

Nahgahchiwanong

(Far end of the Great Lake)

Dibahjimowinnan

(Narrating of Story)



Family games at 2019 Enrollee Days.

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Local News

Enrollee Days

By Zachary N. Dunaiski

June is always an exciting time of year on the Fond du Lac Reservation, and one event that always has people excited is Enrollee Days.

The weekend is full of activities for Band members and their families to enjoy. Most of the years that I can remember have been great weather, even the year of the 2012 flood, although attendees spent most of the day dodging puddles.

Enrollee Days is an entire weekend of fun activities for people of all ages to do. There always seems to be a few events that garner more interest like the bouncy houses for the kids, golfing and gambling for the adults, and a great meal for everyone.

It seems each year I meet people who come to the Reservation just to meet up with old friends and distant cousins. Each year I'm introduced to someone whom I'm related to, and we spend a few moments trying to figure out just how closely we are related. It's always a fun time.

This year I also spoke with a few people who were on the planning end of the festivities. It is easy to forget just how much work they put into the event as a whole as well as each individual event. Here at the newspaper office, we would like to thank everyone who is involved with making sure Enrollee Days happen. The Days won't happen without their hard work, and it is greatly appreciated. Keep up the great work!



Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

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Local News



Local News

Veteran's Powwow

By Zachary N. Dunaiski

The Veteran's Powwow that Fond du Lac puts on every year as an impressive event with hundreds of registered dancers each year.

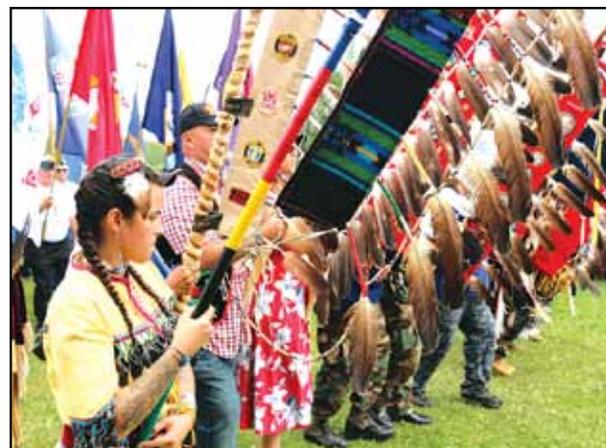
Over the last couple of years, more and more Veterans without ties to the Fond du Lac community have been coming to join the festivities. It's always nice to see the men and women in uniform join the dancers.

This year, they also arrived in style. Normally the service

men and women who attend show up in a helicopter, but this year they had so many attend that a regular helicopter wouldn't do.

They arrived in this massive helicopter, which is designed to carry up to 60 people.

The Veteran's Powwow was again a spectacular site to witness the dancing and beautiful colors. There were over 400 registered dancers and even though it was a hot day, it didn't stop anyone from dancing their hearts out and enjoying lively conversation.



RBC Thoughts

Boozhoo,

I am not sure how long Sam Dupuis has been hosting a community celebration out at Kiwenz Park but I have participated for the past ten years. The first year I was impressed by the community participation that occurred. Sam hosted a barbeque and fireworks show for all who wanted to attend. There was and still is no charge or any requirement to bring anything other than a good appetite for good food, because there is plenty, and bug spray for the fireworks. Sam's family usually brings salad dishes and hamburgers and hot dogs to cook. I asked how I could help out. He replied bring whatever you would like for the BBQ. So I began to bring fried chicken for the festivities each year. The reason that I am writing about this event today is to pay tribute to Mr. Sam Dupuis. He passed a couple days before his celebration this year. Sam told me over the years that he did this for the community because he was not able to celebrate like this as a kid growing up on the Reservation. Sam was a true selfless person and had the best BBQ and fireworks show to date. I hope the community can continue on with what he started.



Ferdinand Martineau

The annual Enrollee Days celebration has concluded with a "bang." Pun intended. I was able to attend the lunch and outside festivities. I did not go to the bingo game or canoe races but all indications are everyone had a good time. I did go to the fireworks display in the evening in Brookston

and it was fantastic. The show lasted almost 30 minutes and the venue gave all a good view. This is the first year that the fireworks were held at this site but from the comments and compliments it will continue there in the future. I hope you were able to attend and enjoy the celebration as much as I did.

The annual Elder's picnic was greeted with wonderful weather again and good food. The event was well attended again this year. I was able to circle the entire canopy area this year in just under two hours. It was nice to see all the smiling faces enjoying the company there. I

was able to spend a few minutes at each table to just talk. I finished my round as the drawings were starting so people became more interested in who was winning and what was being given out. I congratulate the staff for another good job for our Elders.

The attendees at this year's Veteran's Powwow were honored by a couple of elected officials. Senator Tina Smith and Congressman Pete Stauber came to be part of our annual celebration. I was surprised by their willingness to stand for an hour shaking hands and taking part in the Veteran's dance. I felt good about them being there and I think so did most Veterans.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Cloquet News

Hello All

The month was filled with community activities. Our annual Enrollee Days celebration was again a success, the turnout was great as we had Enrollees and their families from near and far join in the activities. The Cloquet community center provided games, cash drawings, and a great meal. The Sawyer community provided a picnic and beach activities such as swimming and canoe races at Kiwenz park. Brookston community provided the awesome fireworks at the end of the festivities. I would like to thank the community center staff as well as all of the



Wally Dupuis

division staff that helped put this together.

Our Social Services Prevention/Intervention Department held a picnic at the Ojibwe School Powwow grounds. They had a number of youth attend. Good food and prizes were given out. Thank You Prevention/

Intervention staff for bringing our youth together.

Burlington Northern Railroad invited FDL community members to a free train ride and provided refreshments for riders. This was very well attended and all enjoyed it and had a good time.

Just to update you all on the bike/walking trail, they are near completion as the asphalt is being laid down as I write. I am

excited and patiently waiting to see its completion.

Also, a federally funded highway safety project installed by Carlton County on one of FDL's busiest intersections, called a dynamic mainline warning system is now in operation. It will detect traffic on University Rd, and will let traffic on Hwy 210 know, by flashing signs indicating that there is a vehicle on University Road approaching the intersection. This is a new highway safety feature with the potential to save lives. Please pay close attention to its features when traveling on these roads.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com

Sawyer News

Boozhoo,

I hope that everyone had a great time at this year's Enrollee Days events. The canoe races at Kiwenz had a lot of participation and the food was also great. The Community Center staff did a great job setting up, cooking, and assisting with the canoe races. The wind and waves that day were challenging and it made for some good competition. Miigwetch Dan LaPrairie for setting the course, advising the youth, and encouraging people to participate.

The Veteran's Powwow held at our traditional Powwow grounds brought out families and friends as it does every year. This year we had MN Senators visit as well as the Mayor of Duluth. The government to government

relationship is a focus of the many meetings we have on a regular basis. This past month we also met with the Director of USDA Programs in Washington D.C. as well as with the MN Health and Human Services Commissioner.

My condolences to family and friends who had relatives pass on this month. As it goes we have traditions and memories of our relatives that defined our community in a large way. Sam Dupuis, for years, made sure the community had a great fireworks display in Sawyer every year. Marvin Pellerin, Veteran Flag Bearer, was always present and proudly posted our flags. As the saying goes, the honor of one is the honor of all, Miigwetch to our relatives who have shared their lives with us.

Fond du Lac continues to move

in the direction of sustainability. We are also considering the possibility of having our own Tribal Utilities Company, which will be ongoing for further study. We are monitoring the chronic wasting disease (CWD) issue in MN which would have a huge impact on our Tribal hunting. Also being addressed is the Polymert permit issue. We have an up and coming manoomin harvesting season and it is important to remember how important our lakes, rivers, and watersheds are to our way of life. I have already seen harvesters getting equipment ready for the season. Another issue we are working on is housing. Currently we have 21 houses throughout Fond du Lac that need remodeling and we had 3 new houses built.

*Miigwetch,
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Sawyer District Representative
Cell: (218)393-6902
brucesavage@fdlrez.com*

More Local



Hands-free Minnesota

A message from the Minnesota Department of Public Safety

What can I do under the new law?

The new law allows a driver to use their cell phone to make calls, text, listen to music or podcasts and get directions, but only by voice commands or single-touch activation without holding the phone.

Remember, hands-free is not necessarily distraction-free.

What can't I do with my phone under the new law?

You may not hold your phone in your hand. Also, a driver may not use their phone at any time for video calling, video live-streaming, Snapchat, gaming, looking at video or photos stored on the phone, using non-navigation apps, reading texts and scrolling or typing on the phone.

Can I ever hold my phone?

Yes. Hand-held phone use is allowed to obtain emergency assistance, if there is an immediate threat to life and safety, or when in an authorized emergency vehicle while performing official duties.

Can I use a GPS navigation device?

Yes. GPS and other systems that can only be used for navigation are exempt from the Hands-Free law. In-car screens and systems are also exempt. In both cases, most of these

systems lock when the vehicle is moving.

Is it against the new law to hold a phone in a hijab or other type of headscarf or wrap?

Having a cell phone tucked into a headscarf or head wrap is not against the hands-free cell phone law. The phone must be securely situated to remain hands-free and must not block the driver's vision in any way.

What would be against the new law is if the driver removed the phone and held it in their hand while they were a part of traffic.

At no time may a driver hold the phone in their hand unless it's to obtain emergency assistance, if there is an immediate threat to life and safety, or when in an authorized emergency vehicle while performing official duties.

The new law does allow a driver to use their cell phone to make calls, text, listen to music or podcasts and get directions, but only by voice commands or single-touch activation without holding the phone.

If my teen is under 18 years old and has a driver's permit or provisional driver's license, can they use their phone in hands-free mode?

The new hands-free law does not change anything for teens under 18 with a driver's permit or provisional driver's license:

They cannot make or answer calls while driving (hand-held or hands-free).

They can use their phone in hands-free mode in the

following situations:

- Using their phone as a GPS device, but only in hands-free or voice-activated mode. They must set their destination before driving. They can't hold their phone at any time.
- Listening to music or podcasts in hands-free or voice-activated mode is OK, but hand-held scrolling through playlists or channels is not allowed under the law.
- Calling 911 in an emergency situation. If there's an immediate threat to life and safety, they can use the phone in either hand-held or hands-free mode.

Does the new hands-free law address smart watches?

Drivers can use them as a conventional watch to check time, but smart watches are considered an electronic communications device under the hands-free law. That means the device has the same restrictions as a cell phone. Drivers can use a smart watch the same way they use a cell phone as long as it's by one-touch or voice activation. Drivers can't type, text or do the other things prohibited under the hands-free law.

Does the new law apply to law enforcement agencies?

Under the new law, hand-held phone use is allowed in an authorized emergency vehicle while performing official duties. However, some agencies have taken a proactive approach to reduce or eliminate hand-held phone use. For example, the Minnesota State Patrol has instituted a

policy that requires troopers to use their phones only in hands-free mode.

Unfortunately, there are circumstances in which emergency vehicle drivers need to be on their devices to carry out their duties. Although this is different than situations other drivers find themselves in, the dangers are the same. We're well aware of those dangers from a law enforcement perspective and are encouraging people to follow the law regardless of whether they have an exemption.

Couldn't I get distracted by my in-car screen or other distractions like eating, grooming, pets, passengers or reading a book? Why aren't they covered?

Yes, there are many possible distractions when driving, but cell phone use presents a unique and complex challenge and is addressed by the hands-free law. A driver is still expected to avoid other distractions and drive with due care under other Minnesota traffic laws.

Are there penalties?

Yes. The first ticket is \$50 plus court fees and the second and later tickets are \$275 plus court fees.

Will this make the roads safer?

Yes, in two ways. In 12 of 15 states with hands-free laws, traffic fatalities have decreased by an average of 15 percent [Source: National Safety Council and Insurance Federation based on National Highway Traffic Safety Administration data].

This law will also help law enforcement keep Minnesotans safe. Because drivers aren't allowed to have a phone in their hand, it'll be easier for law enforcement to see violations and take more effective action.

Through public awareness and education, the goal is for Minnesotans to comply with the new law without enforcement action.

How to go hands-free (from cheapest to most expensive...)

1) Don't use your phone when you drive. Put your phone in the glove compartment or trunk or backseat or turn on a do-not-disturb app and enjoy the drive. It's free, and you will be surprised at how many new sights you will see on your drive. A number of large, successful companies have adopted no-phone-use policies for their employees while driving on company time, and after getting used to it, employees report being happier and at least as productive as when they used their phones.

2) Use a single earphone that has the microphone, and you are hands-free. Remember, using earphones in both ears at the same time is illegal in Minnesota.

3) Pair your phone to your current car or truck. If your existing vehicle and phone can talk to each other, pair up and go hands-free.

4) Buy an auxiliary cable and connect your phone's earphone jack to your car's AUX jack. You can operate your phone by voice or single touch and

More Local

listen through your car's audio system. Auxiliary cables can be purchased for less than \$5.

5) If your car is older and doesn't have an AUX jack but has a cassette player, you can buy an adapter that fits into the cassette player and allows you to connect your phone through the earphone jack. The cassette adapters cost about \$30.

6) Buy a holder to clip your phone to the dash. You can use it in a voice-activated or single-touch mode. Clips can be simple and cheap or complicated. Make sure you get one that holds your phone securely. Prices range from less than \$5 to \$50.

7) Buy a Bluetooth speaker or earphone to pair with your phone. There are many after-market choices for both, all of which let you go hands-free. Prices are generally in the \$10 to \$50 range

2019 Wild Ricing season expectations

Wild Rice production is expected to be very low this coming fall harvest season, both regionally and most importantly on the Reservation.

Resource Management staff observations of lakes both on and near the Reservation are that a low yield year can be expected. As the summer progresses FDL Resource Management will be monitoring additional waterbodies throughout the Ceded Territories to point our Band members to for harvesting.

This low yield can be attributed to a prolonged and



Governor Tim Walz and Lieutenant Governor Peggy Flanagan hold the signed agreement to expand Tribal-State relations.

wet spring in combination with a low yield season last year that produced minimal new seed.

Tribal monitoring of Wisc. Point gets funding

The Fond du Lac Band received funding June 21, 2019 for the Fond du Lac Band of Lake Superior Chippewa Tribal Monitoring for the Wisconsin Point Piping Plover project.

It is a complete one time funding package from the Midwest Regional Office for the 2019 Fiscal Year. The money the FDL Band received is for funding to support Tribal monitoring during the piping plover restoration project

implementation at Wisconsin Point.

Expanding Tribal-State relations

June 3, Governor Tim Walz and Lieutenant Governor Peggy Flanagan hosted a ceremonial signing for Executive Order 19-24, which historically expands Tribal-State relations in Minnesota.

"This order ensures the State of Minnesota and the eleven Tribes engage in true government-to-government relationships built on respect, understanding, and sovereignty," said Governor Walz. "We are committed to meaningful consultation with the Tribal communities in our

state."

"This order builds on the important work Governor Dayton did with his executive order," said Lieutenant Governor Peggy Flanagan. "But we also acknowledge today there's still a lot of work to do, and that work must never stop. For too long, policy has been done to our Tribal communities, instead of with them. This order changes that." Executive Order 19-24:

- Affirms that the State of Minnesota recognizes and supports the unique status of the Minnesota Tribal Nations and their right to existence, self-govern, and possess self-determination
- Directs state agencies to recognize the unique legal

relationship between the State of Minnesota and the Minnesota Tribal Nations and respect the fundamental principles that establish and maintain this relationship

- Requires all state agencies to designate Tribal Liaisons that will be able to directly and regularly meet and communicate with the Agency's Commissioner and Deputy and Assistant Commissioners in order to appropriately conduct government-to-government conversations.
- Mandates tribal-relations training for all state leaders and other employees whose work may impact Tribes.

Land of White Birch – also known as Solon Springs, Wisconsin

Research by Christine Carlson

Historical Significance

The Fond du Lac Band has historical significance in the place called White Birch also known as Solon Springs. This research will be the start of a Mini Series on Solon Springs' events and the people who lived there.

White Birch – Superior Times of July 19, 1890

The great Indian powwow is now opened, and they intend dancing all this week.

Village of Solon Springs letterhead from Douglas County Historical Society

The Playground of Northern Wisconsin - On the Banks of beautiful Lake St. Croix, and within short driving distance of 100 lakes and streams. Altitude 500 feet above Lake Superior and famous spring water.

Solon Springs – Evening Telegram of September 21, 1896

Solon Springs is interesting – located on the Continental Divide forming the headwaters of the St. Croix River and Brule River which flow in opposite directions. Some flow north toward Lake Superior and the other half south to the Gulf of Mexico.

Berry Picking – Rain Keeps Sandy Soil Moist and Great Yield Results – Superior, Wisconsin 1902

West Superior, Wis., July 16 - One of the largest blueberry crops Douglas County has yielded for several years is now being harvested. This week many heavy shipments are being made to this city and southward also from Solon Springs and other berry centers. For several days the Indians throughout the berry

region in the county have been gathering into camps to be ready for the first picking. The ruling price to the pickers this season will be from \$1 to \$1.25 a bushel.

Berries Against Civilization – Agency School Superintendent says Indians Would Rather Pick Berries – Pupils are hard to Secure – Duluth Minnesota Labor World of August 2, 1902

O.H. Gates, superintendent of the government Indian school at the Vermillion Lake agency, was in the city yesterday, on his return home from Solon Springs, here he went to secure pupils for his school.

Mr. Gates secured no pupils for his school while at the springs. The few Indians of school age that are in that community would rather pick berries.

Each Indian to Get \$5.14 – Duluth News Tribune of November 14, 1902

Major S. W. Campbell will complete the work of paying the Chippewa bands their annual stipends today. He paid off the Net Lake band the last week in October, last week he paid off the Grand Portage Indians and today he will wind up with the Fond du Lac band by payments at Solon Springs and Superior. The money paid is advanced on the Indians' timber holdings and each gets \$5.14.

Lively Day Planned – Duluth News Tribune of July 4, 1907

A large celebration will be held at Solon Springs where the biggest Indian pow-wow ever attempted in this part of the country in recent years will be pulled off. Real Indians will show the pale-faces how to dance and feast.

Fond du Lac Indians Paid Their Annuities – Duluth News Tribune of Dec. 16, 1911

Cloquet, Minn., Dec. 15, - Nine hundred and forty-five Indians have been paid their annuity by the government payments being made by Superintendent C. W. Cross of the Fond du Lac band at Superior, Solon Springs, Fond du Lac, Sawyer, Brookston and Cloquet. Last year the Indians received \$6.41 a piece, while the recent payment amounted to \$10 each.

Indians Come in for \$72,900 – Duluth News Tribune of December 14, 1912

Cloquet, Minn. - There were 972 Indians who received money at the annual payment of \$75 per capita, the total amount paid out by Supt. Cross of the Fond du Lac reservation being exactly \$72,900.

Approximately 400 Indians were paid at Cloquet, about \$30,000 put into circulation thereby in this community.

The number paid at the different places was approximately as follows: Cloquet 400; old village of Fond du Lac 25; Solon Springs and Gordon 67; Brookston 25; Sawyer 75; Superior 100; Duluth 30; non-residents 250.

At all places the Indians were very polite, each check being received with a "thank you."

For the most part the Indians paid in Duluth live in West Duluth on or near the heights, and are employed about the city. Ed Smith, captain of one of the lake boats, received his allowance from the government and is well known among the lake sailors. The Superior Indians live in the East End, and a considerable part of their money will be used to pay for the purchase of homes in that section, where they are respected citizens. At Fond du Lac, the

original trading post of the tribe, the Indians are employed at the steel plant and the power house and Miss Durfee is the public school teacher of the village.

The Sawyer Indians are largely farmers and the Brookston Indians are some of them employed in the saw mills at Cloquet and on the railroad. At Solon Springs and Gordon the Indians are farmers. There are 300 children from Fond du Lac who are in government boarding schools, and a large number of the non-residents are these children. Others on the list are scattered over the country in all the large cities, but their names and numbers are still on the books at the Cloquet office. Forty children are enrolled in the village school north of Cloquet.

Solon Expects Many Visitors on 'Fourth' – Duluth News Tribune of July 03, 1916

Several thousand visitors are expected in Solon Springs tomorrow to participate in the celebration of the Fourth of July.

A special program of water sports and athletic games has been arranged and will be one of the greatest events in the history of the village.

The most important attraction will be the annual pow wow of Indian tribes from the Mississippi and St. Croix river valleys and of Chippewa falls. There will be several war dances.

Travelers Will See Indians in Pow-Wow – Duluth, News Tribune of July 16, 1916

Pow-wow antics by a tribe of Indians living near Solon Springs will be part of the program to be given at the annual joint picnic of Duluth and Superior councils of the United Commercial travelers at the popular Douglas county summer resort on Aug. 5.

After the pow-wow a ball game will be played between picked nines from the two cities. A box of cigars will be awarded the victors. A lengthy program of races, water races and swimming contests is being arranged by the Superior committee.

Indians to get \$18 each Nov. 21 – Government Payment to be made Fond du Lac Band in Duluth, Other Towns – Duluth News Tribune of November 13, 1918

Fond du Lac Indians will receive an annual payment of \$18 per capita from the government at the McKay hotel in Duluth, Nov. 21 at 2 o'clock in the afternoon.

The payment is made by George W. Cross, superintendent of the district for the United States Indian service, department of the interior. Payments will be made at five other places to Fond du Lac Indians, as follows: Brookston, Nov. 16; Cloquet; Nov. 19, Sawyer; 20, Superior, Wis., Nov. 21; Solon Springs, Wis., Nov. 22. The payment in Superior will be made at the courthouse in the East End at 9 o'clock in the morning.

Indian Pow-Wow – Solon Springs, Wis – Duluth, News Tribune of August 30, 1919

Friday, Saturday, Sunday and Monday, August 29 – Sept. 1; Pow-wow headed by Chief Kekek (Black Hawk) with Passuingwab (Shut Your Eyes) who is 90 years old. Come and see the Harvest Dance, War Dance, Ghost Dance and Papoose Dance, etc.

Archived Story about St. John's Island on the St. Croix River was published in this paper on December 2010.

OVER \$80,000 in Cash & Prizes!

That's WHAT SHE SHED

Start earning entries Sunday, July 28th

**SATURDAYS, AUGUST 3rd - 31st
6 pm - 9 pm**



RENDERING
FINAL SHED
WILL VARY

Midwest Living

*Slots, Blackjack & Bingo Players Club Members earn one (1) entry for every five (5) points earned on game play. See official details & rules on blackbearcasinoresort.com or at the Players Club. Management reserves all rights. Owned and operated by the Fond du Lac Band of Lake Superior Chippewa.

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DAUGHTRY SOLD OUT!



AUGUST 16, 2019

JOHN MICHAEL MONTGOMERY



**SEPT 20
- 2019 -**

DOORS 6 PM | CONCERT 7 PM

MY PLACE
for concerts!

TICKETS \$15 - \$30

Available at Players Club or website.



Make The Bear
your place!

Etc

Food Sovereignty

Thank you to everyone who filled out the Food Sovereignty Assessment survey. We were very successful and received close to 350 surveys. A food sovereignty assessment report is being put together and you can expect to see that in the next couple of months.

Big congratulations to our winners of the giveaway. We are giving out three local produced baskets to Constance Strong, Kaysee Olson-Edwards, and Dorothy Leifeste. We are also giving away two CSAs (Community Supported Agriculture) to Scott Grover and Judy Birnstihl. Please contact Jessica Murray in the planning department at (218) 878-2647 to receive your prize.

Nagaajiwanaang Genawendangig Anishinaabemowin 2019 Language Program News Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

Good news! Fond du Lac Language Program will be co-sponsoring the second annual Ojibwe Language Symposium at the Fond du Lac Tribal and Community College. The tentative dates for the symposium are Friday and Saturday, December 13 and 14, 2019. **SAVE THE DATE!!** More information will be forthcoming as plans are solidified. Other updates:



The Summer Immersion classes at the Cloquet Community Center had a special guest speaker for July 2 and 9 sessions in place of Melvin Brazil-Geyschick Sr. Biidwewekamiganang, who visited the table twice at the end of June. The second guest speaker was Doreen Atatise-Skinaway. She is a first language speaker, originally from Lac la Croix, Canada, currently teaching Ojibwe language at the Misaabekong Ojibwe Language Immersion program in Duluth, Minn. Please come to the summer immersion language table; everyone is welcome! We are always thrilled when we have guest speakers willing to take the time to share their knowledge and time with us! Classes run through August 27, 2019.

Book Club meetings have moved to the last Tuesday of each month. The book club selection for the Tuesday, August 27, 2019 meeting (12:30 - 1:30) is *Sundown*, by John Joseph Matthews. The book club meets at 111 Brevator Road. Lunch is also served, so please RSVP by August 23 so we can order enough food for the Book Club.

August 16th is the Full Moon Ceremony at 111 Brevator Road, hosted by Lyz Jaakola. Email lyz_jaakola@hotmail.com for more information. Tentative time 9:00 p.m.

Special note on Ojibwe Language Curriculum: We now have available several Ojibwe Coloring Books on our Anishinaabemowin webpage that you may download. To get to the webpage, go to www.fdlrez.com homepage.

Click on the Culture tab, then on the Anishinaabemowin tab, then on Programs/Services tab, then

on Lesson/Videos tab. Under Lessons, you will see three coloring books: 1) Woodland Berries, 2) Regalia, and 3) Beadwork. You will also find the latest project booklet and four audio CDs on that page. All are downloadable! Hope you enjoy these resources, and that you will use them to practice your anishinaabemowin.

Finally, at the July 16, 2019 Language Advisory Board meeting, the board considered the American Indian Language & Culture Education Licensure Policy and Procedure. Once a positive recommendation has been made, this document will move forward to be presented to the Fond du Lac Reservation Business Committee (RBC) for approval. The Fond du Lac Ojibwe School Board of Education approved the document at their last board meeting. The final step before submitting the document to the RBC is for the Language Advisory Board to review and make recommendations regarding the policy. The purpose of this policy is to allow Ojibwe Speakers an opportunity to apply for Licensure to teach Ojibwe language through the Minnesota Professional Educator Licensing and Standards Board.

The Language Program is working with the FDL Ojibwe School to create a mechanism by which the RBC may rely on the FDL Board of Education and FDL Language Program to process candidate's applications before submitting a letter of support to the RBC encouraging that body to issue a Resolution of Support for candidates who meet basic criteria established by this policy.

If you have ideas to share, questions or comments about the language program, please contact janisfairbanks@fdlrez.com

Summer Food Service Program this summer

Fond du Lac Reservation is participating in the Summer Food Service Program {SFSP}. Meals will be provided to all Enrolled children without charge and are the same for all children regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided, on a first come, first serve basis, at the following sites, times, and dates/days during the summer as follows:

Fond du Lac Ojibwe School 49 University Rd. Cloquet, MN 55720 June 17, 2019-August 15, 2019, Monday-Thursday 11:30 a.m.-1 p.m. As of July 17, the summer lunch program will also be at the Brookston Center, 8200 Belich Rd. Cloquet, MN 55720. Lunch will be served at the same times until Aug. 15.

For more information, contact Nikki Harris. Fond du Lac Ojibwe School 49 University Rd Cloquet, MN 55720 (218) 878-7203 or [nikkiharris@fdlrez.com](mailto:nikkiaharris@fdlrez.com)

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call {866} 632-9992.

Submit your completed complaint form or letter to USDA by:

1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence

- Avenue, SW Washington, D.C. 20250-9410
 2. fax: (202) 690-7442; or
 3. email: program.intake@usda.gov
 This institution is an equal opportunity provider.
 ** All Adult meals will be charged \$4.25 **

USDA-NRCS assistance

Anyone can submit an application for assistance with resource concerns through the United States Department of Agriculture Natural Resource Conservation Service (USDA-NRCS). All applicants will receive technical assistance from NRCS to address their issues related to agriculture/forestland/pollinator habitat/livestock/small scale production etc. Applicants may also be eligible to participate in our cost share programs.

If interested contact David Wise at (218) 565-1138. Applications are actively being accepted.

Fond du Lac Supply n Trade

(Not officiated with the Fond du Lac Band of Lake Superior Chippewa in any way)

Have a skill, have a trade, a craft, time to trade, means to fund a project or finance services?

Beginning Fall 2019, FdL will host an organization of supply and trade.

Do you want to know how it works? Add your contact information and the services you need, want seek.

What a great way to live responsibly, sustainably by keeping resources and finances within the community.

Forward suggestions, input, and ideas to FdLsupply.trade@gmail.com

Etc

VISTA says Goodbye

My name is Judy and I have been serving as the FDL Behavioral Health AmeriCorps VISTA since July 2018. During my time, I was grateful to develop the Minwaadodang Tribal Wellness Radio Show, support the development of focus groups, hold the APHIS Miini-goowiziwinan Camp, and help develop a prevention program. Although my time was short, I would like to thank you all for welcoming me into the community with open arms. I appreciate those meaningful connections I have made with many of you and wish I could stay longer to get to know the community even more. Thank you all for making this an experience I will never forget! Chi-miigwech! Much love,
Judy Tan




Minnesota Chippewa Tribe Finance Corporation

Home Loan Program: Regular, Moderate, Construction & Renovation Loans

Home loan applicants must be American Indian enrolled in the Minnesota Chippewa Tribe and must be owner occupied. Applicants must also meet other requirements such as; reasonable credit risk, have a stable employment history, and meet State and FHA credit underwriting guidelines.

Business Loan Program: Micro Loans \$500-\$5000, Business Loans \$5000-\$150,000 and Commercial Real Estate Loans \$5,000 - \$150,000

All loans will require security/collateral and personal guarantees for principals and /or third parties. The owner/borrower must have a minimum 10% equity in total business capitalization. Interest is based on risk rating of applications, rates will be between 4% - 7%. Borrowers are required to have a reasonable credit history and a written plan for repayment. All applicants with any type of loan must have a business plan detailing how the business will operate and perform. Technical assistance is available, personal assistance will be required.

Applications:

Applications are taken at our home office located at 15542 State Hwy 371 NW, Cass Lake, Minnesota. Or call for an appointment at 218.335.8582. You may visit our website at www.mctfc.org to download application and requirements. We also provide home-buyer training, assist clients with home inspections and construction counseling.

Fond du Lac Band of Lake Superior Chippewa Cobell Land Buy-Back Program's August Event Schedule

Fond du Lac Community/Duluth/Superior
(Events are subject to change)



- August 7th: AIHCO/Duluth outreach event (202 W 2nd St, Duluth, 55802, MN) 2:00-6:00PM
- August 10th: Soberfest (1720 Big Lake Rd, Cloquet, 55720, MN) 10:00AM-4:00PM
- August 14th: FDL Police BBQ (Brookston Center, 8200 Belich Road, Cloquet, MN, 55720) 4:00-7:00PM
- August 15th: RBC open meeting (Sawyer Center, 3243 Moorhead Rd., Sawyer, MN, 55780) 4:30-7:30PM
- August 28th: FDL Sobriety Feast (1720 Big Lake Road, Cloquet, MN 55720) 4:00-8:00pm

Other Locations:

- August 9th-11th: Grand Portage Powwow (170 Mile Creek Road, Grand Portage, MN, 55605)
August 9th: 4:30-8:00PM August 10th: 12:00-8:00PM August 11th 10:00 am- 2:00 PM
- August 13th: Bois Forte Outreach (1430 Bois Forte Rd, Tower, MN 55790, Sumac Conference room) 2:00-9:00pm
- August 16th-17th: Mille Lacs Powwow (Iskigamizigan Powwow Grounds, Onamia, MN 56359)
August 16th: 4:30-8:00PM August 17th: 12:00-8:00PM
- August 22nd: Cobell Outreach Event (Fond du Lac Urban Office, 1308 E. Franklin Ave, Minneapolis, MN 55404) 12:00-6:00PM

For more information visit the Land Buy-Back website at <https://www.doi.gov/buybackprogram> or the FDL website at www.fdlrez.com/landbuyback

FDL Cobell Land Buy-Back staff will be available M-F 8:30AM-4:00PM at the Tribal Center, in the library (1729 Big Lake Rd, Cloquet, MN, 55720) or call us at 218-878-2602.

Landowners can update their current contact information, ask questions about their land or purchase offers, and learn about financial planning by contracting the OST Trust Beneficiary Call Center at 1-888-678-6836, or by visiting their local Office of the Special Trustee for American Indians (OST) or Bureau of Indian Affairs (BIA) office.



Etc

FDL students present at NYCALC

Students Simon Laprarie, Starr Shabaiash and Theresa Defoe-Jackson left on July 7 to the state of West Virginia for a program called Native Youth Community Adaptation and Leadership Conference (NYCALC). The conference took place at U.S. Fish and Wildlife Services National Conservation Training Center. Indigenous students from all over the country came together to learn and practice leadership. Students created and presented how to be a leader in terms of community, education, environment, expression, and advocacy. Students helped the wildlife center with various environmental tasks. Students worked on group projects all week that they presented on July 13 in front of a large congress of their peers.



Etc

Fun in the sun and mud

As the Early Head Start (EHS) kids not only learn in the classroom, the teachers use all opportunities to take them outside to encourage learning as well. The gitigaan is a prime place to let the children explore, be creative with nature and all it has to offer. We have the “Mud Kitchen” as a learning tool

to let them feel and be one with Mother Nature.

Summer is always a hit around here. EHS and Child Care Children spend many hours in our garden planting and playing in the water and mud. If you pass by you will hear the children laughing, playing, and having fun all while learning things about our great outdoors.



AMATEUR BOXING EVENT

AUGUST 3rd, 2019

FIGHTS START AT 3:00 P.M.

DOORS OPEN AT 2:00 P.M.

LOCATION:

FOND DU LAC TRIBAL CENTER GYMNASIUM
1720 BIG LAKE ROAD

LORENZI'S BOXING GYM
KNOWN FOR DEVELOPING EXCELLENT BOXERS

Will Host LOCAL BOXERS

Special Thanks to Fond du Lac Reservation

DRUGS AND ALCOHOL ARE STRICTLY PROHIBITED

Become a Licensed Child Care Provider

LICENSED CHILD CARE PROVIDERS NEEDED

- Would you like to work from home?
- Do you enjoy working with children?
- Have you or are you willing to take classes regarding child development?

Fond du Lac Reservation Child Care Services is accepting applications for Native American child care providers residing on FDL Reservation.

For more information, please call 218-878-2138.

* Complete Application Package & Home Study *
* Pass Background Check *

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Social Services Department



Health News

July is Bladder Cancer Awareness Month

By Denise Houle,
Cancer outreach worker

Men have a higher rate of bladder cancer than do women. It is the 4th most common cancer in men. A great majority of bladder cancers are diagnosed at an early stage when it is highly treatable. Bladder cancer often comes back, therefore years of follow-up testing is needed after treatments are complete. The cause of bladder cancer is unknown but it has been linked to smoking, radiation, chemical exposure, and parasitic infections. Bladder cancer is most frequently diagnosed between the ages of 65-74. Cigarette smoking and workplace exposures can also act together to cause bladder cancer. Smokers who work with cancer-causing chemicals have an especially high risk of bladder cancer.

- **Signs & symptoms:** blood in the urine (hematuria), frequent urination, painful urination, back pain, and pelvic pain.
- **Risk factors include:** smoking, increasing age, being male, certain chemical exposure, previous cancer treatments, taking certain diabetes medication, chronic bladder infections, and personal or family history of cancer.
- **Changeable risks include:** not smoking, a diet rich in colorful fruits and vegetables, drinking water throughout the day, and reduce chemical exposure.
- **Unchangeable risks include:** age, gender, race and ethnicity, bladder birth defects, genetics or family history, and chronic bladder irritation and infections.

Source: Mayo Clinic www.mayoclinic.org or American Cancer Society www.cancer.org
Always remember to consult your healthcare provider with any questions or concerns.

A message from your Fond du Lac Cancer Program

Oral, mouth, and throat cancer facts:

By Denise Houle,
Cancer outreach worker

Did you know tobacco, alcohol, and HPV (human papilloma virus) are the leading causes of oral cancer? The HPV virus is the same one that is associated with cervical cancer in women. Oral cancer is a disease in which cancer cells form in the mouth, lips, cheeks, gums, tongue, hard palate, tonsils, and the throat. With early detection, survival rates are higher and side effects from treatments are lower. Oral cancer is one of the top ten most commonly diagnosed cancers in American Indian men. Oral cancer is caused by commercial tobacco use, alcohol use, the human papillomavirus, sun exposure and poor diet and

physical activity. Oral cancer screenings are an effective means of finding cancer at its early, highly curable stages. HPV 16 is the strain of the virus that can lead to oral cancer. HPV 16 is the leading cause of oropharyngeal cancer or cancer in the very back of the mouth and base of the tongue. HPV 16 is found in about 2 out of 3 oropharyngeal cancers. These cancers are more than two-three times more common in men than in women.

Signs & symptoms include: sore in the mouth that does not heal (most common), red and/or white discolorations of soft tissue in mouth, sensation that something is stuck in your throat when swallowing, hoarseness that lasts for prolonged period of time, difficulty with chewing,

swallowing, moving your tongue or jaw.

Make your oral screening part of your annual health or dental checkups for early detection.

Source: U.S. Department of Health and Human Services National Institutes of Health www.nidcr.nih.gov American Cancer Society www.cancer.org American Indian Cancer Foundation www.americanindiancancer.org/oral_cancer

Always remember to consult your healthcare provider with any questions or concerns

A message from your Fond du Lac Cancer Prevention Program

Public Notice

The Fond du Lac Human Services Advisory Board (HSAB) is looking for nominations for the following vacancies:

- Brookston Representative (1 Vacancy)
- Cloquet Representative (1 Vacancy)

The Fond du Lac Reservation Business Committee recognizes that the delivery of health and human services by the Fond du Lac Band to its eligible service population must be administered with the highest professional standards and in a manner which

respects and reflects the culture, values, and traditions of the Band. Towards these purposes, the RBC has created the Human Services Advisory Board to monitor the scope, quality, and manner of service delivery, to facilitate outreach and accessibility of services to the community, to advise the RBC regarding the adequacy and effectiveness of policies and procedures, and to perform such other functions as are described in the FDL Human Services Advisory Board Bylaws.

The HSAB meets on the second Wednesday of the month at the

Min No Aya Win Human Services Center from 1:30-3 p.m.

All submissions must be turned in by Friday, August 23, 2019. Submissions can be turned into: Fond du Lac Human Services Attention: Sophie Tibbetts 927 Trettel Lane Cloquet, MN 55720 sophietibbetts@fdlrez.com



Health News

Victim services and advocacy services

Fond du Lac Human Services Division, Social Service Program has many programs available to the community. If you have a question or would like help with problem solving in a difficult situation please call our main number (218) 878-2145. This month we will highlight our victim services and advocacy services. The following is a list of services offered:

Fond du Lac Advocates provide caring, client centered,

culturally sensitive advocacy services. The advocates are available to assist community members in times of crisis.

Domestic Assault Advocates, Sexual Assault Advocate, and General Crime Advocate

- Assists with obtaining Order's For Protection and Harassment Orders
- Provides court advocacy, support groups in the community and jail
- Provides presentations in the community
- Assists with access to

resources and referrals to shelters

- Supportive crisis counseling for victims and family members
- Cultural programming and groups
- Safety planning and coordination with law enforcement as requested
- Sexual assault and rape crisis response services
- Navigation of Reparations available to victims of crime
- 24 hour Crisis Line (218) 348-1817 for all victims

including trafficked victims.

Community Advocate & Men's Advocate

- Assists with mentoring, supportive counseling, and problem solving
- Coordinates with correctional agencies as requested
- Advocates for clients and offers information/referrals in the community
- Assists with plans for restorative justice or diversion court orders
- Job placement and access to

referrals

- Provide jail groups and transition services pre & post release
- Court attendance and advocacy
- Housing referrals and life skills development.

These services are offered from our Duluth office at CAIR and Min No Aya Win Clinic in Cloquet.

Books at the clinics

The Medical Department doesn't skip a beat or opportunity to do some intentional team building activities. These activities are aimed at increasing and improving our interactions with one another and having fun while giving back to the communities we serve!

This month's activity focused on one of the areas we all shared in common, which is we all know how to read! We all understand the importance of reading and children needing to read well by third grade.

During the month of June we collected over 100 children's books for each of the patient waiting areas at MNAW and CAIR Clinics. It is our hope that children, parents, and other readers will enjoy reading these books to children. These books were given by our nurses, doctors, medical providers, therapists, and support staff.

Please enjoy these books when you come to visit the health clinics!





Health News

FDL Community Health Programs celebrate World Breastfeeding Week

By Kara Stoneburner, RDLD,
Public Health Dietitian

The FDL WIC, Maternal Child Health and Doula Programs are celebrating Minnesota Breastfeeding Awareness Month in August and World Breastfeeding Week, Aug. 1-7. This year's theme focuses on "Empower Parents, Enable Breastfeeding."

As community members, employers, and health professionals we can do a lot to support women and families, and help mom and baby get this healthy start. One of our own Fond du Lac doulas had this great breastfeeding support story to share:

I had a new mother that was having difficulties breastfeeding her baby who was eating around the clock. The mom stated the baby seemed to never be getting enough to eat and was ferocious at the breast, like he was insatiable. She was looking for some breastfeeding support.

I went over to her house, spent some time watching her and baby while he nursed. I suggested she express a little of her breastmilk before latching the baby, pace feed, and burp baby after a few minutes. Baby nursed on both sides and fell asleep for a couple of hours. The mom was overjoyed! Baby was eating the perfect milk for him and was totally satisfied. Mom was able to get some much needed rest.

Such a great success story! I felt awesome being able to help this mother achieve her breastfeeding goals!

-Tammy Dixon
World Breastfeeding Week

helps raise awareness of the importance of support in empowering a mother to successfully breastfeed and reach her goals. Breastfeeding is one of the best investments in saving lives and improving health. Support from family, employers, childcare, public health, and health providers all play a critical role in enabling a mother to breastfeed.

According to the American Academy of Pediatrics, breastfeeding is the standard for infant feeding. It provides essential nutrients and antibodies that boost an infant's immune system, providing protection from childhood illnesses. Babies who are not breastfed are more likely to develop common childhood illnesses like ear infections and diarrhea as well as chronic conditions such as type 2 diabetes, asthma and childhood obesity. For mothers, breastfeeding leads to lower risk of breast and ovarian cancers, Type 2 diabetes and heart disease.

Nine out of ten Minnesota moms start breastfeeding, but three of those nine will stop breastfeeding before 6 months, according to the latest Centers for Disease Control Breastfeeding Report Card. Only about half of Minnesota infants are exclusively breastfed by 3 months.

WIC, MCH, and the doulas work to provide information to help women get a strong start with exclusive breastfeeding. Challenges women face to meet their breastfeeding goals include those they experience in healthcare settings, worksites, and childcare centers. That's

changing in Minnesota. Growing numbers of healthcare, childcare, employers, and health departments are working to address the barriers and make breastfeeding easier for new mothers.

Fond du Lac WIC, MCH, and the FDL Doula program support breastfeeding by offering guidance, support, and education to pregnant and new mothers. FDL WIC, MCH, and the doulas

also host an annual event called: Celebrate the Indigenous First Food: the Breastfeeding Honoring Dinner, for women and their families who are pregnant, breastfeeding, or have weaned within the past year.

By making breastfeeding easier, mothers can reach their goals and give their babies the best possible start in life. The Minnesota Department of Health (MDH) recognizes

those who take steps to provide accommodations and support for women who would like to breastfeed or continue to breastfeed after returning to work or school. Visit the MDH Breastfeeding Friendly Recognition Program website for more details.

For more information, contact FDL WIC at (218) 878-2115

Farmers Market Tours

Sponsored by: Minwaanjigewin

Who: Everyone is invited

**When: August 10th, Cloquet FM 8:30 am
August 14th, Duluth FM 1:00 pm
August 22nd, Lincoln Park FM 3:00 pm
August 27th, Carlton FM 3:00 pm**

What: We will have a tour of local farmers markets, learn how to budget for meals, and discover where local foods are grown. First 20 band members at each market will receive \$10 to buy fresh produce.

Transportation is provided for those who need it.

Take home fresh, local foods at the end of the class.

Call Jessica Murray at 218-878-2647 or email jessicamurray@fdlrez.com to reserve your spot.



Health News

FDL can help you get insured

Health Insurance, it's important for everyone. If you have not qualified for MA or MinnesotaCare in the past you may qualify now as new guidelines have made it easier for many people to be

eligible.

Fond du Lac has also made it simple and free for qualified American Indians to have private medical insurance if they don't qualify for public assistance due to income. Fond du Lac Patient Advocates have been trained and certified to assist you with your

application, but we need your help and cooperation. If you or your family members need health insurance, please call (218) 878-2165 to the Patient Advocate line so we can answer your questions or tell you what you may be eligible for. Our help is just a phone call away.

Brownie Mix

1 C Sugar
 ½ C Flour
 1/3 Cup Cocoa
 ¼ t Salt
 ¼ t Baking Powder
 2 Eggs
 ½ C Oil
 1 t Vanilla

Mix together and put in a greased 9x9 brownie pan. Bake at 350 degrees for 20-25 minutes.

Real Solutions WEIGHT MANAGEMENT SUPPORT

Are you ready to begin and sustain a healthy lifestyle?

Then join our weight management support group,
Real Solutions.



**Thursdays,
Starting August 1, 2019**

1:30pm - 2:30pm

**CAIR | Lake Superior
Conference Room**

This group meets weekly for an hour-long session in a casual group setting. A registered dietitian (RD) will lead each week's discussion. A fitness trainer will lead a short exercise demonstration. We will talk about strategies to make positive lifestyle changes a lasting reality for you. There will be group discussion, food demonstrations, and time to share ideas. Participants explore their unique habits, gain skills to overcome barriers to weight loss and get tools for changing diet and lifestyle. The small group setting provides a supportive and encouraging atmosphere.

The program will follow the Real Solutions Weight Loss Workbook, by Toni Piechota, MS, MPH, RD. It provides practical guidance for behavior changes including:

- Self-monitoring of hunger and intake
- Mindful eating
- Realistic goal setting
- Creating a supportive environment
- Portion control
- Helpful tips for eating away from home
- How attitude can affect weight loss
- Information about body image and weight maintenance

**To register:
Barb @ 218-878-2141**



Must meet program eligibility requirements.
Fond du Lac Human Services Division | Diabetes Program

Real Solutions WEIGHT MANAGEMENT SUPPORT

Are you ready to begin and sustain a healthy lifestyle?

Then join our weight management support group,
Real Solutions.



**Fridays,
Starting August 2, 2019**

12:00pm - 1:00pm

MNAW | Dottie Tibbetts B

This group meets weekly for an hour-long session in a casual group setting. A registered dietitian (RD) will lead each week's discussion. A fitness trainer will lead a short exercise demonstration. We will talk about strategies to make positive lifestyle changes a lasting reality for you. There will be group discussion, food demonstrations, and time to share ideas. Participants explore their unique habits, gain skills to overcome barriers to weight loss and get tools for changing diet and lifestyle. The small group setting provides a supportive and encouraging atmosphere.

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- Helpful tips for eating away from home
- How attitude can affect weight loss
- Information about body image and weight maintenance

**To register:
Barb @ 218-878-2141**



Must meet program eligibility requirements.
Fond du Lac Human Services Division | Diabetes Program

Ashi-niswi giizisoog (Thirteen Moons)

Manoominikie giizis

Manoominikie giizis is the Ricing Moon. The new begins on August 21st. Other names for the month of August are Odatagaagomini giizis or Blackberry Moon and Basikwa'o giizis or Flying Moon.

Moving On! FDL RM Staff

Shannon Judd, Fond du Lac Resource Management Environmental Education and Outreach Coordinator for the last twelve and a half years is moving on. Shannon has worked in collaboration with the FDL Ojibwe School teaching the youth about phenology, worm composting, recycling, gardening, and many other topics on natural resources and sustainability.

Shannon's passion for plants and herbal medicines opened up the door to her new role as a Nutritional Therapy Practitioner. Shannon will be working from her home and garden helping others learn about nutrition to improve their overall health. Shannon will be greatly missed in her role working for the Fond du Lac Environmental Program.



Goats at Work - Eating Invasive Species

By Kelsey Wenner,
FDL RM Invasive Species
Coordinator

Boozhoo! Some folks may have heard recently that we had goats here at Fond du Lac. Although these animals were very adorable, they were hard at work, serving a very specific purpose in aiding in invasive species control. Goats are natural grazers, and specifically they like to munch on shrubs and other woody species. They are non-selective in their grazing, and some even theorize just the impact from their movements is enough to stifle vegetation growth. This brings us to our use of goats for the control of invasive buckthorn. Buckthorn is a type of woody invasive species that can form a dense layer in the understory of forests, making it difficult, if not impossible for wildlife to move through. It grows extremely fast, and has the tendency to completely take over the areas in which it grows. It can grow in most conditions, seeming to be only slowed down by extreme shading, and it has little to no nutritional value for our wildlife since its berries contain a diuretic. It also can alter the soil chemistry, making it too acidic for other plants to grow, and it is an overwintering host to a pest called the soybean aphid, which wreaks havoc on soybean fields and is a huge issue for folks in the agricultural industry. Lucky for us, goats contain a special type of bacterium in their gut that allows them to be unaffected by buckthorn, plus they are mostly targeting the leaves and



Pictured above: Madison Bear and Mariah Fehringer taking care of the goats. Almost everything green in this picture that they are standing in is buckthorn. Photo: Kelsey Wenner

bark when they graze, not the berries, allowing them to be a great solution as we aim to manage this plant.

So why grazing at all? Grazing has many benefits in the uses of agriculture including increasing forage production, soil fertility, resistance to drought and others. The hopes of using grazing to control invasive species is that the area being controlled will gain these benefits, while at the same time have enough invasive species removal to encourage native species populations to come back. Most of the time, in overrun buckthorn and other invasive species areas, a good native seed bank still exists, and is just waiting for its opportunity to begin growing again. In the area we chose for the grazing site, the buckthorn was comparable to a carpet or mat with the density of plants in the area. The plants were all in their seedling stage, meaning they were at approximately waist height, and most were not yet able to reproduce. The site

we chose is a continuation of a FDL forestry project in which they were also trying to control the buckthorn. The goats took a little while to warm up to their new surroundings, but once they were comfortable, they got to munching on not only buckthorn, but also common tansy, which is another extremely present and difficult to manage invasive species present on the Reservation. We had the goats for approximately four weeks, and they have now traveled home. We had four animals, and in the four weeks they were here, they managed to make a dent in an approximately 4200 sq. ft. enclosed area. The hope is with continued grazing in the future, we can restore native species in the area that serve the FDL community, and the wildlife, the soil, agriculture, forestry, the water, and all other things we aim to protect in a much more positive and beneficial way.

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Phrases

Come here!- Ondaas
 Come in- Bendigen
 Hello- Boozhoo or Aaniin
 My name is (your name)- Niin (your name) nindizhinikaaz.
 Please- Daga

Say it again(repeat)- Ikidon miinawaa
 See you again- Giga-waabamin menawaa
 See you later- Giga-waabamin naagaj
 Thank you- Miigwech
 Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Double Vowel Chart

This is how to pronounce Ojibwe words.
 All consonants sound the same as in English.
 “Zh”- sounds like the “su” in measure
 “a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father
 “i”- sounds like the “i” in sit
 “ii”- sounds like the “ee” in feet
 “o”- sounds like the “o” in go
 “oo”- sounds like the “oo” in food
 “e”- sounds like the “ay” in stay

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

J F W A Z I O U A A X X O C N Z I H N W
 G N P I A A I A J E A Z S F X H S G K T
 A A W K N W W E N S H K N X H T E O I L
 G I I H S E K I B A S A H I A S T Z B F
 D U F Q D H G S A A S N C S H F A H I Q
 T R L A B O L W I U M H W I I O A A I N
 F D K L O S A B N M A K I B R B W A J I
 G A T N G S T T E Q F B I I W I A W O B
 M J S B H W A A B I G W A N Z E A A F L
 P M Z K K B H E H F M V T V M H W A W A
 F U W H S I B I I N A H E I E Z I G A A
 P A N X E G T T D Y C P G E K A F N A V
 A D I X P P Z H Y K A A Z M A Y M F S D
 M K P B P V I H D Q Z R B O K N D O R K
 S J X H R S K H L I V H X Z C J F N O J
 U K C P R M Z V M O E G P I W F U U N L
 P B X V H V K B N P X U E K J Y F X G J
 A M S N Y S K S A A E G Y U K E M J H B
 W R K Y O T V W J X C I O S O E N S F O
 L V L L J N E B L Y I S K J J Z L V I Z

| | |
|-----------------|---------------|
| Black | Makadewaa |
| Red | Miskwaa |
| White | Waabishkaa |
| Blue or Green | Ozhaawashkwaa |
| Brown or Yellow | Ozhaawaa |
| Firefly | Waawaatesi |
| Bee | Amoo |
| Ant | Enigoons |
| Mosquito | Zagime |
| Spider | Asabikeshii |
| Woodtick | Ezigaa |
| Flower | Waabigwan |
| Leaf | Aniibish |
| Root | Ojiibik |
| Stem | Shiizhins |

FDL Law Enforcement News

Officer Spotlight: Tom Foldesi

My name is Tom Foldesi, I've worked for the police department for the last four years, total of seven. I have 18 and a half years of service in total. My Tribal affiliation is Fond du Lac Reservation. I'm currently the interim police chief and have been since the beginning of June. Prior to that I worked for Fond du Lac, I was a conservation officer in the 1837 Treaty area when it first began. I did work there for three years.

Something unique or interesting about myself is that a lot of people don't know that I'm a Veteran. I served eight years in the United States Army. Four years active, four years reserve and I'm a Gulf War Vet.

What made me want to be a cop is that after working for the conservation office for Fond du Lac I saw a need to transfer over to the Fond du Lac Police

Department when they were first beginning. In 2000 is when I transferred over from the conservation office. There was a need in the new and beginning police department and I got asked by other officers to come over.

What I think about the community policing model is that it's been around for many years. The idea behind it is to connect law enforcement with our community and make sure

there is trust within your own community and to make sure you're doing the right things, by being transparent and working with the community. In yet, making sure that you are still being accounted for.



Both times when I worked for Fond du Lac in 2000-03 and the last four years, again, it's just part of my community. I am a Fond du Lac Band member and I enjoy working here. While

I was gone, I did miss a lot of things about the community that I embraced many years ago working for police, conservation, and so forth. I just think it's a unique opportunity as a Band

member and a community member to work for the police department.

I think my favorite part of working for the Fond du Lac Police Department is communicating with the

public. Being in contact with them, sharing things, our community events, just being part of the community and feeling that you are doing some good for our community. I think that is the biggest connection, and my favorite part is making sure we do something for our community.

The most satisfying aspect of my job is actually coming to work and seeing the community embrace the police department and get feedback stating that we are doing a good job. We are trying the best we can and we're trying to follow the community policing the best we can to make sure the public is aware of what we're doing.

Something about me that people don't know, well that's a tough one. The reality is we all have private lives. I love to hunt and fish, a lot of community members know that. I enjoy camping, just

like everyone else I like the outdoors. So I don't really know to say what people might not know about myself. I have been around here a long time as a community member, but I really can't answer that question.

Upcoming events, on a public safety note, August 1 is the start of hands free driving. Please be aware of the new laws and be safe out there. Don't forget that the summer is a busy time. We get an influx of community members, and other members coming in for cabins and so forth. And don't forget to check your cabins, this is a good time for people to burglarize and go to these empty cabins and hunting shacks and so forth. Just be aware of that and please pay attention to rules, regulations, and laws on the road.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at

1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences

with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:
ARRELL, Lavonne
ANKERSTROM, Arthur
BAKKEN, David
BARNEY, Jessica T.

CICHY, Gerard
CICHY, Leslie
DEFOE, Richard
LAPRAIRIE, Robert
MARZINSKE, Larry
MCFADDEN, Barbara
NELSON, Chester E.
PARO, Javis
POWERS, Lois A.

RAISANEN, Molina
RODAKS, Timothy
SAVAGE, Mark
SAVAGE, Terry B.
SHABAIASH, Rodney
SOULIER, Gary
YEAZLE, Joann



Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Aug. 15, 2019 for the September 2019 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy birthday

Happy 5th birthday to **Colton Northrup** (June 30). I can't believe how big you have gotten. I love you so much. *Love always, Mom, Zack and Megan, Haley and Dylan, and Toretto*

Happy birthday to my granddaughter **Izzy Petite** (Aug 1), 5 years old *We love you bunches, Grandma, Aunty April and Royce, Uncle James Aunty Kayla and Matayah, Aunty Dez, Rylan and Aunty Sabrina*



Happy birthday to my girls! **Alyssa** (Aug. 1) and **Amy** (Aug. 17). I love you both with my entire heart *Mom*

Happy 2nd birthday to my sweet baby. Meemah loves you **Rowyn Ray** (Aug. 2)



Happy birthday to **Matthew Petite Jr.** (Aug. 10), 3 yrs old *We love you bunches, Grandma, Aunty April and Royce, Uncle James Aunty Kayla and Matayah, Aunty Dez, Rylan and Aunty Sabrina, Uncle Davey and Izzy*

Happy birthday to our baby sister, **Megan Wait** (Aug. 12). Hope your day is as amazing as we are... I mean... as you are. *Love ya, your Sibbs*



Happy 17th birthday **Jordan "Jordy" Diver** (Aug. 20). We are so proud of the young man you are becoming! *Love ya kid! Jake, Brooklynn, Nephews and Nieces*

Happy birthday to **Kieran Diver** *Love, Gram-ma Carla, Uncle Terry, Aunt Celena, Rita, and Kristie*

Happy birthday to my son **Kieran Diver** *Love, Dad*

Thank you

Thank You to **Dr. Vainio** and staff, St. Luke's hospice staff, the RBC, and everyone involved.

Thank you to **Candace Fineday** for teaching the Ribbon shirt/skirt making class. We had fun and learned! *Darlene*

We would like to THANK all the **summer youth workers** for the fine job you do. My lawn looks terrific. Keep up the good work & enjoy your summer *E & J Bradford*



FDLREZ Historical Society

At this year's Enrollee Days, the FDLREZ Historical Society connected a Wisconsin family. Here they are getting together at the FDLREZ Historical Society booth in the atrium inside the Cloquet Community Center. Carol Janick (Secretary of the FDLREZ Historical Society), Donna King, Alex MacCain, and Mary Barrett.

The family of **Chickadee (Rochelle Martineau)** would like to thank the people who stopped by the fire and who brought food at this difficult time. We would also like to thank all of the doctors who took care of her these last couple of months.

Memorial

My Dad, My Angel
Your battle is now over; no more tears flowing down your cheek,
no more pain, no more suffering; now you are no longer weak.
I still do not understand why this had to happen to you, but I am proud to say you are my dad, the greatest man I ever knew.
I know you are by my side

with a smile.
You were always there for me and never once made me cry until the day you closed your eyes and had to say goodbye. Now you are my Angel, so spread your wings out wide. Please wrap them around me whenever you see me cry. Our time together was memorable, and God took you way too fast, But the most precious thing to me was you being there for my first breath and me being there for your last. It's like it was yesterday but it's been 3 years. *You are missed, loved and thought of everyday. Tammy, Tom Jr, Tina, Rick, Ruth, and Bruce*



Community News

Obituary

Dennis G. Rogge, age 65 of

Cloquet and formerly of Duluth, passed away Tuesday, June 4, 2019 in St. Luke's Hospital. He was born April 13, 1954 in Duluth to Frank and Geraldine (Ritz) Rogge. Dennis was an Enrolled member of the Fond du Lac Band of Lake Superior Chippewa and was a US Army Veteran. He was employed as a laborer during his working years. Dennis enjoyed hunting with his family and friends. He was artistic and was skilled at wood carving and painting.

Dennis was preceded in death by his parents; siblings, Bertha Peterson, Eileen Anderson, Sandy Fralich, Allen Rogge and Joe Rogge. He is survived by his son, Shawn; brother, Frank (Amy) Rogge, Jr.; and sisters, Lori (Bob) Dietrich, and Donna (Mark) Hayward.

Beverley Ann Johnston

was born on July 15, 1942 in Duluth, Minnesota to parents Warren and Mary (Mickelson) Johnston. She grew up in Duluth and graduated from Denfeld

High School in 1960. After graduation, she moved to Minneapolis. While singing in the choir at the Tabernacle Church she met a handsome



young man and her future husband, Dean. They were married at The Little Brown Church in the Vale in Nashua, Iowa on February 13, 1961.

Bev and Dean made their home in the Twin Cities and Bev attended cosmetology school. In 1971, they moved to the Lindberg family farm in Hill River Township north of Fosston, Minnesota. From 1971 until 1979, she owned and operated My Fair Lady Salon in downtown McIntosh. In 1981, the Lindberg family moved from the farm into town.

In the late 1980's, Bev went to school in Fargo to get her Class A Commercial Trucking License. With Dean already driving, she wanted to be with him and assist him with driving on those long trips. She received her license in 1990 and they subsequently drove together as a team for the next 23 years. They sold the truck in 2013 after logging nearly 5 million miles together.

In addition to driving, in 2005 and 2006, Dean and Bev completely renovated and remodeled an old home in Fosston with the intent of making this their home and a Bed and Breakfast. With the renovation completed in 2006, they named it "The Amanda House" after her grandmother, Amanda.

Dean and Bev ministered through music for their entire lives. Together they sang at hundreds of weddings, funerals, church services and other special events. Their love of the Lord was always evident when they were singing.

Bev also liked entertaining guests, cooking, decorating her home, playing games (especially Scrabble), and was known for her classic Bunkerisms. Most of all, Bev loved her Lord and her family with all of her heart. She will be dearly missed.

Bev went home to be with her lord and Savior on Sunday May 5, 2019 at Essentia Health Hospital in Fargo, North Dakota at the age of 76 years.

Survivors include her loving husband of 58 years, Dean, of Fosston; one daughter, Becky (Bob) Overmoe of Fosston; two sons, Joe Lindberg of Fosston and Jim Lindberg of Port Charlotte, FL; grandson, Justin Anderson of Twig, MN; great grandson, Jackson; three siblings, Barbara Mattson of Bloomington, MN, Warren "Tom" (Brenda) Johnston of Rice Lake, WI, and Alan Johnston of Duluth, MN. Nieces, nephews and cousins also survive.

She was preceded in death by her daughter, Debbie (Royal) Carlson; son, Jonathan (Roberta); grandson, Michael Carlson; and brother-in-law, Edward Mattson.

Rochelle Elaine Martineau, 67, Sawyer, Minn., died Tuesday, July 9, in St. Luke's Hospital.

Services were previously held. Burial was in Holy Family Cemetery in Cloquet, Minn.

Darren LaFave "Mikinaak (Turtle)", 31, of Duluth, passed away unexpectedly on, Wednesday, July 10, 2019. He

was born in Duluth on April 11, 1988 to Robert Jr. and Marie.

He liked to fish the big water, he also enjoyed venting through the art of his music and was a talented artist. He was good help around the house for his grandmother; and he also was a spiritual man who will be missed by many.

He was preceded in death by grandparents, Dave, Robert Sr.; and aunt, Robin LaFave.

He is survived by his parents; grandmother, Bobbie; children, Darren, Mariella, RealEyes, and Sonny; siblings, Siera, Laura, Manilan, Mahaila, Jefferson, and Blaze; mothers of his children; Vanessa, and Tesha; significant other, Amanda; and many other family and friends.

James "Sam" Dupuis, 77 of Cloquet passed away on Monday, July 1, 2019 in his home with his family by his side. He was born June 26, 1942 in Cloquet to Dewey and Susan (Pineau) Dupuis. Sam worked as a laborer in construction until an injury in 1988 forced him to retire.

Sam was a member of the Fond du Lac Band of the Lake Superior Chippewa. He is known for his annual 4th of



July fireworks display that he started at his home in 1993 but quickly became so big that it was moved to Big Lake a few years later.

Sam was preceded in death by four children, Savarino, Lisa, Alan and Louis Garcia; his wife, Hope; siblings, Dewey Jr., Wayne, Gordon, George, Margaret, and Richard; and grandchildren, Kalisha Garcia and Louis Garcia III.

He is survived by two sons, Jimmy and Dewey (Carlin) Dupuis, both of Cloquet; daughter-in-law, Mandy Garcia; sisters, Wanda Mularie and Becky Salmon both of Cloquet, and Lois King of Florida; nine grandchildren, Savarino Garcia Jr., Marqeta Garcia, Prisha Garcia, Alan Garcia Jr., Lisa Garcia, Dewey Dupuis Jr., Ashley Garcia, Olivia Garcia and Junior McCorison; numerous great grandchildren; and many nieces and nephews that fondly called him grandpa.

Dalila Marie Raisch, "Manidoo

Ikwe" which means "Spirit Woman", 18 years young, of Redby, Minnesota unexpectedly

began her journey to the spirit world on Friday, June 28th, 2019. The daughter of Melissa Kingbird and Gerald Raisch, Sr., she was born on November 4th, 2000 in Bemidji, MN.

Dalila enjoyed being around her family and friends, especially Derick; whom she





Community News

cared about a lot. On hot summer days she loved to go swimming and during the winter she enjoyed going to the Thief River Falls waterpark. Dalila really loved her fur babies, especially Thorne. She loved it when her family would get together on holidays and birthdays, but her favorite were birthdays. She went all out for her brothers and sisters. Dalila's favorite food was her Grandma Bevy's Indian tacos.

When Dalila received her first payment, she bought her two trucks that she named Baby Boy and Inzo. She was very proud of them and you could tell, she was always cleaning them. Dalila enjoyed shopping to buy makeup and getting her nails done. She always said that her "nails were the s**t". She loved going on rides and blasting her music.

Dalila worked at the Red Lake Fisheries and was very honest to her work. On the weekend was when her kind of party started. She took pleasure in smoking her loud bud. Dalila was always very respectful to everyone and everything; especially her grandparents and her elders and when it came to helping others, she would give her last dollar if you needed it.

When all is said and done, Dalila loved her social media, you could always find her on Facebook looking at memes. Snapchat was her favorite thing to do, she was always updating her stories and sharing silly videos.

Family that welcomed Dalila to the spirit world are her fur baby; Thorne, grandfather;

Mussy Day, great grandma; Marie Kingbird, great grandpa; Gerald White, aunties; Shari Raisch and Delores Neadeau, uncles; David Raisch and Mitchell Kingbird, cousins; Monica Salas-Raisch, Harley, Karley and Dillon Sayers and numerous other relatives.

She leaves behind her mother; Melissa Kingbird of Redby, her father; Gerald Raisch, Sr. of Cass Lake, sisters; Shyla (Mike) Raisch, Nakiah and Myiah Smith all of Redby, brothers; Gerald Raisch, Jr. of Ponemah, Isaiah and Elijah Smith both of Redby, aunties; Alicia Day, Kimberly Raisch and Arlene Kingbird, uncles; Byron Kingbird, Jr., Berry Kingbird, Sr. and Isaac Raisch, Sr., grandmas; Tina Raisch and Beverly Kingbird, grandpa; Byron Kingbird, Sr., niece; Avia Smith, nephew; DaMarcus Raisch, her special friend; Derrick Spears, Jr. many more family members and too many friends to list.

Ruth A. Spears, age 58,

of Cloquet, passed away Friday, July 19, 2019 at her home surrounded by her family. She was born April 1, 1961 in Sandstone, MN to Joseph and Delphine (Benjamin) Shabaiash. Ruth was a member of the Fond du Lac Reservation and worked various jobs at the Black Bear Casino and Mystic Lake Casino; and bindery work in Minneapolis. She enjoyed



Pow Wows, dancing, going to the casino, and family gatherings and barbecues. Her most memorable trip was to the Loretta Lynn Ranch.

Ruth was preceded in death by her parents; her husband, William Spears; six brothers, Dennis, Joe, Daniel, Rodney, Lloyd, and Delbert Shabaiash; and two sisters, Linda and Lois Shabaiash. She is survived by her children, Jeremy Spears, Lesley Shabaiash, and Amanda Spears; brothers, Leslie, Roy and Donald Shabaiash; one sister, Rosalie (Neil) Gopher; 14 grandchildren; and numerous nieces and nephews.

FDL job listings

FT: Full Time PT: Part Time For more information about any of these permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT

- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal

- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT

Fond-du-Luth

- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT
- FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub

Manoominike-giizis –Ricing moon– August 2019

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033;

BLH: Brevator Language House, CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510;

CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.;

FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division;

SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|--|---|
| <p>Sober Fest Aug. 10 9 a.m.- 8 p.m. CCC</p> | <p>FDL Police BBQ Aug. 14 4:30 p.m. BCC</p> | <p>Open RBC Quarterly meeting Aug. 15 5:30 p.m. SCC</p> | <p>Daughtry Aug. 16 7 p.m. BBCR</p> | <p>Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC</p> <p style="text-align: right;">1</p> | <p>Language 5 p.m. SCC</p> <p style="text-align: right;">2</p> | <p>Come & Swim & use the gym Amateur Boxing 2 p.m. CCC</p> <p style="text-align: right;">3</p> |
| <p>Come & Swim & use the gym</p> <p style="text-align: right;">4</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC</p> <p style="text-align: right;">5</p> | <p>Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Ribbon Skirt/Shirt 3:30 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC Immersion class 5 p.m. CCC FDL constitutional convention 5 p.m. CCC</p> <p style="text-align: right;">6</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW</p> <p style="text-align: right;">7</p> | <p>Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC</p> <p style="text-align: right;">8</p> | <p>Language 5 p.m. SCC</p> <p style="text-align: right;">9</p> | <p>Sober Fest 9 a.m.-8 p.m. CCC Come & Swim & use the gym</p> <p style="text-align: right;">10</p> |
| <p>Elder movie morning 11 a.m. Come & Swim & use the gym</p> <p style="text-align: right;">11</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC</p> <p style="text-align: right;">12</p> | <p>AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC</p> <p style="text-align: right;">13</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC FDL Police BBQ 4:30 p.m. BCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW</p> <p style="text-align: right;">14</p> | <p>Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC Open RBC meeting (Quarterly) SCC 5:30 p.m. AA Support 6 p.m. CCC</p> <p style="text-align: right;">15</p> | <p>Language 5 p.m. SCC Daughtry 7 p.m. BBCR Full Moon Ceremony 9 p.m. BCC</p> <p style="text-align: right;">16</p> | <p>Come & Swim & use the gym</p> <p style="text-align: right;">17</p> |
| <p>Family movie morning 10 a.m. Come & Swim & use the gym</p> <p style="text-align: right;">18</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC</p> <p style="text-align: right;">19</p> | <p>AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting second time around 1 p.m. CHS Immersion class 5 p.m. CCC Parenting class 5 p.m. CCC</p> <p style="text-align: right;">20</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW</p> <p style="text-align: right;">21</p> | <p>Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC</p> <p style="text-align: right;">22</p> | <p>Language 5 p.m. SCC</p> <p style="text-align: right;">23</p> | <p>Come & Swim & use the gym</p> <p style="text-align: right;">24</p> |
| <p>Elder movie morning 11 a.m. Come & Swim & use the gym</p> <p style="text-align: right;">25</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC</p> <p style="text-align: right;">26</p> | <p>AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Immersion class 5 p.m. CCC Book club 12:30 p.m. BCC Parenting class 5 p.m. CCC</p> <p style="text-align: right;">27</p> | <p>Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Sobriety Feast 6 p.m. CCC</p> <p style="text-align: right;">28</p> | <p>Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC</p> <p style="text-align: right;">29</p> | <p>Language 5 p.m. SCC</p> <p style="text-align: right;">30</p> | <p>Come & Swim & use the gym</p> <p style="text-align: right;">31</p> |

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.