# Nahgahchivanong (Far end of the Great Lake) Dibahjimovinnan (Narrating of Story)



### **OGICHIDAAG**

The Fond du Lac boys' basketball team advanced to the second round of the section 7A playoffs before losing to top seed Carlton.

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Calendar

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### Local news

### Fond du Lac High School basketball comes to an end



By Zachary N. Dunaiski

ver the past several years we've become accustomed to Fond du Lac basketball being stretched well into March. This year FDLOJS had a very young team who competed very well in the section tournament.

In the first round of the section playoffs, fifth seed FDLOJS faced off against fourth seed Wrenshall at Esko. Wrenshall tried to slow down the game early with long drawn-out possessions, but it backfired as FDL got out to an early lead.

Eventually the slow style got to FDL as Wrenshall went on a long run to take an eight point lead. During that stretch, the Ogichidaag struggled to keep possession and the Wrens were able to capitalize on those mistakes. The excitement that the Ogichidaag played with over about a five minute span lead Wrenshall to get overly aggressive too and they eventually struggled to keep possession themselves.

The Wrens, however, quickly found that is exactly the way FDL likes to play. Over the last several minutes of the first half Fond du Lac continued the highly aggressive style and turned the 8 point deficit to only a 3 point at the half, and shortly into the second half they took the lead, and never looked back on their way to a 73-64 victory.

The second round at UMD didn't go the way FDL had hoped losing to top seed Carlton 74-50. For Fond du Lac boys' basketball the future is bright as they have no seniors and only one junior. They will be exciting to watch, as they've been for some time, and will be for years to come.





### Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

### Local news







You are invited to

## Fond du Lac Head Start Programs "Honor Our Children" Mini Dow wow

Mini Pow wow

Friday, April 28th 4:00-7:00

\*\*In the Head Start Gym\*\*

4:00 - Registration/Regalia

4:30 - Grand Entry/Honor Our Children Dance

5:30 - Feast

6:00 - Evening Dance

7:00 - Traveling Song



Host Drum: Miziiweykaa-Mikiinaang (Around the Earth) 2nd Drum: Cedar Creek

Sponsored by: Fond du Lac Head Start Programs

### Local news

### Phil Norrgard receives OAA

By Zachary N. Dunaiski

hil Norrgaard's long career with Fond du Lac came to an end back on Jan. 18, but he's still receiving the recognition he deserves.

On Mar. 20, at the University of Minnesota-Duluth, Phil was honored with the Outstanding Achievement Award, the highest award that UMD gives an alumnus. Many people crammed into the Griggs Center on the UMD campus to see Phil receive this award and say many nice things about him.

"'I'll do it as long as I can,' which turned out to be a 37 year career," Secretary Treasurer Ferdinand Martineau said. Ferd who had known Phil for a long time had many nice things to say, but most importantly wanted to thank him for all that he's done for Fond du Lac.

Jeff Tibbetts, who spoke first and performed the pipe

ceremony to get the award ceremony started, mentioned how honored he was to be able to be there for the pipe ceremony for Phil and on his birthday.

Jeff was also the first person Phil talked about. Phil thanked Jeff for the Ceremony, joked that it wasn't his birthday, just Jeff's, and spoke about how he gave Jeff's grandparents, Frank and Flora Whitebird, a part time job. Phil knew how important their work was to the community.

"It was a part time, minimum wage job, but they did so much and I did so little," Phil said about the Whitebird's.

After thanking all the people that spoke before him, Jeff, Ferd, Dean Jill Pinkney Pastrana, Dr. Kathleen Annette President and CEO of Blanding foundation, Jennifer Dupuis Associate Director of FDLHS, Dr. Denny Falk UMD Department Social Work, and UMD Chancellor Lendley Black, Phil

took his opportunity to impart wisdom on those in the room with a few stories.

"I'm going to stick to the script, otherwise I'll just keep talking," Phil said after thanking those who said so many nice things about him. "I came back to Minnesota to teach secondary English. The classroom is a little too confining for my personality. so I started trying to find ways to make a more meaningful contribution." Phil said of his time after receiving his English degree before returning to school. Phil added how he gravitated towards social work which led him down the path to an impactful career with Fond du Lac.

"We weren't afraid to get involved with local politics," Phil said more specifically to his former professor, Dr. Falk, than anyone else. "I'm amazed that this University actually made room for a program that



Jana Hollingsworth interviewing Phil Norrgard for the Duluth News Tribune

taught students how to speak out for social justice. And how to challenge authority." Back in 1979 when Phil first started working with Fond du Lac, that mindset was exactly what FDL needed.

Phil got his start with FDL helping to write grants, and being a "recovering English teacher" Phil was a perfect fit for that work, Before FDL Phil had never held a job for more than two years, other than his paper route adding, "I think that's an important fact."

His time with Fond du Lac was impressive but most of all, important to the community. He will be greatly missed and everyone who works for FDL will continue to carry out the work he put in place over the last 37 years.



Phil Norrgard receiving his OAA



Jeff Tibbetts speaking fondly of Phil

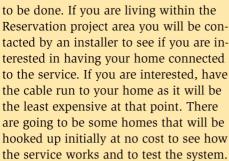
### **RBC** Thoughts

Boozhoo.

Te are fast approaching fishing season for FDL again. We will continue to work with MDNR and GLIWC to monitor the fish population on Mille Lacs this spring. Keep an eye on the website for opening dates in 1837 area. The season will progress north into the 1854 area again this spring and end in Lake Vermillion. All opening dates and locations will be on the website so if interested please keep an eye on it. There is one additional reg-

ulation that has been implemented for Mille Lacs which is to keep a journal of the fish you catch angling there.

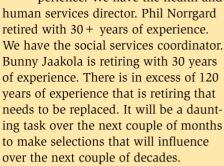
The broadband project is going to be starting shortly. Most all contracts have been signed and contractors selected for the work that needs



If you have been past the Min-No-Aya-Win clinic lately the expansion is progressing rapidly. The steel beams and the concrete floors are in place and the walls and roof are taking shape. Most staff that I talk to are excited about having the additional space to provide services for the Band.

The federal programs that we have become accustomed to are under threat of not receiving the same amount of funding. The budget proposal from the President is recommending cuts in areas that will hurt poor and disadvantaged communities which we are a part of. There are several areas that are of concern to me which are environmental protection programs, health and human services, and education. It seems to me that all the strides we have made over the last few decades are being wiped out with the stroke of a pen. The budget has not been approved yet and I hope there are changes made, but that doesn't seem likely right now.

The last thing that I would like to touch on is the positions that are open within the administration of the Reservation. There are two (2) executive directors. Mike Himango has retired with 30 + years of experience. Chuck Walt will leave with 30 + years of experience. We have the health and



If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can email at ferdinandmartineau@fdlrez.com

Gigawaabamin.

### Sawyer News

spring is officially here, the days are getting longer, it's nice to have more light in the evenings and the birds are returning. Spring clean-up will be in full swing. Please be mindful of recycling cardboard, paint cans, etc. and separating it from household waste as you use the Fond du Lac Recycling Center. The staff work hard to keep the area organized and easy to use. Miigwetch!

Spring also means that our Gitigaan Program has started again at Fond du Lac. The Gitigaan Program is in its 22nd year of providing education to the community about gardening, sharing seeds, and starter plants with Band members and

with Band members and general support to get ideas about gardening. Please attend meetings, there is usually a light dinner included. As we become more aware of the effects of climate change, it's important that we take the time to think about sharing the knowledge with the youth and young families. The Fond du Lac Ojibwe School had their annual Ziigwan Celebration. It's always nice to see how we can encourage learning and offer traditional teachings about food, changing of seasons, and activities in the school setting. The FDL Head Start will be having their annual powwow Apr. 28, the tiny tots have been practicing every week, which is very good to hear.

This past month the Minneapolis Urban Office hosted the RBC open meeting. The meeting was well attended by many dedicated Band members which included a potluck. Moose stew and wild rice dishes were very filling. Miigwetch.

In Sawyer we are making arrangements for the Smelt Fry at the community center. The Sawyer Center will soon have fresh paint and carpet done in the next couple months. We will also be looking for volunteers to help with the bike repairs for the children in the community. Also, this month I took a tour with the NCRS Tribal Liaison

looking at a composting facility for the Tribe.

We will be hiring two executive directors for the Reservation. Please put forward your resume and letters of interest, these are very important positions and will greatly benefit the Band

in future endeavors.

The Black Bear Casino & Resort had its Earned Points Acknowledgment Event which highlighted 200 employees who have demonstrated extra dedication this past year. This commitment and dedication is what creates revenue for the Band.

Also, the clinic expansion is going well as planned. This past month I attended the State of the City Address with Chairman Dupuis. We are planning to continue to work with the city on positive relations and initiatives that will stimulate conversation and on-going work on community issues.

Miigwetch!

Bruce M. Savage cell (218) 390-7407



Bruce Savage

### Minnesota Severe Weather Awareness week (Apr. 17-21, 2017)

#### Cassandra Diver,

FDL Emergency Management Director

During the week of April 17 - 21, the Department of Public Safety and the National Weather Service will be promoting general weather safety and emergency preparedness to statewide media outlets. In addition, statewide tornado drills will be held Thursday, Apr. 20 at 1:45 p.m. and 6:45 p.m.

The Severe Weather Awareness Week campaign helps teach Minnesotans about weather hazards and provides resources to minimize the risks associated with severe weather.

This annual public education event is designed to remind individuals, families, businesses, schools, and institutions that it's essential to plan ahead for Minnesota's severe spring and summer weather. An informed, involved community is more resilient to disaster, and being prepared helps reduce the risks and costs of hazardous weather events.

The top severe weather hazards in Minnesota are: severe storms, hail and lightning, floods, tornadoes, and extreme heat.

Each day of the week highlights an important seasonal weather safety topic.

- Monday—Alerts and Warnings
- Tuesday—Severe Weather, Lightning and Hail
- Wednesday—Floods

- Thursday—Tornadoes (with statewide tornado drills)
- Friday—Extreme Heat
  For more information on
  severe weather and safety
  and emergency preparedness,
  including factsheets, checklists
  and other resources check out
  these sites

Fond du Lac Emergency Awareness http://www.fdlrez. com/emergencyaware/

Minnesota Severe Weather Awareness Week http://weatherawareness.dps.mn.gov

National Weather Service http://www.weather.gov

FEMA- Ready.gov http://www.ready.gov

### Monday Apr. 17: Alerts and Warnings

Severe weather warnings are issued by the National Weather Service

### Know the terms and what they mean

- Warning sirens are operated by each county
- Personal weather alerts –
  many cell phone apps and local media outlets and internet
  sites offer free local personal
  weather alerting services
- Wireless Emergency Alerts sent by authorities to all cell phones in specific areas to warn of a dangerous situation or critical information.

### Types of Warnings WEATHER WARNING

- A dangerous weather or event is occurring or imminent
- Likely significant threat to life or property
- Take protective action immediately.

#### WEATHER WATCH

• Weather conditions are favor-

- able for a hazardous weather
- Stay alert to changing conditions
- Make alternate plans
- Be aware of possible shelter or evacuation routes.

#### WEATHER ADVISORY

- Less hazardous weather conditions or less specific locations
- Weather may still pose significant safety risk or travel problems
- Situations are possible that could threaten life or property.

#### Tuesday Apr. 18 Severe Weather, Lightning, and Hail

Severe weather normally refers to any dangerous weather event with the potential to cause the loss of life or injuries, significant damage to structures, or any other serious disruption to communities. While severe weather can't be prevented, there are some simple steps everyone can take to stay safe and protect themselves and their homes whenever severe weather threatens.

### **Know the Warning Terms Severe Thunderstorm Watch**

— weather conditions are favorable for producing severe thunderstorms. Remain alert and stay informed.

### Severe Thunderstorm Warn-

ing — severe weather has been reported or indicated on weather radar. Seek shelter immediately.

### Before Severe Storms and Lightning

- Secure outdoor objects
- Close/shutter windows and secure outside doors
- Consider postponing outdoor

activities

- Know where the nearest shelters are
- Know where to get weather reports
- Have a weather radio with battery backup
- Check your emergency kit be sure it's ready.

### **During Thunderstorms with Lightning**

- The safest place to be during a thunderstorm is any normal building (with water pipes or electricity)
- Most hard top cars are safe from lightning (It is the metal roof and metal sides that protect you, NOT the rubber tires)
- Convertibles, motorcycles, bicycles, fiberglass vehicles offer no protection from lightning
- Avoid contact with interior metal during the storm
- No place outside is safe when thunderstorms are in the area
- If you hear thunder, lightning is close enough to strike you
- When you hear thunder, immediately move to safe shelter: a building or an enclosed, metal-topped vehicle with windows up
- Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.

### If you are outside and cannot find shelter:

- Avoid tall trees, hilltops, open fields, beaches, cliffs
- Avoid ungrounded sheds or flimsy structures – especially in open areas
- If you are in a boat get to shore and off the water as soon as possible and find shelter

 Get to the lowest area available that is not in flood area.

### Wednesday Apr. 19 Floods and Flash Floods

Floods are one of the most common natural hazards in Minnesota. Seasonal snowmelt floods tend to develop slowly while flash floods develop quickly leaving little time for preparation.

#### Know the Flood Warning Terms

Flood or flash flood watch — conditions exist for possible flooding

**Flood warning** — flooding is occurring or will occur soon **Flash flood warning** — a flash flood is occurring or will occur

soon Seek safety or higher ground immediately and avoid flooded

immediately and avoid flooded roadways.

#### Before a Flood

- Buy flood insurance for your home at least 30 days ahead of flood season
- Elevate basement furnaces, water heaters, and electric
- Install check valves in sewer traps
- Construct barriers or dikes if possible
- Seal basement walls
- Prepare for evacuation if necessary.

Have a plan and inform family and neighbors. Have a "go kit" ready with valuables and important papers and enough supplies to last several days.

#### During a Flood – Plan

- Listen to radio or TV for information
- Be aware of streams, drainage channels, and canyons
- Be aware of road and bridge



closures; find alternate routes

- Move immediately to high ground if flood waters are near
- Be prepared to evacuate on short notice.

#### During a Flood – Prepare

If you have to evacuate, and time permits:

- Secure your home
- Bring in outdoor furniture
- Move essential items to an upper floor
- Turn off utilities
- Plan an evacuation route and inform family and neighbors of destination.

#### During a Flood - Don't Drive

- Do not walk or drive through moving water
- Do not drive on flooded roads
- Be aware of downed power lines.

Two feet of water can move a car. So turn around, don't

#### After a Flood

- Return home only when authorities indicate it is safe
- Use caution when entering buildings
- Service damaged septic tanks, cesspools, pits, and leaching systems
- Clean and disinfect damaged property
- Have alternate sewage/toilet capacity.

#### Thursday Apr. 20 Tornadoes (with Statewide Tornado Drills)

#### Tornado Drill Day

#### Tornado Safety Information

- Nature's most intensely violent storm
- Minnesota averages 40 tornadoes per year – but in 2010 the state had most tornadoes of any state in the U.S. with

113.

- Tornadoes may strike quickly with little warning
- Tornadoes can occur any time of day or night but often occur in the late afternoon or evening.

### **Know the Tornado Warning Terms**

**Tornado watch** — weather conditions are favorable for tornadoes; remain alert for approaching storms

**Tornado warning** — a tornado has been sighted or indicated by weather radar; take shelter immediately

#### Tornado Drill Day Afternoon Tornado Drill Thursday, Apr. 20 - 1:45 p.m.

NWS will send simulated warnings to NOAA Weather Radios.

All counties across Minnesota sound their outdoor warning sirens.

#### Evening Tornado Drill Thursday, Apr. 20 - 6:45 p.m.

Severe weather and tornadoes occur most often between 3 and 8 p.m.

Second drill allows families at home to practice their sheltering plans.

#### Before a Tornado

- Be alert to changing weather conditions
- Know your surroundings and location
- Have a plan for severe weather
- Have a programmed NOAA Weather Radio operating
- Listen to radio or TV or check the internet frequently for up to date information.

#### **During a Tornado Warning**

• Find strong shelter immediately

- Seek a small interior room
- Get away from glass windows
- Leave mobile homes or trailers
- If outside, lie flat in a ditch or depression and cover your head
- Do not get under an overpass or bridge
- If in a vehicle stop and find shelter in a strong building nearby immediately
- Watch out for flying debris.

#### Friday Apr. 21 Extreme Heat

From 2000 to 2010, 35 deaths were directly attributable to extreme heat in Minnesota. This count does not include data from 2011 when Minnesota experienced an extreme heat event that broke several records for dew point temperature. Know the Heat Warning Terms

Excessive Heat Warning – issued within 12 hours of the heat index reaching one of two levels. A warning will be issued if the heat index is greater than 105°F for any period of time.

Excessive Heat Watch - is issued when the heat index is expected to be greater than 105°F and nighttime low temperature will be at least 75°F or higher for two consecutive days

#### **Heat Problems**

- Heat cramps are muscular pains and spasms that usually occur in the legs or abdomen caused by exposure to high heat and humidity, and loss of fluids and electrolytes.
- Find a cool location to rest and take fluids (water or sports drinks)
- Heat exhaustion typically involves the loss of body fluids through heavy sweating during strenuous exercise

or physical labor in high heat and humidity

- Signs of heat exhaustion include cool, moist, pale or flushed skin; heavy sweating; headache; nausea; dizziness; weakness; and exhaustion
- Heat stroke (also known as sunstroke) is a life-threatening condition in which a person's temperature control system stops working and the body is unable to cool itself
- Signs of heat stroke include hot, red skin which may be dry or moist; changes in consciousness; vomiting; and high body temperature.
- Heat stroke is life-threatening. Call 9-1-1 immediately.

#### **During a Heat Wave**

Drink more fluids – avoid alcohol and high-sugared drinks.

- Stay in an air-conditioned place during the hottest parts of the day
- If air conditioning is not available, be in a location with adequate shade, air-flow and ventilation
- Make use of public venues or cooling centers if necessary
- Wear lightweight, light-colored, loose-fitting clothing
- NEVER leave any person or animal in a closed, parked vehicle.

#### **Heat Index**

- The Heat Index is a measure of how hot it feels when relative humidity is added to the air temperature
- Heat Index values are based on shady conditions with a light wind; exposure to full sunshine can increase values by up to 15 degrees.

#### **Public Notice**

The Eviction Procedures for Housing Owned or Administered by the Fond du Lac Band of Lake Superior Chippewa have been amended to provide a Tribal court process for evictions. The new procedures, which are now codified as Fond du Lac Ordinance #01/17. are available online at http:// www.fdlrez.com/government/ ords/01-17EvictionProceduresforHousingOwnedorAdministeredbytheBand2017.02.21. pdf. Copies of the Ordinance may also be obtained from the Housing Division or the Legal Affairs Office.

The new procedures will become effective after this notice is published in two consecutive editions of the Band's Nahgahchiwanong • Dibahjimowinnan newspaper.

### Tribal Court notice of name change

In the Matter of the BABY BOY OJIBWAY, Minor Child. Case No.: NC-001-17 Notice of name change.

Notice is hereby given that on March 7, 2017 an Order was issued changing the name of Baby Boy Ojibway to Oz'Ryck Animkiig Ojibway.

#### **HSAB** vacancies

The Fond du Lac Human Services Advisory Board (HSAB) is looking for nominations for the following vacancies:

• Cloquet Representative (1 Vacancy)

The Fond du Lac Reservation Business Committee recognizes that the delivery of health and



human services by the Fond du Lac Band to its eligible service population must be administered with the highest professional standards and in a manner which respects and reflects the culture, values, and traditions of the Band. Towards these purposes, the RBC has created the Human Services Advisory Board to monitor the scope, quality, and manner of

service delivery, to facilitate outreach and accessibility of services to the community, to advise the RBC regarding the adequacy and effectiveness of policies and procedures, and to perform such other functions as are described in the FDL Human Services Advisory Board Bylaws.

The HSAB meets on the second Wednesday of the month at the Min No Ava Win Human Services Center from 1:30-3

All submission must be turned in by Friday, April 21, 2017. Submissions can be turned in to-Fond du Lac Human Services Attention: Jennifer DuPuis 927 Trettel Lane Cloquet, MN 55720

discuss proposed long-term solutions

This meeting is open to the public, and Mahnomen community members are encouraged to attend.

### Nagaajiwanaang Genawendangia Anishinaabemowin 2017 Language Program News Submitted by Janis Fairbanks,

Anishinaahemowin Coordinator How to collect "oziigigobiminzh" to make "apaakozigan" or "kinnikinnick" (tobacco and bark smoking mixture).

We want to honor our language table participants in every way possible, and one way is to allow them to share their talents with the rest of the group.

For instance, recent activities at the Cloquet Community Center Language Table included practice of "survival language" (everyday useful phrases to know), led by language table instructor Ricky DeFoe, who had students hear and repeat a phrase, and then turn to their neighbor saying "gi nitam" (your turn), so their neighbors had a chance to practice saying and repeating each phrase. This is a useful method that gives all students a chance to learn new, useful phrases while having their knowledge reinforced by hearing other students repeating the words in turn.

There is no need to be shy at our language table. One local vouth, Quiz Bowl Captain Jacob Reynolds assisted in one exercise by giving the proper pronunciation of vocabulary words during a matching activity that had students hearing an Ojibwe word, and then matching it from a list of English words for the correct meaning. Reynolds is a young man well on his way to taking on a lead position in teaching others to speak Ojibwe.

After these warm-up exercises, Dr. Arne Vainio, a regular language table participant, led a cultural activity with some branches of "oziisigobiminzh" (willow), which, he explained, he had gathered in the traditional way. He brought it in to teach participants to make "apaakozigan" or "kinnikinnick" (tobacco and bark smoking mixture). While instructor DeFoe wrote Ojibwe words on the white-board, Vainio distributed the red willow branches and instructed the students how to make shavings that will later become kinnikinnick, once properly dried.

Sometimes you just need to be there to experience these wonderful surprises.

Please send questions or comments on language program activities to Janis Fairbanks at janisfairbanks@fdlrez.com

### Climate Change

Aaniin, we would like to announce that staff from Fond du Lac Resource Management, Grand Portage, Bois Forte, and 1854 Treaty Authority recently finished our Climate Change Vulnerability Assessment and Adaptation Plan. Climate change not only affects the liv-



### Sillies on the sidewalk

Over the last several years, the staff at WKLK has done "Goofs on the Roof" to raise money and food donations for the Salvation Army. This year, Kerry Rodd and Jake Kachinske took it to the streets out in front of the WKLK studio in downtown Cloquet with "Sillies on the Sidewalk" where people could step right up and donate.

These Sidewalk Sillies collected \$1,500 and 20 bags of food for the Salvation Army. Near the end of their collection time, which ran from 6-9 a.m., they were giving

out two sets of four packs of tickets to 38 Special who will perform at Black Bear Casino and Resort on Apr. 13 to anyone donating over \$50. A woman came up shortly after to donate and claim the tickets.

The second set had a caller who wished to get them, but when a person stopped in Moose Lake to donate and get the tickets the caller generously gave up the chance to get the tickets. It was a very generous moment from both people hoping to get the tickets as well as everyone who donated to the cause.

### Wisdom Steps local chapter meetings

jenniferdupuis@fdlrez.com

Apr. 20 Cloquet Community Center

July 20 Sawyer Community Center

Sept. 21 Cloquet Community Center

Nov. 16 Sawyer Community Center

The meetings are from 10:30 a.m. to noon. The timeline for each meeting is:

10:30 Social

11:00 Brunch

11:30 Speaker/Activity

12:00 Drawing

Everyone is welcomed to attend!

### Community meeting regarding the Mahnomen **Public Water** System

Where: Brookston Community Center

When: Monday, April 17th, 6

Why: Discuss recent water quality findings, provide updates for on-going operation and maintenance to resolve short-term issues, and further

ing things around us, but also our landscapes and traditions as Anishinaabeg.

The wildlife that surrounds us is ingrained into our wav of life as Anishinaabeg. The vulnerability assessment and adaptation plan investigates an array of changes due to climate that are already being observed or are projected to take place across wildlife in the 1854 Ceded Territory and Reservations. In this section of the plan, the team chose six species/groups of species and assessed them from high to low, based on their projected adaptive capacity. Each species or group has a breakdown of climate change affects and adaptation strategies.

Temperature and precipitation changes are the biggest contributing factors that have and will affect wildlife, along with human development and interactions. Some wildlife species are already showing signs of stress and are projected to have a low adaptive capacity and a high sensitivity to climate change, including moose, ruffed grouse, loons, snowshoe hare, and lynx. Some species such as white-tailed deer, bald eagle, wild turkey, grey wolves, and black bear have a low vulnerability to climate change and are projected to have a higher adaptive capacity.

Since temperatures are projected to increase during the winter seasons, we can expect many ecosystem changes or shifts. The 1854 Ceded Territory and the Fond du Lac Reservation are located in the southern most edge of

preferred habitats for species like moose, lynx, and the pine marten. With warming winters and shifts in precipitation from snow to rain, many of these species are projected to decline and perhaps disappear from the ceded territories and the Reservation. For moose, warmer winters bring an increase in winter ticks and other parasites which are some the biggest contributors to the decline in local moose populations. Warmer winters also make it easier for white-tailed deer to thrive which will mean more opportunities for brainworm to be passed on to moose. As deer numbers increase wolf populations may increase as well leading to more predation on adult and calf moose.

There are many species that are projected to do well under these shifts and we should see increased populations for animals such as wild turkey, wood duck, bald eagle, black bear, grey wolf, and muskrat.

The vulnerability and adaptation plan refers to shifts in landscape and migration timing due to climate change have already created some stress among birds and waterfowl, but also includes land use and human interactions as stressors. The plan speaks about how some species are adapted to longer winters with deep snow and cold and are in danger of disappearing as these changes happen over time. Many of the species assessed that are projected to do well, are generalists and are able to live in many different ecosystems.

Wildlife is interwoven into all aspects of our culture and language and it is important for us to make sure we are doing our best to leave a healthy and livable environment for generations of wildlife to come.

For further detail in the wildlife section of the Climate Change Vulnerability Assessment and Adaptation Strategy Plan or any of the detailed strategies associated with wildlife please visit the Resource Management page and review the full document.

Miigwech bizindawiyeg.

#### Fond du Lac Oiibwe School Board Regular Meeting Tuesday February 7, 2017 FD-LOJS Board Room 3 p.m.

Call to Order: 3:05 p.m. Roll Call: Wayne Dupuis, Debra Johnson-Fuller, Kathleen Garsow, Shawn DePoe-Johnson, Patty Petite, Betty Anderson, Dorothy Olson

Absent: Joyce LaPorte, Carol Wuollet

Others present: Stephanie Gatewood, Special Ed Teacher; Tara Dupuis, Principal; Jennifer Johnson, Superintendent; Sharon Belanger, Special Education Coordinator; Nissa Benedict; Math Teacher; Mel Buckholtz, Behavior Manager; Michelle Marnich, Speech Therapist

Dorothy Olson read the mission and vision statement.

Motion to approve the February 7, 2017 regular meeting agenda: Dorothy Olson, seconded by Betty Anderson. All in favor, 0 opposed, motion carried.

Motion to approve the January 10, 2017 regular meeting minutes with edits: Dorothy Olson, Edits are Page 2, community involvement add Debra Johnson Fuller. Support Staff Salary Committee - findings conclude that there are 2 staff. Change to "There are". Motion seconded by Patty Petite. All in favor, 0 opposed. motion carried.

Review the ledger: Question regarding Enhancements/ Cultural funds. Superintendent Johnson discussed JOM funds. The Oiibwe School also submitted an application for Enhancement funds. New business:

I. Updates from the Sub-Committees - Behavior Committee with Mel Buckholtz: Debra Johnson-Fuller handed out meeting notes. There was discussion regarding a school resource officer, social workers, budget, and training staff. There was further discussion regarding the different levels of the CHAMPS Behavior Program. The board moved this item to the February special meeting for further discussion with Behavior Manager Mel Buckholtz.

II. "I Love to Read Month" Invitation - Stephanie Gatewood presented an invitation to the board members to read in a

### Become A Foster Parent

Open your home. Change a child's life forever



Can you make a difference

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

\*\*For more information please call. (218) 879-1227

"OUR CHILDREN ARE OUR FUTURE"





classroom K-5, Feb 17, 2017 9-11 am. Email or call Steph Gatewood, Shawn Depoe-Johnson, or Kathleen Garsow to reserve your classroom.

III. NWEA Mid-year Testing Results: Jennifer Johnson presented NWEA-MAP Reading and Math results Fall 2016-2017 and Winter 2016-2017. Grade 8 and 11 scores have declined. Superintendent Johnson will email a comparison to the board regarding previous test scores. There was further discussion regarding proficiency. The board also requested clarification of teacher accountability and problem solving with peers to help increase the

scores per grade level.

IV. Continued discussion regarding Behavior Committee with Mel Buckholtz: Mel described the CHAMPS program in the classroom. There was discussion regarding staff development and continued training of this program. Board members are requesting ad-

ditional information on the CHAMPS program and a plan to implement There was a suggestion to extend this training to the Community Centers & Prevention Intervention. There will be further discussion at the February 21, 2017 Special Meeting.

V. 2017-2018 School Year Calendar

There was discussion regarding the development of the calendar. The Ojibwe School is required to schedule 180 contact days with students, 185 staff days, 195 admin-

istration days. Also taken into consideration are the FDL Reservation holidays and staff questionnaire. Major events also have been added to this calendar.

Motion to approve the School Year 2017-2018 calendar: Debra Johnson-Fuller, seconded by Dorothy Olson, all in favor, 0 opposed, motion carried. Old business:

I. Data Collection/Research Request: Nissa Benedict is requesting approval to collect data on strategic teaching of problem solving math word problems. She will use specific teaching strategies to teach, collect, compare, and report on those strategies. Motion to approve the request to research and collect data pending Hamline University approval. There was discussion regarding Miss Benedict's race. She is not native. There was further discussion regarding biases of Native American learning and Non-Native American researchers collecting data on learning styles of Native American children in the Indian community. There was further discussion regarding a FDL review board, ownership if the data once the study is complete, and confidentiality.

Motion to approve Nissa Benedict request to research and collect data: No motion

II. Define the Ojibwe School Board Member Roles - Motion to table old business, Betty Anderson, seconded by Debra Johnson-Fuller. There was discussion regarding an amendment to the bylaws. All in favor, 0 opposed, motion carried

Cancel Dawn Newman, Strategic Planning February 21, 2107

Betty Anderson will send out a notice to the board for a special meeting. Supervisor reports:

Superintendent report-Jennifer Johnson reported 4 staff attended the Gathering of Great Minds in Esko. Superintendent Johnson also attended Strategic Planning at UWS, and Tribal Nations Education Committee meeting. Save the date: Tribal Consultation February 24, 2017 at 10:00 am and TNEC March 17, 2017 9:00 am Black Bear.

Playground planning committee, Transportation Committee Meeting - The Ojibwe School has priority bussing!

ESSA is on hold until 2018. In the current budget there is a request to continue the Tribal Equalization in the State of Minn.

Principal report-Tara Dupuis reported on movie night attendance, college bound program, HR posting, and interviews. There was discussion regarding attendance and enrollment, reading and math scores. Student activities include a science had a skateboard assembly in the gym and Quiz Bowl placed 2nd in Walker. Principal Dupuis attended the FETC in Orlando,

Student enrollment is declining

Special Education-Sharon Belanger reported on Gifted & Talented activities. Project North Star is focused on grades 2-4. There are several training





Dr. Arne Vainio, Fond du Lac Physician

Wednesday, April 19, 2017 Cloquet Community Center

1720 Big Lake Road | Cloquet, MN

5:00 PM - 7:00 PM

Join us for a full turkey dinner.

For more information, call Joe @ 218-279-4123 or Denise @ 218-878-2135

Must meet program eligibility requirements.
Fond du Lac Human Services Division | Community Health Services Department



opportunities for staff in grades 2-4 and administration. Currently 23 students in this school identified as GT.

Northern Lights Coop regarding Occupational Therapy services. There are currently no applications for O/T with FDL Human Resources. Discussion regarding other options.

Athletics-There was discussion regarding JV Girls Basketball concerns, communication, and coach attendance.

Transportation–Seat belts on all busses discussion.

Motion to adjourn Betty Anderson, seconded by Dorothy Olson, all in favor, 0 opposed, motion carried.

Adjourn: 5:33 p.m. Recorded by: Jennifer Trotterchaude

#### Fond du Lac Ojibwe School Board Special Meeting Tuesday February 21, 2017 FDLOJS Board Room 12 p.m.

Call to Order: 12:02 p.m. Roll Call: Wayne Dupuis, Debra Johnson-Fuller, Kathleen Garsow, Shawn DePoe-Johnson, Patty Petite, Joyce LaPorte, Betty Anderson, Dorothy Olson

Absent: Carol Wuollet Others present: Jennifer Johnson, Superintendent

Review the strategic plan of 2016: Discussion regarding the mission statement. Remove quality and replace with "well rounded".

Patty Petite entered 12:07 Superintendent Johnson handed out an example of a 5 year Strategic Plan to compare to the Ojibwe School Strategic Plan. Betty discussed curriculum. The board discussed goal setting, budget, and the budget process. The board would like clarity on our current funding sources, the percentage of the budget, and other funding sources.

Discussion regarding salary and funding sources for salaries.

Discussion regarding measuring the integration of culture in our school and creating an evaluation tool.

There was an honor, recognize and retain our students and staff discussion. The board has created a compensation committee and reviewed the salary scales. There was further discussion regarding measuring the recognition and retention of students and staff.

Currently students are rewarded for attendance, behavior, and academic growth via reward trips, certificates, and Ogichidaag wear. Staff members are rewarded with gift cards for attendance.

Student enrollment has dropped and staff is turning over. This is measureable. A decline in student enrollment is due to the current attendance and behavior policy. The board will review these policies.

Review superintendent evaluation tool: Performance and evaluation for Superintendent, Principal, and School.

Discussion regarding goals for the school overall: 50% of our student body will be in the 70th percentile in reading and math. NWEA

All students will be reading well by 3rd grade. WBWF

There was discussion regarding more instructional staff, behavior staff, and specialists. The board will need to complete this strategic plan to do the budget to create the superintendent evaluation.

Motion to approve the draft superintendent evaluation tool - Deb Johnson-fuller, seconded by Betty Anderson. All in favor, 0 opposed, motion carried.

Communication transparency with community, agents, and school wide:

Discussion regarding building capacity, recruiting families, plays, special student days, parent involvement in student education.

Building and effective inclusive traditional school board: Develop measurements of all these areas.

Break 1:45 - 1:55

Tribal consultation regarding ESSA discussion. Meeting Friday February 24, 2017 in the Tribal Chambers with MDE.

Discussion regarding Industrial Arts and Community Ed, Age to Age, Rocket man, program development to promote education in the community.

Need to know the strategic plan to set goals and create the budget and evaluate the principal.

Presentation by behavioral committee/sub-committee - with Mel Buckholtz 2:05 p.m.

The Behavioral Committee/ sub-committee is proposing CHAMPS becoming a uniform strategy between the school and community centers, head start, and prevention intervention.

The proposal is for 150 people. Utilize the Ojibwe School gym, FDLTCC atrium, or Otter Creek for training.

Superintendent Johnson will contact other divisions to attend the training August 29-30, 2017.

Motion to Approve Safe and Civil School All Staff Champs/ Discipline in the secondary Classroom Proposal in the amount of \$6000 August 29-30, 2017. Patty Petite, seconded by Dorothy all in favor, 0 opposed, motion carried.

Motion to Adjourn Dorothy Olson, seconded by Debra Johnson-fuller, all in favor, 0 opposed, motion carried

Adjourn 2:25 p.m.

Recorded by: Jennifer Trotterchaude



### Fiber internet installation to begin summer 2017

Fond du Lac Communications will begin installing High Speed Fiber Internet throughout the eligible services areas on the Reservation in the summer of 2017.

To find out if you are in the eligible service area, and to take the interest survey, visit the Fond du Lac website at www.fdlrez.com. Installation to your home will be free and is covered under the grant but permission will need to be

given by June 30, 2017.

The service, however, will not be free and customers will have the opportunity to subscribe to the service package that best fits their needs. Services will include internet, video, and voice. To find out more about the project visit the Fond du Lac website at www.fdlrez.com, call (218) 878-7337, or visit the Planning Division.





### Ashi-niswi giizisoog (Thirteen Moons)

### Iskigamizige-giizis

The new Iskigamizige-giizis, the Maple Sap Boiling Moon is April 26. Other names for this moon are Omakakiiwi-giizis, Frog Moon; Bobookwedaagime-giizis, Snowshoe Breaking Moon; and Maango-giizis, the Loon Moon.

### Locating Wild Parsnip at Fond du Lac

**By Christian Nelson,** FDL Resource Management Forester

√ive years ago, while planting trees, Fond du Lac Forestry discovered the non-native invasive species wild parsnip growing along several different areas of the pipeline right-of-way. This was the first known occurrence of this plant within the Reservation. Wild parsnip, which is the same species of the carrot-like parsnip that you can buy at your local grocery store, is an aggressive plant when it leaves a farmer's fields or someone's garden. The plant itself is a biennial plant. It produces an edible tuber the first vear after it sprouts (although outside of an agricultural or garden setting this tuber is much smaller than a baby carrot and can be woody), and produces a tall and very loaded seed head the second year. It can take over an area by outcompeting native vegetation, spreads easily, and can cause painful photochemical burns and scarring that can last several years when the sap touches skin and is exposed to sunlight.

Parsnip grows in other parts of Minnesota. Seeds from an infested area were probably brought onto the Reservation with equipment or materials doing construction or maintenance work on the pipeline. Construction crews are required by FDL Resource Management policy to wash equipment prior to entering the Reserva-

tion. It is possible this wasn't done or some tiny seeds escaped cleaning and managed to hitch-hike on some equipment.

For several summers Fond du Lac Forestry tried mowing the plants before they dropped viable seed and also tried burning the seed heads with propane torches. Proper timing proved nearly impossible due to pipeline safety logistics that delayed treatment or because of variation in the plants that resulted in early seed production. Despite a lot of time and effort, the parsnip problem continued to get worse. A few years ago a natural resources contractor working for the pipeline assumed responsibilities for parsnip control. Fond du Lac Forestry and the Wetlands program continue work with the contractors and to place pressure on the pipeline to complete a full invasive species survey along the entire corridor and to write a management plan to better formulate what treatments will be used and how the area might be replanted to have species beneficial to pollinators and other wildlife.

Fond du Lac Forestry and the Wetlands program teamed up this year and were awarded a grant to hire an Invasive Species Coordinator for the next 2 years. This new person will have the time and skills to address the numerous other invasive species that threaten Fond du Lac's natural resources, including aquatic invasive species.

### Identifying Wild Parsnip (Pastinaca sativa) Pigwe'wunusk

By Nikki Crowe.

FDL Resource Management 13 Moons Program

The following information is copied with permission from the Great Lakes Fish and Wild Life Commission:

rild parsnip is the ancestor of the common garden parsnip. Both belong to the same species and can freely interbreed. The garden parsnip has been grown as a food crop in Europe since the days of the Roman Empire. It was brought to North America in 1609. with the first permanent European settlement in North America, at Jamestown, Virginia. Later introductions of both the wild and the cultivated forms undoubtedly occurred as well, both as a contaminant in crop seeds and as a food crop. Wild parsnip soon escaped from agricultural areas to spread across most of the U.S. and southern Canada. It is now a common weed along roadsides, in fields and in pastures across the Lake Superior region.

Wild parsnip has a life history similar to many other parsley family plants. It is a monocarpic perennial, meaning that it flowers for only one summer and then dies. The seedlings and immature plants form a circular cluster of leaves close to the ground, called a rosette. These immature plants regenerate each spring from the underground taproot, increasing in size each year.

After 2 or 3 years (rarely longer), they become large enough to reproduce. They go through one more winter, then bolt and flower the following spring. By late summer or early fall these plants have produced seeds and died.

Most wild parsnip seeds wait until early the next spring to germinate, though germination may occur at low levels nearly throughout the growing season. Even though the survival rate of these seedlings is low, the plants that do survive to maturity produce so many seeds that populations can quickly increase and spread in favorable habitats.

Despite rumors to the contrary, wild parsnip roots are not poisonous, though they are usually considered inedible. Disagreement on their edibility may be the result of some populations being derived partly from garden parsnip. For the complete article and more information you can check out the original article at: https://www.glifwc.org/Mazinaigan/Summer2005.pdf

Now that Pigwe'wunusk in Ojibwe, the wild parsnip (Pastinaca sativa) can be found within the Fond du Lac borders, knowing how to identify the plant is important to avoid coming into contact and potentially causing the skin to react from the sap. Please take a look at the picture provided on the next page and use caution when identifying or harvesting look-alike plants. If you do come into contact with the sap there are a few things you can do to limit the reaction. If possible, cover the exposed area from the sun. Wash the area as soon as you can. Symptoms of a burn can be mild redness to blistering rashes depending on how much sap was absorbed into the skin and how long the area was exposed to the sunlight.

For more information on the distribution of the wild parsnip in Minnesota, visit the following link: https://www.minnesotawildflowers.info/flower/wild-parsnip

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

### Ashi-niswi giizisoog Ojibwemowin Page



### Anishinaabemowin Lessons

Basic Oiibwe words and phrases:

#### **Double Vowel Chart**

This is how to pronounce Ojibwe words. All consanants sound the same as in English.

"Zh"- sounds like the "su" in measure

"a"- sounds like the "u" in sun

"aa"- sounds like the "a" in father

"i"- sounds like the "i" in sit

"ii"- sounds like the "ee" in feet

"o"- sounds like the "o" in go

"oo"- sounds like the "oo" in food

"e"- sounds like the "ay" in stay

### Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH Find the Ojibwe words in the puzzle below

N	G	Q	В	D	M	I	U	M	A	F	I	Y	E	В
G	A	Z	O	A	I	G	K	K	I	S	W	G	F	I
O	Z	N	Z	W	T	A	I	I	K	S	I	В	N	M
O	U	Q	A	K	I	K	X	I	K	J	A	A	A	A
K	K	Q	Q	A	G	T	G	P	O	Н	W	N	F	A
I	W	M	N	A	W	A	K	O	U	G	S	N	A	D
K	E	S	D	В	M	K	K	E	I	A	P	A	P	I
A	X	O	V	I	O	A	A	I	G	M	R	M	M	Z
Н	V	I	Z	Z	D	T	Z	A	A	I	V	L	X	I
Н	S	A	V		V	I	I	Z	W	P	S	F	K	W
Н	N	V	I	I	P	_	В	S	N	G	В	D	Н	I
Q	F	I	C	I	I	В	Y	L	Y	N	E	V	G	N
K	В	P	F	Z	Н	A	V	U	G	Н	V	N	M	G
I	S	K	I	G	A	M	I	Z	I	G	A	N	M	Н
G	I	Т	Α	Α	N	I	Ν	Α	S	Е	M	Α	Α	L

#### — Ojibwe Wordlist —

AkikoogContainers
Negwaakwaanan Sap tap
Misan Firewood
Ziinzibaakwad Maple sugar
Bimaadiziwin A good way of life
Mashkiki Medicine
BiindakoojigeHe makes an
offering with asemaa
AsemaaTobacco
AkikBrass kettle
Ziigwan Spring
IskigamizanBoil it down
IskigamiziganSugar bush Camp
AninaatigMaple
MitigTree
3

### FDL Law Enforcement news

### The following is a summary of about one month of select police reports

- Feb. 1 Report of an iPhone 6 being stolen from a residence
- Feb. 2 Driver stopped and given a citation for speeding
- Feb. 3 Report of an unwanted individual at the BBCR, the individual was informed they were trespassing and taken to jail on their warrants
- Feb. 4 Individual seen walking down the road and was given a ride to where they were going
- Feb. 5 Report of 3 individuals fighting at the BBCR, one individual was arrested and charged with assault and disorderly conduct
- Feb. 6 Report of an unwanted individual at Supportive Housing, the individual became aggressive after being informed that they were trespassing on the property and were then taken into custody for trespassing and possession of a prescription drug that wasn't theirs.
- Feb. 7 Report of a wallet being stolen at the BBCR, the suspect was given a citation for theft
- Feb. 8 Report of a vehicle being damaged after snowmobile groomer left ice chunks on the road way
- Feb. 9 Report of a male slumped over in his vehicle on the side of the road, officers arrived to find the male incoherent and called for EMS, male was transported to the hospital for care
- Feb. 10 Report of two dogs being abandoned on a property, one dog was found deceased and the other was malnourished and taken to the shelter for care

- Feb. 11 Report of numerous tools missing from a property, the tools were located and returned to their owner
- Feb. 12 Report a kids playing around with a phone and calling 911, parents and children advised on proper use of 911
- Feb. 13 Driver stopped and advised of their rear tail lights being out and given a warning to get them fixed
- Feb. 14 Driver was given a warning for a stop arm violation of a school bus
- Feb. 15 Report of an unwanted individual at the BBCR, the individual was informed that they were trespassing and they left
- Feb. 16 Vehicle spotted at the Sawyer store with no plates, located the driver inside and found out they were not a valid driver, informed they couldn't drive the vehicle and were given a ride home
- Feb. 17 Individual contacted police and wanted information on obtaining an order for protection, they were advised of where to go to file for it and also put in contact with advocate
- Feb. 18 Report of a person slipping and falling on ice at the Sawyer Elderly Housing, officers assisted with salting the walkway
- Feb. 19 Vehicle stopped and warned for stop sign violation
- Feb. 20 Report of a gas drive-off at the FDLGG for \$20

- Feb. 21 Vehicle stopped for expired registration, driver was found to be suspended and given a citation for that, and warned to get the registration taken care of
- Feb. 22 While doing a welfare check an individual was located who had warrants and was taken to jail on those and possession of hypodermic needles
- Feb. 23 Report of an abandoned vehicle, Car's Towing was contacted to have the vehicle towed
- Feb. 24 Driver was stopped for their horn and hazard lights malfunctioning and found to be driving after revocation, they were given a citation for that and a ride to the BBCR to wait for a ride home
- Feb. 25 Report of drugs being found at the BBCR, upon review of surveillance footage the individual who dropped them was identified and arrested, the drugs tested positive for methamphetamine
- Feb. 26 Driver stopped and given a warning for headlight not working and missing driver's side mirror.
- Feb. 27 Report of a bike being found, bike was logged into evidence and stored at the FDLPD.
- Feb. 28 Report of an individual receiving threatening text messages, individual was advised to get a harassment order and given the information on obtaining one.

### Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

### BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur

BELGARDE, Elias

BENNER, Dolores

CICHY, Gerard

CICHY, Leslie

DEFOE, Antoine

DEFOE, Richard

HEAD, Niiyo

HOULE, Michael D.

KING, Julie

LAFAVE, Lyman

LAPRAIRIE, Robert

LIND, Hal W. Sr.

MAGNUS, Karen

MARZINSKE, Larry

MURPHY, Louise M.

NASON, Aprille

PARKS, Margaret

SAVAGE, Kyle

SAVAGE, Mark

TAYLOR, David

### **Antoine and Sophie Dennis**

#### Research by Christine Carlson

863 – Home Guards of Superior, Wisconsin
In May of 1863 Antoine Dennis a private in the Home Guards was one of three scouts for Douglas County.

### 1870 United States Federal Census for Superior, Wisconsin for the Demis Family

Demis is misspelled and should be Dennis. This information should have read H. A. Dennis age 27, Antoine Dennis age 17 and Margaret Dennis age 15.

### Antoine Dennis - Duluth Minnesotian of January 31, 1874

On Wednesday afternoon, at three o'clock—at the Duluth Skating Rink, a half-breed named Antoine Dennis commenced skating on a wager that he could skate (illegible) consecutive hours without intermission. He accomplished his feat, skated 26 minutes longer and then ran a race around the Rink with a half dozen competitors; and beat them all.

#### 1900 United States Federal Census for LaPointe

Family number 96 is Antoine Dennis age 47 a fisherman who was born in Wisconsin. His wife Sophie age 40 also born in Wisconsin. Their children are Thomas age 22 who is a day laborer, Lizzie age 20 a cook, Alice age 12, Edward age 10, Estella age 6 and Benjamin age

Note: Antoine, Sophie, Thomas, and Lizzie all acquired their citizenship in 1877. This citizenship was acquired through their allotment.

#### 1908 Indian Census

Number 363 is Antoine Dennis age 60. His wife Sophia age 50 and their children Stella age 15, Bennie age 12, and Louisa age 6.

#### Old Indian Guide Declines Services to the President Due to his Ebbing Strength- Tampa

Tribune of July 6, 1928

SUPERIOR. Wis., July 5 - If vou for more than a half century had tramped the northern woods at the head of the lakes, knew as no other man the hunting and fishing paradises in this land of sky blue water, would you decline an opportunity to guide the President of the

United States to the places close to your heart? Antoine Dennis

Library

Old Antoine did because he was afraid not of the tricky rapids or the treacherous rocks in the Brule or the great white father from Washington but of his failing eyesight and ebbing strength.

It was the Indian's home, this forest, that President Coolidge came for his vacation, to late in Dennis' life, however, and the old guide turned to a younger man to take the responsibility. He suggested his son-in-law; quiet, stalwart, John LaRock like Dennis half French, who had learned of the forest and streams from the dean of the northwoods guides.

#### Antoine Dennis, Veteran Brule Guide Ran Mail 65 Years Ago – The Evening Telegram of September 25-26, 1937

Much of his young manhood was spent in the deep virgin forests where he was known as a good runner. This ability

> brought him his first real job, that of running the mail pouch from Superior to Bayfield, a distance of about 80 miles.

For five years, both winter and summer, Antoine made his way between the two points through the

thick woods. There were two other men on the job. One was his brother Bazeal and the third was Louis Petite.

#### Carried only a Knife

Antoine Dennis - Superior Public

It was one of these trips that Antoine met a Catholic missionary, traveling on foot to Bayfield. They slept together in the open and shared their meals. Later, it was this same priest that performed the marriage ceremony for Mr. Dennis and his bride.

During the years spent in making hazardous trips through the woods, meeting wild animals and trappers and transients, Mr. Dennis said he never carried a gun or revolver. His only weapon was a pocket knife. Bears or wolves there were aplenty, but he was never molested by them the aged man says. Settlers were so few that often the entire trip was made without passing or meeting anyone on the trail aside from the two other carriers.

#### **Acquainted with Chiefs**

Dennis was well acquainted with the Indian tribes, among them Chief Buffalo of the Red Cliff reservation near Bayfield and Chief Nagonib who later moved to Cloquet, Minn, reservation where he died.

#### 1940 United States Federal Census for Brule, Douglas County Wisconsin

Antoine Dennis is age 87 and a widow. Antoine is living with the LaRock Family: John LaRock age 64, a carpenter in boat building; wife Elizabeth age 57, and children Frances age 17, Dennis age 14.

#### Former Brule Guide Recalls Mail Carrying of Early 80's – Superior Telegram of August 23-24- 1941

Antoine Dennis 89, who carried mail between Bayfield and Superior 65 years ago, before railroads had reached the Chequamegon bay region, is still alive and active at his home near the Brule river, on which he served as a guide in the early 80's.

Born in the village of La Pointe, on Madeline Island, May 15, 1852, Dennis was the son of a French father and a Chippewa mother.

"My father was baldheaded and the Indians called him Mazhakwad, or Clear Sky, says Antoine, laughing, for his own "Sky" is getting rather "clear." My name ain't really Dennis. My father's name was Joe

Dennis Soubrette. He used to

work along the Brule and St. Croix rivers for the Hudson Bay company when they had a post on Madeline island"

Antoine learned the lore and history of the Chippewas from older Indians when he was a boy. He tells how an older Indian would take five or six boys into a room and tell them how the Treaty of 1854 was made at La Pointe. This was done over and over, until the boys knew the story by heart and could pass it on accurately when they grew older.

### Explorers Traveled Brule River as Early as 1680 – Evening Telegram –July 15, 1954

Later, Antoine Dennis, a son of a Hudson Bay-Fur Trader, came to Brule. He was a mail runner from Bayfield to Minneapolis. He carried the mail on a trail cut during the Civil War called the "Military Road". It crossed the Brule River at a point between the Copper Range and the Brule Co-op Park. The bridge there was made by the Union Army and it was the first bridge across the Brule. It was later called the "Bayfield Road."

Antoine Dennis lived just three miles from Brule. Although ninety-two years old, until his death in 1943, he would show anyone interested copies of an old treaty that gave all the Norway and White Pine to the white man; the birch, cedar and basswood and full fishing and hunting privileges to the Indians. The birch bark was for canoes and tepees, the cedar for the framework and the basswood for its bark used for sewing the canoes.

P. S. The above article states Antoine died in 1943 but he died in July of 1945. Next month's story will be a continuation of the Dennis family.





### Distracted Driving Awareness month

ach year in Minnesota, distracted or inattentive driving is a factor in one in four crashes, resulting in at least 70 deaths and 350 serious injuries. OTS\* estimates these numbers are vastly underreported due to law enforcement's challenge in determining distraction as a crash factor.

While many motorists may perceive driving as a routine activity, attentive driving is critical as the traffic environment changes constantly and drivers must be prepared to react.

Tips to Avoid Distracted Driving
Drivers face many distractions behind the
wheel. Share these tips with family and friends
to take action to stop the distraction:

- Cell phones turn off cell phones, or place them out of reach to avoid the urge to dial or answer. If a passenger is present, ask them to handle calls/texts
- Music and other controls pre-program favorite radio stations for easy access and arrange music (mp3 player/CDs/tapes) in an easy-to-access spot. Adjust mirrors and heat/ AC before traveling, or ask a passenger to assist
- Navigation designate a passenger to serve as a co-pilot to help with directions. If driving alone, map out destinations in advance, and pull over to study a map
- Eating and drinking try to avoid food/beverage, at least messy foods, and be sure food and drinks are secured
- Children teach children the importance of good behavior in a vehicle; do not underestimate how distracting it can be to tend to children while driving
- Passengers speak up to stop drivers from distracted driving behavior
- When making/receiving a call, ask if the person is driving. If so, ask them to call back at a safer time.

\*Source: MN dept. of public safety-OTS

### Colorectal Cancer

arch is National Colorectal Cancer Awareness
Month, and the American Indian Cancer Foundation is
promoting awareness of colorectal
cancer. Colorectal cancer is the
second most common cancer
among Northern Plains American
Indians (following lung cancer) – a
population with rates 53 percent
higher than the general U.S. population. There are usually no symp-

toms of colorectal cancer until the cancer is in an advanced stage. Risk factors that you can change are: Getting your screenings done, quitting smoking, increasing physical activity, changing unhealthy diets, limiting alcohol use and being overweight or obese.

Risk factors you cannot change include: age, sex, family history of colorectal cancer, personal history of colorectal polyps or colorectal cancer, race or ethnicity
You can stop colon cancer with
screening.

Remember to talk with your health care provider about what colorectal cancer test is best for you.

Source: American Indian Cancer Foundation www.americanindiancancer.org and American Cancer Society www.cancer.org

### Cream Soup Mix – Use for casseroles or to replace a can of cream soup

2 c nonfat dry milk powder

3/4 c Cornstarch

1/4 c instant chicken bouillon granules

2 T dried onion flakes

½ t thyme (optional)

½ t basil (optional)

½ t black pepper

Mix well and store in a jar in the fridge. Makes 9 cans of soup.

To make 1 can of cream soup:

1/3 c cream soup mix

1 ¼ c Water

Mix 1/3 c of cream soup mix with 1 ¼ c water in saucepan. Stir constantly over medium heat until thickened

Extra hint: You can use different bouillon flavors to make a variety of cream soups.

This has 1/3 the calories, 1/3 the sodium and no fat compared to store brands. It also costs 1/3 the price and takes so little time for a healthier version. Adapted from: Iowa State University



### Your qualification for Free/Reduced School Lunch or Early Head Start/Head Start

also qualifies your family for

WIC!

If you are pregnant, or have a child under the age of 5 in your household, please call us to schedule a WIC appointment. You will receive nutrition education, breastfeeding support and vouchers for healthy foods.

Fond du Lac Reservation WIC 218-879-1227



### Health News

### **Probiotics**

Bv Kara Stoneburner. RDLD, Public Health Dietitian

robiotics are live microorganisms that benefit your digestive system. They can be found naturally in vour body or in foods and supplements. Probiotics are often called "good" bacteria because they can help replace the natural bacteria that is lost or damaged by an antibiotic or an infection. Probiotics also help balance the good and the bad bacteria in the body.

There are two main types of probiotics: Lactobacillus and Bifidobacterium, Lactobacillus can be found in some yogurts (vogurt will be labeled "with live and active cultures"). Lactobacillus can help restore the balance of bacteria in the gut after having diarrhea. Bifidobacterium is found in some dairy products and may help ease the symptoms of Irritable Bowel Syndrome and other gut conditions.

Other foods that have probiotics include Kefir (a fermented dairy product), sauerkraut, miso (fermented sovbean paste), Gouda cheese, tempeh (made from the base of fermented sovbeans), certain milks- often labeled as sweet acidophilus milk, buttermilk, sour pickles (made without vinegar) and supplements.

Probiotics can be confused with prebiotics due to the similar name. Prebiotics are a nondigestible carbohydrate that acts as food for the probiotic. Prebiotics can be found in asparagus, Jerusalem artichokes, bananas, oatmeal, honey, legumes, and supplements.

Probiotics and prebiotics can be helpful for a healthy digestive system. They do not replace any of your current medications. Always consult vour healthcare provider before starting any supplements.

Try these smoothies from Dannon Smart Swap Recipes to start increasing the probiotics

in your diet:

#### **Bananas and Honey Smoothie** (Yields 2 cups)

- 1 cup vanilla low-fat vogurt
- 1 peeled banana
- 2 Tablespoons of honey
- 1 Tablespoon of wheat germ
- Place all ingredients in a blender and process until smooth
- Pour in glass and serve immediately

#### **Blueberry Cantaloupe** Smoothie

(Yields 2 cups) 1 cup low-fat vogurt 1 cup cantaloupe chunks ½ cup blueberries 1 small, peeled banana 1/8 teaspoon ginger 1 teaspoon lemon juice 4-6 ice cubes

• Place all ingredients in a blender and process until smooth

Pour in a glass and serve immediately

### Spotlight on the Fond du Lac Human Services Division, Prevention/ **Intervention Department**

The Prevention and Intervention (P/I) program is open to children and youth ages 6 to 17 years and their families to provide education and healthy alternatives to substance use/ abuse. The overall program goal is to develop a healthier American Indian community by preventing the detrimental family, community and social outcomes associated with substance use/abuse.

The P/I staff are actively involved in the local public and Tribal schools and alternative educational systems to provide scientific and researched-based Substance Abuse Prevention program. The programs include Project Northland and Protecting You/Protecting Me. These programs allow staff to connect with youth and act as role models and mentors.

During the school year the P/I program provides numerous recreational activities both on the Reservation and in Duluth. Youth can participate in activities such as archery, tutoring, hip hop dance classes, skiing, skiing lessons, rock climbing, horseback riding, cooking classes, and Wolf

Ridge Environmental Learning Center. Additional opportunities for the youth include movies and sporting events. Cultural activity opportunities include beading, drumming and singing, birch bark crafts, dancing and making regalia.

The Prevention Intervention Summer Program will start in June and the program will have organized personal wellness sessions, recreational activities, cultural activities. and field trips for participants and their families. Transportation will be provided for the Summer Recreation Program and lunches will be available through the Ojibwe School summer lunch program. The additional activities include a week-long, residential camping opportunities at beautiful Camp Chicagami for selected youth residing in the service area.

Please look for more information coming out soon for the upcoming summer program. If you have any questions please feel free to call Don Wiesen, Prevention Intervention Coordinator, or Kami Diver. Lead Prevention Intervention Specialist at (218) 879-1227.

### Pay attention while driving and walking

Tith warmer weather approaching more people and especially kids will be out enjoying the weather. The Human Services Division's Injury Prevention program would like to share some safety tips with pedestrians and drivers.

- Talk to your kids about how to be safe while walking. It's always best to walk on sidewalks or paths and cross at street corners, using traffic signals and crosswalks
- Put devices down when crossing the street. Teach kids at an early age to put down their devices and then look left, right and left again

- when crossing the street
- Set a good example by putting devices down when you are driving or walking around cars. If we put our devices down, our kids are more likely to do the same
- Remind kids to make eye contact with drivers before crossing the street and to watch out for cars that are turning or backing up
- When driving, be especially alert in residential neighborhoods and school zones and be on the lookout for bikers, walkers, or runners who may step into the street unexpectedly.



#### Happy birthday

Happy birthdav **David** Diver Jr (Mar. 16) From vour daughter,

Creedence



Happy 8th birthday son, Jaimie Rav Petite Jr (Apr. 1) I love vou verv much! Love, dad, Opichi, and gramma

Program Accounting Staff would like to wish a happy birthday to **Dianne Meismer** (Apr. 3).

Happy birthday to the world's greatest mommy, Loretta Erickson (Apr. 4) I love vou, Bree

You may be old, but I still love you. Happy birthday to **Loretta** Erickson (Apr. 4) From your son, Cody

Happy birthday to the love of my life, **Loretta Brown** (Apr. 4)

day to our sister **Greenlee** Fineday (Apr. and brother Dannin Savage (Apr. 27) Love, Molly, Daicin, and



Love vou, Darrell Happy birth-

Happy birthday to my beautiful little otter daughter. Jen Martineau (Apr. 7) and my handsome little grandson Owee. Owen Martineau (Apr. 12) We love yous, mom/grandma, Tave. Tank, and lil man



Happy 19th birthday Devin Revnolds (Apr. 7) Love, mom and

Happy 18th birthday **Dylan** Savage (Apr. 9) we love you bunches! 'The Pine Drive Savages'

Happy birthday Patty Howes (Apr. 10) mom, grandma, auntie, sister, and friend

Happy birthday **Brooklynn** Wait (Apr. 16), I hope your day is as special as you are to me and the kids. It's been an incredible two years. From, "That Guy"

Happy birthday mom/Nana Ellen Bassett (Apr. 21)! There isn't another like you. We love vou millions xo Love, Wes (family), Heather, Kyle, Kenz, and Jamie

Wishing a happy 5th birthday to my wonderful and handsome grandson

**Royce Long** (Apr. 25), we love you so very much, may your day be as special as you are Love, Grandma Candace, Auntie Sabrina, Rylan, Dez, Uncle Matthew, James, Davey, and Mommy April, and all your cousins



Happy birthday to our beautiful. smart, amazing daughter-inlaw Stephanie Dunaiski (Apr. 26), we're so

glad you're part of our family. Love, Linda and Paul

Happy 24th birthday to Joel Barney (Apr. 28) Love vou. mom and dad



Wishing a happy birthday to Uncle Joel Barney on his 24th Love, Quincy and Journey



Happy 3rd birthday to our adorable grandson, Mason Dunaiski (Apr. 28) We love you so much, gwom-

ma and gwompa

#### Birth Announcement

Welcome to the world Alaura Savage born Feb. 14, 2017 to Patti Jo and Herb Fineday

### Thank you

I wanted to take the time from my busy schedule; to say "THANK YOU" to all the individuals/co-workers that made

my retirement such a memorable event. And to all of those who have given me a hearty handshake and hug saving they will miss me. Thank You.

I know in my heart that I could not have made it as long as I did without all the hard work everyone has done to accomplish a task when asked.

I will miss everyone and hope to see you around and just to let everyone know I still get up at 5 a.m. every day. I hope that it does not take 29 years to get over that.

With that, thank you. To the RBC: Thank you for letting me have the privilege of working for our Tribe and for making my job enjoyable.

Mike Himango, FDL Tribal member/retired employee

### Congratulations



I would like to congratulate our son Devin Reynolds on an awesome wrestling year. You took the Section 7AA title as Champion which qualified you for State that was held at the Xcel Center in St. Paul, Minn. and received the highest award Cloquet High School has got with your 2nd Place win!

#### Obituary

"Zhingwaak" Codv Joseph Bauer, age 21, of Cloauet, Minn. passed away Thursday, January 12, 2017.



Cody was born February 7, 1995, in Racine, Wisc. Cody fulfilled a dream to walk in his grandpa's footsteps. He became an FFT2/Forestry Aid in fighting wildfires across the country with fellow fire fighters that he called his family. Cody loved his family dearly. He would do anything to help people in the community and worked tirelessly to provide for their needs. He enjoyed hunting, fishing, and tinkering with all things motorized.

Cody is survived by his grandfather, Vern Northrup; his paternal grandparents, Eugene and Marge Bauer; his parents, Michael and Cassandra Diver; 3 brothers, Andrew and Joseph Bauer, and Mason Diver; 2 step-sisters, Michelle (Justin) Rivera, and Larice Smith; stepbrother Keenan Diver: and his biological father, Philip Bauer.

He was preceded in death by his maternal grandmother, Louise (Shelley) Northrup.

Darryk **Nicholas** Martineau "Zhawenjige Oosan Makwa", 33, of Duluth, continued on next page





Molly, and Heidi

Pharmacy Technician FT Mash-



passed away peacefully to be with his maker on Monday, February 13th, 2017. He was born September 18th, 1983 in Duluth, Minn, to Darryl "Dean" Martineau and Jennifer (Grangruth) Martineau.

Knowing Darryk "Bear", was to know a merciful and kindhearted soul. Darryk loved to fish, be outdoors, and spend time playing football and basketball with his son, Dallyn. He was a very talented artist. His gifts to this world were the love he had for his son, family and friends, the many pictures he drew for the people he loved. the sweet words you'd find on notes and letters he gave you, and his willingness to help you out whenever he could. His purpose was to show others how to be compassionate. loving, and forgiving. Dallyn is going to miss the long walks and talks that he had with his Dad.

He was preceded in death by his father, Darryl Dean Martineau; mother, Jennifer (Grangruth) Martineau; brothers, Daven Vincent Martineau and Joshua Isaac Greensky; paternal grandfather, Vincent Roy Martineau and paternal grandmother, Evelyn Olson; and maternal grandfather, Erland Arthur Grangruth; and multiple cousins gone too soon.

Darryk is survived by his son, Dallyn Joshua Martineau; brother, Dane (Trisha) Martineau of Sawyer; sisters, Samantha (John) Pykkonen of Duluth and Chandra Greensky of Eagan, Minn.; nieces, Jeschelle Greensky (Duluth), and Laila Greensky (Sabin, Minn.);

nephews, Damon Martineau (Sawyer) and Oliver Greensky (Sabin, Minn.); maternal grandmother, Mildred Coleman: numerous aunts, uncles, cousins, and friends.

Kathleen Marie Whelan, 64, died Wednesday, March 8, 2017 at St. Luke's Hospital, Duluth, Minn.



Kathleen was born November 26, 1952 to Elmer Patrick and Isabelle (Savage) Whelan in Cloquet, Minn. She graduated in 1970 from Cloquet High School, but lived the majority of her life in Brooklyn Park and Buffalo, working for Health Partners. She moved back to Cloquet in 2010 and worked for Fond du Lac Human Services. Kathleen was the kindest and gentlest, very happy person. Her door was always open to everyone. She was an excellent baker and cook, and was very family-oriented.

She is survived by daughter, Courtney Whelan (Mike Bringgold); brothers, Mike (Rebecca) Whelan, Bemidji, Tim (Phyllis) Whelan, Cloquet, Tom (Monica) Whelan, Delta, Colo., sisters, Cindy Pattison, Cloquet, Betty Laveau, Porter, Tex.; several nieces and nephews whom she loved dearly.

Preceding her in death were her parents, Pat and Izzy Whelan.

### FDL job listings

FT: Full Time PT: Part Time For more information about any of these open until filled or permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

#### FDL Reservation

Librarian or Media Generalist/ Specialist FT FDLOJS SUD Treatment Technician FT Human Services Alcohol & Drug Counselor V FT Human Services Alcohol & Drug Counselor IV FT Human Services Alcohol & Drug Counselor III FT Human Services Alcohol & Drug Counselor II FT **Human Services** Alcohol & Drug Counselor I FT **Human Services** Nursing Assistant/Activities Specialist FT FDL Assisted Living Industrial Arts Teacher FT **FDLOJS** Occupational Therapist PT **FDLOJS** Cook Supervisor FT FDLOJS Substance Use Disorder Recovery Case Manager FT MNAW Massage Therapist PT MNAW MIS Project Administrator I FT Tribal Center Laboratory Technician FT MNAW & CAIR Oiibwemowin Teacher FT **FDLOIS** Registered Dental Assistant On Call/Temp MNAW Pharmacy Technician FT CAIR Foster Care Licensing and Placement Specialist FT MNAW Clinical Assistant FT/On Call MNAW & CAIR Instructional Assistant PT/On Call FDLOJS Mental Health Counselor FT MNAW & CAIR Custodian FT/On Call/Sub **FDLOJS** 

kiki Waakaagan, Mpls Clinic Physician FT/PT/On Call MNAW & CAIR Mental Health Case Manager FT MNAW & CAIR Skilled Laborer 1 FT Tribal GED Teacher PT CCC/BCC/SCC Reading Buddies PT FDLOJS Driver's Training Instructor PT Tribal Center Driver/Cook On Call BCC School Secretary/Receptionist On Call/Sub FDLOJS Cook Helper On Call/Sub **FDLOIS** Driver/Cook On Call Tribal Center Substitute Teacher On Call/Sub **FDLOJS** Transportation Driver FT/PT FDL Transportation Nursing Assistant FT/PT FDL Assisted Living Recreational Aide 1 FT/PT SCC Recreational Aide 2 FT/PT SCC Recreational Aide 1 FT/PT BCC Recreational Aide 1 FT/PT CCC Recreational Aide 2 FT/PT CCC Clinical Pharmacist On Call MNAW, CAIR, Mashkiki Waakaaigan-Mpls. Pharmacy Technician On Call/ Sub MNAW, CAIR, Mashkiki Waakaaigan-Mpls. Transit Dispatcher FT/PT/On Call FDL Transit Bus Monitor PT/On Call FDL Education Substitute Staff On Call FDL Head Start Programs Teacher FDL Head Start Teacher Assistant FDL Head Start Deli Clerk PT FDLGG Transit Driver FT/PT/On Call FDL Transit School Bus Driver FT/PT/On

Call FDL Education

Health Care Assistant FT/PT MNAW & FDL Assisted Living Store Clerk PT FDLGG Convenience Store Gas Attendant PT FDLGG

#### **Black Bear Casino Resort**

Vault Cashier FT/PT Room Attendant FT Bus Person FT/PT Gift Shop Clerk FT Buffet Host/Hostess FT Golf Course Groundskeeper FT/PT Seasonal Steward FT Arcade Attendant PT Golf Course Pro Shop Sales Representative PT Golf Course Ranger/Starter FT/ Golf Course Concession Sales Representative FT/PT Golf Course Cart Attendant FT/ Slot Attendant PT Custodial Associate FT Gift Shop Clerk PT Bell Staff PT Sage Deli Cook FT Bingo Vendor/Floor Worker PT Players Club Representative FT/PT Wait Staff FT/PT Hotel Laundry Worker/Hauler Hotel Room Attendant/Housekeeper FT/PT Drop Team Worker FT

#### Fond-du-Luth

Security Guard/Dispatch FT Janitor FT/PT Clean up Worker FT/PT Beverage Waitperson/Bartender FT/PT Cage Cashier FT/PT Players Club Representative FT/PT Slot Attendant FT/PT Slot Technician FT/PT

### Iskigamizige-giizis - The Maple Sap Boiling Moon - April 2017

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8048; CAIR: Center for American Indian Resources; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division: SCC: Sawyer Community Center. (218)878-8185: TRC: Tagwii Recovery Center: TCC: Tribal Center Classroom:

RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;											
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
38 special 7 p.m. Apr. 13 BBCR	Child Abuse Prevention Walk and Brunch Apr. 15 9:30 a.m. FDLHS	Open RBC meeting 5:30 p.m. Apr. 20 CAIR	Sobriety feast 6 p.m. Apr. 26 CCC	Air Supply 7 p.m. May 11 BBCR	Easton Corbin 7 p.m. May 21 BBCR	Come & Swim & use the gym					
Come & Swim & use the gym	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC Diabetes prevention 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get fit 12 p.m. CCC GED 2 p.m. SCC	Sewing 9 a.m. CCC Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC GED 4:30 p.m. CCC Open Gym 5 p.m. CCC Language 5 p.m. CCC AA Support 6 p.m. CCC	GED (call) AA support 6 p.m. BCC	Come & Swim & use the gym					
2	3	4	5	6	7	8					
Come & Swim & use the gym Elder movie morning 11 a.m.	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC Diabetes prevention 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS AA/NA support 12 p.m. TRC Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get fit 12 p.m. CCC Game day 1 p.m. CCC GED 2 p.m. SCC Health and nutrition 5 p.m. CCC	Sewing 9 a.m. CCC Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC GED 4:30 p.m. CCC Open Gym 5 p.m. CCC Language 5 p.m. CCC AA Support 6 p.m. CCC 38 Special 7 p.m. BBCR	Closed for Good Friday	Come & Swim & use the gym Family movie morning 10 a.m. Tax Day					
Happy Easter Come & Swim & use the gym	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC Diabetes prevention 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC Parenting second time around 1 p.m. CHS Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get fit 12 p.m. CCC GED 2 p.m. SCC Men's health supper 4 p.m. CCC	Sewing 9 a.m. CCC Wisdom Steps 10:30 a.m. CCC Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC GED 4:30 p.m. CCC Open Gym 5 p.m. CCC Language 5 p.m. CCC Open RBC meeting 5:30 p.m. CAIR AA Support 6 p.m. CCC	GED (call) AA support 6 p.m. BCC	Come & Swim & use the gym					
Come & Swim & use the gym Elder movie morning 11 a.m.  23  Come & Swim & use the gym	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC Diabetes prevention 12 p.m. CCC Cribbage 5 p.m. CCC	Get fit 12 p.m. CCC Matter of balance 12 p.m. CCC WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Get fit 12 p.m. CCC GED 2 p.m. SCC Sobriety Feast 6 p.m. CCC	Sewing 9 a.m. CCC Get fit 12 p.m. CCC GED 4:30 p.m. CCC Open Gym 5 p.m. CCC Language 5 p.m. CCC AA Support 6 p.m. CCC	GED (call) AA support 6 p.m. BCC	Come & Swim & use the gym Child Abuse Prevention Walk and Brunch 9:30 a.m. FDLHS					
30	24	25	26	27	28	29					

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.