block from where it starts Fond du Lac artist Sarah Agaton Howes's mural is on display for all to

The design of the entire artwork, which was unveiled on Oct. 31, serves multiple purposes. The floral pattern can be seen from a distance which is perfect for drivers as they pass by the Ordean building on the corner of Superior St. and Fifth Ave, but it also has a unique bonus for those walking past.

"Part of the idea is that from the street you can see the design and it looks really pretty," Sarah said on the day of the unveiling with friends, family, and community members there to support her. "But when you look closely vou can see the stories of the Anishinaabe people and that's what we want, to have people look closely and ask questions."

On that day, Sarah stated the importance of asking questions.

"When I was asked to submit for this project I took it as a chance to ask a lot of questions and look really closely and I asked the people who know the most since I was a little girl which are my brothers," Sarah said.

Sarah asked her brother Tom Howes who told her a little bit

about the history of the Duluth area

"He talked about how it was so full of wildlife and animals and our medicines and our food and it was the center of all good things, and I think that we feel that in our heart. We know this is the center of good things here."

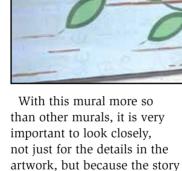
One of the best ways to pass on history is through stories, so Sarah also turned to her brother Bill for more knowledge before she began the project.

"It's called Mesabi. A lot of us have heard that, it's the place of the giants. I asked people why do we call it that and he [Bill] told me about the giants that take care of us in the forest and about thunderbirds that fly over these old volcanoes

and about these giant animals that did all kinds of amazing things out here on our water front," Sarah said about talking with her brother Bill. "And I realized that there

is so

much behind all of our stories. And part of what we always have to do is look closely."



continues.

"When you come up closely what you will see is all the stories that are underneath and behind, because that's what's part of what we need to do is as people. Come closely and ask questions, that's how we learn about ourselves but also how we learn about each other."

Sarah started the process of the mural

back in the spring, planning and working with her mother to think about scale, which is important for such a large mural. In every way possible, Sarah connected the artwork to the area, even down to the surface.

"I used the wetland plants but behind it is the world's oldest paper which is birch bark," Sarah said about blending in the old with the new. "This is all digital. What's cool about this project is the confluence of traditional and modern. because that's who we are. Not just as Anishinaabe people, but people in general."

Duluth Mayor Emily Larson spoke before the artist to thank her for all her work on the mural.

"Artists are like our best friends they are the keepers of our stories and the people in our lives who tell us the truth. So imagine your world without your best friends, it just doesn't work," Mayor Larson said to Sarah in a rare written

statement, that felt fitting for a day when printed artwork was being unveiled.

"And the world needs us to double down on our creative investments now more than ever," Mayor Larson said.

Sarah's beautiful artwork is on display now, so if you ever have a chance to stop down and see it you should. It's amazing and nice to know that Fond du Lac has yet another connection to the downtown Duluth area.

"I want to thank the Ordean foundation and the arrowhead regional arts council because they could've put anything on this building, or nothing," Sarah said. "But instead when people come down this street they're going to see us and how beautiful we are."





Roger Smith's article is available on fdlrez.com

Bruce Savage

# **RBC** Thoughts

## Sawyer News

Boozhoo,

p north, winter came quick and stayed. Spending time in the woods searching for waawaashkeshi I reflected on the month of events that honored Native Americans throughout the community. The Annual Veterans Dinner had a packed house and Vets honored with drum opening and speeches. Native American Heritage month at the Black Bear

Casino and Resort was also well attended. This was the 3rd year that the Band has sponsored events through the month of November. First, the free fashion show had an incredible turnout. If you had an opportunity to see the presentation, you would have recognized many community members on the runway

showcasing Anishinabe contemporary styles by Delina White and her daughters. Also, the Rez Reporter entertained us with his jokes and humorous mannerism to everyday life, such as telling the weather. Brook Simpson was a great addition to the month of events, and conveyed a positive message to our youth about following their dreams. Lastly, Brule will also be a highlight for the Holidays to closeout free events at the BBCR. Miigwetch to the Event Staff and everyone who assisted with the month's activities within Human Services and all other programs in the community. To top off the month, I would like to congratulate Peggy Flanagan MN Lieutenant Governor and Tim Walz MN Governor.

The Sawyer Community Center is now running on heat generated from a wood

chip boiler. The wood is fully sourced by the FDL Forestry Program and is reducing carbon in the atmosphere by the tons. The air quality in the building will be improved and the savings is significant. This project is a collaboration of the FDL Resource Management Division, FDL Construction, Division of Energy & Mineral Development, and the MN Dept. of Agriculture. The Sawyer Center Sunday Brunch has been well attended. It is nice to see the community get together and visit. Turkeys were also given away at the Fall Feast. We are still hiring

for Recreational Aides in all our Community Centers.

If there is anybody that has an interest in helping with the airplane project through the Ojibwe School, it is a very good experience and a good outlet for young people with technological interests. Please contact Principal Valerie Tanner if you are

interested. Miigwetch! Steve Douglas and Julius Salinas, for dedicating their time to keep moving the FDLOS Aircraft project moving forward.

Keep in mind that Your Vote Matters in the upcoming Special Election for Cloquet District I -December 4th, 2018. Also coming up, be sure and consider attending the Language Symposium at the FDLTCC December 7th and 8th. There will be groups for all levels of Ojibwe language offered, keynote speakers and games all day. Stay involved and make every day about honoring our Native heritage.

Sincerely,
Bruce M. Savage
District II Sawyer Representative
(218) 393-6902
email: BruceSavage@fdlrez.com

# Merry Christmas Fond du Lac Members

From the Fond du Lac Reservation Business Committee

On December 1, 2018 \$25.00 will be distributed to each adult member and \$50.00 to each minor member for Christmas. The funds will be deposited on your US Bank Focus card (if you receive your funds monthly) or as a check mailed to your address on file.



Merry Christmas!

#### Boozhoo.

he Reservation celebrates
November as Native
American month. If you
got a chance to go to the casino
on Tuesdays during the month
there was Native inspired dishes
on the buffet. There were also
several Native shows for your
enjoyment. The month began
with an opening ceremony at 1
p.m., then a comedy show at 5

and a fashion show at 7. There was a concert on November 17 and Brule on November 30. There were a lot of good shows so I hope you had a chance to be there.

This month was also
Veteran's month so we
did some special things for them
all month long. The dinner was
held in the convention center
but I was unable to attend but
I am sure things went well.
Veterans can receive two times
their points all month long, a
free dinner on Veteran's Day, a
patriotic item, and discounts on
their meals.

I have not been able to attend any of the events yet this month as I had major surgery on my heart. I found out after taking a CT scan on my lungs for a routine cancer prevention screening that some calcium buildup had occurred around my heart. I was sent for a stress test which determined some abnormalities in my heart. The Dr. tried to fix the blockage with stents but it was more severe and we had to schedule bypass surgery. I went in on October 31 and had a triple bypass. The surgery went fine and I am at home recovering now. This came as a surprise to me and my wife

Ferdinand Martineau

but it showed us both the fragility of our being. I was lucky that I did not have a heart attack because the amount of blockage may not have allowed me to survive. I feel lucky to be able to write this column this month and to continue

to be your representative for the next three and a half years.

The holiday season is fast approaching so I hope you had a happy Thanksgiving and I hope to see you at the Elder's Christmas party in December.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.

Gigawaabamin.



2018 Sawver **Community Center** Ojibwe Language Table Calendar

**Learn Ojibwe FRIDAYS Language Table Starts** January, 2019

**Sawyer Community Center** Boozhoo! Bi-izhaag!



What: Minwaanjigewin is a series of classes that will expand your knowledge in all things pertaining to food and nutrition. Events include cooking classes, nutrition education, grocery store tours, farmers market tours, book club, and documentary series.

**Where: Cloquet Community Center** 

When: December of 2018 through November 2019

The first Minwaanjigewin class is December 12th from 12-1 in the Cloquet Community Center. We will be cooking up some venison stew. Take home spice mixes, the meal, and more! Future cooking classes will be on the second Tuesday of every month. (Subject to change)

Call Jessica Murray at 218-878-2647 or email jessicamurray@fdlrez.com to reserve your spot todav.

> The dates, times, and locations of future linwaanjigewin classes will be posted on fdlrez.com

Schedule and Session #	Sawyer	Table Leader: Sidnee Kellar	Schedule and Session #	Sawyer	Table Leader: Sidnee Kellar	
JANUARY			AUGUST			
1	1/4/2019	5:00 - 6:30 p.m.	25	8/2/2019	5:00 - 6:30 p.m.	
2	1/11/2019	5:00 - 6:30 p.m.	26	8/9/2019	5:00 - 6:30 p.m.	
3	1/18/2019	5:00 - 6:30 p.m.	27	8/16/2019	5:00 - 6:30 p.m.	
4	1/25/2019	5:00 - 6:30 p.m.	28	8/23/2019	5:00 - 6:30 p.m.	
			29	8/30/2019	5:00 - 6:30 p.m.	
FEBRUARY			SEPTEMBER			
5	2/1/2019	5:00 - 6:30 p.m.	30	9/6/2019	5:00 - 6:30 p.m.	
6	2/8/2019	5:00 - 6:30 p.m.	31	9/13/2019	5:00 - 6:30 p.m.	
7	2/15/2019	5:00 - 6:30 p.m.	32	9/20/2019	5:00 - 6:30 p.m.	
8	2/22/2019	5:00 - 6:30 p.m.	33	9/27/2019	5:00 - 6:30 p.m.	
MARCH			OCTOBER			
9	3/1/2019	5:00 - 6:30 p.m.	34	10/4/2019	5:00 - 6:30 p.m.	
10	3/8/2019	5:00 - 6:30 p.m.	35	10/11/2019	5:00 - 6:30 p.m.	
11	3/15/2019	5:00 - 6:30 p.m.	36	10/18/2019	5:00 - 6:30 p.m.	
12	3/22/2019	5:00 - 6:30 p.m.	37	10/25/2019	5:00 - 6:30 p.m.	
13	3/29/2019	5:00 - 6:30 p.m.				
APRIL			NOVEMBER			
14	4/5/2019	5:00 - 6:30 p.m.	38	11/1/2019	5:00 - 6:30 p.m.	
15	4/12/2019	5:00 - 6:30 p.m.	39	11/8/2019	5:00 - 6:30 p.m.	
NO CLASS	4/19/2019	GOOD FRIDAY	40	11/15/2019	5:00 - 6:30 p.m.	
16	4/26/2019	5:00 - 6:30 p.m.	Day after Thanksgiving	11/22/2019	Holiday	
MAY			DECEMBER	NO DEC TABLE	BREAK FOR MONTH OF DEC.	
17	5/3/2019	5:00 - 6:30 p.m.				
18	5/10/2019	5:00 - 6:30 p.m.				
19	5/17/2019	5:00 - 6:30 p.m.				
20	5/24/2019	5:00 - 6:30 p.m.				
21	5/31/2019	5:00 - 6:30 p.m.		NOTE:		
JUNE				Substitute and Guest Speakers	LANGUAGE TABLE	
22	6/7/2019	5:00 - 6:30 p.m.		may lead language tables	RESUMES IN JANUARY 2020	
No class	6/14/2019	Language Table Not scheduled		from time to time.		
23	6/21/2019	5:00 - 6:30 p.m.				
24	6/28/2019	5:00 - 6:30 p.m.				
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BREAK FOR NOTE: Substitute and Guest Speakers	26	6/26/2019				
NO JULY MONTH OF may lead language tables from time to JULY MEETINGS JULY time.	JULY		MONTH OF	may lead lang		

Schedule and Session #	CLOQUET	Table Leader Sidnee Kellar	Schedule and Session #	CLOQUET	Table Leader Sidnee Kellar
JANUARY			AUGUST		
1	1/3/2019	5:00 TO 6:30 p.m.	24	8/1/2019	5:00 TO 6:30 p.m
2	1/10/2019	5:00 TO 6:30 p.m	25	8/8/2019	5:00 TO 6:30 p.m
3	1/17/2019	5:00 TO 6:30 p.m	26	8/15/2019	5:00 TO 6:30 p.m
4	1/24/2019	5:00 TO 6:30 p.m	27	8/22/2019	5:00 TO 6:30 p.m
			28	8/29/19	5:00 TO 6:30 p.m
FEBRUARY			SEPTEMBER		
5	2/7/2019	5:00 TO 6:30 p.m	29	9/5/2019	5:00 TO 6:30 p.m
6	2/14/2019	5:00 TO 6:30 p.m	30	9/12/2019	5:00 TO 6:30 p.m
7	2/21/2019	5:00 TO 6:30 p.m	31	9/19/2019	5:00 TO 6:30 p.m
8	2/28/2019	5:00 TO 6:30 p.m	32	9/26/2019	5:00 TO 6:30 p.m
			OCTOBER		
MARCH			33	10/3/2019	5:00 TO 6:30 p.m
9	3/7/2019	5:00 TO 6:30 p.m	34	10/10/2019	5:00 TO 6:30 p.m
10	3/14/2019	5:00 TO 6:30 p.m	35	10/17/2019	5:00 TO 6:30 p.m
11	3/21/2019	5:00 TO 6:30 p.m	36	10/24/2019	5:00 TO 6:30 p.m
12	3/28/2019	5:00 TO 6:30 p.m	37	10/31/2019	5:00 TO 6:30 p.m
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14	4/11/2019	5:00 TO 6:30 p.m	39	11/14/2019	5:00 TO 6:30 p.m
15	4/18/2019	5:00 TO 6:30 p.m	40	11/21/2019	5:00 TO 6:30 p.m
16	4/25/2019	5:00 TO 6:30 p.m	Thanksgiving Holiday	11/28/2019	Holiday - no table
MAY			DECEMBER NO DEC. TABLE		BREAK FOR MONTH OF DEC.
17	5/2/2019	5:00 TO 6:30 p.m			
No class	5/9/2019	FDL Memorial Day			
18	5/16/2019	5:00 TO 6:30 p.m		LANGUAGE TABLE	
19	5/23/2019	5:00 TO 6:30 p.m		RESUMES IN JANUARY 2020	
20	5/30/2019	5:00 TO 6:30 p.m			
JUNE					
21	6/6/2019	5:00 TO 6:30 p.m			
no class	6/13/2019	not scheduled			
22	6/20/2019	5:00 TO 6:30 p.m			
23	6/27/2019	5:00 TO 6:30 p.m			
JULY	NO JULY TABLE	BREAK FOR MONTH OF JULY	NOTE: Substitute and Guest speakers may be language table leaders from time to time.		

## The history of FDL's boxing program

Submitted by Les Northrup, Sr.

he boxing program on the Fond du Lac Reservation began in 1966 when the Reservation Business Committee (RBC) summoned Les Northrup, Sr. for an interview, asking him if he was qualified and had the experience to start a sanctioned boxing program on the Reservation.

Les replied, I have had numerous fights in the ring and I feel that I have enough experience to be able to develop this task. In 1958 I was boxing at the West Duluth Moose Club where I had nine fights that year winning all of the nine fights and on my ninth fight the Moose Club awarded me the Arthur Lund trophy as Fightingest Fighter of the year. Also, I have attended many boxing cards throughout the state. I have been a member of the Minnesota Boxing Association, holding a license as a boxing trainer and second in the ring.

In 1966 it was sanctioned by the Minnesota Amateur Boxing Association and it was always a good program that had many young people in the program. In 1966 the Duluth Amateur Boxing Association invited our team to a boxing card in Duluth. I accepted and took five boxers to the Duluth card where three of

the new boxers were just sluggers, brawlers, and wide swinging punchers, winning all three of their fights.

The two notable boxers were Robert "Bibsy" Wallace and Jerry Ojibway, Sr. Jerry Ojibway won his first fight with his skill and fear. Jerry had three fights that year winning all three of them. Bibsy Wallace, 16, had his first fight and was 118 pounds. I could not match him up with an equal fighter of his weight and in his beginning status.

Bibsy said, I want to fight that bigger kid that was 14 pounds heavier and had 14 + fights and was a golden gloves champion from Hibbing.

I said, Bibsy that's a tough kid.

Bibsy replied, so am I. So I lined him up for three-three minute rounds. Bibsy was using all his skills that he was trained to do, pummeling that boxing kid from Hibbing all over the ring. When that big kid would corner him, he would tie him up, spin out of the corner and move away. At that time Bibsy had seven fights that first year winning all of them. I nicknamed him "Tiger Wallace."

This is a short story of some success with their beginning program as Jerry Ojibway, Sr. has been working in the educational field on the Reservation and Bibsy Wallace was 17 the following year and joined the U.S. Army serving 20 years, retiring with an honorable discharge. He was also a ping-pong champion in Germany, in the city where he lived and I really believe it was because he had such fast hands.

Next time I may have more to add to the beginning boxing program on Fond du Lac. My personal beliefs about boxing programs for young people is you have to be in good condition to get in the ring and box another person, to try to out box them, outwit them, and win the fight. There is nobody that can be in there helping you. Boxing makes you a better sportsmen, it builds your self-worth, self-confidence, and knowing that you can defend yourself in any situation. You don't have to go out on the street to prove how tough you are.

I wish we had more boxing programs on the Reservation. It would keep a lot of young men and women in good health and good shape.

Quote from Bibsy Wallace that he remembered what Les told him when he started boxing. "When you get knocked down, get backup and you will be stronger than before."



Top, Robert Wallace Winning his first fight in 1966

Bottom, Les Northrup, Sr. winning his trophy

## NAIG concludes

Bv Patra Wise

ur Native Arts Initiative Grant through the First Nations Institute has concluded. We are so pleased with the program's success.

Throughout this year we have held iewelry making, Regalia making, rice knocker and pole making, birch bark basket making, and Moccasin making classes at the Sawver Community Center. Our Sawyer Ogichidaag club has faithfully attended each class along with new participants, community members, family members, and instructors! Our largest classes held 26 students!

We have sincerely enjoyed our time together working on projects and learning new skills with each new class topic. We are so grateful for the support of the RBC Council Members, without which, this would not have been possible.

Another huge thank you to the instructors for each topic: jewelry making instructor, Dan Zorichack;

Regalia making instructors, Roberta Marie, Candace Fineday, and Wendy Savage; rice knocker making "volunteer" instructors David and Louis Wise; our amazing birch bark basket making instructor, Jennifer Martineau and finally; Moccasin making instructors, Sarah Agaton-Howes, Tina

Olson, and Victoria McMillon! We will be finishing our Moccasin making classes this month and that will complete our Native Arts Initiative Grant!

We are so grateful to the Sawyer Community Center Manager, Brenda Shabiash,

for hosting each class and providing snacks for the students! Another huge thank vou to our weekly volunteers that have attended each class and made this entire project possible: Rita Ojibway, Tiffany Shabaiash, Naomi Connley, Colleen Bernu, Deb Northrup, Naiomi Northrup, and Mary Hague!

Many thanks to Sawyer Center staff for working hard each week to help host classes: Tina Barney, Robert Lockland and Nita Fineday, along with many others! We are so proud of our students and what they have accomplished this year! We will showcase their completed work at our annual Christmas Banquet at the Sawyer Community

Center on December 15!

Thank you to everyone involved and to all of you who went above and beyond to help pass this valuable knowledge on to the next generation! We look forward to seeing what the future holds for these amazingly talented students!











## Boarding schools reunion

n Nov. 15, the Cloquet Community Center classroom hosted a reunion for Fond du Lac Band members who attended a boarding school.

FDL Elders who attended Flandreau Indian school, Pipestone, and Wahpeton were on hand to share in a meal and reminisce about their old schools with one another.

Members of the Fond du Lac Historical Society were on hand to share information and collect information from anyone who had anything they would like to share.



## MCT Constitutional Reform — Fond du Lac Delegates Needed!



Scheduled Information Meetings

5pm Monday, Nov 19th 2018

5pm Monday, Dec 3rd 2018

5pm Wednesday, Dec 19th 2018

Where: Cloquet Community Center ENP

If you are interested in serving as a FDL Delegate send a Letter of Interest to Nikki Crowe at ncrowe@css.edu

Deadline: 5pm Wed, Dec 19th 2018



# FDLOJS field trip to UMD's engineering department

Students from the Fond du Lac Ojibwe School took a tour of University of Minnesota Duluth's Swenson College of Sci-Eng building on the UMD campus.

While there, students learned about engineering programs at UMD and afterward divided up into four groups and rotated through different experiments giving them a chance to learn different aspects about engineering.















## Veteran's dinner

By Zachary N. Dunaiski

Per very year on Veteran's Day, Fond du Lac hosts a Veteran's Day dinner to honor those who have served to defend our country. This year's celebration was well attended filling nearly every seat in the half of the Otter Creek Event Center designated for the dinner.

"I see some men in uniform, I appreciate it, and you know how everyone feels about the service that you've done," Chairman Kevin Dupuis, Sr. said to the crowded room full of proud Veterans and their families that have sacrificed so much. "We appreciate it, pretty soon, probably next year that wall is going to have to be moved because it has grown bigger and bigger every year and that's a good thing."

Native Americans serve our country at a much higher percentage than any other group of people in our country. Fond du Lac is obviously no different and it was clear to see with Veterans of all ages in attendance. Chairman Dupuis wanted to thank FDL Band members for their service.

"Most importantly, people look to our Veterans and we as Native people per capita, and everybody knows who serves and how many per capita serves, there's nobody else in the country that does it as we do it as a people."

Tom Whitebird, Fond du Lac's Veterans Services Officer, emceed the event. He too, was happy to see so many in attendance and really appreciates all that FDL Veterans gave for their country.

"It's nice to see a big crowd that appreciates what Veterans do. And that's what makes me feel good, to look around and see all you people that are here to thank the Veterans, so thank you," Tom said at the beginning of the event.

Finally before dinner began, Fran White came up to the podium with the rest of the honor guard to offer a token of appreciation to Tom for all that he's done for Fond du Lac Veterans.

"I made this blanket especially for you to thank you for all that you've done and continue to do for all of our Veterans. I say miigwech."

It was a wonderful meal and a great opportunity for Veterans to converse and thank one another and their families for all that they sacrificed.









## Steve Olson retirement

By Zachary N. Dunaiski

To always sad when a good employee retires, but we're always proud when someone is able to retire from Fond du Lac after many years of dedicated service. Steve Olson retired from Fond du Lac as forest manager after 37 years of working for FDL. Steve, who was a great asset to Fond du Lac's Resource Management division, retired Oct. 26. A retirement party was held in his honor in the Cloquet Community Center's ENP, and the room was filled with many individuals wishing Steve a happy retirement.

Many individuals told great stories about Steve including past Executive **Directors Chuck** Walt and Mike Himango, along with other coworkers of his such as Reggie Defoe, Christian Nelson. and many others. Secretary Treasurer Ferdinand Martineau was also on hand to thank him for his years of service to the Band.

"Well, I want to

thank everyone," Steve Olson said at his retirement when he spoke to everyone who attended. "It's really cool working for a Band. They really give us the flexibility and kind of guide us to manage the way they like to see it."

Steve loved the job and truly loved the unique challenges that working for Fond du Lac brought about.

"I get people like Jeff Savage and he tells me what kinds of products he needs from the forest," Steve said about working with other departments for FDL. "And I go, we need to manage those and we change our management techniques, find funding, and go out and implement those things. I appreciate it, and appreciate learning how to do that stuff."

Now that he's retiring doesn't mean Steve is leaving. For many of us who work for FDL, retirement doesn't mean we're leaving, because as we work here we become part of the FDL community.

"I think there is a picture of me making a snow shoe and being a little frustrated with the lacing," Steve said about some of the activities he's taken place in over the years. "I hope to be helping Nikki Crowe with some of that this winter."

While the person retiring is normally the one to receive gifts, Steve did things

a little differently giving gifts out to his co-workers. He gave out a book to evervone, personal items to members of his staff, a wood tick iar, and "tools that I use to relive stress" like aspirin, whiskey, which was "only to be used medicinally" as Steve told Christian, and a noise maker with humorous sound effects.

Steve still plans on stopping by from time to time, but now

he'll be able to do it on his own terms.

"As I said in my resignation letter, I still need an excuse to ride my bike 12 miles a day—at least when it's snow free. So I might come by for coffee or to interrupt your workflow or something like that," Steve said as the room gave him a hearty laugh and a round of applause.

Steve will be greatly missed. He takes with him decades of hard work and knowledge that will be impossible to replace. Thank you Steve for everything you've done.

## Cops vs Volleyball

ver the last several years, Fond du Lac's Police Department has become very active in the community trying to get to know the people.

One of the community favorite events in the past has been their basketball game versus the Fond du Lac Ojibwe School basketball team at the end of the season. This year they expanded that and played a

game against the volleyball team.

The best part of events like this isn't who wins or loses, but all of the laughter shared as well as the good natured "smack-talk" that exists between the two teams.

The events the FDLPD put on are always a lot of fun and a great opportunity for the students and police officers to get to know one another.









Jan 25 - 2019 -

DOORS 6 PM | CONCERT 7 PM

# GARYALLAN

TICKETS \$55 - \$100

Available at Players Club or our website.



# 1917 - Reservation Grants Women the Vote and a Boarding School Success Story for Cora Coffey

Research by Christine Carlson

#### he 19th Amendment to the Constitution of the United States Granting Women the Right to Vote – 1920

The 19th Amendment granting women the right to vote was ratified on August 18, 1920. The Fond du Lac Reservation was way ahead of its time by granting women the vote in 1917. The woman who was championed in this cause was Fond du Lac Enrollee Cora Claire Coffey.

# Chief Lose Power; Women Get "Rights" – Indian Girl is Seated – Miss Cora Coffey of Cloquet is Championed by Younger Element in Control – Duluth News Tribune of July 12, 1917

Bemidji – After refusing chiefs of the tribe representation in their council on the ground that modern Indians are democrats and not monarchists, Minnesota Chippewa in council here today by a 2 to 1 vote, gave the suffrage to women.

The suffrage fight revolved about Cora Coffey, a stenographer, 23 years old, employed by the U. S. government at the Fond du Lac reservation, Cloquet, the solitary woman delegate. Older Indians objected to her being seated on the ground that no woman yet has had representation in Indian councils and that the innovation was dangerous.

"Equal Rights." However, were championed by the younger element who are in control, on the ground that the Chippewa constitution, while providing that no one under 21 may be a delegate in the council, does not discriminate against sex.

#### Three Stenographers

Beside representing the Fond du Lac Indians, Miss Coffey is one of three stenographers who are busily taking reports of all the council's proceedings.

John Morrison of the Red Lake

reservation, president of the council for the last three years and leader of the younger element, will seek re-election. He will be opposed by Benjamin Casswell, champion of the old order of things, who comes from the White Earth reservation.

#### **Consider Claims Today**

The resolution committee worked until late tonight on its report which it will submit tomorrow to the council. Claims against the United States government, aggregating \$10,000,000, also will be considered at tomorrow's session

One of the interesting figures at the convention is Capt. John Smith of Cass Lake, who is 129 years old.

#### Minnesota Chippewas Who Sent Chiefs Home and Welcomed Women as Delegates – Duluth News Tribune of July 15, 1917

Minnesota Chippewas held a "live" session here last week. In the center of this photograph is Miss Cora Coffey of Cloquet, whose seating at the convention as the solitary woman delegate caused a verbal fight over "women's rights" on the second day.

## Large format photograph in the Duluth News Tribune

The above news article contains a large format photograph that was taken at Bemidji with Cora in the center with a large group of about one hundred men. The photo was too grainy to reproduce here in this paper but it is quite wonderful to see. Yea Cora!

#### The Rest of Cora's Family Story: May 27, 1858 – Superior, Wisconsin Marriage Records for Cora Coffey's Grandparents

Levi B. Coffey age 35 married Margarita Tabivenwegijigok age 25 from Fond du Lac.

#### 1860 United States Federal Census for the Old Village of Fond du Lac in Western Duluth

Levi B. Coffee age 34 from Pennsylvania and a baker is married to Margaret Coffee age 30. Their children are Joseph age 7, William age 5 and Irving age 3.

#### Fond du Lac Allotment Records for the Coffey Family in 1889

#10- Sara Jane Coffey, #17- Z. Burton Coffey, #89- James I. Coffey, #90- Ruth Winifred Coffey, #92- Wm. O. Coffey, Sr., #96-James Coffey, #184-Mary Frances Coffey, #188-Grace Coffey, #209-Wm Coffey, Jr., #274-Mabel Coffey, #275-Amos Coffey, #276-Cora Coffey, #332-Wm Coffey, #388-James Coffey Reed, and #418-Agnes B. Coffey

## 1895 Fond du Lac Indian Census from LaPointe

Number 129 is William O. Coffey age 39 and his wife Isabella age 28. Their children are listed as William age 10, Mabel age 8, Mabel age 8, Amos age 5 Cora age 4 and Levi Burton age 20 months.

#### 1900 United States Federal Census for Vermillion Lake Indian Reservation Boarding School

Cora Coffie age 8 and Mabel Coffie age 12 are both attending school as well as these other boarding school students: Mary Wood age 9, Rosie Lyons age 8, Edith Vivier age 9, Josephine Lyons age 11, Fannie Sky age 9, Madeline Posey age 6 and Maggie Floodwood age 9.

#### 1905 Minnesota, Territorial and State Census for Cora and Mabel Coffey

Cora Coffey age 12 and Mabel Coffee, age 16 are living in Pipestone, Minnesota and attending the Pipestone Indian School.

#### Pine Knot of September 12, 1909

J. W. Morgan, the Indian Farmer, left Tuesday afternoon for Lawrence, Kansas, with three Indians in charge, who will enter the advanced Indian school at that place. The students are William and Cora Coffee and Maggie

#### 1910 United States Federal Census for Lawrence, Kansas Boarding School

Cora Coffey age 18 and Mable Coffey age 21 are students at this boarding school. Two others Chippewa students are Stella Dennis age 16 and Alice Denominee age 22.

#### 1910 United States Federal Census for the Fond du Lac Indian Reservation

Parents are William O. Coffey age 54 and wife Margaret Coffey age 43. Their three children attending the Pipestone Indian School are William Coffey Jr. age 23, Mabel Coffee age 21 and Cora Coffey age 18. Other children living at home are Amos Coffey age 19, Cleophas Coffey age 2 and step-children Joseph Laundry age 14, Louis Laundry age 12 and Lizzie Laundry age 10.

#### **Catholic Church Records**

Page 31 of the Catholic Church records show that William Coffey's parents are Levi Coffey and Maggie Jabwewe-Dufault. Maggie's parents are listed as Joseph Dufault and Julia Roy. William and Maggie's children are listed as James, William Mabel, Amos, Cora Pittenger, Joseph, Louis, Lizzy, Cleophas, and Leo.

#### Cora's Older Brother Amos Coffey Attended Hampton Institute in the State of Virginia

Amos Coffey from Fond du Lac was age 20 when he entered the school. He attended the years of 1911-1915 and completed a trade course.

## Indian Lad Dies – Pine Knot of March 7, 1913

The local Indian office received a telegram Tuesday saying that Joe Young, son of Mrs. W. O. Coffee,

had died Monday evening at the Haskell Institute, at Lawrence, Kas. No particulars were given as to the cause of his demise other than that he died suddenly. He had been a student at the Haskell Institute for about two years and was 18 years of age.

## Buried Last Saturday – Pine Knot of March 14, 1913

The remains of Joe Young, who died last week at the Haskell Institute at Lawrence, Kas., arrived here Thursday accompanied by Miss Cora Coffee, sister of the deceased. The funeral was held Saturday and internment was in the Indian village cemetery. Heart trouble was the cause of the young man's demise

#### 1940 United States Federal Census for Montgomery Maryland

Husband is Homer Pittenger age 58 and his wife is Cora Coffey Pittenger age 48. Their two children are Marie Pittenger age 20 and Pittener age 12. Cora is a salaried worker for the government

## Cora Dies but there are two different death documents.

The California Death Index states: Cora Clair Pittenger died on September 18, 1986 in Orange, California. Her father's surname is Coffey and mother's maiden name is Chatlaine.

The U.S. Social Security Death Index shows Cora Pittenger died in September 1986 and her last residence was at 20012 Washington, District of Columbia, Maryland.

#### Additional Coffey Family Story can be found in Nahgahchiwanong – December 2012

Happy Holidays

## FDL Law Enforcement News

## Changes to this section

oing forward this section is going to change. The police officers do so much more than can be shown in a list of calls each month.

Over the next several months, we will be featuring police officers so that you can get to know each one a little better. There will also be updates from the FDL Chief of Police about what specifically the police department is doing each month also.

## Officer Spotlight: Willie Dixon

Officer Willie Dixon has been with the Fond du Lac Police Department for 16 vears.

#### Why did Willie choose to work for FDL?

My family has been from the community here. My mom originally lived on the Fond du Lac Reservation and I just wanted to come back and learn some of the background of my history and also enjoy being a servant for the public.

#### What does Willie think of the community policing model?

I believe that it's actually starting to work pretty good. We're starting to have more introduction with the public, and everybody is starting to know us a lot better and feel trusty worthy talking to an officer.

#### Something unique about Willie:

I feel that with my years of service for the police department I have helped train in new officers and get them familiar with the community and with the people that live in the community.

#### Any interesting stories?

I can't think of anything right off the bat. I've had a few interesting ones where people have come up to me asking me weird questions. and I try to answer the questions as best as I can. I know in past incidences when I first started working here, people were afraid of the police and they didn't want to say anything or ask for help at all but I've noticed through the years people are getting more comfortable having a police department in this community and they feel more comfortable with the officers who are working here now. And I feel we have made a lot of steps from when I first started.

The community policing model is a big part of that. Everyone is starting to know the police department a lot better, starting to know the officers a lot more and we're starting to get more familiarized with the community and the community feels more comfortable in coming to us and asking any kind of question.

#### What's your favorite part of working for FDL?

I'd probably have to say lunch time. No. honestly I like stopping in with all three of our communities and interacting with the community and spend as much time as I can with the kids, and pretty much anything I can. Pretty much just getting a feel for how the kids feel about us. A lot of the kids laugh and like us and come running up to the police officers. Some of them ask for hugs, some ask for stickers, it feels pretty good that the whole community is starting to have trust with us.

#### What's the most important part of the Toward Zero Deaths (TZD) campaign in vour opinion?

I mean some of the officers have their different opinions of it. I mean for me, I've done more seatbelt and speed enforcement. I felt like with the speed enforcement and seat belts, that's a big safety concern in the neighborhoods. It's always good to make sure that traffic has stayed slow, especially with the kids playing in the neighborhoods.

#### What something about you people may not know?

Even though I'm almost 50 years old, I'm a big video gamer. I like to do that on my days off, it helps me relax.

#### Final thoughts



Just that I like working for the community and I've been here for a long time. That's about it.

## Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased. contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one vear period commences with the first publication.

#### **BAND MEMBERS WITH UNCLAIMED PER CAPITA** ACCOUNTS:

AITKIN, James ANKERSTROM, Arthur BARTEN, Charles CICHY, Gerard CICHY, Leslie DEFOE, Richard ERNST, Julia FARRELL, Margo HANSON, Jeffrey KITSON, Patricia KUCHERA (DAHLBERG), Lucinda LAFAVE, Harry LAFAVE, Kenneth LAPRAIRIE, Robert MARZINSKE, Larry PEACOCK, Thomas B. SAVAGE, Mark SAVAGE, Torrence SHABAIASH, Rodney SOULIER, Gary TEAL, Tammie



## Grieving during the holiday

By Denise Houle,

Cancer outreach worker

e've all heard the popular song lyric..."It's the most wonderful time of the year...!" But what if it's not? The loss of a loved one is traumatic but during the holidays, the feelings of loss can be more profound.

The holidays can be a busy, stressful time for people but dealing with the loss of a loved one during this time can also increase feelings of loneliness, depression, and sadness. It is important to remember to take care of yourself during this time.

Some things that you can do to help yourself through these times are:

- Allowing yourself to feel sadness or other emotions that may arise
- Don't let someone else tell you how you should feel
- Know that it is ok to express your feelings and to cry.

For some, the uncertainty of what traditions to carry on or what new ones to make can create empty feelings. A new beginning or tradition may be to do something in honor of the loved one. It is also acceptable to let yourself enjoy the beauty of the season, surround yourself with supportive people,

and cherish memories of the loved one.

There are many different support groups available. Check with your doctor, friends, coworkers, and family. Know yourself and when you may need to ask for help.

Symptoms requiring professional intervention include:

- constant thoughts of being worthless or hopeless
- ongoing thoughts of death or suicide
- the inability to perform day-to-day activities
- hearing voices or seeing things not there
- the inability to accept the loved ones death
- flashbacks, nightmares, or memories that continue to intrude one's thoughts
- extreme weight loss
- isolation
- breaking ties with family or friends.

American Cancer Society is available 24/7 for support online, local bereavement groups, and other resources. Call 1-800-227-2345

Sources: American Cancer Society www.cancer.org

Always remember to consult your Healthcare provider with any questions or concerns

A message from your Fond du Lac Cancer Prevention Program

## Holiday Health

By Kara Stoneburner,

RDLD, Public Health Dietitian

The holidays are in full swing! Holiday parties, Christmas cookies, shopping deadlines, and school breaks are all waiting to derail any healthy habits you worked on all year. Stay healthy and strong this season by following some of the tips below.

#### Remember food safety

- After grocery shopping, get your food in the refrigerator or freezer within two hours
- Wash your hands often when cooking and eating
- Keep hot foods hot and cold foods cold
- Place leftovers in a shallow, sealed, labeled, and dated container within an hour of eating
- Reheat leftovers to 165°F
- Don't eat the raw cookie dough **Reduce calories**, eat healthier
- Replace some of the oil or butter with applesauce
- Use a lower fat or fat free version of sour cream, yogurt, and

cheese

- Substitute whole wheat flour for a portion of the flour in a recipe
- Eat a small low calorie meal or snack before a party (string cheese, pretzels, an apple, or veggies and dip) to prevent overeating
- Limit or avoid alcoholic beverages
- Use a small plate at the food table
- Choose fruit, cut veggies, or a small amount of nuts as an appetizer
- Move away from the food table after dishing up
- Focus on conversations and friends rather than food
- Chew gum to prevent nibbling

## Make activity a priority

- Start the day with stretchingPlan a family walk after dinner
- Make a snowman with the kids
- Hit the sledding hill

#### Plan ahead

• Carry healthy, on-the-go snacks, like fresh veggies or fruit and water, while shopping, to avoid the

high calorie temptations

- If travelling, check the weather; have a winter survival kit in your vehicle
- Get a flu shot; colder weather brings more people indoors, if someone is sick, it can spread pretty quickly; stay home if you are sick
- Start thinking about 2019 goals; make them realistic and obtainable, baby step your way to a larger goal
- Increase your knowledge on how to reduce your risk for cancer, diabetes and heart disease in 2019. Consult with your Healthcare Provider or other health professional to get you going in the right direction.

Use these tips to have a healthier and more memorable holiday season and a New Year!

Sources include: the Academy of Nutrition and Dietetics, CDC and the American Cancer Society

## **WIC Program**

Women, Infants and Children Nutrition Program (WIC) is a Nutrition and Breastfeeding program that offers tips and advice to help families eat well, learn about nutrition, and stay healthy.

#### The WIC program provides:

- Nutrition education
- One-on-one counseling about nutrition
- Vouchers to buy food (Range between \$70.00 \$190.00/month)
- Support and help with breast-feeding
- Referrals to health care, immunizations, and other programs.
   Who is WIC for?

- Women who are pregnant, breastfeeding, or who recently had a baby
- Infants from birth to 1 year of age
- Children from 1 year of age to their 5th birthday.

More people are eligible for WIC than you may think. To qualify for WIC you need to have a nutritional and/or medical need and meet the WIC income guidelines. All WIC participants must have an initial appointment to determine eligibility for WIC. For example, a family of 4 making \$46,435.00 or less a year would qualify. If your

child is enrolled in Early Head Start or Head Start or currently receiving Medical Assistance income guidelines do not apply, they are eligible for WIC.

Contact the WIC office for further information:

Min No Aya Win Human Services Center or Center for American Indian Resources (218) 878-2115 Or go to http://www.health.state. mn.us/divs/fh/wic/index.html, for more information.

WIC Program is an equal opportunity provider and employer.



# Ashi-niswi giizisoog (Thirteen Moons)

## Manidoo-giizisoons

The new Manidoo-giizisoons begins December 7. This is the Little Spirit Moon. Another name for this moon is Gichi-bibooni-giizis, the Big Winter Moon.

## Don't be so salty

By George Knutson,

FDL GreenCorp

efore you read this article, a friendly reminder that Fond du Lac draft revised water quality standards are currently in the public comment period. Please view the link on Fond du Lac's main webpage: www.fdlrez.com.

Boozhoo! As snow continues to fall and ice continues to form we remember the problems they cause to our daily routines. Walking down a sidewalk or driving to work become more dangerous than usual. Keeping walkways, driveways, and roads snow and ice free is important for the safety of all users. One tool we use to do this is deicing salt. Although deicing salt can melt ice for us, it also can cause permanent damage to water bodies by changing the chemistry of the water. This change negatively affects the various organisms that live in and use the water.

How much road salt do you think it takes to permanently pollute five gallons of water? The answer might surprise you. Per the Minnesota Pollution Control Agency (MPCA), it only takes one teaspoon of salt to permanently pollute five gallons of water. In Minnesota, about 40% of Minnesota's lakes and streams are impaired for conventional pollutants (MPCA). This includes water bodies within ceded territories. Fortunately, none of Fond du Lac's

waters are impaired for chloride, and with everyone's help, we can keep it that way! To keep waters chloride free, it's important to follow best practices when it comes to the application of deicing salt.

To prevent excess salt getting into water bodies, here are some tips to reducing your salt usage at home or work this winter:

- 1. Shovel: If able, shoveling is the best way to prevent ice from forming or getting rid of ice if it has already formed. After clearing snow, determine if you need deicing salt and the correct amount. If you get out there early and often, ice shouldn't present much of a problem.
- 2. 15°: The majority of salts stop working at this temperature. Try using sand instead for traction and remember that sand will not melt ice. Be aware of what melting agents you have and their operating temperature.
- 3. More doesn't mean better: Use less than 4 pounds of salt per 1,000 square feet. For reference, an average parking space is about 150 square feet and one pound of salt is approximately a filled-to-the-top 12-ounce coffee mug. There should be 3 inches between each grain of salt.
- 4. Sweep up extra: if salt or sand is visible on pavement and not providing any benefit, sweep up the product to use again or dispose of it.

5. Let's be prepared: One thing vou can do to make sure vou're using the correct amount of salt is measuring! Look at all the areas you usual clear snow and ice off of around your house. Places like your driveway, sidewalk, and steps. Measure the area of each location and then use the information in tip number three to determine the correct amount of deicing salt vou'll need for each area. To make it even easier on yourself, grab the device (scooper, bucket, cup, etc.) you usually use to spread deicing salt and mark lines on the device to indicate how much salt you'll need for each area, or if you need more than one full device, note how many full ones you'll need. This should ensure you're using the correct amount of deicing salt for each

Additionally, the MPCA offers Smart Salting training. The training provides suggestions to improve operator effectiveness for reducing chloride pollution while keeping roads, parking lots, and sidewalks safe. Many organizations that have participated in the Smart Salting training have been able to reduce their salt use by 30-70%! Please visit their website to find out more information.

Let's make this winter less salty, but just as safe with proper snow/ ice removal and deicing salt application. Miigwech!



Bad Salting



Good Salting

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

## Ashi-niswi giizisoog (Thirteen Moons)

## Manidoo-giizisoons

The new Manidoo-giizisoons begins December 17. This is the Little Spirit Moon. Another name for this moon is Gichi-bibooni-giizis, the Big Winter Moon.

## Community development project underway to unlock the potential of Native youth



niin! My name is Naomi Conley. I am currently serving as a youth coordinator for the Rural Health and Safety Education Grant on the Fond du Lac Reservation. This proposed project, Cultural Responses to Healing Trauma, Fighting Opioids, and Unlocking the Potential of Native American Youth, is an attempt to engage the youth in a culture-based, community-level prevention program. I am a White

Earth Band member and grew up in the small town of Cromwell, Minn. Besides being a youth coordinator, I am a massage therapist at the Min No Aya Win clinic; I teach a weekly yoga class; and I also am a doula for Fond du Lac. I recently graduated as a Registered nurse from Fond du Lac Tribal and Community college and I am currently pursuing my baccalaureate in nursing through Bemidji State. I am honored to say that I

am a recipient of the Niganawenimaanaanig program for indigenous nurses as well.

It is my goal both personally and collectively to recognize and honor strength, resiliency, compassion, peace, and love in all. I've enjoyed volunteering and interacting with the community and I look forward to collaborating and building kinship with our youth.

# Gichi Manidoo Giizis Traditional Pow Wow "Taking Care of the Land and Community"

## Saturday January 12th, 2019



Registration: 10am Grand Entry: 1pm & 7pm Feast at 5pm

Black Bear Casino Resort Otter Creek Event Center 1785 Highway 210 Carlton, MN 55718 Hotel Reservations: 1-888-771-0777

Free Admission-Open to the Public -- Alcohol & Drug Free Event

Join our event on the 13 Moons Ashiniswi gilzisoog Facebook page

Taking Care of the Land and Community

Info booths and displays of Tribal, State and Federal programs involved in taking care of the land and community.

Vendor tables available
For more information contact:
Nikki Crowe 218-878-7148

Sportcood by Freed distact Band of Little Superior Chipperon



# Tapping into local wisdom to build health equity with Robert Wood Johnson Foundation IRL Program

**By Judy Tan,**FDL Behavioral Health VISTA

'n a team of three, Nikki Crowe partners with Dr. Melissa Walls of University of Minnesota Medical School, Duluth campus and Dr. Joe Gone of Harvard University to address community and individual resilience and health with the support from the Robert Wood Johnson Foundation's Interdisciplinary Research Leaders Program. The team applies community-based participatory research to identify local strengths for health promotion. Enhancing these existing and untapped local strengths may facilitate reductions in suicide, drug (particularly opioid) abuse and overdose, and promote healing related to adverse childhood experiences.

Since March 2017, the team has established and convened an

advisory board of Fond du Lac community members to provide leadership and direction. This board consists of members Colleen Bernu, Naomi Conley, Pat Dunlap, Rebekah Dunlap, Marcia Kitto, Sam Moose,

Vicki Oberstar, Caitlyn Taylor, and Linda Whitebird. Additionally, former Chairwoman Karen Diver acts as the mentor for the project. Meeting regularly, the team and advisory board has collaborated and refined a project methodology that works to highlight Fond du Lac members' collective experiences and thoughts. Currently, the project has been approved by the

FDL Institutional Review Board



(IRB) and is awaiting IRB approval from UMN-Duluth and Harvard University before conducting focus groups.

The team hopes to use the information learned from this project for future collaborative health interventions and educational projects, and to improve knowledge and research in FDL and other indigenous communities. Please look for updates in the next coming months!

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

## Ashi-niswi giizisoog Ojibwemowin Page

## **Anishinaabemowin Lessons**

#### Basic Oiibwe words and phrases:

#### **Double Vowel Chart**

This is how to pronounce Ojibwe words. All consanants sound the same as in English.

"Zh"- sounds like the "su" in measure "a"- sounds like the "u" in sun "aa"- sounds like the "a" in father "i"- sounds like the "i" in sit

"ii"- sounds like the "ee" in feet "o"- sounds like the "o" in go "oo"- sounds like the "oo" in food "e"- sounds like the "av" in stav

#### Bijwan blizzard

Ningwaanakwad cloudy Awan ..... foggy (be) Zasakwaa..... frost (heavy) Mashkawadin ......frozen (be) Dakaanimad ......wind (cold) Waabani-noodin ...... wind (east) Giiwedin ..... wind (north) Zhaawani-noodin ...... wind (south) Goon.....snow Maaiinon ..... snow (start to)

Source: www.oiibwe.org/home/pdf/oiibwe beginner dictionary.pdf

## 'Twas the Night Before Ojibwe Christmas

'Twas the night before Niibaa-anama'egiizhigad, when all through the wiigiwaam

Not an awakaan was stirring, not even a waawaabiganooiiinh: The moccasins were hung by the smoke hole with care,

In hopes that Miigiwe Miskwaa Gichi Inini soon would be there:

The abinoojiinhyag were nestled all snug in their nibaaganan,

While visions of ziinzibaakwad danced in their nishttigwaan;

And nimaama in her moshwens, and I in my makadewindibe.

Had just settled down for a long bijboon zhijbaangwashi.

When outside the wiigiwaam there arose such a clatter.

I sprang from the nibaagan to see what was the matter.

Away to the waasechigan I flew like inaabiwin,

Tore open the shutters and threw up the gibiiga'iganiigin. The dibik-giizis on the breast of onaaband

Gave a shine like duct tape to objects zazagaamagad.

When, what to my wondering nishkiizhigoon should appear,

But a miniature toboggan, and eight tiny waawaaskeshi,

With a little old driver, so lively and wajepii,

I knew in a moment it must be Miigiwe Miskwaa Gichi Inini.

More rapid than migiziwag his coursers they came,

And he whistled, and biibaagi, and izhi-wiinde by name;

"Now, Bimibatoo! now, Niimi! now, Babaamishimo and Moozhikwe!

On, Anang! on Zaagi! on, Animikii and Wawaasese!

To the top of the porch! to the top of the wiigiwaam!

Now Bimibide! Ipide! Ombibidemagad!"

As dry leaves that before the wiindigoo fly,

When they meet with BIA, mount to the sky,

So up to the apakwaan the coursers they flew.

With the tobaggon full of toys, and Miigiwe Miskwaa Gichi Inini too.

And then, in a twinkling, I heard on the apakwaan

The prancing and pawing of each little inzid.

As I drew in my iniii, and was turning around,

Down the chimney Migiwe Miskwaa Gichi Inini came with a bound.

He was dressed all in gipagawe, from his head to his foot,

And his clothes were all tarnished with bingwiand and soot:

A bundle of toys he mangiwane on his back.

And he looked like a adaawewinini just opening his pack.

His ishkiinzigoon -- how they twinkled! his inowan how merry!

His miskwanowan were like roses, his nose like a choke-cherry!

His droll little indoon was drawn up like a bow.

And the beard of his chin was as white as gichimookamaan:

The stump of a opwaagan he held tight in his wiibidaakaajiganan,

And the smoke it encircled his head like a miskwaanzigan:

He was full up on frybread with little round belly,

That shook, when he laughed like a wiigwaasinaagan of jelly.

He was chubby and wiinin, a right jolly old elf,

And I giimoodaapi when I saw him, in spite of myself;

A wink of his ishkiinzigoon and a twist of his mangindibe.

Soon gave me to know I had nothing to gotaaji;

He ojibwemo not a word, but went straight to his work,

And filled all the moccasins; then turned with a jerk,

And laying his ibinaakwaaninini aside of his nose,

And wewebikweni, up the smoke hole he rose;

He sprang to his toboggan, to his waawaaskeshi gave a whistle,

And away they all onjinizhimo like the down of a thistle.

But I heard him biibaagi, ere he drove out of sight,

"Happy Niibaa-anama'egiizhigad to all,

And to all baamaapii."

Source: http://www.nativetech.org/poetry/ojibwechristmas.html

## FDLOIS visits St. Anne's

On October 12th students from the Fond du Lac Oiibwe School visited St. Anne's Residence in Duluth. The 3rd grade students made pillows for the residents and did a song performance in Oiibwe and English. The school's drum group performed while dancers showed the residents their different dances. It was an exciting event and the students loved performing for the residents.







The Fond du Lac Environmental Program Office of Water Protection is hosting a public hearing on our revised Water Quality Standards. This is an opportunity for the public to ask questions about the proposed revised standards, and provide either oral or written

Thursday, December 6th 2018

Fond du Lac Resource Management Division And **Tribal Court building** 

3:30pm-7:00pm

For more information contact: Nancy Schuldt Water Projects Coordinator Fond du Lac Environmental

Phone: (218) 878-7110 nancyschuldt@fdlrez.com



## **Head Start visits** Engwall

In October, Fond du Lac Head Start Programs hosted a Family Day at Engwall's Corn Maze. Families enjoyed spending time with their children while going on a hayride, finding their way through the corn maze, posing for silly pictures, and sliding into the corn bin. It was a great day for everyone!









## Registration opening soon for spring and summer Lacrosse!

Northern Siege Lacrosse will be offering local youth lacrosse to boys and girls ages 5-14 in the Cloquet, Carlton, Esko, Wrenshall, FDL and surrounding areas.

Never played the sport but would like to give it a try? NO PROBLEM! The Siege will be hosting a FREE "Learn to LAX" Day, January 19, 2019 at the FDL Tribal Center. No experience or equipment necessary! There will be coaches, parents and players on hand to answer questions and provide the opportunity to earn what lacrosse is all about and, of course, have some fun! Bring a friend!

#### Times:

- Boys K-4th grade 11am-12:30pm
- Boys 5th-8th grade 1pm-2:30pm

Girls 3pm-4:30pm Afterwards go to Eskomo Pies in Esko from 6-9 p.m. for a League Kick Off party! Adults \$9.95 and kids \$6.95 (all you can eat pizza and salad buffet!) A portion of all proceeds goes to Northern Siege Youth Lacrosse. Check out our drawings and raffles while you are there! We will answer any questions about registration you may have.

Registration opens January 19th 2019! For more details and information please check out our website at http:// tshq.bluesombrero.com/ northernsiege,

our facebook page at

www.facebook.com/ NorthernSiegeLacrosse. or contact Sean Hall at s.hall4003@gmail.com and (218) 310-7601

Hope to see you there!

## Crime prevention tips for the Holidays

The Christmas holidays are fast approaching and scammers are already plotting about how to get our money and personal information so they can go on a spending spree at our expense. This article will provide information on how scammers plot to steal our money, credit cards, bank information, and social security numbers, along with what we can do to protect ourselves from becoming victims of theft, burglary, and identity theft.

This time of year some people like to help those whom are less fortunate then themselves. Some ways they do this is by donating money or other valuable items to local charities and other organizations. One of the common scams is someone calling you to ask if you will donate a certain number of dollars to your local fire fighters or law enforcement agencies. When someone calls and solicits you for donations ask them for a telephone number and address so you can call to verify if they are legitimate. Another way to check this out is to look up the name and number of your local agencies on the internet or in your phone book.

Scams are not the only method in which thieves scheme in order to steal your

## FDLOIS in Denver for **National Congress**

Fond du Lac Oiibwe School sent a few students who were able to attend the National Congress of American Indians in Denver Colorado Oct. 22-25.

They learned about youth leadership. The students gained knowledge of the issues of the Indian Child Welfare Act, met students from all over the country. and engaged in small group work with other youth. It was an excellent opportunity for our students.



From left to right - Roger Smith, Devin Bosto, Lynkin Peacock, Darnell Diver, Kevin Dupuis, Sr., Maci Martin, Kaitlyn Misauadace, Tara Dupuis, and Rebecca Crooks Stratton (from Shakopee)

goods. Identity theft via the internet is still occurring and not slowing down. People's emails are being comprised at an alarming rate. In fact, workplaces have had their employees' emails hacked by unknown sources. It is important to change your passwords on a regular basis as a means to protect your personal and financial information.

Along with scams and identity theft, some crooks use "imposter" schemes to collect money from people. Recently it has been reported by various local and national news sources that innocent and unaware individuals are receiving a phone call in which the imposter says one of their loved ones is incarcerated, and in order to have them released you need to send a certain amount of money, usually by credit card or a wire service. Never send money or give out your credit/debit card information to anyone on the

phone. It is good practice to hang up on these people and call your local law enforcement office. If in doubt, you can call or text your loved one to ask if everything is ok with them.

In recent years we have been warned about our personal information being stolen from us. Yet, burglaries and robberies are still a big problem for many neighborhoods, especially around the Christmas holidays. There are stories from our media sources, via the television, radio, or newspapers reporting on someone's house being burglarized and all the gifts under the tree were taken by the thieves. Many people have had packages taken off their front porch or steps by neighbors whom either live next door or are driving around their neighborhood to scan for these packages.

Sadly, there are many more scams and property crimes that happen every day. I can provide free and useful

resources to help you keep your money and other personal goods from being stolen. I look forward to talking with you or answering any questions you may have. One suggestion I can give you is for you to call your local law enforcement agency for information on starting a "neighborhood watch" program in your community.

My contact information is: Rozanne Hink, General Crime Victim Services, (218) 878-3784.

## Nagaajiwanaang Genawendangig Anishinaabemowin 2018 Language **Program News** Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

By now, you have most likely seen our fliers and information about the Ojibwe Language Symposium which will be held Friday evening and all day Saturday, Dec. 7 and 8, 2018.

If you did not pre-register, you may still attend the symposium by on-site registration at the registration table. The event will begin at 4 p.m. Friday, Dec. 7 and it will be held at the Fond du Lac Tribal and Community College, 2101 14th Street, Cloquet, MN 55720. Activities start on Friday at 4 p.m., with opening ceremonies, welcoming comments, Debwewidam Drumming, and the initial introduction of the Fond du Lac Language Program Eagle Staff, followed by a traditional feast of moose meat, wild rice and other items, and later a session of telling stories. The event will continue Friday night until done, and begin again on Saturday morning with a Sunrise pipe ceremony at 7:30 a.m., followed by breakfast, social time, and language presentations and Ojibwe games for everyone.

We will have three tracks of presentations: Level 1 – Beginners level, Level 2 – Intermediate level, and Level 3 – Immersion level. You may attend any of the sessions which will run from 11 a.m.-noon, and from 2–5:45 p.m. We will also have a video display.

We hope to see you there! As we wind up calendar year 2018, we are already making plans for 2019. Zack LaRonge wrote the following summary of the new high tunnel project:

The Language program has been coordinating with Ellen Friedrich and the Planning Division to install a high tunnel. a greenhouse type structure that extends the growing season, at the Brevator language house. Multiple high tunnels have heen distributed across the community from a grant that was received from the Natural Resources Conservation Service. Preparations began at the beginning of November with the tilling of a seventy-two by twenty-four foot patch of land. which used to be potato fields, at the rear of the Brevator language house property. Construction is planned to be completed by the end of November and cultivation will take place in the winter to prepare the high tunnel for opening in the spring. The high tunnel is set to produce some traditional crops but also provide a space for community members to cultivate a sustainable means of nutrition.

Our last item of information for December is the updated Language Table Schedules for all community centers. Language table will begin again in January at all centers. The revised language table meeting calendars will be posted to the Fond du Lac language events page. Brookston, Cloquet, and Sawyer Community Centers hold language tables from 5 to 6:30 p.m. on their scheduled dates. Brookston holds tables on Wednesday, Cloquet on Thursday, and Sawyer on Friday, as scheduled on their calendars. Each center holds 40 sessions per year. Food and beverages are served.

If you have questions or comments, please contact janisfairbanks@fdlrez.com

## Opening on Law

## Enforcement Review Board

ATTENTION: There is an opening for a Brookston Representative on the Fond du Lac Law Enforcement Review Board. The committee meets every 3rd Friday of the month. Any Fond du Lac Band Members interested in serving on this committee should submit their name to Terri Redding at FDL Conservation Department 28 University Road, Cloquet MN or by calling (218) 878-7155.

## Fond du Lac Historical Society

The FDLREZ Historical Society meets the second Friday of each month at the FDL Resource Management building 10 a.m. to 2 p.m.

In 2019 the meetings will be Jan. 11, Feb. 8, March. 8, Apr. 12, May 10, June 14, and as always they will have a table at the FDL Enrollee Days.

If you have any questions, please contact Carol Jaakola at (218) 393-9284.

## FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic

- achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning. FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits. FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.



## Wisdom Steps meeting

The Wisdom Steps meetings will be the last Saturday of each month in the ENP for anyone 52 + over from 10 a.m.-12 p.m.

## Fond du Lac Ojibwe School Board Regular Meeting Tuesday October 9, 2018 Fond du Lac Ojibwe School Board Room 3 p.m.

Called to order: 3:04 p.m.
Roll Call: Robert Peacock,
Jeffrey Tibbetts, Jennifer Dupuis,
Joyce LaPorte, Carol Wuollet
entered at 3:22 p.m., Michael
Diver entered at 3:12 p.m.
Absent: Debra Johnson Fuller

Others present: Jennifer

Murray, Superintendent; Michael
Cary, Cloquet Superintendent;
Tara Dupuis, Culture Curriculum
Coordinator; Sharon Belanger,
Special Education Coordinator;
Valerie Tanner, Principal
Jeffrey Tibbetts read the

Motion to approve the October 9, 2018 regular meeting agenda with the addition of introducing Cloquet Superintendent Michael Cary, Jeffrey Tibbetts, seconded by Jennifer Dupuis, all in favor.

mission statement.

Mike introduced himself and background. There was discussion regarding current position and Native American students support to achieve academically and opportunities to integrate more cultural activities. There was continued discussion regarding Cloquet staff and cultural sensitivity

Motion to approve the September 11, 2018 regular meeting minutes: discussion regarding the 12 student

training.

teachers, Michael Diver, seconded by Carol Wuollet. There was discussion regarding teacher hires and declining after salary proposal. The OJS will conduct a competitive salary review. 0 opposed, 0 silent, all in favor.

Review the ledger - 21st CCLC \$35K will be moved to Enhancement.

#### Old business:

I. Grassroots Indigenous Multimedia update - The vendor will send an updated proposal and will be presented at a later date. This will money will be drawn from FOCUS funds. There was discussion regarding the OJS conducting this project independently or utilizing FDLTCC.

II. Competitive Salaries -Superintendent Murray handed out a Teacher Salary Schedule for 2017-2018 September 1, 2017 - August 21, 2018 from Cloquet Schools and Carlton School.

Superintendent Murray's opinion is that the FDL Ojibwe School is comparable to Cloquet/ Carlton except for starting salary. There was discussion regarding Grow Your Own, Professional Development, and Insurance Benefits.

III. School Board Retreat -Proposal to the School Board discussion. Options for dates - Discussion regarding meeting with OJS staff, then the school board in February 2019.

IV. Closed Campus Student Discussion - The student is not present. The board is currently awaiting Parent Advisory Group input

V. Updated Cell Phone Policy
- The Parent Advisory Group is
in favor of the current policy.
Currently students can have their
phones when their work is done.
There was discussion regarding
phone usage by students and
classroom management.

VI. Behavior Report - Principal Tanner reported there were 4 suspensions in elementary and 6 suspensions in the high school. Skipping school is the majority of write ups in the high school. In addition there were 3 bus write ups. There was further discussion regarding student behaviors. Principal Tanner reported that 95% of her time this school year is spent with behaviors. Daily there are staff attendance issues. Positions need to be filled.

Robert Peacock left at 4:45 p.m. Joyce LaPorte left at 4:45 p.m.

There was continued discussion regarding relationship building with the students. There were suggestions to implement "coffee with a cop". Student rewards. Have lunch room time, shoot hoops, etc. Prevention Intervention with MNAW has not been consistent. The program has been canceled.

Schedule a Special Meeting just for behavior - October 23, 2018 at 12:00 noon.

Student group discussion - using positive student groups to influence.

Next Behavior meeting is Thursday October 18, 2018 at 3:30 p.m.

There was further discussion regarding a soft lock down.

#### Supervisor reports:

Superintendent Murray discussed TNEC, consultations with the metro areas, Division Directors meeting, work based learning, RBC approved all staff to attend Ojibwemowin, the playground will be fixed soon.

There was playground repair discussion.

School Board training - well worth it, very enjoyable, good networking, good info.

Principal Tanner discussed orientation week comments from staff, students of concern committee working starting. Veteran's Day Celebration will be at 2:30. Achieve 3000 training November 1 & 2.

Discussion regarding the Athletic Director's additional responsibilities.

There was continued discussion regarding community perception of the Ojibwe School and behaviors.

#### Other:

Motion to adjourn: Carol Wuollet, seconded by Michael Diver, all in favor.

Adjourn 5:31 P.M. Recorded by Jennifer Trotterchaude

## Fond du Lac Ojibwe School Board

#### Special Meeting Tuesday October 23, 2018 Fond du Lac Ojibwe School Board Room 12 p.m.

Called to order: 12:07 p.m. Roll Call: Debra Johnson Fuller, Joyce LaPorte, Carol Wuollet entered at 12:08 p.m., Robert Peacock, Michael Diver left at 1:47 p.m.

Absent: Jeffrey Tibbetts
Others present: Jennifer
Murray, Superintendent;
MaryAnn Blacketter, Library
Media Assistant; Sharon
Belanger, Special Education
Coordinator; Geoff Abrahamson,
Vicki Oberstar, Counselor;
Andrea Johnson, Teacher;
Michelle Flateau, Mental Health



Therapist; Meredith Martin,
Teacher; Sam, Joni Cabrara;
Marie Wilson, Teacher; Aliza
Kettelhut, Instructional Assistant;
Earl Otis, Athletic Director;
Tara Wolter, School Nurse;
Jerry Ojibway, Mentor; Valerie
Tanner, Principal; Rita Conners,
Receptionist:

Robert Peacock read the mission and vision statement.
Motion to approve the October 23, 2018 special meeting agenda Joyce LaPorte, seconded by Jennifer Dupuis, all in favor.

#### Old business:

I. Behavior and Strategy Planning – There was discussion regarding staff attendance, substitute coverage, inconsistent behavior program use by staff, removing students from the classroom discussion. Discussion regarding the history of the Ojibwe School from where we were to where we are now. Social emotional learning and education - Behaviors as triggers discussion. There were suggestions for extended day treatment in the school, emotional regulation, peace corner, Children's Therapeutic Support Services (CTSS). The

Ojibwe School is 96% Free and Reduced Lunch. Poverty can equal trauma. Need a consistent behavior program that all staff use consistently. Implement peer to peer group discussions. There was discussion regarding ESSA and social emotional discussion and helping impoverished students and restorative practices. Staff expressed concern that exceptions have been made too many times at this school.

There was a suggestion to hear from teachers

Grade 2-5 Math Teacher - agrees with social emotional learning and education, but we do not have the staff to implement these programs. Currently we are doing a disservice to these students by NOT servicing the behaviors. The environment is chaos. The staff have good intentions, but we do not have the staff to service.

Grade 2 Teacher discussed students that have their education taken away from them and wait for the teacher to deal with the behavior students. The disrespect from students is at an all-time high. The teachers NEED support.

Social skill implementation in the classroom, behavioral skills in the classroom, environmental specialists are all needed.

Athletic Director/High School Discipline discussed student disrespect of staff and skipping school

Instructional Assistant - Fights/classroom behaviors are out of control.

Receptionist - Behavior discussion

Grade 4 Teacher reported that teachers are trying to provide resources and teach social emotional, and the concern for kids that we cannot provide resources for. Some of the students we service would be better serviced in a small group setting. Students are not seeing immediate consequences. There is concern regarding students' safety for students that run the halls and staff responsibility for that student.

There was discussion regarding Social Emotional Disturbances and implementing an intensive piloting of a group room. IEP or 504 plan discussion.

There was discussion regarding the "quiet" students and triggers.

Administrative discussion -Superintendent has the write up/ parent interaction.

Valerie Tanner, Principal discussed ideas to solve the behavior problems. We are under staffed. Filling the positions would be beneficial to the Oiibwe School. Increasing salaries and benefits would be a great benefit, Principal Tanner spends most of her time on behavior. The focus of a Principal cannot be achieved at this point because behavior. Classroom observations and helping teachers is not happening. The Special Education Coordinator also cannot help the paraprofessionals as she is working with behaviors as well. Para's need support and additional training; however, we do not have staff to cover them to attend trainings.

Need more staff
Need Training
Need Mental Health
Secretarial Support Extracurricular support
(gymnastics, therapy dogs)
CTSS - additional re-

enforcement SED Room - Social Emotional Disturbance room. Pilot a day treatment program. Michael Diver left 1:47 p.m.

Requires a weekly meeting to help support teachers, administrators, and students.

Board member Jennifer Dupuis will meet with the mental health team and report back to the board.

Short term solutions - Schedule another meeting. Meet with the Administration and Executive Director and Law Enforcement and members of the school board to come up with timelines to assist with additional resources.

MNAW staff left 2:05 p.m. Provide staff "de-stress" activity at the end of the day at the Ojibwe School. Superintendent Murray distributed CHAMPS site visit reports and BIE Behavior Type Reports for SY 16-17, SY17-18, and SY 18-19 to date. Transportation write-ups have declined.

Level 4 discussion regarding students that are disruptive - Meet with foundations group and flippers to find out how many students will need to participate in the SED room.

Jennifer Dupuis would like the push come from the school for direction of the SED room.

Reserve Special School Board meeting dates for this topic. Start scheduling de-briefing for

Continued discussion regarding mental health and behaviors in the school.

II. Superintendent Evaluation - Original strategic plan to use as a measuring tool.

Cultural Curriculum Coordinator - Currently attending the National Congress for American Indians meeting with 5 students.

Superintendent Evaluation - put the goals on the form.
Discussion regarding the separation of Superintendent duties and Principal duties.
Superintendent Murray reviewed the job description for this.
WBWF, Kindergarten Readiness, Reading well by 3rd grade, attendance.

III. Strategic Planning Retreat Dates - November 30, 2018 - December 1, 2018. At the Ojibwe School. Friday 5:00-8:00 Saturday 9:00- 2:00

Interview for STEM Teacher 10/24/18. Discussion regarding FDL HR, posting positions and hiring process.

Motion to adjourn Joyce LaPorte, seconded by Jennifer Dupuis. All in favor. Adjourn 3:09 p.m.

# FOND DU LAC STRATEGIC PLAN UPDATE COMMUNITY MEETINGS

The Fond du Lac Reservation is updating the 2011 Strategic Plan and we are looking for community input on the following topics!

**Community Vitality** 

**Individual Self Reliance** 

**Sustainable Reservation Development** 

Refreshments will be provided

#### Location:

Fond du Lac Brookston Community Center ENP December 13, 2018 5–7 p.m.

Any Please Questions Call the Fond du Lac Planning Division at (218) 878-2642 Copies of the Fond du Lac Strategic Plan can be found at http://www.fdlrez.com/planning/ documents.htm

## Become A Foster Parent

Open your home. Change a child's life forever



#### Can you make a difference?

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

\*\*For more information please call. (218) 879-1227

#### "OUR CHILDREN ARE OUR FUTURE"



#### The Tribal Court is located in the Resource Management & Tribal Court Building at 28 University Road

## DID YOU KNOW?

The Tribal Court handles Name Changes for Adults & Minors enrolled at FDL.

Contact the Court Clerk for requirements.

#### Fond du Lac Band of Lake Superior Chippewa Tribal Court

Mailing Address: 1720 Big Lake Road Cloquet, MN 55720 Phone: 218-878-7151 Fax: 218-878-7169 Hours: Mon-Fri 9:00-4:00

Visit the Court website at http://www.fdlrez.com/government/courtmain.htm

# FDL ELDER ACTIVITY



WEDNESDAY

**DECEMBER 12, 2018** 



## Chanhassen Theater: Holiday Inn Shopping @ Eden Prairie Mall Overnight Stay @ Mystic Lake Hotel

Deposit: \$50.00 When you sign up. Enrollees will get deposit returned.

**Deadline:** (to sign up) Monday November 19, 2018.

Schedule: Bus will leave the Tribal Center @ 8:00am. Bus will stop in Hinckley for breakfast (must pay your own). Next stop will be Eden Prairie Mall for shopping. Check in @ Mystic Lake Hotel before 3:00pm. The bus will leave for Chanhassen Theater @ 5:00pm sharp. Dinner @ 6:00pm and show will begin @ 8:00pm. @ 10:30pm we return to the Hotel.

Thursday: December 13, 2018

The Breakfast Buffet coupons are good after 8:00am.

Bus will leave the Hotel @ 11:00am.

Arriving back @ the Tribal Center around 2:00pm.

CONTACT:(Deposit)
Catherine Follett (218) 349-7109
Mary Barrett (715) 409-0054
Dawn Barney (218) 879-8790







# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Dec. 14, 2018 for the January 2019 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

## Happy birthday

Dear Dad, **Raymond Smith** (Dec. 5), happy birthday. I miss you and I love you. I wish that you were here. *Love, Shelly* 

Dear Dad, **Raymond Smith** (Dec. 5), I wish you a happy birthday. I miss you Dad and I love you. *Love, Raymond Smith III* 

Dear Son, Happy heavenly birthday **Ray-mond Smith** (Dec. 5). I think of you each and every day and each day I miss you more and more. I love you son. *Love. Mom.* 

Happy heavenly birthday Ray Ray, **Raymond Smith** (Dec. 5). I miss you brother so much and I love you! *Love*, *Vickie Ann and Bouda* 

We would like to wish a very happy birthday to **Elizabeth Rilea** (Dec. 13)!

Love, your amazing co-workers at FDLGG

Happy birthday sister Mary Sue Northrup (Dec. 13) Love always, sisters Roberta Marie and Sherry Lee Bee

Happy birthday to our sister, **Marion Rose Laveirge** (Dec. 17) *We love you, Bonnie, Karen*,

Marcy, and Gary

Happy birthday **Charles Bad-moccasin Jr. "Bubb"** (Dec. 19)

From, your Sissy Chey!

Happy birthday Brudda Man, **Nicholas Ammesmaki** (Dec. 22)! I love you. *From. your Sissy Chey* 

Happy 1st birthday **Geriauna Beaulieu** (Dec. 27). We miss you, love you, and can't wait until your back home again. Love, your mommies Sequoia and Kaley, and brother Randell

Happy birthday to one of the strongest men I know, **Nicky Ammesmaki** (Dec. 28)! You've always been there for us kids & I wanna thank you. You're the best Dad ever and I wouldn't trade you for the world. Love you.

Your daughter, Chey

Happy birthday to our loving and caring Grandmother, **Genevieve Hanks** (Dec. 28) Love, Tash, Kris, and all of your great grandkids

## Thank vou

I would like to take a moment and let my brat-pak know that I, Yvonne Jean Misquadace, love my children to infinity and then some.

Stephanie, my baby girl. I am so proud of you and all your accomplishments and I know it gets overwhelming when you think that you have to raise your little ones all by yourself but you don't and don't ever think that you are alone. You got four wonderful brothers: Jamez, Tyler, Traé, and Brian Jr. that will always be there when I'm not and don't be afraid of

letting them in to help because you are the only ones that will always have each other's backs unconditionally.

You kids have grown up so fast. I can't believe where all the time went. Steph you turned into a beautiful, magnificent babygirl. Oops, I mean a wonderful courageous woman. And you help your brothers alone when needed. And my four handsome boys you are so amazing and people are proud of you at the way you love your momma. You are all amazing and I am very blessed to have you in my life. My life is complete and by all means I'm richer than any billionaire.

My kids and I have come a long way considering the ups and downs we have had and I thank the Great Spirit for every little up and down because my little family is closer than it ever has and is only getting closer and stronger. And I am very happy and proud that I have my grandbabies James Jr. and Aydrian, Eleanor, Abby, and Gab. Wow, I love my family with all my heart. This was just a reminder that your Mom and Grandmother love you and I will always have your backs. 125% always. You are so wonderful there are no words that I can say how I feel but I love you kids always and don't ever forget it. You are so precious to me that even when I'm 80 years old I will still have your backs 150%.

Love, Momma Eve Shabaiash

Obituary
Dale Harrison Bedell, age

38, died on Sunday, November 4, 2018 at Essentia St. Mary's Medical Center in Duluth. He was born on April 26, 1980 to Marvin Blackbird and Bernadette Misquadace in Minneapolis, MN.

Dale is survived by his mother, Bernadette Misquadace; his brothers, Delton, Shelden, Del, Vernon and Gabriel; his sisters, Ashley and Adrianna; and numerous nieces and nephews. Dale was preceded in death by his father, Marvin Blackbird; and his nephew.

Florence M. Lachner (MacLellan), age 76 of Brooklyn Center, MN formerly of Solon Springs, WI passed away peacefully November 9th, 2018.

Preceded in death by husband of 47 years, Thomas; parents, Murdock and Florence MacLellan; sister, Marilyn Walton; and brother, Murdock "Bucky" MacLellan.

Survived by daughters, Shannon Lachner and Jennifer Lachner (fianc, John Rodriguez); step-son, Tom (Melissa); grandson, Louis; siblings, Carole Anderson, Colin MacLellan, and Sharon (Marv) Mullikin; many cousins, relatives and friends. Special thanks to the exceptional caregivers at Adagio Manor in Golden Valley. Member of Fond du Lac Band of Lake Superior.

**Lorraine Alice Rose (Cadotte) Gaines,** 95 years, passed away peacefully in her apartment in Tacoma on November 1, 2018.

She was the daughter of the



# Community News

late Clarence Earl Cadotte and Mary Alice Justine (St. Mars) Cadotte in Superior, Douglas County, Wisconsin, born on May 31, 1923.

Lorraine was an enrolled Tribal Elder born to the Marten Clan, Fond du Lac Band, Lake Superior Ojibewe.

In 1933 the family relocated to Tucson, Arizona just before school started. Lorraine attended Safford Jr. High and graduated from Tucson High School in 1941.

She worked as a secretary for multiple companies, but most enjoyed the years she was with the Red Cross during WWII.

the Red Cross during WWII.

Music and dancing filled off hours from the Red Cross.

She was an avid reader, and researched and completed a manuscript for Budd's line of the Gaines family. She loved crossword puzzles, having begun in her childhood. She was a Cub Scout Den Mother, Grange member, and supported her children through their scouting and 4-H years. A beloved mother, she stayed at home until all her children

Lorraine resided in Tacoma for the past 19 years. Prior to moving there, she spent most of her life in the desert and rural Colorado.

were out of the home, grown

and gone.

Preceded in death are her parents; husband, Deurell H. Gaines; brother, Robert C. Cadotte; and son Cdr. Robert James Gaines USN Retired.

She is survived by daughter, Phyllis (Gene) Ernst; sons, Richard and Donald (Andrea); and daughter-in-law, Elaine Gaines (Robert); five grandchildren, Deborah (John), Aaron (Sonya), Clarice (Tommie), Arthur (Tiffany), and Laura; seven great-grandchildren; and three great-great grandsons.

Momma's center was her family. She loved each member and encouraged all. Her love of traditional Indian customs has been passed along to family. We honor her memory by carrying on those customs, our faith, and love of man and nature

As per her wishes, there will be a private burial at New Tacoma Cemetery in University Place, Washington.

## FDL job listings

FT: Full Time PT: Part Time For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

#### **FDL Reservation**

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT

- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT
- Convenience Store
  Gas Attendant FDLGG
  PT

#### Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III
- BeverageServer FT/PT

- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PTBus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal
- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT

- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/ Hauler FT
- Hotel Room Attendant/ Housekeeper FT/PT
- Drop Team Worker FT

#### Fond-du-Luth

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT

#### FDL Minneapolis listings

- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub

## **FDL ELDER CHRISTMAS PARTY**

OPEN TO ENROLLED BAND MEMBERS 52+ AND SPOUSES

NO MINOR CHILDREN PLEASE

## FRIDAY DECEMBER 7, 2018

9:00AM........REGISTRATION
II:00AM-2PM....MEAL & DRAWINGS
BLACK BEAR CASINO RESORT

OTTER CREEK CONVENTION CENTER

MUST BE PRESENT TO WIN

Questions call Velvet Linden at (218) 878-8053

Please bring a non-perishable food item for the local Food Shelf



## Manidoo-giizisoons – Little Spirit Moon – December 2018

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;

agement Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Election Day Dec. 4 8 a.m 8 p.m. CCC	Language Symposium Dec. 7 and 8 FDLTCC	Elder's Christmas Dec. 7 11 a.m.	Food for thought Jan. 17 4:30 p.m. FDLTCC	Learn to Lax day Jan. 19 CCC	Gary Allan Jan. 25 7 p.m. BBCR	Come & Swim & use the gym
Come & Swim & use the gym Elder brunch and play 2 p.m. County Seat Theatre	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC MCT delegate meeting 5 p.m. CCC	Election day CCC 8 a.m 8 p.m. Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Estate planning 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Women's group 5:30 p.m. MNAW	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Water Quality Standards 3:30 p.m. FDLRM GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Elder's Christmas Party 11 a.m. BBCR Ojibwe Language Sympo- sium 4 p.m. FDLTCC	Come & Swim & use the gym Ojibwe Language Symposium 7:30 a.m. FDLTCC Holy Family Bazaar 12 p.m. CCC
Come & Swim & use the gym Holy Family Bazaar 8 a.m. CCC Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS	Elder activity (Chanhassen Theatre) 8 a.m. CCC Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Adult game day 1 p.m. CCC GED 2 p.m. SCC Women's group 5:30 p.m. MNAW 12	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC Strategic plan community meeting 5 p.m. BCC AA Support 6 p.m. CCC	Holiday arts and crafts sale 9 a.m. CCC FDLREZ historical society 10 a.m. FDLRM Home Free: a country Christmas 7 p.m. BBCR	Come & Swim & use the gym
Come & Swim & use the gym Family movie morning 10 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC	Constitutional Reform meeting 8 a.m. Norther Lights Casino Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting the second time around 1 p.m. CHS	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Health and nutrition 12 p.m. CCC GED 2 p.m. SCC MCT delegate meeting 5 p.m. CCC Women's group 5:30 p.m. MNAW	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	21	Come & Swim & use the gym
Come & Swim & use the gym Elder movie morning 11 a.m. 23  Come & Swim & use the gym	Christmas Eve (Closed) 24  Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC CGED 9 a.m. SCC PiVo 12 p.m. CCC New Year's Powwow 3 p.m12:30 a.m. CCC Cribbage 5 p.m. CCC 31	Merry Christmas (Closed)	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Sobriety Feast 6 p.m. CCC	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	GED (call) AA Support 6 p.m. BCC	Come & Swim & use the gym